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The Medieval Climate Anomaly and Little Ice Age in Chesapeake Bay and the North Atlantic Ocean

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ABSTRACT

A new 2400-year paleoclimate reconstruction from Chesapeake Bay (CB) (eastern US) was compared to other paleoclimate records in the North Atlantic region to evaluate climate variability during the Medieval Climate Anomaly (MCA) and Little Ice Age (LIA). Using Mg/Ca ratios from ostracodes and oxygen isotopes from benthic foraminifera as proxies for temperature and precipitation-driven estuarine hydrography, results show that warmest temperatures in CB reached 16–17 °C between 600 and 950 CE (Common Era), centuries before the classic European Medieval Warm Period (950–1100 CE) and peak warming in the Nordic Seas (1000–1400 CE). A series of centennial warm/cool cycles began about 1000 CE with temperature minima of ~8 to 9 °C about 1150, 1350, and 1650–1800 CE, and intervening warm periods (14–15 °C) centered at 1200, 1400, 1500 and 1600 CE. Precipitation variability in the eastern US included multiple dry intervals from 600 to 1200 CE, which contrasts with wet medieval conditions in the Caribbean. The eastern US experienced a wet LIA between 1650 and 1800 CE when the Caribbean was relatively dry. Comparison of the CB record with other records shows that the MCA and LIA were characterized by regionally asynchronous warming and complex spatial patterns of precipitation, possibly related to ocean–atmosphere processes.

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1. Introduction

Northern Hemispheric atmospheric temperature reconstructions for the past two millennia show a distinct warm period centered on 1000–1100 CE (Common Era and BCE = before CE), called the Medieval Climate Anomaly (MCA, also called Medieval Warm Period, MWP), that contrasts with cooler climate during the Little Ice Age ~1400–1850 CE (Jones and Mann, 2004). Medieval climate was also characterized by hydrometeorological variability across North America (Cook et al., 2007) and Eurasia (Treydte et al., 2006). Solar and volcanic activity (Crowley, 2000; Ammann et al., 2007), solar-oceanic feedbacks (Bond et al., 2001), ocean circulation (Broecker, 2001), Pacific Ocean-atmospheric processes (Cook et al., 2007), and land-use changes (Goosse et al., 2006; Ruddiman, 2007) have all been proposed as factors influencing MCA–LIA climate.

In a recent global paleoclimate-modeling study, Mann et al. (2009) concluded that MCA-LIA temperature variability was influenced by both solar and volcanic radiative forcing and internal climate processes, but they called for additional proxy records to improve regional model

projections of future climate. For example, of more than 1200 proxy reconstructions used in their compilation, only 25 records covered the last 2000 years and only a few were from marine sediments (see Mann et al., 2008). Given the potential importance of ocean circulation in driving late Holocene climate (Newton et al., 2006; Oppo et al., 2009), additional high-resolution ocean records are sorely needed. In this study, new temperature and precipitation reconstructions from *Marion-Dufresne* core MD03-2661, a 24.5 m-long core from Chesapeake Bay (CB) containing sediments deposited during the past 10 ka are compared to other proxy records from the North Atlantic region to examine the amplitude and timing of regional climate variability during the last 2400 years. As such, it represents a small step toward the integration of the ocean records into late Holocene climate reconstructions.

2. Regional setting

2.1. Chesapeake Bay hydrography

CB is a 320 km-long, 6500 km² estuary located in the mid-Atlantic region of the eastern US (Fig. 1). Density-driven CB circulation is influenced by freshwater river discharge and inflowing marine water. Susquehanna River water, which accounts for up to 62% of the total

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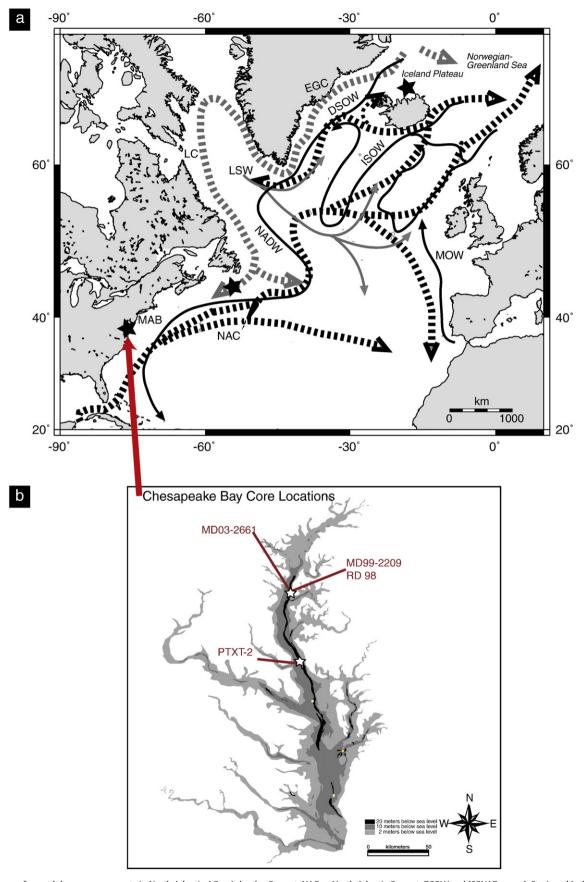


Fig. 1. (a) Major surface and deep ocean currents in North Atlantic. LC = Labrador Current, NAC = North Atlantic Current, DSOW and ISOW Denmark Strait and Iceland Overflow Water, NADW = North Atlantic Deep Water, MOW = Mediterranean Overflow Water. Stars show location of Chesapeake Bay and paleoceanographic records from the Laurentian Slope and north Iceland Shelf. (Cariaco Basin in Caribbean and VØring Plateau off Norway not shown). Basemap from Online Map Creation (http://www.aquarius.geomar.de/omc_intro.html). (b) Chesapeake Bay and location of sediment cores. MAB is Mid-Atlantic Bight region of continental shelf.

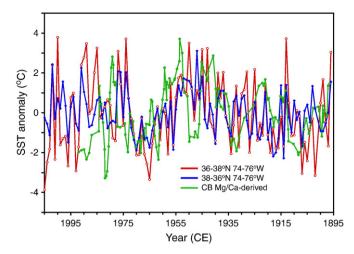


Fig. 2. April sea-surface temperature (SST) anomalies (°C) off eastern North America from grids latitude $36\text{-}38^\circ$ longitude $74\text{-}76^\circ$ (red line) and $38\text{-}40^\circ$ latitude, $74\text{-}76^\circ$ longitude (blue line) compared to Mg/Ca-derived paleotemperature curve (5-point smoothing) from Chesapeake Bay sediment cores (green line). Instrumental records from International Comprehensive Ocean-Atmospheric Data Sets (ICOADS) represent SST trends in source area for Chesapeake Bay marine water. Sedimentation and bioturbation preclude a year-to-year comparison of proxy and instrumental records, but both show decadal temperature oscillations of $3\text{-}6^\circ\text{C}$ reflecting large-scale North Atlantic Ocean temperature patterns, such as the relatively warm 1940s, 1950s and 1970s and cool 1960s. Analyses of January ICOADs datasets (not shown) reveal similar temperature oscillations. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

freshwater input, enters the bay in the north and exerts a dominant control over circulation (Gibson and Najjar, 2000). Ocean water enters the bay from the Mid-Atlantic Bight (MAB) on the adjacent continental shelf such that mixing of freshwater from the north and

ocean water from the south results in a stratified water column that overshadows short-term effects of tides, wind, storms and topography over interannual and decadal timescales (Boicourt et al., 1999). Rainfall and river discharge also influence the bay's oxygen isotopic composition ($\delta^{18}O_{baywater}$), as isotopically depleted freshwater water (\sim 7 to -9%) mixes with enriched marine water (\sim 0%). To a first approximation, more rainfall leads to greater discharge, a stronger pycnocline, lower salinity, and depleted $\delta^{18}O$ values; however bottom waters are more strongly influenced by more saline, denser marine water (Cronin et al., 2005).

2.2. Regional oceanography

The source of CB marine water is an important factor when interpreting its temperature record. Fig. 1 shows the major surface and deep ocean currents in the North Atlantic Ocean, their location with respect to the MAB, and the location of paleoceanographic records discussed below. Stable isotopic (Chapman and Beardsley, 1989; Houghton and Fairbanks, 2001) and oceanographic evidence (Petrie and Drinkwater, 1993; Dickson et al., 2002) shows that MAB water is the southern endmember of a 5000-km long, coastal current that flows southwest from subarctic regions (East Greenland Current) through the Labrador Sea, Scotian Shelf, and Gulf of Maine and into the MAB. The Labrador Current (LC), a branch of Labrador Sea Water formed near the shelf/slope break off maritime Canada, is an important distal source of MAB-Chesapeake Bay water. On decadal timescales, the strength of the LC is linked to i) North Atlantic Oscillation (NAO) decadal climate variability, ii) the Atlantic Meridional Overturning Circulation (AMOC) including Labrador Sea deep-water formation, and iii) wind-driven processes in the North Atlantic (e.g., Dickson et al., 2002). Thus, bay temperature variability should reflect that of its source water in the MAB, and more broadly, ocean-atmosphere

Table 1Studies of Chesapeake Bay sediment core chronology and deposition rates.

Method	Time interval	Issue	Comment	References	
¹³⁷ Cesium	Since ~1960	1963–64 cesium peak and influence	Cesium peak evident, bioturbation minor	1	
		of bioturbation	[<1 cm]		
²¹⁰ Pb	Since ~1900	20th century sediment rate and bioturbation	Mass accumulation rates, cesium and pollen,	1	
			bioturbation minimal		
Pollen stratigraphy and land use	Since ~1700 CE	Historical sedimentation rates	Consistent with cesium and lead data and	2	
			historical land clearance		
¹⁴ C dating museum shells collected	since ~1850 C.E.	Local reservoir effects (ΔR)	3 shells dated at $365 + /- 143$ years; about = mean	3	
before nuclear testing			ocean reservoir effect		
¹⁴ C dating shells from sediment	~1700-1900	Local reservoir effects (ΔR)	No local reservoir correction	4	
deposited during colonial period					
Multiple methods	Since ~1700 CE	Historical sedimentation rates	Colonial land clearance increased sedimentation rates	5	
¹³ C from mollusks and foraminiferas	Holocene	Influence of dissolved organic c	Mollusk 13 C values ~ -1 to 0%; foram ~ -3 to -1 %;	3, 6, 7	
		arbon [DIC]	no DIC influence		
¹⁴ C dating organic carbon (OC)	Holocene	Old carbon effects	OC ages 1500–2000 years too old; not used in chronology	3	
(pollen, fish scales, wood)					
X-radiographs	Holocene	Bioturbation and burrowing	Burrowing mainly in shallow water cores	1, 8	
¹⁴ C dating Holocene mollusks	Holocene	Downcore chronology	No age reversals, >0.9 r ² age-depth, calibrated age	1, 3	
			error ~100-200 years		
¹⁴ C ages on Mulinia [mollusk] RD-2209	Holocene	10 dates from 296-780 cm core depths	No age reversals, >0.9 r ² age-depth model	4, 6	
¹⁴ C ages on <i>Mulinia</i> [mollusk] MD03-2661	Holocene	10 dates from 89-1003 cm core depths	No age reversals, >0.9 r ² age-depth model	7	
Amino acid dating	Holocene	Sedimentation rates	Supports radiocarbon chronology	9	
Physical stratigraphy and shell	Holocene	Burrowing and reworking	Negligible in deep channel, important in shallow water	8, 10	
preservation					

- 1 Karlsen et al. (2000), Cronin et al. (2000), Zimmerman and Canuel (2002).
- 2 Brush (1989), Willard et al. (2003).
- 3 Colman et al. (2002).
- 4 Willard et al. (2005).
- 5 Colman and Bratton (2003), Bratton et al. (2003), Saenger et al. (2008).
- 6 Cronin et al. 2003, 2005.
- 7 Cronin et al. (2007).
- 8 Kerhin et al. (1998).
- 9 Edwards (2007).
- 10 Cronin (2000).

Note: Above references contain additional citations to cesium-137, lead-210 and pollen studies.

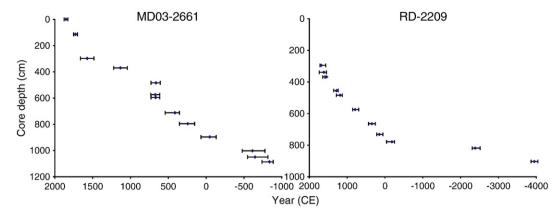


Fig. 3. Calibrated age–depth plots for MD03-2661 and MD99-2209. Horizontal error bars indicate the 2σ error range for radiocarbon ages. The initial occurrence of ragweed pollen due to colonial land clearance at 115 cm MD03-2661 core depth is a robust time marker dated at about 1725 CE in Chesapeake Bay sediments (Willard et al., 2003). Interval 800-820 cm in MD99-2209 is condensed zone. Age model for MD03-2661 samples calculated from core depth as follows: $(0.0008*depth^2) - (1.5417*depth) + 1884.3$ ($r^2 = 0.981$).

processes originating in subpolar regions of the Northern Hemisphere. This hypothesis is further discussed in the section on proxy methods.

3. Material and methods

3.1. Sediment cores

Sediment cores for this study were taken in the Chesapeake Bay aboard the R/V Marion-Dufresne during IMAGES cruises in 1999 and 2003 and earlier cruises with the R/V Kerhin (Kerhin et al., 1998; Cronin et al., 2000; Karlsen et al., 2000) (Fig. 1 inset). These include a 17.2-m long core MD99-2209 (38°53.18'N and 76°23.68'W, water depth 25 m), nearby core RD-98 (Colman et al., 2002) and core PTXT-2 from off the Patuxent River (38°19.58′N and 76°23.55′W, water depth 11.5 m) that produced the paleotemperature record discussed in Cronin et al. (2003). This composite curve, referred to as RD-2209, covers the last 2200 years and has been incorporated into several northern hemisphere surface temperature reconstructions covering the last 2000 years (e.g. Mann and Jones, 2003; Moberg et al., 2005; Mann et al., 2008). However, RD-2209 is a composite of four cores, and one (PTXT-2) that covers the critical Little Ice Age comes from shallower water and a different location than other cores. The new, continuous paleoclimate record is presented below from MD03-2661 (38°53.21'N and 76°23.89'W) taken in CB in 2003, MD03-2661 is located near and at the same water depth (25 m) as MD99-2209, and its uppermost 10 m provides a continuous record of the MCA and LIA with 2 to 12-year sampling resolution. MD03-2661 and RD-2209 together allow a more critical evaluation of centennial variability in temperature and precipitation during this period.

3.2. Proxy methods

Ostracode Mg/Ca and benthic foraminifer oxygen isotopes ($\delta^{18}O_{foram}$) were used as proxies of warm-season temperature and estuarine hydrography, respectively. The shallow water genus *Loxoconcha* is among several marine ostracode taxa whose shell Mg/Ca ratios have been used as paleothermometers (Dwyer et al., 2002). Between two and ten adult valves of *Loxoconcha* from 2-cm spaced samples from MD03-2661 were analyzed for Mg/Ca ratios at Duke University on a Spectrospan 7 direct current plasma emission spectrometer. A total of 258 samples from MD03-2661 yielded *L. matagordensis* suitable for analysis (see chronology); the RD-2209 record included 450 analyses (Cronin et al., 2003). Mg/Ca ratios were converted to warm-season temperature using the calibration equation y = 0.644x - 2.4284 ($r^2 = 0.805$) derived from field, culturing and laboratory analyses of *Loxoconcha* from Chesapeake Bay and the adjacent continental shelf (Dwyer et al., 2002; Cronin et al., 2003; Vann et al., 2004). These calibration studies demonstrated that

temperature is the primary factor influencing Chesapeake Bay *Loxo-concha* Mg/Ca ratios and, at least over the sampled salinity range (~15–35 psu), salinity does not appear to be important.

To validate the field and lab-based Mg/Ca-temperature calibration, the part of the RD-2209 paleotemperature curve covering the last century was compared to International Comprehensive Ocean-Atmospheric Data Sets (ICOADS) instrumental SST records from two grid cells (latitude 36–38° longitude 74–76° and 38–40° latitude, 74–76°) located off eastern North America in source regions of CB marine water (Fig. 2). Despite age uncertainty in the sediment record, both proxy and instrumental records show decadal temperature anomalies of 3-6 °C, including warm periods during the 1940s, 1950s and 1970s and cool period during the 1960s and early 20th century. These regional decadal oscillations are typical of basin-scale atmospheric-oceanic temperature variability associated with the North Atlantic Oscillation, supporting the idea that the bay and its source water reflect large, basin-scale processes. It is also important to note that the amplitude of decadal ocean temperature variability in both the instrumental and proxy records is large compared to that observed in tree-ring-based mean Northern Hemisphere surface atmospheric temperature reconstructions discussed below.

For aminiferal δ^{18} O is generally controlled by water temperature and the oxygen isotope composition of seawater in which the foraminifera calcified. In CB, the $\delta^{18}O_{baywater}$ mainly reflects discharge-driven hydrological variability and the mixing of fresh and marine endmembers, which influences the δ^{18} O of bay benthic foraminifera ($\delta^{18}O_{\text{foram}}$) (Cronin et al., 2005; Saenger et al., 2006). Five to ten specimens of the benthic foraminifera *Elphidium selseyense* were analyzed from each MD03-2661 sample for δ^{18} O at the University of South Carolina stable isotope lab using a GV Isoprime stable isotope ratio mass spectrometer. The long-term standard reproducibility is 0.07% for δ^{18} O and results are reported relative to Vienna Pee Dee Belemnite (V-PDB). A total of 488 isotopic analyses were performed yielding a temporal resolution of about 5 years (see chronology). Paired downcore foraminiferal isotope and ostracode Mg/Ca measurements for 354 samples yielding both measurements were used to correct $\delta^{18} O_{\text{foram}}$ values for temperature and to estimate $\delta^{18}O_{baywater}$ following methods in Cronin et al. (2005).

3.3. Chronology

Estuarine sediment records can provide high-resolution paleoclimate records, but attention must be paid to processes that influence sedimentation, radiocarbon ages, and other chronologic markers. A large literature on CB sediments, summarized in Table 1, includes studies of stratigraphy, sediment geochemistry, CHIRP sonar geophysical records, X-radiographs of bioturbation, and radiocarbon dating of

Table 2Radiocarbon dates from MD03-2661 core, Chesapeake Bay.

Date number*	Core	Water depth (m)	Sample depth (cm)	Midpoint depth (cm)	Latitude (N)	Longitude (W)	Material dated	δ ¹³ C	¹⁴ C age (conventional)	Error +/-BP	Calibrated age (yr BP)	Calibrated +2 σ (yr BP)	Calibrated -2σ (yr BP)	Common Era age
NA	MD03-2661	25.5	0	0	38 53.21	76 23.89	Pollen Stratigraphy	N/A	N/A	N/A	N/A	N/A	N/A	1850-1880
B-235942	MD03-2661	25.5	86-92	89	38 53.21	76 23.89	Mulinia lateralis	-1.3	240	40	N/A	N/A	N/A	Post 18th cent.
NA	MD03-2661	25.5	115	115	38 53.21	76 23.89	Pollen Stratigraphy	N/A	N/A	N/A	N/A	N/A	N/A	~1725
B-235943	MD03-2661	25.5	188-194	191	38 53.21	76 23.89	Mulinia lateralis	-0.6	320	40	N/A	N/A	N/A	Post 18th cent.
B-235944	MD03-2661	25.5	296-302	299	38 53.21	76 23.89	Mulinia lateralis	-2.2	740	40	380	470	290	1570
180325	MD03-2661	25.5	370-372	371	38 53.21	76 23.89	Mulinia lateralis	-1.4	1280	40	820	910	730	1130
181991	MD03-2661	25.5	485	485	38 53.21	76 23.89	Mulinia lateralis	-1.5	1750	40	1290	1355	1235	660
191408	MD03-2661	25.5	574-576	575	38 53.21	76 23.89	Mulinia lateralis	-1.4	1730	40	1280	1340	1220	670
181992	MD03-2661	25.5	597	597	38 53.21	76 23.89	Mulinia lateralis	-1.3	1740	40	1285	1345	1230	665
191409	MD03-2661	25.5	712-714	713	38 53.21	76 23.89	Mulinia lateralis	-1.4	2000	40	1540	1670	1480	410
191410	MD03-2661	25.5	796-798	797	38 53.21	76 23.89	Mulinia lateralis	-0.4	2140	40	1710	1820	1620	240
181993	MD03-2661	25.5	898	898	38 53.21	76 23.89	Mulinia lateralis	-1.8	2390	40	2000	2115	1915	-50
181994	MD03-2661	25.5	1003	1003	38 53.21	76 23.89	Mulinia lateralis	-1.5	2810	40	2565	2700	2400	-615
191411	MD03-2661	25.5	1052-1054	1053	38 53.21	76 23.89	Mulinia lateralis	-0.4	2820	40	2600	2700	2430	-650
180326	MD03-2661	25.5	1086-1089	1087.5	38 53.21	76 23.89	Mulinia lateralis	-0.6	3050	40	2790	2890	2740	-840
215879	MD03-2661	25.5	1146-1148	1147	38 53.21	76 23.89	Seed	N/A	3420	40	3670	3820	3580	-1720
215880	MD03-2661	25.5	1150-1155	1152.5	38 53.21	76 23.89	Shell	-1.2	3940	40	3910	4050	3820	-1960
191412	MD03-2661	25.5	1216-1218	1217	38 53.21	76 23.89	Mulinia lateralis	-0.7	5160	40	5560	5590	5450	-3610
191413	MD03-2661	25.5	1300-1302	1301	38 53.21	76 23.89	Mulinia lateralis	-0.3	5440	50	5840	5910	5690	-3890
191414	MD03-2661	25.5	1398-1400	1399	38 53.21	76 23.89	Mulinia lateralis	-0.7	5530	40	5910	5980	5850	-3960
191415	MD03-2661	25.5	1412-1414	1413	38 53.21	76 23.89	Mulinia lateralis	-0.2	5520	50	5900	5990	5770	-3950
191416	MD03-2661	25.5	1458-1460	1459	38 53.21	76 23.89	Mulinia lateralis	-0.6	5590	40	5950	6080	5900	-4000
180327	MD03-2661	25.5	1476	1476	38 53.21	76 23.89	Mulinia lateralis	-1	5600	40	5970	6090	5900	-4020
191417	MD03-2661	25.5	1614-1616	1615	38 53.21	76 23.89	Mulinia lateralis	-0.7	5820	40	6260	6300	6170	-4310

All dates National Ocean Science Accelerator mass Spectrometry Facility (NOSAMS), Woods Hole Oceanographic except "B-" from Beta Analytic.

Radiocarbon dates calibrated using marine calibration curve from Stuiver et al. (1998) with no ΔR correction and assuming no change in ΔR over the last 2400 years.

Further discussion of Chesapeake core chronology can be found in Cronin T.M. et al. (2007). Geophys. Res. Lttrs., 34, L20603.

Willard et al. (2003). The Holocene, 13, 201–214.

Willard et al. (2005). Glob. Planet Change, 47, 17–35.

NA = not available.

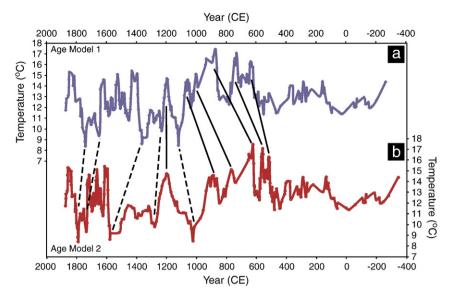


Fig. 4. Comparison of Chesapeake Bay temperature curve from core MD03-2661 using (a) age models 1 and (b) 2 described in chronology section of text. Solid (dashed) lines connect warm (cool) events. Records prior to 400 CE and since ~1750 CE are comparable. Age discrepancy is seen in the timing of temperature increase to early Medieval Climate Anomaly (600 versus 500 CE in models 1 and 2, respectively), inception of long-term cooling (starting about 900 CE and 650 CE in models 1 and 2), and age of brief warm and cool intervals. See text.

CaCO₃ shells (foraminifera and mollusks) and bulk sediment, which allow the following conclusions regarding the bay's sediment chronology. 1) A standard 400 year marine reservoir correction applies to accelerator mass spectrometer (AMS) radiocarbon dates on biogenic carbonate (mollusks and foraminifers) based on radiocarbon dates on mollusks from 19th century museum collections and from sediments deposited during colonial land clearance dated by pollen stratigraphy. 2) Porewater dissolved organic carbon does not influence biogenic carbonate dates (Colman et al., 2002). 3) Holocene radiocarbon dates on pollen and bulk organic carbon are systematically older by 1500–2000 years than dates on shell from the same sample, probably due to transport of pollen organic carbon. 4) ¹³⁷Cs and ²¹⁰Pb dating and pollen

stratigraphy tied to colonial land clearance yield consistent ages for sediment deposited during the last 50 to 300 years. 5) Bioturbation, burrowing, and reworking are minimal in cores recovered from the main channel of Chesapeake Bay, such as those discussed here, where the thickest accumulation of Holocene sediment is found at water depths of 10–35 m.

The major limiting factors for Holocene chronology in CB are age uncertainty for calibrated radiocarbon ages and changes in sedimentation rates at some sites. Fig. 3 presents the age–depth plots for the two long records MD03-2661 and RD-2209; Table 2 lists radiocarbon ages and pollen data used for dating MD03-2661 from Cronin et al. (2007). In MD03-2661, two pollen horizons and 11 radiocarbon dates were used to

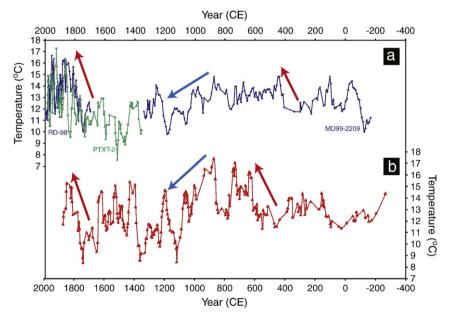


Fig. 5. Comparison of Chesapeake Bay temperature from Mg/Ca ratios. (a) RD-2209 record including data from cores MD99-2209 and RD-98 (38°53.2′N and 76°23.7′W, water depth 25 m, blue lines), and PTXT-2 (38°19.6′N and 76°23.6′W water depth 11.5 m, green line) (Cronin et al., 2003). (b) MD03-2661 (red line, age model 1). Both records are smoothed using a 5-point moving average. Red and blue arrows show major warming and cooling climatic transitions evident in both records. Both records show relatively stable temperatures from 100 to 600 CE and step-wise cooling since ~850–900 CE leading to the LIA (~1350–1850 CE). The MD03-2661 records shows higher temperature peaks during the early Medieval Climate Anomaly ~600–1000 CE. Lower temperature estimates at about 1450–1600 CE in Fig. 5a may reflect the shallower water depth of the PTXT-2 core site. See text. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

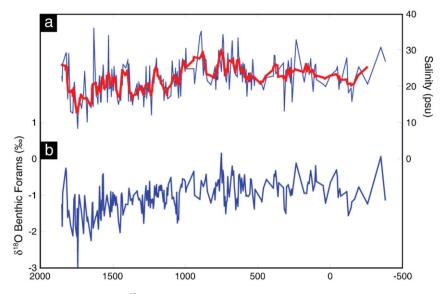


Fig. 6. (a) Reconstructed Chesapeake salinity computed from $\delta^{18}O_{foram}$ corrected for temperature estimated from ostracode Mg/Ca ratios, 0.8% vital effect in *Elphidium*, and converted to salinity using relationships and procedures described in Cronin et al. (2005) and Saenger et al. (2006). (b) uncorrected $\delta^{18}O_{foram}$ record. The two records have similar first-order temporal patterns suggesting $\delta^{18}O_{foram}$ values reflect mainly hydrographic changes rather than water temperature.

date the upper 1000 cm of the core covering the last ~2600 years (Fig. 3a). The pollen horizon at 155 cm core depth is the first regular occurrence of ragweed pollen, a marker in CB sediments for early colonial land clearance dated at about 1725 CE (Willard et al., 2003). MD03-2661 did not recover the well-known ragweed peak when ragweed pollen reached 10–15% of the total pollen assemblage during maximum land clearance in the late 19th century. Consequently, sediment deposited during the last century was not recovered at this site, most likely due to the coring procedure, and we estimate the age of the coretop to be roughly 1880–1885 CE. The radiocarbon dates from MD03-2661 were obtained on well-preserved shells of the bivalve *Mulinia lateralis* and calibrated using the CALIB (Stuiver et al., 1998). The mean 2σ age range on nine calibrated *M. lateralis* dates from MD03-2661 for the last 2600 years is 178 years.

Two age models were developed for MD03-2661. Age model 1 (AM1) assumes a near constant sedimentation rate and estimates

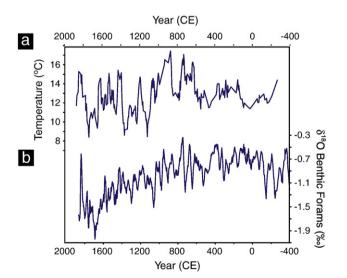


Fig. 7. Late Holocene Chesapeake Bay. (a) Temperature from Mg/Ca ratios of ostracodes (Loxoconcha matagordensis) and (b) $\delta^{18}O_{foram}$ from benthic foraminifera (Elphidium selseyense) for upper 1000 cm of core MD03-2661 (5-point smoothing). More negative (positive) $\delta^{18}O_{foram}$ excursions signify enhanced (reduced) river runoff and precipitation; dry periods marked by red circles. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

sample ages from core depth as follows: $(0.0008*depth^2) - (1.5417*depth) + 1884.3 \ (r^2 = 0.981, mean rate ~0.41 \ cm \ yr^{-1})$. A second age model (AM2) was developed to reflect apparent changes in sedimentation rate seen in the age–depth plot, with higher rates at core depths from 0 to 300 cm and 485 to 713 cm and lower rates from 300 to 485 cm and 713 to 1087 cm. Linear sedimentation rates were computed for four segments of the core as follows: 0–300 cm–0.96 cm yr⁻¹, 300–485 cm–0.2 cm yr⁻¹, 485–713 cm–0.91 cm yr⁻¹ and 713–1087 cm–0.3 cm yr⁻¹.

Fig. 3b shows 10 radiocarbon dates on M. lateralis from the upper 800 cm at site RD-2209. Sediment at this site was deposited at a near constant rate of 0.36 cm yr $^{-1}$ during the last 2100 years and includes a 20th century sediment record. Sample ages for RD-2209 were estimated using the age model described fully in Willard et al. (2003). A zone of slow sedimentation or intermittent non-deposition occurs at 800–900 cm core depth estimated to represent the interval about 2100–5000 calibrated years age (Colman et al., 2002).

4. Results

Fig. 4 compares the MD03-2661 Mg/Ca-derived temperature curves using the two age models. Both age models show relatively cool to moderate temperatures (12–14 °C) from 300 BCE to 400 CE and a steep rise in temperature starting around 1750–1800 CE. Several temperature maxima (\geq 15 °C) and minima (\leq 10 °C) have age differences from the two age models ranging from <100 years up to ~250 years. For example, a distinct temperature maximum is dated in both age models at around 1200 CE, whereas the preceding cool interval is dated at 1000 to 1100 CE. The warmest period in this core occurs during the early MCA, dated at about 850–900 in AM1 and 600–650 in AM2, after which there is step-wise cooling. The difference between the two age models for the youngest LIA temperature minimum is less than 100 years (1750–1800 CE).

Fig. 5 compares the MD03-2661 (AM1) and RD-2209 temperature curves designating those parts of the latter curve derived from the RD-98, PTXT-2 and MD99-2209 cores. Both records show the following features: multidecadal scale oscillations over a total temperature range from ~8 to 17 °C, moderate temperatures (12–14 °C) from ~100 BCE to 400 CE, a steep rise in temperature beginning about 1750–1800 CE, a cooling 750–850 CE, a step-wise decline starting ~850–950 CE, and multiple temperature minima between 1100 and 1750 CE. Temperature maxima during the early MCA (400–1050 CE)

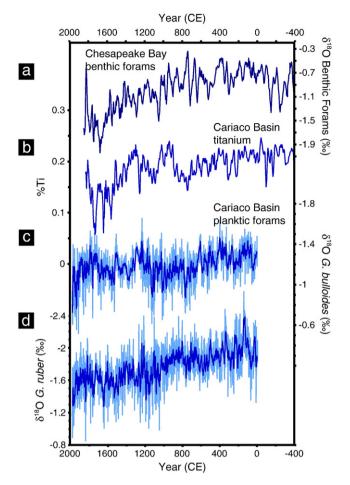


Fig. 8. (a) $\delta^{18}O_{foram}$ from benthic foraminifera (*Elphidium selseyense*) for upper 1000 cm of core MD03-2661 (38°53.21′N and 76°23.89′W, water depth 25 m) (5-point smoothing). (b) Cariaco Basin sedimentary% titanium (Haug et al., 2001, 3-point smooth). (c) and (d) Cariaco Basin $\delta^{18}O$ of the planktic foraminifers *Globigerina bulloides* and *G. ruber* (Black et al., 2004), dark blue is 5-point smooth. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

are slightly cooler (2–3 °C) in MD99-2209 than those in the MD03-2661 curve. Large temperature oscillations (>5 °C) between 1350 and 1750 CE are also greater in MD03-2661, but this may reflect the shallower water depth for site PTXT-2 (12 m) versus MD03-2661 (25 m). The step-wise cooling beginning 850–900 CE reached minimum temperatures about 1150–1200 CE that are slightly cooler in MD03-2661. Three brief but distinct warm intervals can be correlated in the two curves centered on 1200, 1400, and 1630 CE. A fourth warm interval is seen near 1500 CE in MD03-2661, but this is not so evident in RD-2209.

There are several periods of cool temperatures during the Little Ice Age. For example, temperature estimates for the PTXT-2 record reached 9.5 °C several times between ~1450 and 1830 CE and the MD03-2661 record reached 8.3–11 °C from 1360 to 1750 CE. The cool period from 1700 to 1750 CE is recorded in all three cores and seems to coincide with widespread LIA cooling during the Maunder solar minimum (see below). In summary, the two temperature records are broadly similar, but the MD03-2661 curve indicates a slightly warmer early MCA, higher temperatures during warming events at ~1200 and 1400 CE during the late MCA, and lower temperatures (1–2 °C) during the coolest part of the LIA~1650–1750 CE.

The MD03-2661 $\delta^{18}O_{foram}$ values (corrected for vital effects and temperature) and estimated $\delta^{18}O_{baywater}$ values using AM1 are shown in Fig. 6. The CB $\delta^{18}O_{foram}$ data indicates moderately high salinity and

dry conditions ($\delta^{18}O_{foram}$ maxima) from 200 BCE to 300 CE, and several brief dry periods between 600 and 1200 CE. These would be 1–2 centuries older using age model AM2. The highest $\delta^{18}O_{foram}$ values and estimated salinities (25–30) are seen between 500 and 1000 CE suggesting reduced freshwater influx and periods of drier regional climate. The $\delta^{18}O_{foram}$ values progressively decrease after 1000 CE (650–700 CE in AM2) culminating in minimum values of -2.0 to -2.25% and minimum salinities (16–18) around 1650–1800 CE, reflecting a wetter regional climate during the LIA.

Comparison of the MD03-2661 temperature and $\delta^{18}O_{foram}$ records indicates that, over centennial timescales, relatively warm bay temperatures generally correspond to enriched $\delta^{18}O_{foram}$ and cool temperatures correspond to depleted values (Fig. 7). This pattern would suggest alternating warm–dry and cool–wet conditions in the mid-Atlantic region. Both records suggest a complex, step-wise climatic transition from the MCA to the LIA that is characterized by multidecadal fluctuations in temperature and rainfall. The emergence from Little Ice Age conditions seen in both rising temperature and decreasing precipitation is abrupt and nearly synchronous.

4.1. Comparison with precipitation records

We compare the CB δ^{18} O record with both the titanium (Ti) and planktic foraminiferal oxygen isotopes records from Cariaco Basin sediments in the Caribbean in Fig. 8. The Cariaco Basin records are considered to be proxies of variability in the position of the Intertropical Convergence Zone (ITCZ) and hence tropical rainfall (Fig. 8). The general shape of the Cariaco %Ti record (Haug et al., 2001) (Fig. 8b) resembles that for MD03-2661 $\delta^{18}O_{\text{foram}}$ variability (Fig. 8a), but the two curves are opposite in sign. That is, drier mid-latitudes (higher CB δ^{18} O values) correspond to wetter tropical regions (higher titanium concentrations). The Cariaco planktic foraminiferal δ^{18} O curves of Black et al. (2004) (Fig. 8c and d) also suggest multidecadal and centennial variability in Caribbean climate. The long-term increase in *G. ruber* δ^{18} O was interpreted by Black as signifying either a cooling of tropical summer-fall SSTs of as much as 2 °C, perhaps related to an increase in upwelling intensity, or regional evaporation/ precipitation variability due to changes in the mean annual position of the ITCZ (see also Tedesco and Thunell, 2003). The former would be consistent with evidence for a cooler Little Ice Age and the former with the Cariaco titanium and CB isotopic records of hydrological variability. Other low-latitude Atlantic hydrologic records support the idea that late Holocene ITCZ variability was an important driver of late Holocene hydrological variability in the Caribbean and subtropical North Atlantic (e.g. Hodell et al., 2005; Lund and Curry, 2006).

It is also noteworthy that continental-scale droughts during the medieval period have been documented in tree-ring records from North America covering the last 1000 years (Cook et al., 2007). Although age uncertainty and temporal resolution preclude a direct correlation of the CB sediment record with annually-resolved tree-ring records, several positive $\delta^{18}O_{foram}$ excursions in Fig. 8 nonetheless coincide with continental-scale megadroughts centered at 936, 1034, 1150, 1253, and 1370 CE.

4.2. North Atlantic Ocean Temperature

To investigate SST variability across the North Atlantic, we combined the MD03-2661 (AM1) and RD-2209 records to produce a composite SST reconstruction covering the last 2200 years (Fig. 9a). This composite record is compared with temperature reconstructions from the Cariaco Basin (Black et al., 2004), the Laurentian slope upper North Atlantic Deep Water (NADW) (Marchitto and deMenocal, 2003), off northern Iceland (Sicre et al., 2008), the VØring Plateau (Andersson et al., 2003), and a northern hemisphere composite temperature curve (Moberg et al., 2005) (Fig. 9b–f). In addition to the CB Mg/Ca curve, the Iceland and VØring records are considered

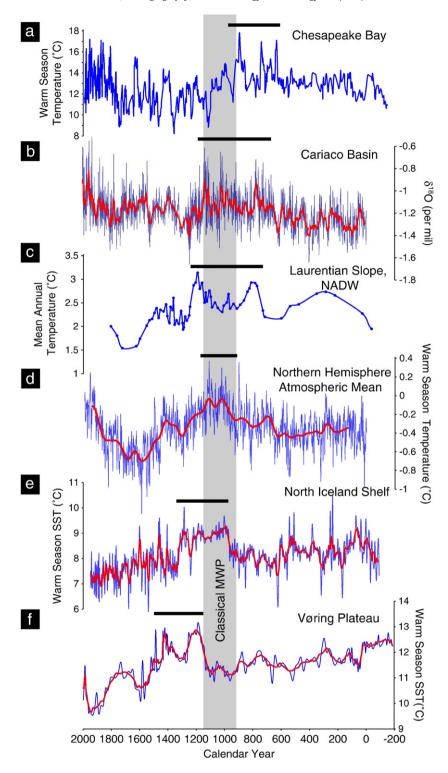


Fig. 9. Medieval Climate Anomaly and Little Ice Age temperature records. (a) Composite Chesapeake Bay temperature record from MD03-2661 and RD-2209 (5-point smoothing). (b) δ^{18} O of *G. bulloides* from Cariaco Basin, fall/winter tropical hydrography (SST and precipitation, Black et al., 2004) (red line 10-point smooth). (c) Laurentian slope upper North Atlantic Deep Water temperature from Mg/Ca ratios in benthic foraminifera *Cibicidoides pachyderma* (Marchitto and deMenocal, 2003). (d) Northern Hemisphere composite surface temperature (Moberg et al., 2005). (e) Alkenone biomarker SST record north of Iceland (Sicre et al., 2008, red line 5-point smooth). (f) Vøring Plateau August SST from planktic foraminifers modern analog method (Andersson et al., 2003, red line 5-point smooth). Age of medieval warmth for each region shown by horizontal bars; classical MWP interval shown by vertical grey shading. All represent summer season signals except Laurentian NADW and Cariaco *G. bulloides* δ^{18} O. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

representative of warm-season temperature, the Laurentian record is mean annual upper NADW temperature, the Moberg curve represents mean annual atmospheric temperature, and the G. ruber δ^{18} O Cariaco record either surface ocean temperature, upwelling and/or evaporation/precipitation.

One notable feature in Fig. 9 is that the amplitude of regional ocean temperature variability during the last two millennia was large (~2 to >4 °C) relative to that of mean atmospheric temperature (~0.5 °C). High amplitude regional SST variability would be expected based on the western North Atlantic ICOADS record (Fig. 2), as well as basin-wide

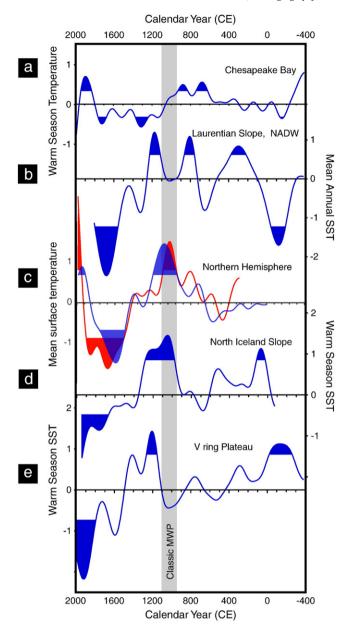


Fig. 10. Comparison of 200-year butterworth low-pass filtered standardized temperature anomalies (anomaly of timeseries divided by its standard deviation). (a) Composite Chesapeake Bay temperature record. (b) Laurentian Slope upper North Atlantic Deep Water temperature from benthic foraminifera (*Cibicidoides pachyderma Mg/Ca* ratios (Marchitto and deMenocal, 2003). (c) Northern Hemisphere surface temperature (Moberg et al., 2005, blue; Mann et al., 2008, red). (d) subpolar North Atlantic SST from alkenone biomarkers, north Iceland Slope (Sicre et al., 2008). (e) Vøring Plateau August SST from modern analog method of planktic foraminifers (Andersson et al., 2003). Anomalous warm and cool periods falling outside 1σ of the mean are filled. The classical MWP (950–1100 CE) is shaded. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

decadal patterns in instrumental records of North Atlantic SST (e.g. Deser and Blackmon, 1993; Enfield et al., 2001).

A second obvious feature in the comparison of temperature records is that the timing of peak regional warmth for the last 2000 years, shown by horizontal black bars, does not always coincide with the classic Medieval Warm Period centered on 1000–1050 CE. CB was warmest in the few centuries before the MWP, the VØring Plateau the two centuries after, the Laurentian Slope the century before and the century after, and the North Iceland Shelf during and just after the MWP. All records show a cool interval during all or part of the LIA

1600–1800 CE, although cool intervals also occurred in CB and the Laurentian Slope prior to this time and persisted after the LIA in the VØring and N. Iceland Shelf regions.

To further evaluate low frequency SST variability, composite curves of low-pass filtered temperature anomalies (Fig. 10) show that warm CB SSTs between 600 and 1000 CE (Fig. 10a) overlap with the latter part of what is sometimes called the cool "Dark Ages" in Europe, predating the classical Medieval Warm Period seen in atmospheric temperature curves of Moberg et al. (2005) and Mann et al. (2008) (Fig. 10c). The Laurentian Slope temperature record shows similarities to the CB record with a maximum near 800 CE (Fig. 10b), which is consistent with evidence for warm SSTs over the Laurentian Fan from 500 to 900 CE (Keigwin and Pickart, 1999) and in the Gulf of Mexico 600 to 1000 CE (Richey et al., 2007). In contrast, a second deep-water temperature maximum near 1200 CE coincides with cool CB temperature before the onset of a 2 °C LIA cooling on the Laurentian slope. SSTs on the North Iceland Shelf are cool during the early MCA, but reach a peak between 1000 and 1300 CE, which overlaps in part with the classic MWP (Fig. 10d). In contrast to sites in the western North Atlantic, the VØring Plateau was relatively cool during most of this interval, until a ~2 °C temperature rise began about 1200 CE (Fig. 10e).

5. Discussion

Our results for the Chesapeake Bay together with those mentioned above shed light on patterns of low frequency hemisphere-scale climate variability of the last 2000 years (Figs. 9 and 10). Ocean temperature variability during the MCA and LIA exhibited complex spatial and temporal patterns with maximum ocean temperatures occurring at different times between 600 and 1400 CE across the North Atlantic. In particular, warm surface water conditions occurred before the classic MWP in the western North Atlantic, and during or after the MWP in northeastern regions. Likewise, deep waters in the North Atlantic warmed both before and after the MWP. In addition, the inception of cooling that culminated in the LIA began earlier in the western North Atlantic (Chesapeake) than in eastern regions (Nordic Seas). Such spatial variability has also been observed in terrestrial temperature records from tree rings (D'Arrigo et al., 2006) and in ocean records near Iceland, Norway, Scotland and the Iberian Peninsula (Eiríksson et al., 2006).

A related issue pertains to the causes of Holocene climate variability in the North Atlantic region. It has been proposed that the MCA-LIA interval was the most recent in a series of near-synchronous, solar-driven, 1500-year Holocene climate oscillations recognized in subpolar ice-rafted debris (IRD) records (e.g., Bond et al., 2001). Similarly, Chinese speleothem isotope records showing six Holocene shifts in the intensity of the East Asian Monsoon that are correlative with the North Atlantic IRD pulses, implying a common forcing mechanism such as solar irradiance (Wang et al., 2005). Although solar-forcing cannot be ruled out as a triggering mechanism, the SST variability discussed above was not synchronous across the North Atlantic for the MCA–LIA interval. In fact, west-to-east "provincialism" in North Atlantic climate has been observed over several timescales: in Holocene millennial-scale sea-ice and surface salinity (de Vernal and Hillaire-Marcel, 2006) and SST in the North Atlantic (Keigwin and Pickart, 1999; deMenocal et al., 2000), 20th century decadal sea-ice fluctuations (Deser et al., 2000), and SST and deep water formation during the last few decades (Dickson et al., 2002). The temperature patterns presented above thus support paleoceanographic evidence (Newton et al., 2006) and model simulations (Renssen et al., 2006, 2007; Saenger et al., 2009) that suggest coupled oceanic-atmospheric processes, possibly involving deep-water formation in subpolar regions, may have influenced regional climate during the MCA-LIA. Although our emphasis has been on low frequency variability, the ~28 brief warm periods seen in the 2200-yr Mg/Ca-derived temperature

curve (Fig. 9) suggest changes in Chesapeake source water emanating in the Mid-Atlantic Bight, the Labrador Sea and farther north about every 75–80 years. This is roughly equivalent to the timing of seasurface temperature variability associated with the Atlantic Multidecadal Oscillation. Such a conclusion is also supported by modeling studies showing that internal Atlantic Ocean variability produces multidecadal oscillations that can significantly influence mean Northern Hemisphere surface temperatures (Zhang et al., 2007).

Although our study was limited to the North Atlantic region, it illustrates how large-scale regional climate variability can be lost or subdued in hemisphere-scale compilations of mean annual surface temperature. It also highlights the need for many additional high-resolution ocean records, especially in the subpolar North Atlantic, for a more complete understanding of late Holocene climate dynamics.

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