ABSTRACT. Terrestrial rivers are a well-known part of the global water cycle, and there has been recent discussion of “atmospheric rivers” that transport vast quantities of moisture from the tropical ocean to mid-latitudes in transient weather systems. Complementary “salt rivers” within the ocean are an equally important part of the global water cycle. They help define the ocean’s methods of returning water to where it is needed to maintain sea level and the global water cycle. One part of the Salinity Processes in the Upper-ocean Regional Study (SPURS) focused on the North Atlantic surface salinity maximum, where high evaporation rates remove freshwater from the ocean surface and leave dissolved salts behind. Much of the effort is devoted to understanding how that salty water disperses through lateral and vertical mixing processes. One important exit path is simple advection within the general circulation, which in the central Atlantic means the wind-driven “Sverdrup” circulation. Evaporation results in high salinity within the flow, marking a subsurface salt river within the ocean. Here, we examine the river’s structure as revealed in the average salinity field of the North Atlantic. Mid-ocean salinity maxima provide a unique opportunity to use an isohaline control volume approach for analyzing the mixing processes that disperse the high-salinity plume.

INTRODUCTION
The ocean covers over 70% of Earth’s surface, so it is natural to expect that it dominates the global water cycle. It is also the planet’s principal water reservoir, with over 96% of the water not bound up in minerals (Schmitt, 1995). Indeed, there would not be a water cycle without the ocean! The terrestrial water cycle pales in comparison, with the flow of all rivers summing to less than 10% of the evaporation from the ocean’s surface (Schanze et al., 2010). Of course, civilization is vitally dependent on that 10% for agriculture, drinking water, cooling water, and transportation. With ongoing global change threatening to increase the intensity of droughts and the severity of floods, improving understanding of the large oceanic water cycle has become a high priority (Schmitt, 2008).

This issue of Oceanography highlights the use of salinity as an indicator of the water cycle’s signature in the ocean. Salt is left behind when water evaporates, thus increasing salinity. Similarly, the input of freshwater by rainfall or river flows dilutes salt concentrations and decreases salinity. The patterns of salinity variability in the ocean have long been recognized as an excellent indicator of the structure of the global water cycle (Wüst, 1936). More recently, the observed long-term trends in ocean salinity, with salty regions getting saltier and fresh regions fresher, have been identified as important indicators of a changing global water cycle (Durack and Wijffels, 2010; Durack et al., 2012).

The Salinity Processes in the Upper-ocean Regional Study (SPURS) is designed to help oceanographers decipher the salinity code that the water cycle has left behind in the ocean. From the summer of 2012 to the fall of 2013, the first SPURS project focused on the salinity maximum of the North Atlantic (SPURS-1), the open ocean’s saltiest site, where evaporation is strong and precipitation rare (see Oceanography vol. 21, no. 1, 2008; http://tos.org/oceanography/archive/21-1.html). A suite of SPURS moorings complemented by a variety of profiling floats, underwater and wave gliders, salinity-sensing drifters, and ship-based measurements is allowing the diagnosis of the salinity balance at the site of the salinity maximum (Fararr et al.,...
the density of salt water (fresh water is given by a factor of \((1–S)\) times density of pure water). This equation can be expressed as an equation:

\[ \rho_w = \rho_S (1–S) \]

Multiplying the density by the water velocity gives a mass flux estimate for water and salt. The minus sign tells us that freshwater flows will be opposite those of salinity (Wijffels et al., 1991). This idea will be useful for attempting to quantify the transports of salt and freshwater, but for now we will explore some of the structure of the North Atlantic salinity field using climatological data from the 2009 World Ocean Atlas.

**THE NORTH ATLANTIC SALINITY MAXIMUM**

A good starting point for exploring the salinity field is to observe the similarity between surface salinity and evaporation minus precipitation (E–P) for the North Atlantic. Figure 1 shows estimates of their average structures from the net water flux estimates of Schanze et al. (2010) and surface salinity from the 2009 World Ocean Atlas climatology.

While it may be obvious that evaporation is necessary to increase ocean salinities, and Ekman convergences must determine the salinity maximum’s position (O’Connor et al., 2005; Gordon and Giulivi, 2014), there is much to be learned about the mixing and advective processes that disperse this high-salinity water. This was the focus of the SPURS-1 field program described by articles in this issue. This paper takes a look at subsurface propagation of high-salinity water and describes an initial effort to develop an alternative framework for quantifying the ocean mixing processes that disperse it.

Well-averaged salinity data sets have been constructed from millions of ship-based and robotic observations made over the past several decades. Although E–P patterns at the ocean surface must be generating the high salinity observed in mid-gyre, subsurface data are required to see what becomes of this salty water. Figure 2 shows a restricted portion of the salinity field: only that above 37 psu at both the surface and at 150 m depth. Two features are noteworthy: (1) the salty patch has moved to the west-southwest at depth, and (2) the highest salinities have been reduced.

Figure 3 shows that the saltiest water comes from the surface in mid-gyre and that salinity decreases as it spreads both vertically and laterally. While the subsurface maximum found to the southwest is certainly an advective feature, the general spread and attenuation must be

**FIGURE 1.** (a) Average evaporation minus precipitation (E–P) in meters per year from the data of Schanze et al. (2010). (b) Average surface salinity in the North Atlantic from 2009 World Ocean Atlas climatology. The mid-gyre salinity maximum is somewhat north of the strongest net water loss region due to Ekman transport, but they are clearly related. In general, areas of net water gain from precipitation and river flows are significantly fresher than regions of net water loss due to evaporation. Note the close correspondence between the zero line of E–P over the tropical Atlantic and the transition between forest and desert in West Africa. Clearly, the oceanic and terrestrial water cycles are closely connected.
A CONTROL VOLUME APPROACH TO THE SALINITY MAXIMUM BUDGET

One way to attempt to quantify the oceanic mixing processes that shape the river of salt is to use a "control volume" approach to budgeting. Given that a certain amount of freshwater is leaving or entering the ocean surface with the velocity $E - P$, we want to estimate how much salt would be accumulating. A simple way to make this estimate is to construct a control volume box where the inputs through the boundaries are monitored (Figure 5). First, consider a very shallow box just below the ocean surface to assess the effect of the surface water flux on salinity. Take the average state of the sea surface to be level and ignore lateral variations because the scales of atmospheric variability are very large compared to our, say, one-meter-square box with a vanishingly small thickness. There is a certain flux of freshwater into or out of the ocean surface that must be compensated by a vertical flow through the bottom of the box, denoted by a velocity, $w$. This vertical velocity will have an average component and a fluctuating component denoted by $\bar{w} + w'$. This seawater velocity is composed of both freshwater and dissolved salts, and we know that only freshwater leaves (as $E$) or enters (as $P$) the ocean surface. Warren (2009) provides the details of such analysis, but the result is that over any averaging interval of interest, the net flux of salt into or out of the box given by $\rho(E - P)\bar{S}$ must be compensated by an equal and opposite turbulent flux through the bottom of the box. Because only freshwater crosses the surface, the net transports of salt into the box must compensate over any interval with a constant salinity. Time-varying cases where the salinity may be changing can be considered as well. The upshot is that the expression for the vertical turbulent salt flux $(\bar{w}S)$ just below the sea surface is $-(E - P)\bar{S}$ averaged over any time interval of interest.

Now consider a much larger control volume and define it in a rather different way. This time, the volume considered is that part of the ocean enclosed by the sock-shaped outline of the average $S = 37.0$ isohaline shown in Figure 4. This is an artificial construct of course, because at any one point in time the actual shape of the $S = 37.0$ isohaline will be wildly complicated, with all sorts of dents and prominences caused by the eddies and waves of the ocean. And, unlike the simple box at the surface, the lateral flows and eddy transports through the sides of this volume must be considered in addition to the vertical fluxes because this volume has a substantial thickness. Figure 6 illustrates this concept.

The use of the climatological average $S = 37.0$ isohaline surface allows a simplification of the fluxes. That is, the average velocities across this surface will all be carrying the same salinity both in and out. So the average convergent velocities due to northward Ekman transport from the south and southward transport from the north that are compensated by Sverdrup transport down the "toe" of the sock will all be carrying the same average salinity. They will have a net convergence given by the total $E - P$ out of the surface area enclosed by the $S = 37.0$ curve of Figure 2a. Thus, the turbulent salt flux carried by lateral eddies and vertical turbulence will be given by the integral of $(E - P)\bar{S}$ over that area. This term allows us to estimate the strength of those mixing processes. The use of an isohaline as a control surface is similar to the use of isotherms in tropical heat budgets by Niiler and Stevenson (1982) and more generally by Walin (1982), but in those applications, the isotherms contact the continents. For our salinity maximum, the isohaline control volume is entirely oceanic. Thus, the mid-gyre salinity maxima allow us to connect internal ocean mixing rates to surface fluxes.

A preliminary estimate of the
magnitude of the terms in such a balance for the Figure 5 salinity sock can be made from the present climatologies. Using the E–P estimates of Schanze et al. (2010) over about 20 years, we find that about 0.11 Sverdrups (= 1.1 × 10^5 m^3 s^-1) is the long-term average water loss from the area enclosed by the 37.0 iso-haline (2.9 × 10^6 km^2). Multiplication of E–P with the salinity within that area yields a net surface salt input of 3.9 psu-Sv to the control volume. This salt flux must be dispersed by the horizontal mixing processes acting on the sides of the salinity sock within the ocean and the vertical mixing processes acting over its bottom area. Such processes are often parameterized with "eddy diffusivities" acting on observed gradients. That is, the horizontal flux can be written as

\[ F_{SH} = K_H \nabla_X S \]

where \( K_H \) is the diffusivity and \( \nabla_X S \) is the horizontal salinity gradient. Similarly, the vertical flux is represented as

\[ F_{SV} = K_V \frac{\partial S}{\partial Z} \]

In these equations, \( K_H \) and \( K_V \) represent horizontal and vertical eddy diffusivities that yield the horizontal and vertical salt fluxes \( F_{SH} \) and \( F_{SV} \) when multiplied by the horizontal gradient components

\[ \frac{\partial S}{\partial X} + \frac{\partial S}{\partial Y} = \nabla_X S \]

and the vertical salt gradient

\[ \frac{\partial S}{\partial Z} \]

Because the ocean is strongly stratified in Earth’s gravitational field, it takes a lot of energy to mix things vertically, but horizontal mixing occurs much more easily. Thus, lateral diffusivities are many times larger than vertical diffusivities. However, we also find that vertical gradients are much larger than horizontal gradients, so the net fluxes caused by each process can be comparable. In each case, such calculations are sensitive to the spatial scales over which gradients are estimated. Taking some preliminary estimates of gradients from the one-degree grid of climatological data, we find that the surface input of salt can be accommodated by horizontal diffusivities of order 5,000 m^2 s^-1 and vertical diffusivities between 1 × 10^{-5} and 1 × 10^{-4} m^2 s^-1, with 1/10 to 1/2 of the flux being contributed by the vertical processes. These estimates are very preliminary and apply over much larger scales than those sampled in the SPURS-1 study area. As progress is made with analysis of the SPURS data, a better understanding of the processes that contribute to both horizontal and vertical mixing processes will emerge. Of course, one of the limits of such analysis is the actual time variability in surface area and volume of the 37.0 iso-haline. Eddies will certainly draw off enclosed blobs of \( S > 37.0 \) and temporarily expand its surface area. But those are the mixing processes that must be quantified to construct a picture of how the mean structure of the 37.0 iso-haline is maintained. As described by Gordon and Giulivi (2014), eddies must be a very significant supplier of freshwater to the salinity maximum region and a dispersal agent for salt. Mixing of the salinity variance to smaller scales is accomplished by internal waves and interleave features such as those described by Shcherbina et al. (2015, in this issue).

The horizontal diffusivity estimated from the 2009 World Ocean Atlas climatology can be thought of as being driven by 50 km scale eddies with \( \sim 10 \text{ cm s}^-1 \) velocities, something very consistent what was observed during the SPURS-1 experiment. It is also roughly...
comparable to eddy diffusivity estimates from the literature based on eddy statistics and drifter dispersion (Rypina et al., 2012; Abernathy and Marshall, 2013). In actuality, it is expected that the meridional and zonal diffusivities will be different. Such effects may be accessible with the surface drifter data obtained during the SPURS-1 field program, many of which were equipped with salinity sensors, so statistics of $\nabla S$ may be accessible. The vertical salt diffusivity is thought to be due to turbulence caused by breaking internal waves and salt fingers acting on the unstable salt gradient of the region (Schmitt and Evans, 1978; Bauer and Siedler, 1988). Regional estimates of such diffusivities in the North Atlantic are between $1 \times 10^{-5}$ m$^2$ s$^{-1}$ in a region to the east of the salt river (St. Laurent and Schmitt, 1999) and $1 \times 10^{-4}$ m$^2$ s$^{-1}$ in the downstream end of the river of salt, where salt fingers become especially intense and form a strong thermohaline staircase (Schmitt et al., 2005). Indeed, it would appear that the salt sock is making a move to step down the thermohaline staircase. Preliminary analysis of SPURS-1 microstructure data does support the presence of salt fingers in the upper thermocline (L. St. Laurent, Woods Hole Oceanographic Institution, pers. comm., 2014).

**DISCUSSION**

Attempts to estimate oceanic fluxes are always constrained by the limited data sets available to investigators. During SPURS-1, an extensive suite of instruments was deployed for a year. Though these data are providing new details on salinity processes, our analysis is inevitably limited by the duration and spatial extent of the available information. Here, we reached back into the climatology of the 2009 World Ocean Atlas to provide a big picture view of how the surface salinity maximum propagates into the ocean’s interior. Mixing is obviously important because the salinity maximum decays away from the high values at the surface. Advection within the gyre’s Sverdrup circulation is readily apparent in the southwesterly path of propagation. By using averaged data from several decades of ocean observations, a smooth and simplified picture of the structure of the river of salt is obtained. However, at any particular time, the actual structure of any one isohaline will be much more complex than presented in this smoothed climatological picture. SPURS scientists identified some of the complex processes in operation (Riser et al., 2015; Farrar et al., 2015; Shcherbina et al., 2015, all in this issue). Though it uses the concept of a mean isohaline surface, the budgeting approach proposed here will help to place these processes into a larger-scale context and provide guidance on the magnitude of horizontal and vertical mixing rates. This ultimately will help to advance the development of ocean models. As Durack and Wijffels (2010) show, significant changes in salinity seem to be underway, with salty areas getting saltier and fresh areas getting fresher. Indeed, because most of the water cycle is over the ocean (Schmitt, 1995), observed long-term salinity trends are the best evidence we have that the water cycle is intensifying with global warming. Models do not yet describe these changes accurately (Durack et al., 2012), in part because we need to better understand oceanic mixing and advection. At stake is nothing less than our ability to predict the strength of water cycle intensification so that we can mitigate some of its consequences.

**SUMMARY**

The isohaline control volume approach promises to be a useful tool for understanding the mixing processes acting on the North Atlantic salinity maximum. Mid-ocean salt maxima are especially suited to such analysis because the volume enclosed by the isohaline is purely oceanic; there are no land boundaries to consider. Of course, many simplifying
assumptions go into such an analysis. In truth, the seasonal and interannual variability of the isohaline volume and possible long-term trends will need to be considered. Nonetheless, the rich data set collected during SPURS-1 promises to elucidate some of the specifics of the lateral and vertical mixing mechanisms operating there. This control volume approach is an alternative to the single point salt balance examined in this special issue by Farrar et al. (2015) and promises a way to integrate many different types of data over a wider area.

Years ago, Worthington (1976) puzzled about the appearance and disappearance of the river of salt in two separate years and hypothesized that it was connected to the strength and position of the subtropical high pressure system over the Atlantic. At a basic level, he was most likely right, as the high dictates the strength of the subtropical high pressure system over the Atlantic. As the predictions can begin to quantify some of the saltiness processes at work. As the predictions of global warming call for both an expansion of the subtropical high pressure systems (Li et al., 2012) and intensification of the water cycle (Held and Soden, 2006), it will be an interesting challenge for future oceanographers to document the evolution of the river of salt.

**ACKNOWLEDGEMENTS.** RWS was supported by grants NNX12AFF9G from NASA and 1129646 from the National Science Foundation. AB was supported by grants NNX12AF59G from NASA and 1129646 from the National Science Foundation. Julian Schanze assisted with E–P data and Figure 1.


**AUTHORS.** Raymond W. Schmitt (rsmith@whoi.edu) is Senior Scientist, Department of Physical Oceanography, Woods Hole Oceanographic Institution, Woods Hole, MA, USA. Austen Blair is Graduate Student Research Assistant, Graduate School of Oceanography, University of Rhode Island, Narragansett, RI, USA.