

Text S1. Supplement to “Optimal stimulus shapes for neuronal excitation”

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### Calculus of variations for endogenously applied currents

A neuron in the brain is embedded within a network of neurons that are interconnected synaptically. In this section we determine optimal waveforms for stimulating a neuron by requiring that  $I_{stim}(t)$  be given by  $g_{syn}(t) (V(t) - E_{syn})$ , where  $g_{syn}(t)$  is a particular type of synaptic conductance, either excitatory or inhibitory, and  $E_{syn}$  is the reversal potential of the conductance [1]. As noted in the text,  $I_{stim}(t)$  can have both positive and negative phases when it is unconstrained to provide the optimal pathway to spike threshold - exogenous stimulation (Results in text). When  $I_{stim}(t)$  is constrained to be given by PSCs, one requirement of the analysis is that  $g_{syn}(t)$  cannot be less than 0. We restricted  $g_{syn}(t)$  to nonnegative values by using the factor  $\exp(g_{syn}(t) z)/(1+\exp(g_{syn}(t) z))$ , where  $z$  is a constant having units of  $k\Omega \cdot cm^2$ . (Conductance in the Hodgkin & Huxley model has units of  $mS/cm^2$ ). This factor is near zero when  $g_{syn}(t)$  is below zero and is sufficiently smooth as a function of time to allow it to be numerically tractable [2]. Any potentially negative portion of the signal is minimized by choosing  $z$  to be relatively large. We used  $z = 50 k\Omega \cdot cm^2$ . Applying the Euler equations yields

$$2g_{syn}(t) = dI_{stim}(t)/dg_{syn}(t), \tag{S1}$$

$$g_{syn}(t) = (I_V(E_{syn} - V(t))) \exp(z g_{syn}(t)) / (1 + \exp(z g_{syn}(t)))^2. \quad (S2)$$

The above equations were solved by Newton's method with an initial guess of  $(I_V(E_{syn} - V(t))/2)$  where we required a relative error of less than  $e^{-6}$ . The rest of the Euler equations are as before (Methods in text) except for the following

$$\begin{aligned} dI_V/dt = I_V(120 m^3 h + 0.3 + \exp(g_{syn}(t)z)/(1+\exp(g_{syn}(t)z)) - I_m(d\alpha_m(V)(1-m) - \\ d\beta_m(V)m) - I_n(d\alpha_n(V)(1-n) - d\beta_n(V)n) - I_h(d\alpha_h(V)(1-h) - d\beta_h(V)h). \end{aligned} \quad (S3)$$

Calculations were carried out to determine optimal signals to bring the model to  $V = 7.2$  mV,  $m = 0.112$ ,  $n = 0.3485$ , and  $h = 0.5435$  for  $E_{syn} = 25$  mV, and  $V = -3$  mV,  $m = 0.035$ ,  $n = 0.270$ , and  $h = 0.68$  for  $E_{syn} = -25$  mV. The results are shown in Figures S1 and S2. For each condition the results are compared with the corresponding  $I_{stim}(t)$  obtained for exogenous stimulation as described in Figure 2 of the main text. These two contrasting approaches yield waveforms for the optimal stimulus for eliciting a spike that do not differ substantially, especially for excitatory PSCs (Figure S1).

## REFERENCES

1. Destexhe A, Mainen ZF, Sejnowski TJ (1994) Synthesis of models for excitable membranes, synaptic transmission and neuromodulation using a common kinetic formalism. *J Comp Neurosci* 1:195-230.
2. Forger DB, Paydarfar D (2004) Starting, stopping, and resetting biological oscillators: In search of optimum perturbations. *J Theor Biol* 230:521-532.