Subduction on the Northern and Southern Flanks of the Gulf Stream

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ABSTRACT

Sections of temperature, salinity, dissolved oxygen, and velocity were made crossing the Gulf Stream in late January 2006 to investigate the role of frontal processes in the formation of Eighteen Degree Water (EDW), the Subtropical Mode Water of the North Atlantic. The sections were nominally perpendicular to the stream and measured in a Lagrangian frame by following a floating spar buoy drifting in the Gulf Stream’s warm core. During the survey, EDW was isolated from the mixed layer by the stratified seasonal pycnocline, suggesting that EDW was not yet actively being formed at this time in the season and at the longitudes over which the survey was conducted (64°–70°W). However, in two of the sections, the seasonal pycnocline in the core of the Gulf Stream was broken by an intrusion of cold, fresh, weakly stratified water, nearly saturated in oxygen, that appears to have been subducted from the surface mixed layer north of the stream. The intrusion was identified in three of the sections in profiles with a nearly identical temperature–salinity relation. From the western-to-easternmost sections, where the intrusion was observed, the depth of the intrusion’s salinity minimum descended by ~90 m in the 71 h it took to complete this part of the survey. This apparent subduction occurred primarily on the upstream side of a meander trough, where the cross-stream velocity was confluent and frontogenetic. Using a variant of the omega equation, the vertical velocity driven by the confluent flow was inferred and yielded downwelling in the vicinity of the intrusion spanning 10–40 m day⁻¹, a range of values consistent with the intrusion’s observed descent, suggesting that frontal subduction was responsible for the formation of the intrusion. In the easternmost section located downstream of the meander trough, the flow was diffluent, driving an inferred vertical circulation that was of the opposite sense to that in the section upstream of the trough. In transiting the two sides of the trough, the intrusion was observed to move toward the center of the stream between the downwelling branches of the opposing vertical circulations, resulting in a downward Lagrangian mean vertical velocity and net subduction. Hydrographic evidence of the subduction of weakly stratified surface waters was seen in the southern flank of the Gulf Stream as well. The solution of the omega equation suggests that this subduction was associated with a relatively shallow vertical circulation confined to the upper 200 m of the water column in the proximity of the front marking the southern edge of the warm core.

1. Introduction

Subduction is the process by which water from the surface mixed layer is transferred into the ocean interior. It is a process that is critical for the transport of dynamical and biogeochemical tracers, such as heat, salt, potential vorticity, and dissolved gases, to the pycnocline from the mixed layer, where they are modified by air–sea fluxes. Subduction can be driven by both thermodynamical and mechanical means, such as through shoaling of the mixed layer by buoyancy gain, Ekman pumping, and the lateral transfer of water across a sloping mixed layer base (Marshall et al. 1993; Huang and Qiu 1994). In eddy-rich regions of the ocean, such as near ocean fronts, the combination of outcropping isopycnals and eddy-driven ageostrophic motions is conducive to subduction (Spall 1995; Marshall 1997). In this article, direct evidence of such frontal subduction is presented from observations taken near the Gulf Stream as part of
the Climate Variability and Predictability (CLIVAR) Mode Water Dynamic Experiment (CLIMODE; e.g., Marshall et al. 2009), which seeks to address the role of lateral mixing in the upper ocean in air–sea fluxes and formation of Eighteen Degree Water (EDW; Worthington 1959) and to assess where EDW forms and where it circulates after formation.

2. Methods and measurements

During a cruise aboard the R/V Atlantis, 52 hydrographic stations were occupied in the proximity of the Gulf Stream during 18–31 January 2006. The stations were taken along four lines that were nominally oriented perpendicular to the Gulf Stream (Fig. 1). Along each line, the distance between stations was ~15 km. The zonal location of each line was chosen to approximately intersect the trajectory of a floating spar buoy that had been deployed to the south of the Gulf Stream in the region of minimum vertical shear.

At each station a CTD was deployed, yielding either 1000- or 2000-m-deep profiles of temperature, salinity, dissolved oxygen, and pressure averaged to a 2-m resolution. Water samples for oxygen, salinity, nutrients, and dissolved inorganic carbon (DIC) and total alkalinity analyses were also collected (the results of which will not be discussed here). To identify surface waters that had recently been subducted, the apparent oxygen utilization (AOU) = \( \bar{O}_2 - O_2 \) (\( \bar{O}_2 \) is the solubility of oxygen given the temperature and salinity at a particular depth, and \( O_2 \) is the measured concentration of oxygen at that depth) was calculated. Surface water is nearly saturated in oxygen and is therefore distinguishable as water with low AOU.

Horizontal velocities were measured continuously using a 75-kHz ADCP that was installed on the Atlantis, yielding velocity profiles with a vertical resolution of 8 m and a vertical extent of up to 800 m.

To facilitate the intercomparison of measurements made in the four lines, the observations were mapped to a common coordinate system whose \( x \) axis was nominally perpendicular to the Gulf Stream. The coordinate system was constructed as follows. On each line, the depth-averaged velocity was calculated and then averaged in latitude bins 0.05° wide, yielding velocities \( (\overline{U}, \overline{V}) \). The bin where the depth-averaged speed was maximum, with geographical coordinates \((x_o, y_o)\), determined the center of the coordinate system on each line. The direction of the velocity vector at \((x_o, y_o)\), that is, \( \phi = \tan^{-1} \left( \frac{\overline{V}}{\overline{U}} \right) \) at \((x_o, y_o)\), set the cross-stream coordinate [i.e., \( x_s = (x - x_o) \sin \phi - (y - y_o) \cos \phi \)]. Velocity measurements from the ADCP \( u \) and \( v \) were then projected into along-stream \( u_s \) and cross-stream \( u_c \) components: \( u_s = u \cos \phi + v \sin \phi, \ u_c = u \sin \phi - v \cos \phi \).

Once the cross-stream coordinate was obtained, vertical sections of hydrography and velocity were constructed from the individual profiles by performing a one-dimensional cross-stream objective map at each vertical level. The form of the correlation function used in the mapping was Gaussian, with a correlation length of 15 km for temperature, salinity, density, and oxygen and 10 km for velocity.

3. Results

Cross-stream sections of salinity, AOU, downstream velocity, and potential density are shown in Fig. 2 for line 3. Features common to all four lines are described in this section. In the axis of the Gulf Stream, the permanent pycnocline ascends toward the surface and downstream velocities are characterized by a surface-intensified jet with speeds up to 2.2 m s\(^{-1}\). In the top ~150 m, isopycncals with density less than 25.9 kg m\(^{-3}\) take a bowl-like shape and mark the boundary of the Gulf Stream’s warm core, where the water temperatures were observed to be as high as 22°C. In the stratified region at the base of the warm core, the value of the salinity can exceed 36.7 psu. Such high salinities are characteristic of the so-called “salinity maximum water” (SMW; Worthington 1976), which originates in the central tropical Atlantic under the region of high net evaporation. The larger value of AOU in the SMW indicates that SMW is relatively depleted in oxygen and thus has been out of contact with the atmosphere for a longer period of time relative to its surrounding waters. To the south of
the Gulf Stream and in the ocean interior, there is a voluminous water mass with a low AOU (20–30 μmoles kg\(^{-1}\)), a mean temperature, salinity, and density of 18.3°C, 36.6 psu, and 26.4 kg m\(^{-3}\), respectively, and anomalously weak stratification and hence low planetary potential vorticity (PV) \(q_p = f N^2\) (where \(f\) is the Coriolis parameter, \(N^2 = \frac{\partial b}{\partial z}\), \(b = -g\rho/\rho_o\) is the buoyancy, \(g\) is the acceleration due to gravity, \(\rho\) is the density, and \(\rho_o\) is a reference density). This corresponds to EDW, which is the Subtropical Mode Water of the North Atlantic. At this early stage in the winter season, the EDW was capped by the seasonal pycnocline that effectively acts as a high PV barrier, shielding the EDW from atmospheric forcing. As a consequence, no isopycnals were denser than a 26.3 kg m\(^{-3}\) outcrop, indicating that EDW was not actively being ventilated at this relatively western portion of the Gulf Stream. However, above the EDW, ~200-m-thick mixed layers were observed with water nearly saturated in oxygen (i.e., AOU = 2–10 μmoles kg\(^{-1}\)), suggesting that a mixed layer deepening had been and was currently occurring and that later in the season the EDW would be exposed to the atmosphere.

On line 3 at station 31, the high-PV barrier was broken by an anomalously fresh thermohaline intrusion with a low PV (Fig. 2). The intrusion was not observed at adjacent stations, suggesting that it was less than 30 km wide. There are indications that it was seen at stations 22 and 41, which were taken on lines 2 and 4, respectively (Fig. 3). The temperature–salinity (T–S) relation at stations 22, 31, and 41 are nearly identical, implying that the same water mass had been sampled at the three stations. The intrusion is identified as a prominent cusp in the T–S relation, with a salinity of 34.8 psu and a temperature of 12.9°C, which were anomalously low relative to nearby waters on the 26.3 kg m\(^{-3}\) isopycnal in which the intrusion was found. At station 22, the intrusion was in the surface mixed layer at \(x_s = -32\) km, (i.e., to the north of the Gulf Stream). By stations 31 and 41, it had moved closer to the center of the stream to positions \(x_s = -25\) km and \(x_s = -14\) km, respectively. The intrusion had also descended in the vertical, leaving

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**Fig. 2.** Cross-stream sections along line 3 of the salinity, AOU, downstream velocity, planetary PV, and potential density (contours). The locations of the hydrographic stations are indicated at the top of each panel. The contour interval for the density is 0.2 kg m\(^{-3}\). Note that the color scale for the PV does not reflect its full range of values and was chosen to highlight regions with a low PV. The maximum value of the PV on this section was \(2.1 \times 10^{-8}\) s\(^{-2}\). In the panel of the downstream velocity, the isotach corresponding to the depth-averaged velocity at the location of the spar buoy (which was coincident with station 29 on the section) is indicated in gray. Note that the cross-stream coordinate \(x_s\) increases, moving from the dense to the less dense side of the main front of the Gulf Stream.
the surface mixed layer. In the interior, the intrusion formed a pycnostad with anomalously weak stratification, low PV, and low AOU. These observations suggest that the intrusion was subducted from the surface mixed layer north of the stream along the downward sloping 26.3 kg m$^{-3}$ isopycnal surface.

The downward displacement of the intrusion was quantified by calculating the lagged correlation between salinity profiles from stations 22, 31, and 41 (see Fig. 4). The lag (and hence vertical displacement) where the correlation between salinity profiles from stations 22 and 31 (31 and 41) was maximum was 60 m (30 m). The time in between casts 22 and 31, and 31 and 41 was 31 and 40 h, respectively. Given the estimated vertical displacements between stations and assuming that hydrographic measurements were quasi-Lagrangian, that is, nearly the same water parcels had been tracked in all three stations, this would yield vertical velocities of $\sim$45 and $\sim$20 m day$^{-1}$ between the two station pairs.

A comment should be made regarding to what extent the hydrographic measurements were Lagrangian. The striking similarity in water properties observed in casts 22, 31, and 41, in a region of strong lateral thermohaline variability, suggests that nearly the same water parcels had been tracked by the three stations. This tracking of the intrusion was not completely by chance, as the hydrographic sections were made following a floating spar buoy traveling with the stream. Having said this, it is not obvious that tracking the spar buoy would result in a quasi-Lagrangian measurement near the intrusion, since the buoy was located far to its south (e.g., Fig. 1). However, the isoloch of $u_z$, corresponding to the depth-averaged downstream velocity at the location of the spar buoy, happened to intersect the intrusion where it had been observed in sections 2–4 (see Fig. 2), suggesting that both the intrusion and spar buoy were subject to nearly the same downstream velocity. Consequentially, because the sections were made following the spar buoy, the hydrographic measurements at casts 22, 31, and 41 at the depth of the intrusion can be treated as being quasi-Lagrangian.

The largest descent occurred between lines 2 and 3, on the upstream side of a meander trough (see Fig. 1). At greater depths in the main thermocline of the Gulf Stream, downward vertical motions have similarly been observed on the upstream side of a meander trough (Bower and Rossby 1989; Lindstrom et al. 1997). On this
circulation was quantified by solving a variant of the subduction of the thermohaline intrusion, the vertical omega equation (Hoskins et al. 1978). To determine if the circulation to restore geostrophy in accordance with the balance and drive a thermally direct (indirect) vertical (frontolytic) strain field will disrupt the thermal wind flow tends to be diffluent and frontolytic. A frontogenetic side of a meander, as confirmed by the observations, the on the downstream side of the meander trough. On this side of the stream (Fig. 5). Line 4 crossed the front cross-stream velocity on line 4 was directed away from the center of the stream on either side of } x_s = 0 \) (Fig. 5). In contrast, the cross-stream velocity on line 4 was directed away from the center of the stream (Fig. 5). Line 4 crossed the front on the downstream side of the meander trough. On this side of a meander, as confirmed by the observations, the flow tends to be diffluent and frontolytic. A frontogenetic (frontolytic) strain field will disrupt the thermal wind balance and drive a thermally direct (indirect) vertical circulation to restore geostrophy in accordance with the omega equation (Hoskins et al. 1978). To determine if the observed strain field was responsible for the apparent subduction of the thermohaline intrusion, the vertical circulation was quantified by solving a variant of the omega equation, as described in the next section.

4. Quantification of the frontal vertical circulation

The flow can be split into the following geostrophic and ageostrophic components: \( u_x = u_g + u_{ag} \) and \( u_y = v_g + v_{ag} \). Using the traditional assumption often invoked at ocean fronts that cross-front variations are much greater than alongfront variations, the cross-stream ageostrophic flow can be written in terms of a scalar streamfunction \( \psi \) (i.e., \( u_{ag} = \partial \psi / \partial z, \ w = -\partial \psi / \partial x \)). A single equation for the streamfunction can be derived for subinertial ageostrophic motions, which for inviscid, adiabatic, and quasi-geostrophic flows is given by

\[
f^2 \frac{\partial^2 \psi}{\partial z^2} + N^2 \frac{\partial^2 \psi}{\partial x_x^2} = 2 \left( \frac{\partial u_g}{\partial x} \frac{\partial b}{\partial x} + \frac{\partial b}{\partial y} \frac{\partial u_g}{\partial y} \right) \tag{1}
\]

(Hoskins et al. 1978; Pollard and Regier 1992). Estimates of the two terms on the rhs of (1), based on the hydrographic, velocity, and satellite SST observations, show that the first term dominates the forcing. The lack of resolution in the along-stream direction makes it difficult to estimate the across-stream component of the ageostrophic flow \( u_g \). On account of this, the observed cross-stream velocity \( u_y \) shown in Fig. 5 was used to calculate the first term on the rhs of (1) instead of \( u_g \). The measured cross-stream velocity has both geostrophic and ageostrophic contributions. By using \( u_y \) instead of \( u_g \), it is assumed that the ageostrophic velocity is much weaker than the geostrophic flow. This assumption can be checked a priori [at least with the portion of the ageostrophic flow that is governed by (1)] by comparing the magnitude of \( \partial \psi / \partial z \) to \( u_y \). Other ageostrophic motions, say resulting from inertial oscillations, could be present; however, it is unlikely that they contribute to the large-scale confluent/diffluent pattern in \( u_y \) (see in Fig. 5). The vertical velocity was inferred by solving (1) using these approximations and subject to a \( w = 0 \) boundary condition at the edges of the domain in which the calculation was performed: \( \psi = 0 \) at \( z = 0, -H \) \( (H = 800 \text{ m}) \) and \( \partial \psi / \partial x = 0 \) at \( x_1 = x_2 \) \( (x_1 = -60 \text{ km}, x_2 = 80 \text{ km}) \). The vertical velocity inferred in this manner is shown in Fig. 6.

On line 2, the solution is characterized by two overturning cells: a deep cell centered around \( x_s = 0 \) with downwelling on the northern wall of the Gulf Stream, and a shallow cell centered near station 18 with a downdraft on the southern edge of the warm core. Both

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1 Satellite SST measurements were used to estimate the structure and magnitudes of both terms on the rhs of (1) near the surface. Both terms had similar cross-front structure, indicating that they would drive overturning in the same sense. However, the magnitude of term 1 was larger than term 2, suggesting that it is the dominant forcing term. The implication is that the vertical velocity inferred using term 1 is likely a good measure of \( w \).

2 Setting \( w = 0 \) at the bottom of the domain is somewhat of an arbitrary constraint often used in studies of frontal vertical circulation (e.g., Pollard and Regier 1992; Allen and Smeed 1996; Rudnick 1996; Thomas et al. 2010). Therefore, it is critical to push the bottom of the domain as far from the region of interest as possible so that the inferred \( w \) is not greatly affected by the boundary condition. In this application, the region of interest is near the thermohaline intrusion \( (z \sim -100 \text{ m}) \), which is far from the bottom of the domain at \( z = -800 \text{ m} \). It was found that pushing the bottom boundary down an additional 200 m [setting the rhs of (1) to zero below \(-800 \text{ m}\), where there is no velocity data] had only a minor effect on \( w \), suggesting that the boundary condition did not greatly affect the solution.
vertical circulations are thermally direct (i.e., tend to restratify the fluid), which is to be expected because the flow is driven by a frontogenetic strain field. The cross-stream ageostrophic velocity associated with the overturning cells is weaker than the observed $u_s$ (i.e., $\partial \phi / \partial z$ does not exceed 0.08 m s$^{-1}$), suggesting that $u_s$ on line 2 is primarily ascribable to a geostrophic flow, as had been assumed to solve (1). At the location of the intrusion on lines 2 and 3 ($-170 \text{ m} < z < -50 \text{ m}$, $-32 \text{ km} < x_s < -25 \text{ km}$, $\rho = 26.3 \text{ kg m}^{-3}$), the inferred vertical velocity is negative and ranges between 10 and 40 m day$^{-1}$, values that are consistent with the observed descent of the intrusion.

A single overturning cell dominates the inferred vertical velocity field on line 4. As was to be expected, given the frontolytic flow field on this line, the vertical circulation is thermally indirect with upwelling and downwelling on the dense and less dense side of the front, respectively. The calculation suggests that the vertical circulation averaged in the along-stream direction is weaker than that on a given section because the thermally direct and indirect circulations, on the down- and upstream sides of meander troughs, would tend to cancel. However, this Eulerian mean vertical circulation is not necessarily equal to the average vertical circulation following fluid parcels. The Lagrangian mean vertical velocity is the relevant quantity for assessing net subduction and can differ from the Eulerian mean velocity by a Stokes drift (Andrews et al. 1987). The shift in the cross-stream location of the observed thermohaline intrusion suggests that Lagrangian parcels on the dense side of the front were displaced toward the center of the stream from lines 2 to 4. Moving downstream between these two lines, the vertical circulation changes sign; however, it appears that the intrusion, by being displaced toward the center of the stream, tends to remain in the downwelling branches of both the thermally direct and indirect circulations (i.e., casts 22 and 41 are located...
in regions where \( w < 0 \), suggesting that the Lagrangian mean vertical velocity and Stokes drift is downward.

The hydrographic observations of the thermohaline intrusion clearly support the idea that the strain associated with meanders drives subduction of surface waters near the northern wall of the Gulf Stream. The structure of the PV on line 3 suggests that subduction had also occurred on the southern edge of the warm core. As seen in Fig. 2, the low PV water at \( z \approx -175 \) m near station 28 is associated with a pycnostad that extends to the south and connects surface and interior waters, outcropping in the mixed layer near station 26. A pycnostad with similar watermass properties, oxygen concentration, and density to that near station 28 was seen at station 18 (Fig. 7).

The solution to the omega equation suggests that station 18 was located in the downwelling branch of the southern shallow-overturning cell, implying that the water sampled at that station should experience a downward displacement as it progresses downstream. A comparison of the vertical profiles of the salinity at stations 18 and 28 reveals that the halocline capping the pycnostad does indeed appear to have been displaced downward from line 2 to line 3. A downward displacement of 40 m results from the lagged correlation between the two salinity profiles (Fig. 4). If the water sampled in the pycnostad at stations 18 and 28 were identical, then its vertical velocity would be estimated by dividing the downward displacement by the \(~36\)-h time interval between casts. However, unlike casts 22, 31, and 41, which approximately intersected the isotach corresponding to the velocity of the air–sea interaction spar (ASIS) buoy and hence were taken in a quasi-Lagrangian frame, casts 18 and 28 are located to the south of this isotach, in a region where the downstream velocity was weaker by a factor of 0.63–0.76. Therefore, it is likely that the time it takes fluid parcels to traverse the distance between stations 18 and 28 is more on the order of 50 h rather than 36 h. If we accept this longer time scale and assume the flow field to be stationary in time, then the 40-m vertical displacement inferred from the vertical structure of the two casts would translate to a downward velocity of \( 19 \text{ m day}^{-1} \), a value similar to the downwelling in the southern overturning cell seen in Fig. 6.

In the diagnostic for the vertical velocity used previously, it is assumed that the vertical circulation is driven solely by shear and strain in the geostrophic flow.
field. Other processes—such as wind-induced frictional forces, diabatic processes, time-dependent near- and super-inertial motions, or higher-order corrections to the quasigeostrophic omega equation—could also generate vertical motion (Viúdez et al. 1996; Giordani et al. 2006; Nagai et al. 2006; Thomas et al. 2010). For example, a spatially uniform wind blowing over a current with lateral variations in vertical vorticity will generate Ekman pumping/suction owing to the modification of the Ekman transport by the vorticity (Stern 1965; Niiler 1969). On line 2, this effect was estimated to drive vertical velocities with magnitudes less than 4 m day$^{-1}$, much smaller than those inferred using the omega equation. The small amplitude of this wind-driven vertical velocity is primarily attributable to the weakness of the wind stress on line 2 (i.e., the magnitude of the average downstream component of the stress on this line was equal to 0.03 N m$^{-2}$). Diabatic processes that drive lateral variations in mixing of buoyancy (which could be generated by heat loss or the Ekman advection of denser water over light that arises when winds blow along a front) will disrupt the thermal wind balance and hence induce an ageostrophic circulation (Thomas et al. 2010). Scalings for this effect suggest that the vertical velocities that it would induce are an order of magnitude smaller than that predicted by the omega equation. These scaling arguments, combined with the finding that the vertical velocities inferred from the Lagrangian analysis and the solution to (1) are consistent, imply that the bulk of the downward motions responsible for the subduction and formation of the intrusion and pycnostad can be explained by the physics of the quasigeostrophic omega equation.

5. Conclusions

Wintertime cross-stream hydrographic and velocity sections of the Gulf Stream have revealed direct evidence of the formation, via frontal subduction, of a thermohaline intrusion and a low PV pycnostad on the northern and southern boundaries of the current, respectively. Vertical velocity estimates based on the omega equation and the vertical displacement of the intrusion and pycnostad suggest that the strain field associated with the Gulf Stream meanders was responsible for the $\sim$20–45 m day$^{-1}$ downward velocities of the features. This vertical velocity is 1–2 orders of magnitude larger than the maximum in the annually averaged vertical velocity associated with lateral induction and Ekman pumping in the North Atlantic estimated by Marshall et al. (1993). It could be argued, however, that this vertical motion, when averaged in the along-stream direction, does not lead to a mean downwelling because opposing vertical circulations on opposite sides of a meander crest/trough cancel. The analysis of the observations suggests that while opposing vertical circulations were found on either side of a meander trough, the Lagrangian mean vertical velocity near the location of the intrusion was nonzero. This was because in transitting the two sides of the trough, the intrusion was observed to move toward the center of the stream between the downwelling branches of the opposing vertical circulations, resulting in a downward Lagrangian mean vertical velocity and net subduction.

The inference of the Lagrangian mean vertical velocity was made possible by the combined use of the Eulerian omega equation diagnostic and a Lagrangian analysis of the intrusion displacement—the latter of which could be performed since the observations were measured in a quasi-Lagrangian frame following a floating spar buoy drifting in the stream. This makes this observational study on frontal vertical circulation unique relative to others described in the literature whose diagnostics are based primarily on solutions to the omega equation (e.g., Pollard and Regier 1992; Rudnick 1996; Naveira Garabato et al. 2001). In addition to revealing information on the Lagrangian mean vertical velocity, the combined Eulerian–Lagrangian analysis provides a means to test the representativeness of the solution of the omega equation to the observed vertical motions. This comparison has shown that the strain field associated with the Gulf Stream that forces the omega equation (as opposed to winds, diabatic processes, etc.) was the dominant driver of subduction at the front.

At an eddying front, subduction is associated with both the alongfront averaged cross-stream circulation, as well as a bolus velocity that arises from correlations between the eddy velocity and isopycnal thickness perturbations (Marshall 1997). The downwelled intrusions and pycnostads were characterized by relatively thick isopycnal layer thicknesses. Hence, the observations point to a correlation between downwelling and enhanced isopycnal thickness, which would imply that there was a downward bolus velocity and a net subduction at the front. For flows with low Rossby and Burger numbers, the bolus velocity is proportional to minus the eddy flux of the PV. Thus, a downward bolus velocity corresponds to an upward eddy PV flux, which is down the mean PV gradient at the locations of the intrusion and pycnostad. Hence, the observations evidence the action of eddies to homogenize the PV along isopycnals, consistent with the finite-amplitude behavior of baroclinic instability (Marshall et al. 1999).

The bolus velocity associated with baroclinic instability can be expressed in terms of an eddy-induced streamfunction that is thermally direct (in the sense of
flattening isopycnals and releasing available potential energy). While the limited number of cross-stream sections made at the Gulf Stream does not permit the direct calculation of the eddy-induced streamfunction, comparison of the strength of the thermally direct and indirect circulations upstream and downstream of the sampled meander trough suggests that the thermally direct circulation dominates, which is consistent with the energetics of baroclinic instability. A similar dominance of the thermally direct circulation was observed at the Antarctic Polar Front (Naveira Garabato et al. 2001) and the Azores Front (Rudnick 1996), which points to the importance of baroclinic instability in driving frontolysis, restratification, and net subduction at ocean fronts.

The thermohaline intrusion descended along the 26.3 kg m\textsuperscript{-3} isopycnal surface, which is in the seasonal pycnocline that capped the EDW at this early stage in the winter season. The pycnostad to the south of the Gulf Stream’s center was found on the 26.15 kg m\textsuperscript{-3} isopycnal surface that resides beneath the stratified base of the warm core. The low-PV water in these subducted features could have been formed by surface cooling or by winds directed along the frontal jet—the latter of which leads to Ekman advection of denser water over light convective mixing and a reduction of the stratification and PV (Thomas 2005). High-resolution frontal simulations suggest that subduction and transport of low-PV surface waters on the submesoscale can contribute to the erosion of a pycnocline through an along-isopycnal flux of the PV (Thomas 2008). The subduction of the low-PV intrusion and pycnostad described here may, in an analogous manner, contribute to the reduction of the stratification in the seasonal pycnocline and precondition both EDW for ventilation and the warm core for convective erosion. CLIMODE observations conducted in the winter of 2007 revealed that further downstream from the location of the hydrographic survey described here, the Gulf Stream’s warm core was absent, apparently having been eroded, and in its place was a frontal zone with regions of negative PV yet stable stratification, evidencing symmetric and inertial instabilities (Joyce et al. 2009).

The formation of the thermohaline intrusion observed in the Gulf Stream is an example of how mesoscale motions can transfer salinity variance from the large scale to the submesoscale via along-isopycnal advection. Smith and Ferrari (2009) have shown that such submesoscale-compensated thermohaline variance can be efficiently dissipated by vertical mixing processes when these submesoscale features are associated with a vertically sheared flow. It is possible that by this mechanism thermohaline intrusions formed by meanders in the vertically sheared Gulf Stream could play an important role in mixing the large-scale cross-gyre salinity gradient that delineates the front. Studying the dynamics of this process will be the subject of future research.

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