



25 **One Sentence Summary:** Multiple proxies reveal that ocean circulation changes  
26 accompanied and preceded each millennial climate oscillation within marine isotope  
27 stage 3 (MIS 3) of the most recent ice age, 60ka to 25ka.

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29 Unlike the relatively stable preindustrial climate of the past ten thousand years,  
30 glacial climate was characterized by repeated millennial oscillations (1). These  
31 alternating cold stadial and warm interstadial events were most abrupt and pronounced on  
32 Greenland and across much of the northern hemisphere, with the most extreme regional  
33 conditions during several Heinrich (H) events (2), catastrophic iceberg discharges into the  
34 subpolar North Atlantic Ocean. These abrupt events not only had impact on global  
35 climate, but also are associated with widespread reorganizations of the planet's  
36 ecosystems(3). Geochemical fingerprinting of the ice rafted detritus (IRD) associated  
37 with the most pronounced of these events consistently indicates a source in the Hudson  
38 Strait (HS) (4), so we abbreviate this subset of H events as HS events and their following  
39 cool periods as HS stadials. During northern stadials, ice cores show that Antarctica  
40 warmed, and each subsequent rapid northern hemisphere warming was followed shortly  
41 by cooling at high southern latitudes (5). Explanations for the rapidity and asynchrony of  
42 these climate changes require a mechanism for partitioning heat on a planetary scale,  
43 initiated either through reorganization of atmospheric structure (6) or the ocean's  
44 thermohaline circulation, particularly the Atlantic meridional overturning circulation  
45 (AMOC) (7-10). Coupled climate models have successfully used each of these  
46 mechanisms to generate time series that replicate climate variability observed in  
47 paleoclimate archives (9, 11). Here we investigate the relationship between Northern

48 Hemispheric climate as recorded in Greenland ice cores and marine sediments, along  
49 with isotopic deep-sea paleoproxies sensitive to changes in North Atlantic Deep Water  
50 (NADW) production and AMOC transport during MIS3. Throughout that time, when  
51 climate was neither as warm as today nor as cold as the last glacial maximum (LGM), ice  
52 sheets of intermediate size blanketed much of the northern hemisphere, and large  
53 millennial stadial - interstadial climate swings (6, 8) provide a wide dynamic range that  
54 allows examination of the ocean's role in abrupt change.

55 Sediment samples were taken from the long (35m) core KNR191-CDH19,  
56 recovered from the Bermuda Rise (33° 41.443' N; 57° 34.559' W, 4541m water depth) in  
57 the northwestern Atlantic Ocean (Fig. 1), near previous seafloor sampling at Integrated  
58 Ocean Drilling Program (IODP) site 1063, and coring sites KNR31 GPC-5, EN120 GGC-  
59 1, MD95-2036, and others. Because this region of the deep North Atlantic is  
60 characterized by steep lateral gradients in tracers of NADW and Antarctic Bottom Water  
61 (AABW), the Bermuda Rise has been intensively used to explore the connection between  
62 changes in ocean circulation and climate (7, 12). In this study we measured the  
63 radioisotopes  $^{231}\text{Pa}$  and  $^{230}\text{Th}$  in bulk sediment, age-corrected to the time of deposition,  
64 along with stable carbon ( $\delta^{13}\text{C}$ ) and oxygen ( $\delta^{18}\text{O}$ ) isotope ratios in the microfossil shells  
65 of both epibenthic foraminifera (*Cibicides wuellerstorfi* and *Nuttallides umbonifera*)  
66 and planktonic foraminifera (*Globergerinoides ruber*) respectively, yielding inferences  
67 on relative residence times and the origin of deep water masses on centennial time scales.

68 The isotopes  $^{231}\text{Pa}$  and  $^{230}\text{Th}$  are produced from the decay of  $^{235}\text{U}$  and  $^{234}\text{U}$ ,  
69 respectively, dissolved in seawater. This activity of  $^{231}\text{Pa}$  and  $^{230}\text{Th}$  in excess of the  
70 amount supported by the decay of uranium within the crystal lattice of the sediment's

71 mineral grains is denoted by  $^{231}\text{P}_{\text{xs}}$  and  $^{230}\text{Th}_{\text{xs}}$ . As the parent U isotopes have long  
72 residence times, U is well mixed throughout the ocean. This yields a  $^{231}\text{Pa}_{\text{xs}}/^{230}\text{Th}_{\text{xs}}$   
73 (hereafter Pa/Th) production ratio (Pa/Th = 0.093) that is constant and uniformly  
74 distributed (13, 14). Both daughter isotopes are removed by adsorption onto settling  
75 particles, with Th more efficiently scavenged than Pa. The residence time of  $^{231}\text{Pa}_{\text{xs}}$  ( $\tau_{\text{res}}$   
76  $\approx$  200yr) in seawater is thus greater than that of  $^{230}\text{Th}_{\text{xs}}$  ( $\tau_{\text{res}} \approx$  30yr), allowing  $^{231}\text{Pa}_{\text{xs}}$  to  
77 be redistributed laterally by changes in basin-scale circulation before deposition (7, 14-  
78 16), with the additional potential influence of removal due to changes in particle rain  
79 associated with biological productivity (17). Settling particles (18) and surface sediments  
80 throughout the basin reveal a deficit in  $^{231}\text{Pa}_{\text{xs}}$  burial that is consistent with large-scale  
81 export by the deep circulation (Fig. 1 and supplemental discussion).

82         The downcore Pa/Th in core CDH-19 ranges from  $\sim$ 0.05 to slightly above the  
83 production ratio of 0.093, with a series of well-defined variations throughout MIS 3  
84 (Fig.2). In sediments deposited during Greenland interstadial intervals(1), Pa/Th ratios  
85 average  $0.0609 \pm 0.0074$  ( $2\sigma$ ), substantially below the production ratio (Fig. 2), and only  
86 10% higher than the mean value (Pa/Th = 0.055) of the Holocene, a time of relatively  
87 vigorous AMOC (7). Because  $^{230}\text{Th}_{\text{xs}}$  is buried in near balance with its production (19),  
88 the relatively low Pa/Th indicates a substantial lateral export of  $^{231}\text{Pa}_{\text{xs}}$ , consistent with  
89 relatively vigorous AMOC during interstadials, although the vertical integration through  
90 the water column of this deficit does not distinguish whether this export occurred at deep  
91 or intermediate levels. Epibenthic  $\delta^{13}\text{C}$  ( $\delta^{13}\text{C}_{\text{BF}}$ ) data allow discrimination between these  
92 two possibilities, and display increased values during each interstadial, implying a greater  
93 contribution of the isotopically more positive North Atlantic end member (Fig 2). During

94 these intervals, this positive isotopic signal suggests a deeper overturning cell was  
95 established, rather than a shallower, yet vigorous one. This confirms a previous  
96 suggestion of intervals of relatively strong AMOC within the most recent ice age (20, 21),  
97 although neither Pa/Th nor  $\delta^{13}\text{C}_{\text{BF}}$  adjusted for whole ocean inventory changes (22) reach  
98 early Holocene values.

99 Pa/Th increases within each Greenland stadial interval, for a mean duration of  
100 0.531 +/- 0.303ka to a Pa/Th value of 0.0797+/-0.0154, indicating decreased lateral  
101 export of  $^{231}\text{Pa}_{\text{xs}}$  and consistent with a shallower or reduced overturning cell in the North  
102 Atlantic. During these stadials,  $\delta^{13}\text{C}_{\text{BF}}$  decreases substantially to negative values (-0.2‰  
103 to -0.5‰), suggesting greater influence of the glacial equivalent of modern Antarctic  
104 Bottom Water (AABW), an isotopic result consistent with reduced AMOC from a  
105 coupled climate model (10). Although the northern and southern water mass end  
106 members are not well known throughout the most recent glaciation, deep waters in the  
107 Atlantic during the LGM ranged from less than -0.5‰ in the south to more than 1.5‰ in  
108 the north (22). If these values prevailed throughout MIS 3, then the low benthic  $\delta^{13}\text{C}_{\text{BF}}$   
109 indicates a dominant stadial influence of southern waters, and substantial northward  
110 retreat or shoaling of the AABW/NADW mixing zone, which is consistent with the deep  
111 water mass configuration that has previously been reconstructed for the LGM (22, 23),  
112 although not for millennial-scale stadial intervals within the glaciation.

113 The mean Pa/Th of both stadials and interstadials is consistent with export of  
114  $^{231}\text{Pa}_{\text{xs}}$  from the subtropical North Atlantic during all of MIS3. During peak interstadials,  
115 when low Pa/Th indicates the local burial of approximately half of  $^{231}\text{Pa}_{\text{xs}}$  production, the  
116 remaining half would have been exported. In contrast, the substantial decrease in the

117 lateral export of  $^{231}\text{Pa}_{\text{xs}}$  evident in higher Pa/Th, along with lower benthic  $\delta^{13}\text{C}_{\text{BF}}$  during  
118 each stadial interval, points to repeated reductions in AMOC and its attendant northward  
119 heat transport throughout MIS3. The contrast between apparent deep, vigorous  
120 overturning during interstadials, with shallower(24), weaker overturning during stadials,  
121 is most pronounced in conjunction with all HS stadials (Fig. 2), when catastrophic  
122 discharge of melting icebergs from Canada flooded the subpolar North Atlantic (4).

123 Sediments deposited during HS stadials are characterized by a mean duration of  
124 1.65 +/- 0.545ka and an average Pa/Th of 0.095 +/- 0.016, which is indistinguishable  
125 from the production ratio. These results therefore indicate no net export of  $^{231}\text{Pa}_{\text{xs}}$  from  
126 the subtropical North Atlantic during these events sourced from the Hudson Strait. This  
127 balance between seawater radiometric production and underlying sedimentary burial  
128 would be expected under conditions with a substantial reduction in AMOC or other  
129 lateral transport, and might imply a near cessation of  $^{231}\text{Pa}_{\text{xs}}$  export through deep  
130 circulation. Although variable scavenging may also contribute to sedimentary Pa/Th,  
131 values throughout MIS 3 bear only a weak relationship with bulk and opal fluxes ( $r^2=0.19$ ,  
132 S2), which therefore constitute secondary influences.

133 These new results reveal that AMOC variations were associated with every MIS 3  
134 stadial-interstadial oscillation, with the largest reductions during HS stadials. The well-  
135 resolved interval 35-50 ka provides a good example (Fig. 3). This iconic interval contains  
136 H4, H5, and the intervening series of oscillations that have served as a basis for  
137 conceptual and computer models seeking to explain such variability (8-11, 25, 26). A  
138 previous Pa/Th record (20) covering this interval captured much of the overall amplitude,  
139 and the new data resolve each stadial increase in Pa/Th, indicating that only HS4 and

140 HS5 reach the production ratio of 0.093. Because the interstadial values are similar to  
141 each other, the subsequent abrupt increases in AMOC and regional warming are also the  
142 greatest, and occur within the century-scale response time of Pa/Th. Throughout the  
143 records, the Pa/Th and  $\delta^{13}\text{C}_{\text{BF}}$  bear a striking similarity to model output forced by  
144 freshwater anomalies (11).

145 Combined with previous investigations (7, 27), these new results confirm that all  
146 HS events of the past 60kyr were associated with a dramatic increase in Pa/Th, and are  
147 evidence for major reduction in AMOC in association with the largest IRD events (28).  
148 In contrast, H3, the sole Heinrich event stadial that fails to reach the production ratio  
149 (peak Pa/Th = 0.079), displays smaller IRD fluxes across the subpolar Atlantic (28) with  
150 provenance inconsistent with a Hudson Strait source (4). This muted result for H3 is  
151 consistent with evidence from the Florida Straits (29) showing a smaller reduction at that  
152 time in the northward flow of near-surface waters that feed the overturning circulation.  
153 As with all stadials, the HS events are characterized by lower  $\delta^{13}\text{C}_{\text{BF}}$ , suggesting  
154 diminished influence of NADW and proportionately greater AABW on Bermuda Rise.  
155 Combined Pa/Th and  $\delta^{13}\text{C}_{\text{BF}}$  results therefore indicate a persistent pattern of stadial  
156 weakening and interstadial strengthening, with a repeatedly largest reduction in AMOC  
157 associated with all HS events. Although these observations are consistent with a number  
158 of numerical model simulations (11, 26) as well as conceptual models for the  
159 mechanisms of abrupt change, they have previously been difficult to document and fully  
160 resolve.

161 Recent data from the Western Antarctic ice sheet provide compelling evidence for  
162 a robust lead of Greenland climate over Antarctica (5). That analysis revealed a N.

163 Hemisphere lead of  $208 \pm 96$  years, indicating that the interhemispheric teleconnection  
164 propagates from north to south on timescales consistent with basin-scale ocean  
165 circulation. To ascertain whether Northern Hemisphere climate is forced or reinforced by  
166 changes in AMOC, we investigated the phase relationship between surface and deep-sea  
167 properties. Cross-correlations were performed on each of  $\delta^{13}\text{C}_{\text{BF}}$ , Pa/Th, SST,  $\text{CaCO}_3$   
168 with NGRIP  $\delta^{18}\text{O}$  from both sediment cores CDH19 and MD95-2036 from the Bermuda  
169 Rise. The optimal correlation of  $\delta^{13}\text{C}_{\text{BF}}$  leads NGRIP  $\delta^{18}\text{O}$  by approximately two  
170 centuries (Fig 4). This lead is corroborated by Pa/Th phasing which, when considering  
171 the century-scale response time of the proxy (13, 14), is consistent with AMOC changes  
172 indicated by  $\delta^{13}\text{C}_{\text{BF}}$ . The SST reconstruction from MD95-2036 was aligned with  
173 Greenland  $\delta^{18}\text{O}$ , yielding a correlation of  $r^2=0.83(30)$ . SST and Pa/Th are synchronous  
174 with NGRIP to within the estimated bioturbation error of 8cm within the core, displaying  
175 correlations with Greenland of  $r^2=0.47$  for Pa/Th, and  $r^2=0.65$  for SST. The optimal  
176 correlation of  $\% \text{CaCO}_3$ ,  $r^2=0.64$ , lags NGRIP  $\delta^{18}\text{O}$  by nearly 200 years.

177         The consistent lead of variations in  $\delta^{13}\text{C}_{\text{BF}}$  before SST and Greenland  
178 temperatures, repeated over multiple millennial cycles, indicates the potential influence  
179 of AMOC on NH climate, and suggests the Bermuda Rise is exposed to shifts in deep  
180 water mass mixing. Initially, deep circulation changes, evidenced overall by the timing of  
181  $\delta^{13}\text{C}_{\text{BF}}$ . Pa/Th shifts are essentially in tandem with regional temperature when circulation  
182 accelerates, and soon thereafter as it responds to weakening AMOC (S3). Given the  
183 response time of Pa/Th to instantaneous shifts in North Atlantic overturning(13, 14), this  
184 also suggests that changes in AMOC precede regional temperature change, although the  
185 exact timing may have differed during cooling and warming phases. Both SST and



186 Greenland temperature proxies lag the ocean circulation in a consistent fashion, and in  
187 turn these northern changes have been demonstrated to lead Antarctic temperatures (5).  
188 Calcium-carbonate concentration is the last of the proxies to respond to AMOC change,  
189 consistent with the longer timescale of preservation, dissolution and dilution in the deep  
190 ocean.

191 The relative timing of the observed AMOC changes has important implications  
192 for regional and global climate. While numerous computer simulations suggest that  
193 melting icebergs and other freshwater input associated with H events may have shut  
194 down NADW production(9, 11, 26), recent results examining the phasing of North  
195 Atlantic SST and ice rafted detritus (IRD) suggest stadial conditions began to develop  
196 prior to ice-rafting(31). The evidence here nevertheless indicates that the greatest AMOC  
197 reduction and the coldest stadial intervals accompanied the largest iceberg discharges.  
198 This suggests that the iceberg discharges may have provided a positive feedback  
199 mechanism to accelerate the initial cooling within each multi millennial climate cycle. In  
200 addition, the extended Heinrich-stadial reductions in AMOC observed in this study  
201 coincide with intervals of rising atmospheric CO<sub>2</sub>(32), while CO<sub>2</sub> declined when AMOC  
202 increased during the subsequent sharp transitions to northern interstadials, supporting a  
203 potential influence on the atmosphere by the deep circulation on millennial  
204 timescales(33).

205 The robust relationship of reductions in export of northern deep waters evident in  
206 reduced <sup>231</sup>Pa<sub>xs</sub> export and decreased δ<sup>13</sup>C<sub>BF</sub> before and during stadial periods, and the  
207 dramatic increases in both during interstadials provides direct evidence for the role of  
208 AMOC in abrupt glacial climate change. The sequence of marked circulation changes

209 and northern hemisphere climate detailed here, combined with the demonstrated lag of  
210 Antarctic temperature variations (5), strongly implicates changes in meridional heat  
211 transport by the ocean as a trigger for abrupt northern hemisphere warming and the  
212 tipping of the “bipolar seesaw (25).”

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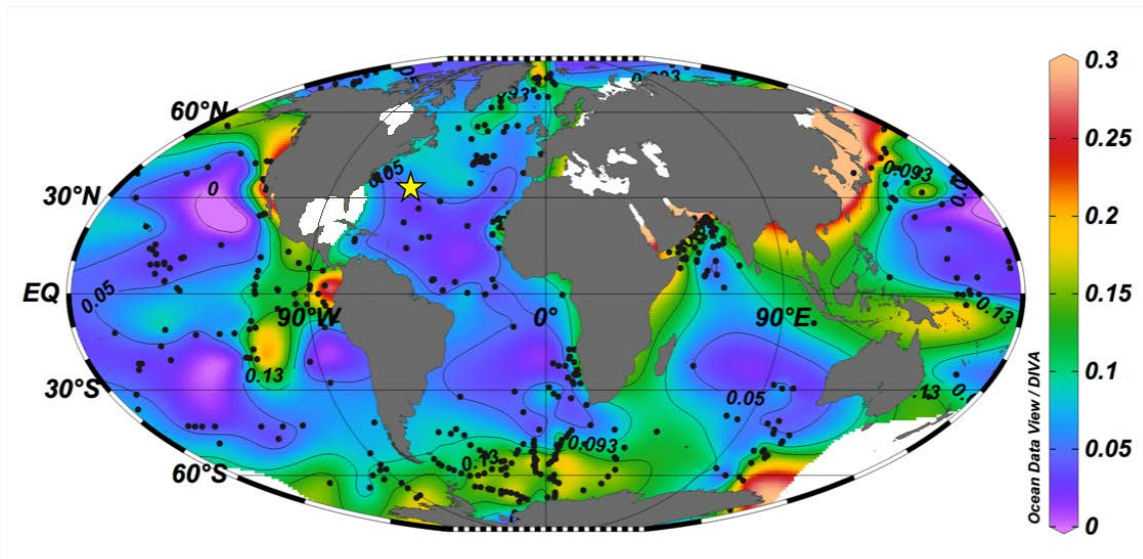
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229 Figures

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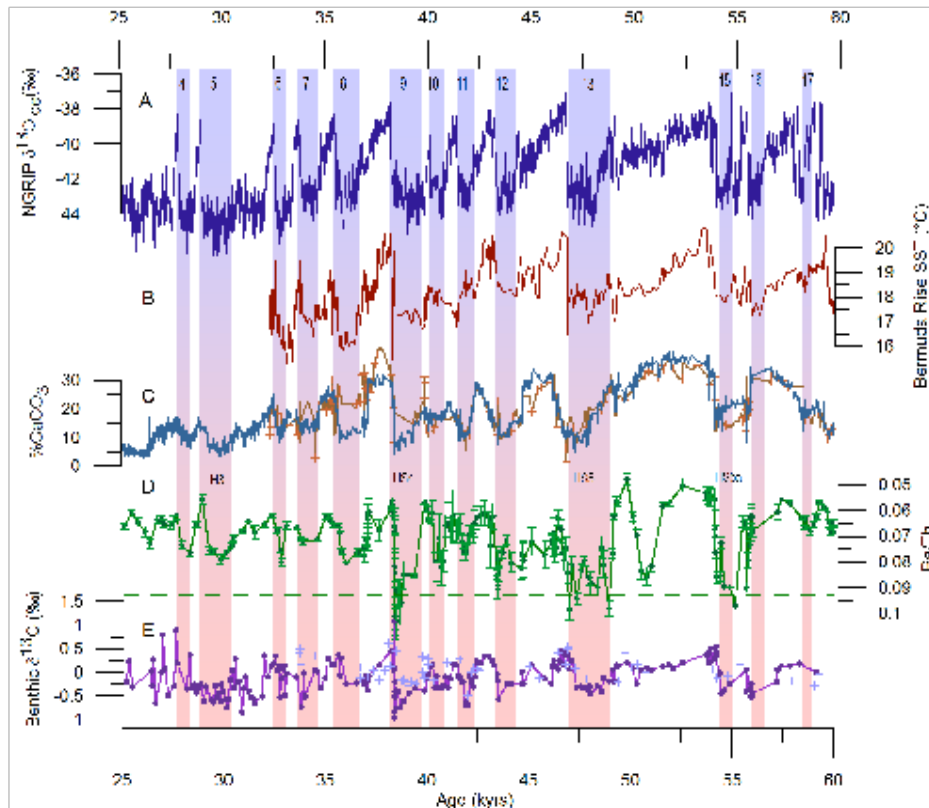
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236 **Fig. 1.** Location sediment core CDH19 shown as star ( $33^{\circ} 41.443' N$ ;  $57^{\circ} 34.559' W$ ,  
 237 4541m water depth) with Pa/Th ratios (black dots) in core top sediments used with ODV  
 238 DIVA gridding to produce the color contours. White areas contain no data.

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246 **Fig. 2.** Stadials are numbered with vertical bars. [A] NGRIP ice core  $\delta^{18}\text{O}_{\text{ice}}$

247 75.1°N, 42.32°W (34). [B] SST (°C) from MD95-2036, 33° 41.444°N, 57° 34.548°W,

248 4462m (30). [C] Calcium x-ray fluorescence (orange) from core CDH19 (this study)

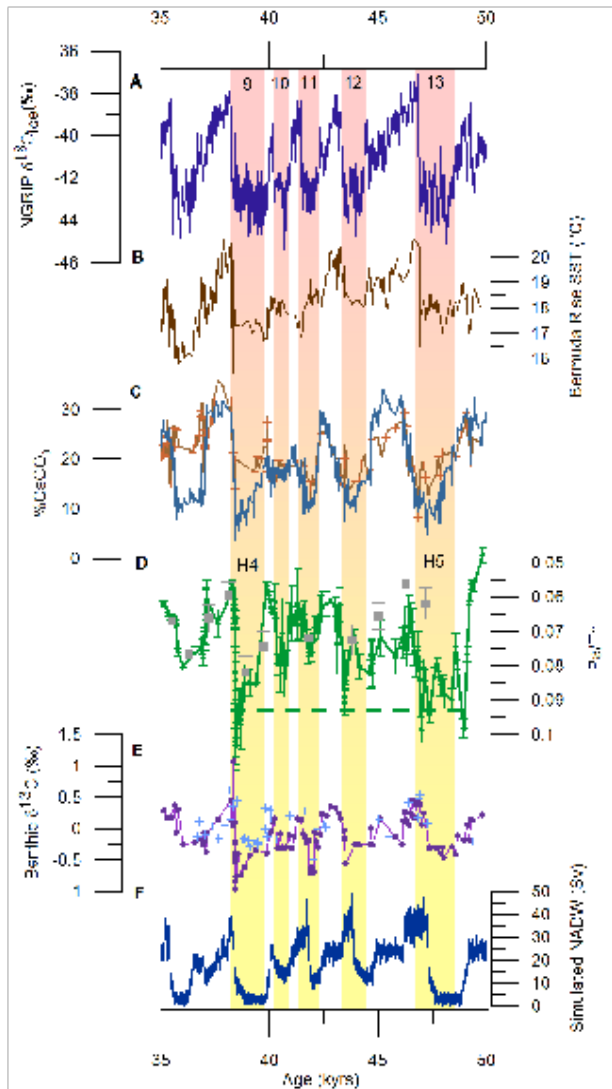
249 mapped to %CaCO<sub>3</sub>, with calibration  $r^2 = 0.87$  (S.1), with spectral reflectance (blue) from

250 core MD95-2036 (35) [D] Pa/Th from bulk sediment (green) taken from core CDH19.

251 [G] Benthic foraminiferal  $\delta^{13}\text{C}_{\text{BF}}$  from core CDH19 (purple) alternates between values

252 consistent with southern and northern sourced  $\delta^{13}\text{C}_{\text{BF}}$  end members.

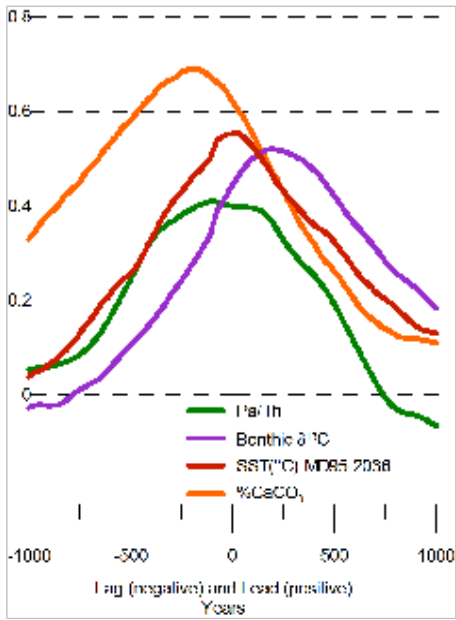
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**Fig. 3.** (A) through (E) as in Figure 2, with the addition of (F) simulated NADW (Sv) in a coupled ocean/atmosphere model (11), with previously published Böhm et al Pa/Th data (20) and Keigwin and Boyle  $\delta^{13}\text{C}_{\text{BF}}$  data (12).

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271 **Fig. 4.** Correlation of NGRIP ice core  $\delta^{18}\text{O}$  with CDH19 %CaCO<sub>3</sub> (orange), Pa/Th of  
 272 bulk sediment from CDH19 (green),  $\delta^{13}\text{C}_{\text{BF}}$  from CDH19 (purple), SST °C from MD95-  
 273 2036 (30) (red).

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308 References and Notes

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