

# Identifying coherent spatiotemporal modes in time-uncertain proxy paleoclimate records

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1 **Abstract** High-resolution sedimentary paleoclimate proxy records offer the potential to ex-  
2 pand the detection and analysis of decadal- to centennial-scale climate variability during  
3 recent millennia, particularly within regions where traditional high-resolution proxies may  
4 be short, sparse, or absent. However, time uncertainty in these records potentially limits a  
5 straightforward objective identification of broad-scale patterns of climate variability. Here,  
6 we describe a procedure for identifying common patterns of spatiotemporal variability from  
7 time uncertain sedimentary records. This approach, which we term Monte Carlo Empirical  
8 Orthogonal Function (MCEOF) analysis, uses iterative age modeling and eigendecompo-  
9 sition of proxy time series to isolate common regional patterns and estimate uncertainties.  
10 As a test case, we apply this procedure to a diverse set of time-uncertain lacustrine proxy  
11 records from East Africa. We also perform a pseudoproxy experiment using climate model  
12 output to examine the ability of the method to extract shared anomalies given known signals.  
13 We discuss the advantages and disadvantages of our approach, including possible extensions  
14 of the technique.

15 **Keywords** paleoclimate · Africa · empirical orthogonal functions · Monte Carlo ·  
16 uncertainty · geochronology

## 17 1 Introduction

18 Large-scale climate reconstructions over the last two millennia (the ‘Common Era’) often  
19 rely on the use of climatic proxies that are precisely dated, annually resolved, and overlap  
20 with instrumental climate data: e.g. tree rings, corals, varved sediments and annually-layered  
21 ice cores (e.g. Fritts et al, 1971; Fritts, 1991; Cook et al, 1994; Mann et al, 1998; Cook

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et al, 1999; Evans et al, 2002; Esper et al, 2002; Hegerl et al, 2007; Jansen et al, 2007; Jones et al, 2009; Cook et al, 2010). Such proxies have an advantage in that they can be reliably calibrated and statistically validated against the instrumental record and are known to reflect seasonal to centennial climate variability. However, one potential disadvantage of this class of proxy archives is that, with some exceptions, they are relatively short in duration; for instance, the longest continuous coral records span approximately 300 to 400 years (Gagan et al, 2000; Lough, 2010) and the majority of tree ring chronologies cover the last millennium or less (with some notable exceptions, e.g. LaMarche, 1974; Pilcher et al, 1984; Lara and Villalba, 1993; Cook et al, 2000; Grudd et al, 2002; Salzer and Hughes, 2007; Büntgen et al, 2011). Thus, reconstructions relying on such archives may not completely capture low frequency climate variability at multi-centennial time scales (e.g. Cook et al, 1995) or they may span only a portion of the Common Era. Perhaps of greater concern, however, is that there are areas on Earth where traditional high-resolution climate archives are sparse or thus far unavailable, including some terrestrial tropical regions where trees do not form reliable annual rings and over much of the global ocean.

Lake and ocean sediment records provide a source of long, continuous climate records that retain low-frequency variability, and in doing so can fill in gaps in the climate history of the late Holocene left by annually-resolved archives in both time and space. Sediment archives also have an advantage in that they are available over much of the Earth's surface. A primary limitation of sedimentary archives, however, is that they typically lack annual resolution and are only rarely absolutely dated. Sedimentary records often rely instead on radiometric dating methods (e.g.  $^{14}\text{C}$ ,  $^{210}\text{Pb}$ ) which endow the archive with an uncertainty in time related to both the precision of the dating method and the density of dates down the length of the core. In particular, radiocarbon ( $^{14}\text{C}$ ) dating via accelerated mass spectrometry (AMS) typically carries an analytical error on the order of 20–50 years, and this is compounded with the uncertainty involved in translating radiocarbon years to calendar years, a relationship that varies depending on the Sun's modulation of the atmospheric production rate of  $^{14}\text{C}$ . When the  $^{14}\text{C}$  year/calendar year relationship deviates significantly from a one-to-one relationship – for instance, during the Maunder Minimum (1645–1715 CE) when the  $^{14}\text{C}$  concentration in the atmosphere was anomalously high – radiocarbon dating uncertainty may exceed 100 calendar years. While such uncertainty may be relatively inconsequential for the interpretation of sediment proxies on the orbital or multi-millennial scale, on shorter timescales such as the last millennium it presents a problem: it becomes difficult to establish the precise timing of major climate events on the decadal, multi-decadal, and centennial scale, or to determine whether two or more time series are coherent and record common regional changes in climate. Furthermore, in order for statistically calibrated and validated climate reconstructions to combine lower-frequency time uncertain records with high-frequency, absolutely-dated time series – an approach that is increasingly being explored (e.g. Moberg et al, 2005; Kaufman et al, 2009) – there needs to be a robust way to account for the time-uncertainty introduced by sediment records. Within an individual sediment core, time uncertainty can be reduced by dating sedimentary units densely enough such that the overlapping dates are reduced in their uncertainty by the principle of stratigraphic superposition, or such that the raw  $^{14}\text{C}$  dates can be tightly ‘wobble-matched’ directly to the  $^{14}\text{C}$  production curve (Blaauw et al, 2003). However, given the high analytical costs of  $^{14}\text{C}$  analysis, this is not always a practical approach.

Here, we present a simple, transparent and broadly-applicable procedure that can be used to assess time uncertainty in proxy records while identifying coherent spatiotemporal variability between multiple independent time-uncertain time series. This approach, which we call “Monte Carlo Empirical Orthogonal Function” (MCEOF) analysis, iteratively calcu-

lates depth-to-age models for each respective time-uncertain proxy record of interest taking into account individual age model constraints, then decomposes the set of records into patterns in space and amplitude principal components series in time. By iteratively conducting many thousands of simulations, we are able to assess the robustness and estimate uncertainty surrounding patterns of paleoclimate change defined by time-uncertain records in both time and space. Furthermore, the simulations offer a method by which to empirically and statistically assess the synchronicity of major abrupt climate events recorded in disparate proxy datasets, including abrupt droughts or pluvials.

As proof of concept, we apply this technique to seven lacustrine paleohydrological reconstructions from East Africa. East Africa is a region where annually-resolved archives are thus far relatively sparse: in particular, tree-ring archives are few (Stahle, 1999; Verschuren, 2004). Rather, most of the paleoclimatic data from this region are proxies measured in lake sediment cores, the majority of which are dated using radiometric techniques (e.g. Verschuren et al, 2000; Stager et al, 2005; Russell and Johnson, 2007). The East African region is thus as an ideal target for MCEOF analysis. We further evaluate the skill of our technique in recovering coherent large-scale climate variability using a set of ‘pseudoproxies’ – simulated time series intended to mimic the actual proxy records (Evans et al, 1998; Smerdon, 2011) – generated from a last millennium climate model simulation. Here, we focus on discussing how application of MCEOF to East African hydroclimate reconstruction illustrates the capabilities and limitations of the technique. The large-scale climatic implications of the MCEOF analysis are investigated in-depth elsewhere (Tierney et al, submitted).

As we describe below, the MCEOF approach can be generally applied to any collection of paleoclimatic reconstructions that are time-uncertain. The technique is intended to be modular and flexible enough to incorporate a diverse set of proxy records, dating methods, and age modelling approaches.

## 2 Data and Methods

### 2.1 Proxy and chronological data

For our test analysis of regional changes in hydrology during the past millennium in East Africa, we utilized seven paleohydrological time series from the region (Fig. 1) that [1] use a proxy interpreted to predominantly reflect changes in hydroclimate, [2] contain data analyzed at a mean time interval of 50 years or less, [3] contain at least seven depth-age tie-points, [4] contain a least one data point representative of modern (> 1950 CE) conditions and [5] have a reasonably well-constrained stratigraphy (i.e., minimal evidence of turbidites, reworking, large hiatuses in sedimentation). Table 1 summarizes the literature references, chronological controls, average time-resolution, proxy type and length associated of each time series. We used the proxy data “as is,” i.e., as presented in the source publication with a few exceptions: [1] if necessary, proxy records were truncated at the core depth associated with the last age control point within the last 2000 years; [2] in the case of Lake Masoko, two records of magnetic susceptibility are available from the lake, from two different cores – one that extends to approximately 1500 CE (Garcin et al, 2007) and another that extends back to ca. 43,300 BCE (Garcin et al, 2006). To cover the entirety of the last millennium, we used the longer record, but translated the  $^{210}\text{Pb}$  age control points from the depths in the shorter core to equivalent depths in the longer core, taking advantage of the fact that for their period of overlap, the two records of magnetic susceptibility are highly and significantly correlated ( $r = 0.90$ ,  $p = 0.0002$ ; Monte Carlo test; Ebisuzaki, 1997); [3] the charcoal data from Lake

116 Tanganyika were log-transformed to account for the strongly skewed distribution of these  
117 data.

118 Various methods were used by the authors of the African paleohydrological data to  
119 provide chronological control, including AMS  $^{14}\text{C}$  dating, unsupported  $^{210}\text{Pb}$  dating, iden-  
120 tification of known tephra layers and varve counting (Table 1). Recognizing that each type  
121 of dating method has a different kind of error distribution, we treat the different classes of  
122 dating methods accordingly in our MCEOF procedure as described below. We assume that  
123 year-of-collection assignments and historical marker horizons have no error associated with  
124 them, except if otherwise indicated in the source publication. We assume that  $^{210}\text{Pb}$  dates,  
125 cross-core correlations and tephra markers have error that can be approximated by a Gaus-  
126 sian distribution and if not specified in the source publication, the  $1\sigma$  error was assumed  
127 to be 5 years. Of the seven records, two utilize varve chronologies (Lake Malawi and Lake  
128 Challa) and in that case uncertainty is based on an estimate of potential errors in identifying  
129 and counting the annual layers. The estimated uncertainty for the Lake Malawi varve stratig-  
130 raphy is  $\pm 0.5$  annual varve couplets (0.5 years) at each stratigraphic horizon (Johnson and  
131 McCave, 2008). The estimated uncertainty for the Lake Challa varve stratigraphy is  $\pm 0.3$   
132 annual varve couplets (C. Wolff, pers. comm.).

133 Uncertainty associated with  $^{14}\text{C}$  dating is more complicated, as the translation of  $^{14}\text{C}$   
134 years into calendar years is a function of the  $^{14}\text{C}$  production rate in the atmosphere and  
135 therefore varies in time. Furthermore,  $^{14}\text{C}$  dates on total organic carbon (TOC) in lakes  
136 often reflect a lake-specific radiocarbon reservoir, which can be substantial (i.e. 500–1000  
137 years) in hardwater lakes or large lakes with a permanently isolated hypolimnion. Of the  
138 seven lakes, two (Victoria and Tanganyika) have radiocarbon reservoirs and TOC  $^{14}\text{C}$  dates,  
139 thus requiring that the dates be corrected prior to calibration to calendar years. In each  
140 of these studies, the authors determine the lake  $^{14}\text{C}$  reservoir correction via use of paired  
141 terrestrial macrofossil and lake TOC  $^{14}\text{C}$  dates or paired  $^{210}\text{Pb}$  and  $^{14}\text{C}$  dates from the same  
142 stratigraphic horizon, but do not provide an estimate of error associated with these reservoir  
143 corrections. Since we do not have error information we assume for the purposes of this  
144 study that any reservoir corrections made by the authors do not have an error, although in  
145 principle known reservoir errors could be compounded with the analytical  $^{14}\text{C}$  error prior to  
146 calibration to calendar years.

147 To treat the  $^{14}\text{C}$  dates between the seven records consistently, we re-calibrate the raw (or  
148 reservoir-corrected)  $^{14}\text{C}$  ages provided in each source publication using the IntCal09 curve  
149 (Reimer et al, 2009) and CALIB 6.0 (Stuiver and Reimer, 1993), and we use the resulting  
150 calendar-age empirical probability distributions during the age model iterations described  
151 below. These distributions are often highly non-Gaussian in shape, containing plateaus and  
152 multiple maxima.

153 In many cases, the authors of the individual limnological studies omitted “reversed”  $^{14}\text{C}$   
154 ages – dates whose mean calibrated calendar year designation was older than the date below  
155 it within the stratigraphic column and thus potentially violates the principle of superposition.  
156 This is not an uncommon feature of radiometric age modeling in depositional environments,  
157 and often arises due to the reworking of older sedimentary material or bioturbation. Here, we  
158 reincorporate some of these as potential additional age controls, while still omitting those  
159 reversed dates where the probability of randomly drawing a set of dates between an ordered  
160 date and a potentially reversed date in stratigraphic order is less than 5%.

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## 161 2.2 A Monte Carlo Empirical Orthogonal Function Approach

162 We seek a reduced set of spatial and temporal variables that isolate the dominant modes of  
163 regional paleoclimate variability amongst a set of proxy records and that also account for the  
164 time uncertainty inherent to each individual record. Our procedure therefore involves iteration  
165 of two integrated steps: First, we independently resample the individual age models for  
166 each lacustrine proxy record using their radiometric and other age controls and their respective  
167 uncertainty, then we decompose each set of resampled proxy records into their leading  
168 spatiotemporal modes using empirical orthogonal function (EOF) analysis. This procedure  
169 is repeated many thousands of times, resulting in bootstrapped ensembles of possible proxy  
170 records, EOF loadings, and EOF time series expansions each defined by different age-depth  
171 models.

### 172 2.2.1 Iterative Age-Depth modeling

173 As described in Section 2.1 above, each proxy record is mapped to calendar years using a set  
174 of age-depth relationships, each with its own uncertainty. There has been considerable focus  
175 on developing methods for creating an optimal age model for a single sediment core (e.g.  
176 Blaauw et al, 2003; Telford et al, 2004a; Heegaard et al, 2005; Blockley et al, 2007; Bronk  
177 Ramsey, 2008; Goslar et al, 2009; Blaauw, 2010; Blaauw and Christen, 2011). Here we  
178 take an alternative approach: instead of modeling a single optimal age-depth relationship,  
179 we iteratively resample from the probability distribution of possible dates in each record  
180 and develop an ensemble of thousands of possible proxy time series that are consistent with  
181 the age determinations, their estimated uncertainty, and stratigraphic position. In practical  
182 terms, for each age constraint in each individual proxy record, for each iteration we independently  
183 draw a possible date from the probability distribution of possible ages, and use these  
184 to create a new age model. This process is continued for each chronological constraints. Our  
185 approach is similar in spirit to Bayesian iterative techniques – which have been applied to  
186 age-modeling previously in a similar manner (e.g. Blaauw et al, 2007; Bronk Ramsey, 2008;  
187 Blaauw and Christen, 2011) – but here we make no prior assumptions about sedimentation  
188 rates. The only assumption we make is that of superposition: that age of sediments increases  
189 as one moves downcore. We enforce this requirement moving down-section, following the  
190 assumption that typically the researcher has tighter chronological constraints near the top  
191 of the sediment core (such as  $^{210}\text{Pb}$  dating and the date of collection) than farther down in  
192 the sedimentary sequence. For each age model iteration, we choose a date within the uncertainty  
193 bounds of the top-most chronological constraint and then if necessary exclude areas  
194 of the uncertainty envelope in the subsequent chronological datapoint that would violate superposition.  
195 We then fit an age model to the subsequent depth-age pairs using a monotonic  
196 piecewise cubic hermite polynomial function (Carlson and Fritsch, 1985), which smooths  
197 over abrupt changes in sedimentation rates at tiepoints but unlike a spline function does not  
198 permit unrealistic overshoots of the age model between tiepoints. In practice, linear interpolation  
199 yields quite similar results.

200 Some sediment proxy records have a unique set of chronological considerations that may  
201 require a different approach to age-depth modelling than the basic one described above. For  
202 instance, Lakes Challa and Malawi have varve chronologies, and so we model their age uncertainty  
203 in a unique way: we assume that counting estimates are equivalent to a 1-sigma  
204 value of a Gaussian error distribution, and that the error in varve counting is independent  
205 between respective stratigraphic horizons. To iterate within this dating constraint, we randomly  
206 sample an error value from a Gaussian distribution with a mean of zero and standard

207 deviation of the varve counting error at each depth interval at which the proxy was mea-  
 208 sured in the core, with the added constraint of superposition. This simulates the possibility  
 209 of erroneously missing or identifying a varve, and this error then accumulates or attenuates  
 210 along the length of the core.

211 Some sedimentary time-uncertain sequences may contain proxy measurements below  
 212 the last chronological control point. For example, the bottom of the Lake Victoria record  
 213 spans beyond the last radiometric date, and so in the original source publication it is an-  
 214 chored by extending the inferred sedimentation rate from the dated portion of the top of  
 215 the core (Stager et al, 2005). We mimic this procedure here by fitting a line to the upcore  
 216 resampled ages at each iteration and using the least squares regression equation to establish  
 217 a bottom date.

218 Finally, in some cases such a large depth unit was sampled for the chronological mea-  
 219 surement that is it appropriate to take into account errors in depth as well. This is the case for  
 220 the Lake Naivasha data, and so we also consider additional uncertainty in the corresponding  
 221 depth of the of the material used for radiometric dates by resampling from a Gaussian dis-  
 222 tribution reflecting the range of possible values (Verschuren et al, 2000; Verschuren, 2001).

### 223 2.2.2 Empirical orthogonal functions

224 Empirical orthogonal function (EOF) analysis decomposes the common variance in a col-  
 225 lection of individual time series into a few leading, low order orthogonal ‘modes’ (for an  
 226 overview of EOF analysis see Preisendorfer and Mobley, 1988; Jolliffe, 2002; Navarra and  
 227 Simoncini, 2010). The resulting time series and the associate spatial patterns, or loadings,  
 228 can be used to identify and analyze common or robust spatiotemporal variability from a large  
 229 set of proxy records. Let us represent a time series of proxy paleoclimate data as vector of  
 230 length  $n$

$$\mathbf{x}_i = (x_i(1), x_i(2), \dots, x_i(n)) \quad (1)$$

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233 For a collection of individual proxy paleoclimate times series of length  $n$  from  $m$  sites,  
 234 we can construct the original data matrix  $\mathbf{X}$

$$\mathbf{X} = \begin{bmatrix} x_1(1) & x_1(2) & \dots & x_1(n) \\ x_2(1) & x_2(2) & \dots & x_2(n) \\ \dots & \dots & \ddots & \dots \\ x_m(1) & x_m(2) & \dots & x_m(n) \end{bmatrix} \quad (2)$$

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237 In order to be able to perform the empirical orthogonal decomposition of the data ma-  
 238 trix, the different proxy series are linearly interpolated to a common time step; in the case  
 239 of the East Africa analyses performed here, we interpolate to a time-step of 5 years. In  
 240 practical terms, we have constructed a matrix where each row reflects the data from a differ-  
 241 ent proxy site, and time changes are regular intervals from column to column. Because the  
 242 individual proxy records each have their own dimension associated with the measurement  
 243 scale of the various analyses, for comparison the time series can be made non-dimensional  
 244 (standardized) by removing the mean  $\bar{x}$  of each and setting the standard deviation  $s$  to unity

$$z_i = \frac{x_i - \bar{x}}{s} \quad (3)$$

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The correlation matrix  $\mathbf{R}$  of the scaled data is then given by

$$\mathbf{R} = \frac{1}{n-1} \mathbf{Z}\mathbf{Z}^T \quad (4)$$

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For paleoclimate applications, aligning each record such that the direction of the time series anomalies indicates the same qualitative interpretation of past climate conditions (e.g. positive anomalies always indicate wet conditions and negative anomalies, dry conditions) facilitates interpretation. This may require changing the sign of some records such that same signed anomalies have the same climatic interpretation.

Empirical orthogonal function (EOF) analysis decomposes the correlation matrix of the proxy series into a set of  $m$  orthogonal eigenvectors  $u$  and their corresponding eigenvalues

$\sigma$

$$\mathbf{R} = \mathbf{U}\Sigma\mathbf{U}^T \quad (5)$$

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We refer to the eigenvectors as ‘loadings’. Projecting the normalized data matrix onto these yields an  $m$  by  $n$  set of corresponding uncorrelated temporal scores, amplitudes, or time series  $\mathbf{A}$ :

$$\mathbf{A} = \mathbf{Z}\mathbf{U} \quad (6)$$

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In practice, the singular value decomposition of the non-dimensional data matrix  $Z$  yields the same results. Note that, because the sign of the eigenvectors is arbitrary, it may be necessary to examine the results of the decomposition in order to ensure consistent physical interpretability across iterations. The percent of the total variance from the original proxy records associated with each new  $i$ th mode is given by:

$$\frac{\sigma_i}{\sum_{i=1}^m \sigma_i} \quad (7)$$

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## 272 2.3 Method application and evaluation

### 273 2.3.1 Significance testing

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The eigenvalues, and by extension the variance explained by each new variable, offer an opportunity to evaluate which of the leading modes are likely to be meaningful or separable

276 from noise. Such criteria can be thought of as an assessment of statistical significance with  
277 respect to the same procedures when applied to an appropriate null model. Kaiser (1960)  
278 suggested retaining only those modes with eigenvalues from a correlation matrices greater  
279 than unity. Cattell (1966) proposed using a scree plot to identify where the slope of the or-  
280 dered eigenvalues appears to ‘level off’, and North et al (1982) provided a rule of thumb  
281 based on identifying degenerate EOFs that are a function of sampling noise. As an alterna-  
282 tive, non-parametric approach, Monte Carlo methods – which evaluate the data eigenvalues  
283 against a white or red noise null model (Preisendorfer and Mobley, 1988) – provide a per-  
284 haps more rigorous test for significance, although it should be noted that even here what is  
285 being tested is not the physical interpretability of any given mode, but rather whether they  
286 are likely to differ from a reasonable null hypothesis.

287 We apply a test similar to Preisendorfer’s ‘Rule N’ (Preisendorfer and Mobley, 1988) in  
288 order to evaluate how the low order modes of climate variability in the regional set of proxy  
289 data compare to those that can arise from random noise time series. For our null hypothesis,  
290 we created synthetic, random time series based on [1] Gaussian white noise and [2] ‘red’  
291 noise, with parameters derived from autoregressive (AR) models fitted to the actual data  
292 series (Schneider and Neumaier, 2001). The order of the AR models was determined by  
293 Schwarz’s Bayesian Criterion. The set of random time series are then subjected to the same  
294 EOF analysis described above and their eigenvalues compared with those from the ensemble  
295 from the actual data. We performed 1000 red noise tests for each of the 10,000 ensemble  
296 members of the real data.

### 297 2.3.2 *Orthogonal rotation*

298 The methods described above produce a reduced set of orthogonal modes that reflect pat-  
299 terns of common variability in space and time in the original proxy data. While this approach  
300 is efficient for reducing the dataset, the orthogonality constraint almost certainly places lim-  
301 its on the interpretation of the modes in terms of their physical, climatological associations  
302 (c.f. Richman, 1986; Dommenges and Latif, 2002; Dommenges, 2007; Hannachi et al, 2007;  
303 Monahan et al, 2009). That is, climate variability for a region is likely to be a composite  
304 of forced and unforced variability that are possibly correlated in time and space, each with  
305 their own magnitude and preferred time scales of variability (Monahan et al, 2009). One  
306 approach commonly used to isolate more ‘local’ modes of variability in a set of space-time  
307 records that allows relaxation of orthogonality constraints is rotation of the eigenvectors  
308 such that the new loadings cluster either near unity or near zero (Richman, 1986; Mestas-  
309 Nuñez, 2000), although rotation also has its own possible drawbacks (c.f. Jolliffe, 1987).  
310 We test the utility of this approach here by applying Varimax rotation to the two leading  
311 modes (Kaiser, 1958; Richman, 1986) from each iteration of the MCEOF procedure de-  
312 scribed above, normalizing by the square root of the respective eigenvalue (Jolliffe, 1995).  
313 The result is a set of rotated loadings and amplitude time series that are nonorthogonal and  
314 temporally correlated (Jolliffe, 1995; Mestas-Nuñez, 2000).

### 315 2.3.3 *Proxy and pseudoproxy application*

316 For our analysis of the East African paleohydrological proxies, we performed 10,000 iter-  
317 ations of the MCEOF procedure described above and produced both rotated and unrotated  
318 modes. Because the sign of the eigenvectors is arbitrary, we set each iteration so the modes  
319 are consistent across the ensemble. For the Rule N significance test described above, we  
320 performed 1000 red noise tests for each of the 10,000 ensemble members of the real data.



321 10,000 iterations of the MCEOF analysis, written in MATLAB and run on a recent genera-  
322 tion (early 2009) quad-core Mac Pro, require approximately 72 hours to complete analysis  
323 of a dataset of 7 sites with 183 time points. We also ran an experimental MCEOF procedure  
324 out to 100,000 iterations in order to evaluate the number needed to achieve stable results.

325 In order to evaluate the skill of our technique, we also developed a complementary  
326 ‘pseudoproxy’ evaluation (Evans et al, 1998; Smerdon, 2011) as a test of whether we could  
327 recover a known and realistic ‘climate’ signal from a set of simulated and time uncertain  
328 ‘proxy’ time series designed to mimic the actual records. We used precipitation and tem-  
329 perature output from the last millennium forced simulation of the National Center for At-  
330 mospheric Research (NCAR) CSM1.4 coupled ocean-atmosphere model (Ammann et al,  
331 2007) to develop a time series of moisture balance anomalies (using the Palmer Drought  
332 Severity Index (PDSI), Palmer, 1965) at the model locations corresponding to our actual  
333 proxy sites. We chose to calculate PDSI because it is a reasonable approximation for the cli-  
334 mate signal encoded by the lake level proxies, which are sensitive to moisture balance rather  
335 than strictly precipitation. These time series were then downsampled to the resolution of the  
336 corresponding record and given the same number and type of chronological tiepoints as the  
337 actual proxy sites to mimic the time-uncertainty. We then analyzed the simulated records  
338 using the same procedure as outlined above, and compared the extracted MCEOF modes to  
339 the time-certain EOFs of the moisture balance anomaly series. While we don’t necessarily  
340 expect nor require that the climate model is a perfect representation of the true climate sys-  
341 tem in the region in either time or space, it does provide us with a testing environment with  
342 a known and physically plausible spatiotemporal variability that mimics the actual climate  
343 of the region (Smerdon, 2011).

### 344 **3 Results**

#### 345 3.1 East African proxies

346 A plot of the 68% and 90% two-tailed confidence intervals derived from the iterated age  
347 model ensemble members for each actual East African proxy site provides a visual assess-  
348 ment of the age uncertainty in each of seven proxy records (Fig. 2). To a first approximation,  
349 the age error of each respective record scales to the number of radiocarbon dates, although  
350 as expected if the radiocarbon ages happen to fall during a plateau in  $^{14}\text{C}$  production their  
351 efficacy as a strong constraint is reduced. For example, the dating constraints on the Lake  
352 Naivaisha lake level record during the Little Ice Age contain relatively large calibration er-  
353 rors ( $> 100$  calendar years,  $2\sigma$ ) and thus allow the pluvial period near 1700 CE to shift by as  
354 much as 200 years (Fig. 2). We also plot the proxy data on their published age models over  
355 the confidence intervals of the ensemble iterations to compare the originally-constructed  
356 age-depth relationships with our ensemble predictions (Fig. 2). In most cases, the published  
357 age models fall within the 90% confidence intervals, although there are some exceptions.  
358 For example, portions of the Lake Edward record fall along or outside the edges of the 90%  
359 confidence interval, as does the punctuated drought in Lake Naivasha near 1250 CE.

360 The time series expansion of the two leading unrotated EOFs of the MCEOF analysis  
361 are shown in Figure 3, along with their 90% (two-tailed) confidence intervals. We only  
362 extend these back to 1270 CE because loss of the Lake Malawi record beyond that point  
363 creates a substantial artifact in the covariance matrix, and therefore the time series. The first  
364 EOF explains  $30\pm 6\%$  of the total variance (median, 2-sigma range) and the second EOF  
365 explains  $22\pm 4\%$  (median, 2-sigma range). For sites that load positively upon EOF1, this

366 component describes a trend that features a slightly drier Medieval period (1270–1400 CE),  
367 a pluvial period during the early half of the Little Ice Age (1400–1750 CE), drought during  
368 the mid-late 18th century, and a recovery to more average conditions towards the present day  
369 (Fig. 3). For sites that load positively on EOF2, this component captures a trend that features  
370 a slightly-wetter than average late Medieval Period (1300–1500 CE) followed by progressive  
371 drying culminating in a drought near the time of the Maunder Minimum (ca. 1700 CE) and  
372 then a rise toward wetter conditions towards the present day. As described in section 2.2.2,  
373 we evaluated the significance of these leading EOFs in a number of ways: [1] by scree plot,  
374 [2] using the Kaiser (1960) criterion, [3] by applying the Preisendorfer and Mobley (1988)  
375 Rule N with a white noise null hypothesis and [4] by applying Rule N with autoregressive  
376 noise models conditioned on each proxy data time series. Fig. 4 displays the results of the  
377 Rule N tests. The first two EOFs are significant at the 90% level by comparison to the  
378 white noise null (Fig. 4), as well as always having eigenvalues greater than unity (Kaiser,  
379 1960). The first two EOFs also exceed the mean AR null hypothesis (Fig. 4), although  
380 the median eigenvalues do not consistently exceed the 90% confidence level. Based on the  
381 variety of tests performed, we consider the first two EOFs as potentially interpretable, while  
382 the third pattern and those beyond appear unstable and degenerate (North et al, 1982) and  
383 not consistently differentiable from noise.

384 A biplot shows the loadings of each lake site upon the first two EOFs along with their 1-  
385 sigma range from the 10,000 member ensemble (Fig. 5). Lakes Victoria, Tanganyika, Challa  
386 and Naivasha load positively on EOF1, whereas Lakes Edward, Masoko and Malawi load  
387 negatively on EOF1. Most lake sites load positively on EOF2, and none load significantly  
388 negatively on this mode, although given its uncertainty bounds Lake Naivasha’s weight on  
389 the second mode is not readily distinct from zero (Fig. 5).

390 As described above, we also test a Varimax rotation (see section 2.2.2) of the two leading  
391 EOFs to investigate the effects of rotation on the time evolution and spatial loadings of the  
392 leading modes. As expected, the rotation further distinguishes the site groupings already ap-  
393 parent in the unrotated components; namely, that Lakes Edward, Masoko and Malawi load  
394 similarly and form one group, whereas Lakes Tanganyika, Victoria, Naivasha and Challa  
395 load similarly and form a second (Fig. 6). The rotation has relatively little effect on the  
396 broad-scale temporal trends in the primary EOFs, although the rotation reduces the uncer-  
397 tainty range in the time series (Fig. 7).

398 Our long, 100,000 iteration experiment indicates that, for this particular set of proxies  
399 the mean width and variance of the EOF uncertainty bounds stabilize between 5,000 and  
400 10,000 iterations (Fig. 8). We expect, however, that different applications of this technique  
401 with different sets of proxy data could require either more or fewer iterations to achieve this  
402 stability.

### 403 3.2 Pseudoproxies

404 Applying the MCEOF methodology to our pseudoproxy experiment reveals that the method  
405 readily recovers the model-simulated leading mode of East African climate variability (PEOF1),  
406 but doesn’t resolve many of the temporal features in the second simulated PEOF (Fig. 9).  
407 The pseudoproxy PEOF1 accounts for  $35\pm 6\%$  of the total variance (compared to 45% for  
408 the time-certain first EOF), while pseudoproxy PEOF2 accounts for  $19\pm 5\%$  (compared to  
409 23% for the time-certain second EOF). PEOF1 successfully reproduces the time evolution  
410 of the time-certain mode from the CSM1.4 climate model, including a trend toward wetter  
411 conditions in the early part of the record, sustained wet conditions between model years

1500 and 1700 CE, and a decline toward dry conditions between the model's 18th century and the present. PEOF1 also captures the timing of the major decadal scale events. PEOF2 tracks the centennial-scale patterns of the time-certain second EOF, but fails to accurately capture decadal and multidecadal variability. The uncertainty bounds for PEOF2 show that the decadal pluvials or droughts can be substantially displaced in time, for instance, in the 15th and turn of the 19th century. Intriguingly, while we do not expect the model to reproduce precisely the true time history of the climate of East Africa, the CSM1.4 PEOF1 still possesses similar features to those identified in our proxy leading EOF, namely a Little Ice Age pluvial. Comparisons of climate model-simulated East African climate to actual proxy data are beyond the scope of this paper and are discussed elsewhere (Tierney et al, submitted).

## 4 Discussion

### 4.1 Paleoclimatic interpretability

The purpose of the MCEOF analysis is to reduce the space of the regional proxy dataset in order to identify, and provide an error estimate for, shared modes of variance between multiple time-uncertain series, with the goal of revealing coherent changes in climate within a given region of interest. In this case, our pseudoproxy analyses confirm that the first EOF is representative of the true (age-error free) EOF. Based on both our evaluation of its potential significance and comparison to the pseudoproxy tests, EOF1 of the East African lacustrine proxy data likely has an interpretable, climatically-driven signature. On the other hand, our pseudoproxy results indicate that the second EOF has a larger uncertainty particularly at decadal and multidecadal time scales and that it is likely more difficult to successfully recover the true EOF given the age error of our test sites. Our Rule N test on the actual proxy data, however, suggests that the mode can be distinguished from noise. We conclude that caution should be exercised in interpreting higher-order modes within a climatic context. The ability of the technique to recover higher-order modes is also almost certainly related to the degree of time uncertainty: here, relatively large time uncertainties appear to have the effect of introducing instability into the second EOF, but given a collection of sites with better constrained chronologies lower order modes may be recoverable with greater confidence.

In interpreting EOFs as potential climate signals, it is important to keep in mind that the unrotated EOF analysis constrains spatiotemporal modes to be orthogonal, whereas the climate system itself is unlikely to be so. In this case, the MCEOF analysis discriminates between paleoclimatic records in the region that indicate pluvial conditions during the Little Ice Age from those that record dry or drying conditions, but this does not necessarily imply that aspects of the EOF1 pattern or EOF2 pattern exclusively occur at one or another site. However, we may still infer broad-scale climatic meaning from the loadings to the extent that they are consistent with the geography and climatology of known aspects of regional climate. For example, we note that in the unrotated analysis the sites that load most prominently on EOF1 and also have the smallest loadings on EOF2 are the sites that are located farthest to the east of our domain: Lakes Challa and Naivasha (Fig. 5). This may be of climatic relevance because within East Africa, hydroclimate in the easternmost sector of the region is the most sensitive to Indo-Pacific dynamics, including El Niño, which causes enhanced rainfall (Ropelewski and Halpert, 1987; Janowiak, 1988; Nicholson and Kim, 1997; Camberlin et al, 2001). It is also reasonable that Victoria and Tanganyika load closely to one another; the historical records of lake level fluctuations in Tanganyika and Victoria are

457 remarkably alike (Stager et al, 2007), suggesting the two regions experience similar hydro-  
458 climatic variability on the multi-decadal scale. Further climatic interpretations of EOF1 are  
459 discussed elsewhere (Tierney et al, submitted).

460 These results demonstrate that the MCEOF approach is capable of advancing our under-  
461 standing of paleoclimate in a number of ways. For one, the MCEOF highlights the robust  
462 features that are reliably shared between disparate sites and diverse proxies *and* that are  
463 clearly differentiable in spite of chronological and other sources of uncertainty. In addition,  
464 the technique may succeed in objectively separating out a primary climatic influence (i.e.,  
465 that of the Indo-Pacific) from other climatic forcings acting upon different sites to a different  
466 degree.

467 Another useful paleoclimatic application of the MCEOF approach is that the ensemble  
468 iterations can be used to provide an empirical probabilistic estimate of the mean timing  
469 – and the uncertainty – of notable paleoclimatic events (droughts, pluvials, and transitional  
470 periods). For example, many of the East African sites show evidence for droughts during the  
471 latter portion of the Little Ice Age, and MCEOF1 highlights persistently dry conditions in  
472 the mid-late 18<sup>th</sup> century (Fig. 3). To assess the relative timing of these droughts, we can plot  
473 the year corresponding to the minimum value between 1650–1950 CE for each individual  
474 proxy ensemble and the EOFs as a histogram (Fig. 10). In addition to providing a visual  
475 assessment of when drought occurs at each site and range of uncertainty consistent with a  
476 possible set of age models, the empirical density functions also provide a way to estimate  
477 both the timing of droughts at each individual site as well as the potential synchronicity  
478 between sites or in relation to independently known climate forcings. For example, in spite  
479 of the large age uncertainty of the Lake Naivasha record, we can determine that there is a  
480 91% chance that the major LIA drought at this lake occurred *after* the end of the Maunder  
481 Minimum (1715 CE), in agreement with the interpretation of Verschuren et al (2000) that  
482 a wet period prevailed during most of the Maunder Minimum and was only subsequently  
483 followed by a severe drought. Furthermore, given that the probability distributions for the  
484 Maunder Minimum drought at Lakes Masoko and Malawi are approximately normal, we can  
485 apply a T test for contemporaneity following Long and Rippeteau (1974) to determine that  
486 there is an 81% likelihood that these droughts occurred at the same time or, stated properly,  
487 that there is insufficient evidence to reject a null hypothesis of simultaneity.

488 The Varimax rotation of the two leadings EOFs has the effect of tightening the empirical  
489 probability distributions for the droughts identified in EOF1 and EOF2 (Fig. 10). The onset  
490 of late Little Ice Age dry conditions in REOF1 falls between 1750 CE and 1800 CE, as  
491 opposed to the more widely distributed drought in the unrotated mode. Similarly, the drought  
492 in REOF2 falls at 1690 CE  $\pm$  15 years ( $1\sigma$ ) as opposed to 1710 CE  $\pm$  50 years ( $1\sigma$ ) in the  
493 unrotated mode. To some extent the collapse of the drought distribution in the rotated EOFs  
494 is a function of the mathematics of the pairwise rotation itself: as noted above 3, it separates  
495 out records that have a wet period during the LIA from those that are dry or drying, and these  
496 records also happen to have their LIA minima fall in the second half of the 18th century and  
497 during the Maunder Minimum, respectively.

#### 498 4.2 Methodological Considerations and Expansion

499 We have presented here a technique that addresses two potential goals when interpreting  
500 paleoclimate dynamics from time-uncertain proxy data – namely, isolating robust coherence  
501 between records in the presence of age model error and developing useful estimates of un-

certainty. While our approach is designed to be both flexible and transparent in application, there are both advantages and disadvantages associated with the methodology.

As described in Section 2.2.1, we assume superposition and resample in a manner that does not permit age reversals, moving from the top of the core sequence to the bottom. This approach is admittedly simplistic compared to formal Bayesian analysis such as those used in the programs OxCal (Bronk Ramsey, 1995, 2008) and BACON (Blaauw and Christen, 2011) but it is relatively straightforward to code, calculate, and conceptualize. When uncertain radiometric dates are distributed sparsely down-core our approach performs similarly to a full Bayesian approach. Furthermore, comparison between proxy data plotted on our iterated time uncertainty with proxy data plotted with the published age models shows generally good agreement (Fig. 2) suggesting that our empirical method approximates the age modeling decisions made by the respective authors and results in reasonable uncertainty bounds. There are some exceptions (see section 3), in which the published models fall near or outside the 90% confidence levels. Such differences could partially reflect decisions made in the original publication to choose a calibrated calendar date within the  $^{14}\text{C}$  calibration distribution that has a relatively low probability, or to use an age model fitting function (linear regression, higher order polynomial or flexible spline fit) which may unintentionally pass through an unlikely outer bound of the date distributions. Polynomial or spline functions are commonly chosen to form age-depth models because of the assumption that changes in sedimentation rates are generally gradual and not instantaneous at the depth/age constraint, as would be implicit in simple linear interpolation (Telford et al, 2004a); however, if not properly constrained such fits can introduce artificial maxima and minima or force the model to pass through low-probability domains (or even outside) of the depth-age constraints. Here, we use a piecewise cubic hermite interpolating polynomial function that performs similarly to linear interpolation in that it does not allow “overshoots” of the age model in between age-depth tiepoints, but unlike linear interpolation does not force the model to produce instantaneous changes in sedimentation rate at each age-depth tiepoint. Our iterative method also has a distinct advantage over single-curve age modeling in that it makes use of the full probability distribution of each age-depth constraint rather than a point estimate, which is a more robust way of treating the highly non-Gaussian radiocarbon dates in particular (Telford et al, 2004b; Michczynski, 2007). In addition, the use of the age model ensemble mean or median will inherently smooth over abrupt changes and thus provide an estimate for average accumulation rates that is dependent on the uncertainty of the dating constraints rather than the choice of depth-to-age fitting function or sometimes difficult to constrain prior assumptions about sedimentation rate.

On the other hand, the choice of imposing superposition in the manner of our method has limitations: for sediment cores that have been sampled at very fine intervals for radiometric dating, or when a low precision date is closely associated in depth with a high precision date, a random draw from the older tail of the age distribution forces the subsequent date toward the older limit of its own distribution. The cumulative effect of this tendency can be that iterations fall preferentially within the older ends of the date uncertainty distributions. For age modeling of densely-dated sequences, it may therefore be preferable to employ a formally Bayesian approach (e.g., OxCal; Bronk Ramsey, 1995, 2008). In practice, results from OxCal or other Bayesian approaches could be easily implemented into our MCEOF framework; the posterior age distributions generated within OxCal output could be simply input into our iterative age-depth sequence. Indeed, the age-depth modeling within our method is intentionally designed to be “modular” in the sense that the user may employ any kind of method according to the needs of each time series’ chronology. In our case, we employ three different approaches to iterate age models for the East African data (all with the constraint

551 of superposition) – [1] A random draw from the probability distribution of calibrated  $^{14}\text{C}$   
552 ages, [2] A random draw from a Gaussian distribution (for  $^{210}\text{Pb}$  dates or other tiepoints),  
553 and [3] an error methodology tailored for varve counting error that treats counting error as  
554 independent at each depth interval but cumulative down-core (see section 2.2.1).

555 A problem not unique to our application of empirical orthogonal function analysis is the  
556 interpretability of the spatiotemporal patterns with respect to meaningful physical modes  
557 of climate variability (Richman, 1986; Dommenges and Latif, 2002; Monahan et al, 2009).  
558 While rotation of the EOFs does allow the orthogonality constraint to be relaxed (Mestas-  
559 Nuñez, 2000), this is not a panacea since this operation will itself identify local modes even  
560 when broad-scale same-sign loadings might be appropriate (Jolliffe, 1987). For example,  
561 rotation clusters the loading patterns in the East African data (Fig. 6) which could distort  
562 regional-scale climatic meaning in these patterns. Furthermore, the rotated East African  
563 EOFs (Fig. 7) have a similar time-evolution as the unrotated EOFs (Fig. 3), so the advantage  
564 of applying rotation to further separate meaningful patterns of climatic evolution is not ob-  
565 vious. However, applied to a larger set of proxies or a different climate regime rotation could  
566 provide useful for paleoclimate interpretation. Alternative reduced space methods might be  
567 preferable in some situations; for example, Distinct empirical orthogonal function analysis  
568 (DEOF; Dommenges, 2007), Simplified EOFs (Jolliffe et al, 2002), or Simplifying EOFs  
569 (Hannachi et al, 2006). Our MCEOF procedure is intended to be flexible enough to accept  
570 alternative decompositions appropriate to the data and the climatic context.

571 Finally, it remains unclear how to use and interpret conventional approaches to testing  
572 for the ‘significance’ of the leading eigenmodes when the records are *a priori* known to in-  
573 clude a mixture of climate signal and noise. Here we have compared the amount of variance  
574 explained by these modes with that expected given a variety of null hypotheses (section  
575 2.2.2). In particular, we take advantage of our ensemble method to assess which modes have  
576 explained variances that exceed that of high order autoregressive random series following  
577 the Preisendorfer and Mobley (1988) Rule N approach. Yet we note that in the actual pa-  
578 leoclimate data, the patterns of common variance reflected in the eigenvalues represent the  
579 influence of real hydroclimate variability, noise reflecting non-hydroclimatic influences on  
580 the proxy, and temporal bias arising from the difference between age models and the ‘true’  
581 depth-to-age relationship. Thus, the Rule N red noise approach alone may not be a useful  
582 test of ‘significance’. We also note that stratifying the individual ensemble members accord-  
583 ing to differences from the null model reveals that high common variance modes can occur  
584 for a number of different age alignments (results not shown). We interpret this to mean that  
585 rare age model alignments that occur in a small portion of the ensemble can result in a large  
586 amount of variance even though the likelihood of that particular alignment is small. The par-  
587 titioning of variance when the signal is noisy, the signal is red, and the data points relatively  
588 few probably provides only a weak constraint on which age model is most valid and which  
589 modes are ‘significant’. Practically speaking, this means that interpretation of the modes is  
590 not simply a statistical exercise, but also a geological and climatological one.

## 591 5 Conclusions

592 We have described, tested, and applied a methodology for developing a reduced set of time  
593 series and their associated spatial patterns of large scale past climate variability with esti-  
594 mates of their uncertainty using a combination of Monte Carlo age model resampling and  
595 empirical orthogonal function analysis. This approach is flexible enough to integrate a di-  
596 verse set of techniques for resampling from the space of possible age models, can include

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597 depth sampling uncertainty, and may be applied across a dataset of varying proxy type, sam-  
598 pling resolution, and age controls. Our approach also yields ensemble time series for each  
599 individual record, which themselves can be used in an empirical probabilistic framework to  
600 make inferences about the timing or concurrence of specific events detected in the paleo-  
601 climate record. This method is intended to complement existing, in many cases Bayesian  
602 (e.g. Bronk Ramsey, 1995), techniques for developing optimal age models from imprecisely  
603 dated records.

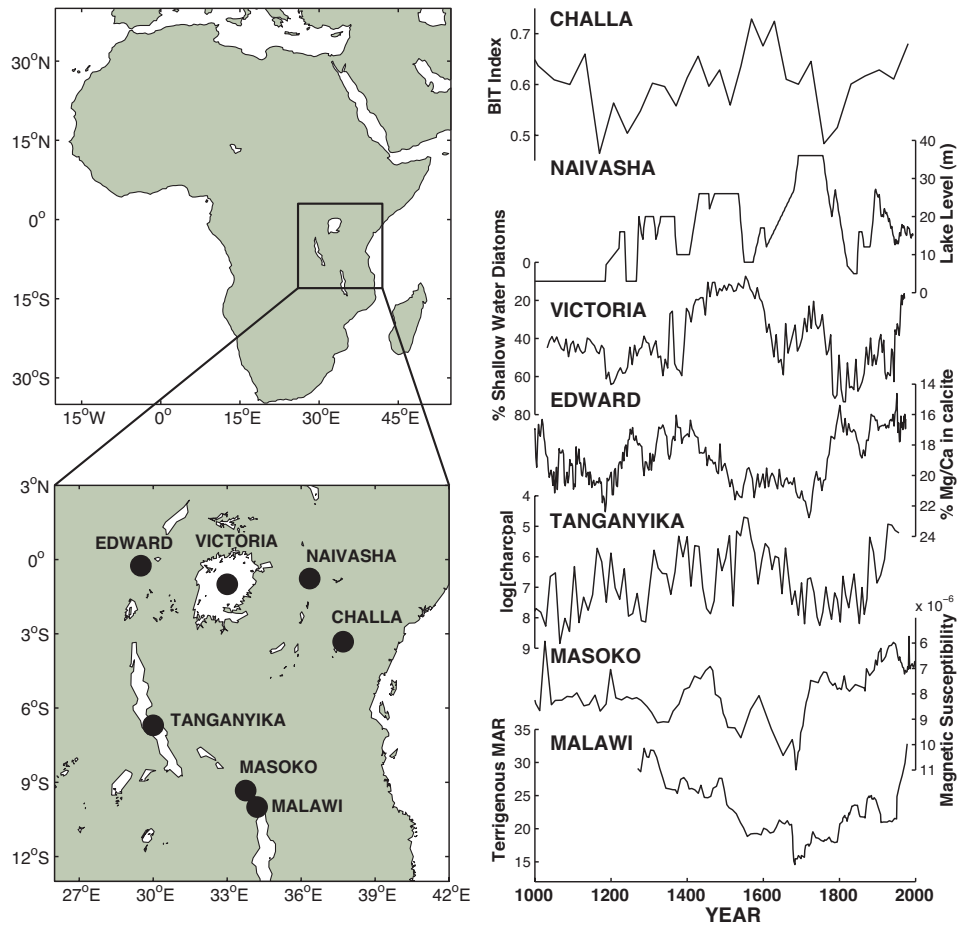
604 When applied to a set of time-uncertain, decadal-resolution lake sediment proxy records  
605 of past hydroclimate in East Africa, our approach suggests that the first EOF is “recover-  
606 able” given the age uncertainty and is therefore climatically interpretable. EOF1 describes  
607 overall wetter conditions in the early Little Ice Age, a somewhat drier Medieval Climate  
608 Anomaly, and sustained decadal-scale drought conditions in the second half of the 18th cen-  
609 tury. The loading pattern of this mode hints at an Indo-Pacific influence, a known driver of  
610 climate in the East African region. Generally speaking, our method provides estimates of  
611 the common large-scale variability that can be identified despite known uncertainties and  
612 provides a framework for comparing both securely dated and time uncertain paleoclimate  
613 evidence over a large region. Our procedure to some extent formalizes the caution implicitly  
614 shown by investigators of time-uncertain records in gauging which features of these records  
615 are reliable enough to warrant climatic interpretation, and provides a manner with which to  
616 identify features of records that are robust given various sources of proxy and chronological  
617 uncertainty.

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619 discussion, and two anonymous reviewers for their helpful feedback. JET acknowledges the UCAR Climate  
620 and Global Change Postdoctoral Fellowship for support. Example MATLAB code for the MCEOF procedure  
621 is available from the authors.

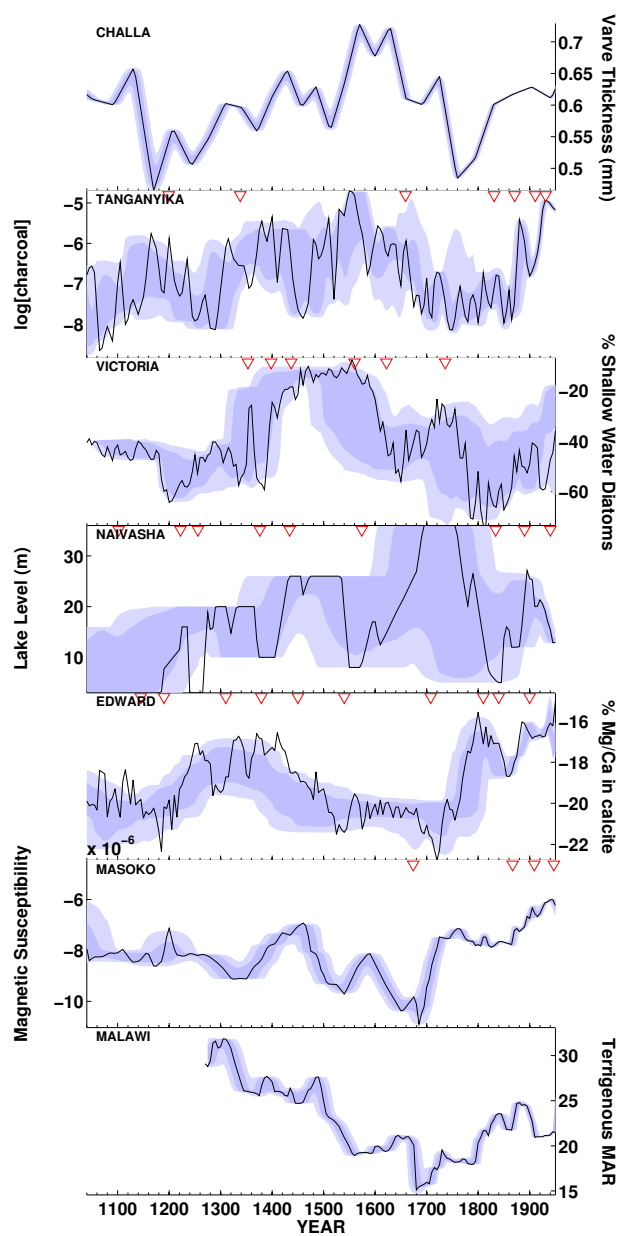
**Table 1** A list of the paleoclimate proxy data used in our test of the MCEOF method, including lake site name, type of proxy, length of the record, average time interval of the respective proxy data, types of chronological controls (dating type) and source publication(s). YOC = year of collection.

Lake	Proxy	Oldest Record	Average $\Delta T$	Dating Type	Number of Dates	References
Challa	Branched and Isoprenoidal Index (BIT; run-off proxy)	22971 BCE	33	Varves (for last 2 ka), verified with $^{210}\text{Pb}$ and $^{14}\text{C}$	N/A	Verschuren et al (2009); Wolff et al (2011)
Naivasha	Lake-level reconstruction based on sediment stratigraphy, fossil diatoms and midge assemblages	CE 884	3	$^{14}\text{C}$ , $^{210}\text{Pb}$ , YOC, historical marker horizons including <i>Salvinia molesta</i> outbreaks and <i>Daphnia</i> eggs	20	Verschuren et al (2000); Verschuren (2001)
Victoria	% Shallow Water Diatoms (Lake-level proxy)	1032 CE	5	$^{14}\text{C}$ and coretop age via cross-core correlation	7	Stager et al (2005)
Edward	% Mg/Ca in authigenic calcite (Lake-level proxy)	552 CE	4	$^{14}\text{C}$ , coretop age via cross-core correlation	21	Russell and Johnson (2007)
Tanganyika	Charcoal (Aridity proxy)	690 CE	10	$^{14}\text{C}$ , $^{210}\text{Pb}$ and coretop age via cross-core correlation	12	Tierney et al (2010)
Masoko	Low-field magnetic susceptibility (run-off proxy)	BCE 43307	10	$^{14}\text{C}$ , cross-core correlation, YOC, tephra	7	Gibert et al (2002); Garcin et al (2006, 2007)
Malawi	Terrigenous Mass Accumulation Rate (MAR; run-off proxy)	1270 CE	6	Varves, verified with $^{210}\text{Pb}$ and tephra layers	N/A	Johnson et al (2001); Brown and Johnson (2005); Johnson and McCave (2008)

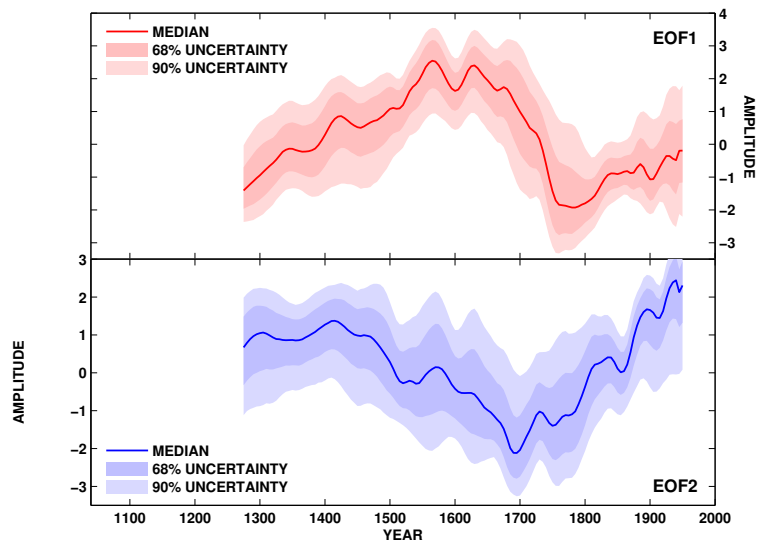




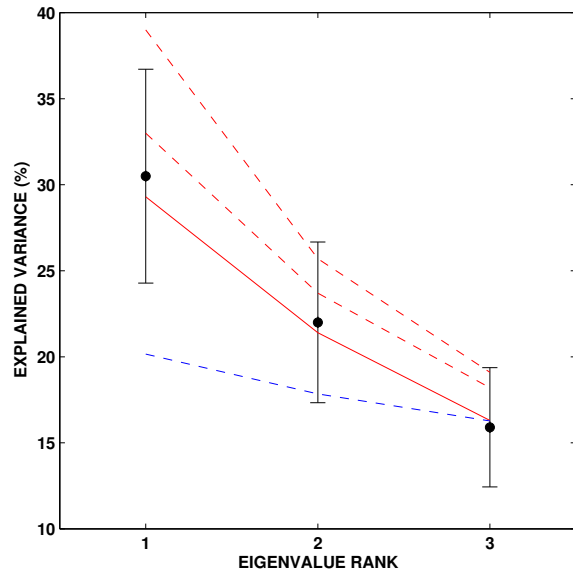
**Fig. 1** Map (left panel) and time series (right panel) of East Africa showing the location of the published proxy records utilized in our test of the MCEOF method. See text and Table 1 for details. Y-axis are oriented such that wetter conditions plot upwards.



**Fig. 2** Time uncertainty in each of the seven East African paleoclimate records. The center line represents the proxy data on their published age model, and the shadings represent the empirical 68% and 90% confidence intervals as a result of 10,000 iterations of age-depth models in the MCEOF procedure. Red triangles above the plots indicate the location of age-depth tiepoints. Sites with varve chronologies (Challa and Malawi) have continuous chronological constraint thus no red triangles are shown. If necessary, y-axis units were multiplied by -1 so that more positive values indicate wet conditions.



**Fig. 3** Leading unrotated modes (EOFs) from the MCEOF procedure. The solid line indicates the median from the 10,000 member ensemble, while the shaded regions indicate the empirical 68% and 90% confidence intervals from the ensemble.



**Fig. 4** Explained variance in the East African paleoclimate data ensemble versus simulated noise modes. The ensemble median from the eigendecomposition of the proxy data is shown by the filled circles, with error bars indicating  $\pm 2$  standard deviations. The solid red line indicates the median background and red dashed lines indicate the minimum and maximum 95% confidence intervals from the red noise Rule N evaluation. The blue dashed line indicates the 95% confidence interval from the white noise Rule N test.

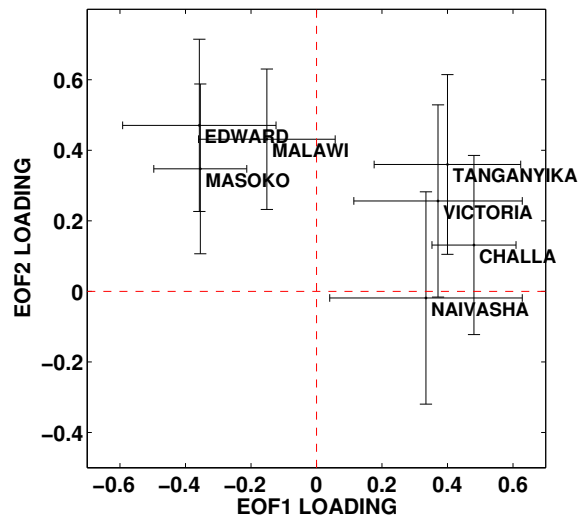
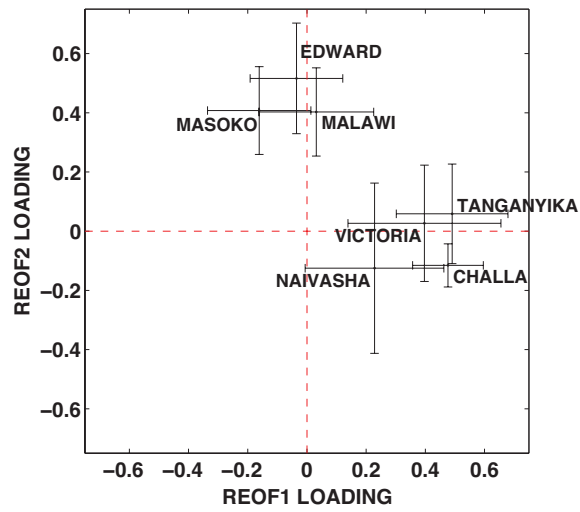
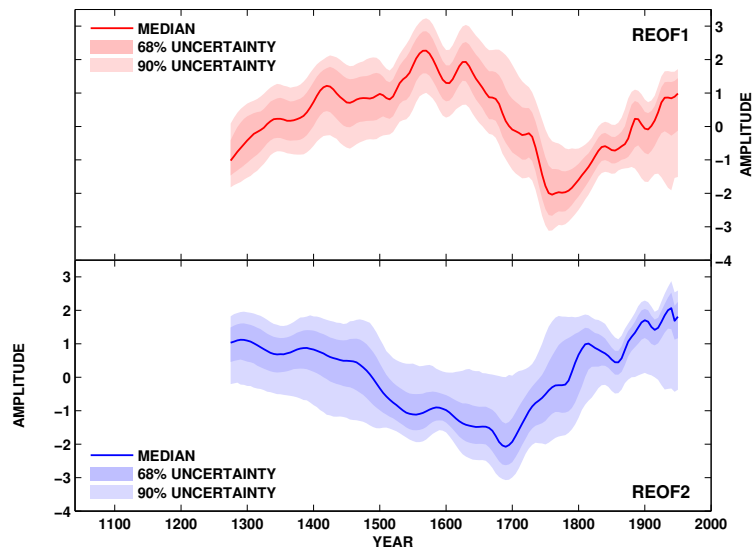


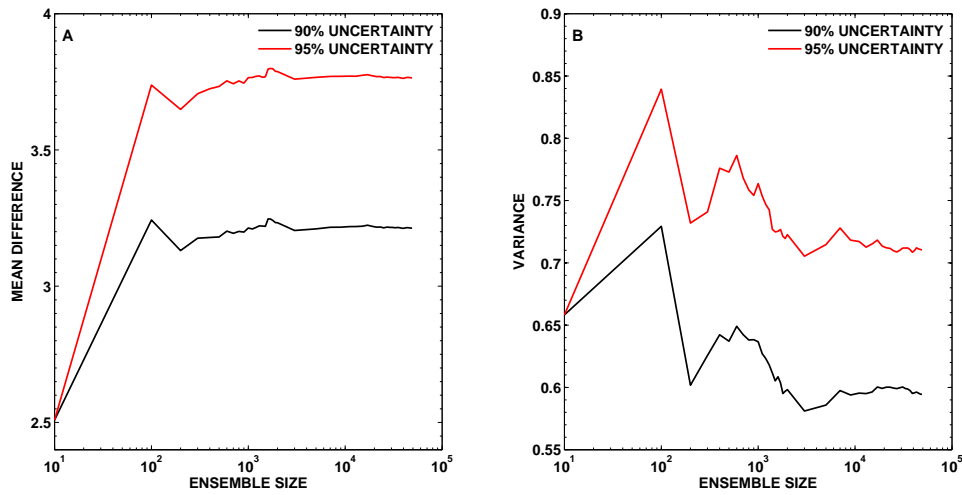
Fig. 5 Biplot showing the loadings and  $\pm 1$  standard deviation uncertainty on the two leading unrotated (EOFs) modes of variability.



**Fig. 6** Biplot showing the loadings and  $\pm 1$  standard deviation uncertainty on the two leading Varimax rotated modes (REOFs) of variability.

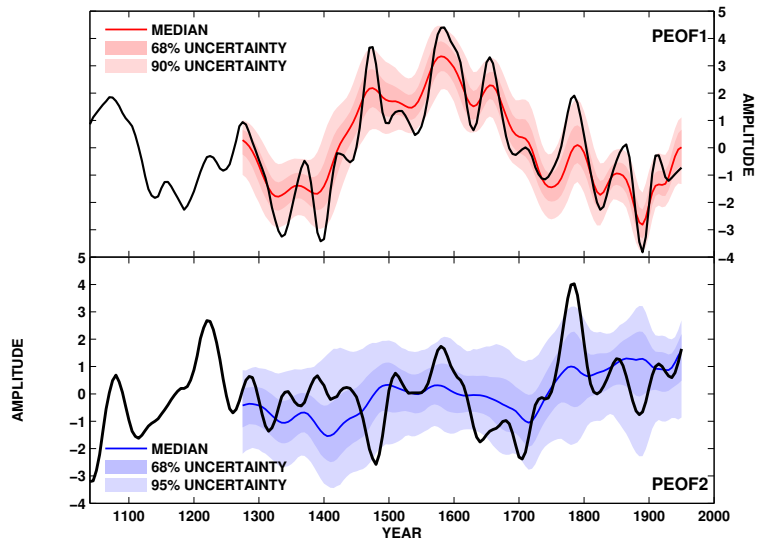


**Fig. 7** Leading rotated modes (REOFs) from the MCEOF procedure. The solid line indicates the median from the 10,000 member ensemble, while the shaded regions indicate the empirical 68% and 90% confidence intervals from the ensemble.

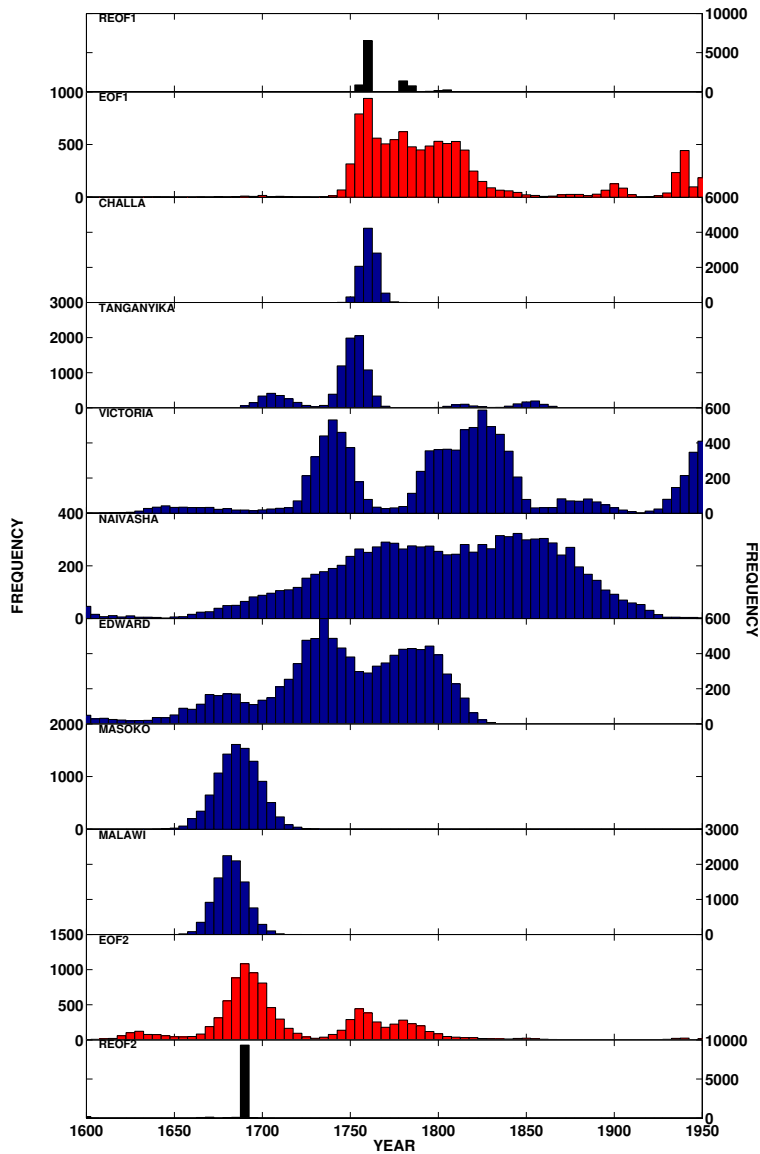


**Fig. 8** Evaluation of ensemble size on MCEOF uncertainty range. Mean width (A) and variance (B) of the 90% (black) and 95% (red) uncertainty range as a function of the number of iterations. Both statistics stabilize between 5,000 and 10,000 iterations.





**Fig. 9** Leading unrotated modes from the MCEOF procedure applied to the pseudoproxy simulations from the CSM1.4 model (PEOFs). The solid lines indicate the median from the 10,000 member ensemble, while the shaded regions indicate the empirical 68% and 90% confidence intervals from the ensemble. The black lines indicate the actual, time-certain leading modes.



**Fig. 10** Empirical probability density functions (in five-year bins) for the timing of Little Ice Age minima in the East African proxy ensemble. Shown are minima in the unrotated EOFs (EOF), rotated EOFs (REOF), as well as in the individual proxy ensemble members.

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