

1 Drought, agricultural adaptation and sociopolitical collapse in the Maya Lowlands  
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3 Peter M. J. Douglas<sup>1\*†</sup>, Mark Pagani<sup>1</sup>, Marcello A. Canuto<sup>2</sup>, Mark Brenner<sup>3</sup>, David A.  
4 Hodell<sup>4</sup>, Timothy I. Eglinton<sup>5,6</sup>, Jason H. Curtis<sup>3</sup>

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8 <sup>1</sup>Department of Geology and Geophysics, Yale University, New Haven, CT, USA

9 <sup>2</sup>Middle American Research Institute, Tulane University, New Orleans, LA, USA

10 <sup>3</sup>Department of Geological Sciences & Land Use and Environmental Change Institute,  
11 University of Florida, Gainesville, FL, USA

12 <sup>4</sup>Godwin Laboratory for Paleoclimate Research, Department of Earth Sciences,  
13 Cambridge University, Cambridge, UK

14 <sup>5</sup>Department of Marine Chemistry and Geochemistry, Woods Hole Oceanographic  
15 Institution, Woods Hole, MA, USA

16 <sup>6</sup>Geological Institute, ETH Zurich, Zurich, Switzerland

17 \*Corresponding Author: [pdouglas@caltech.edu](mailto:pdouglas@caltech.edu)

18 †Now at Division of Geological and Planetary Sciences, California Institute of  
19 Technology, Pasadena, CA, USA

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21 **Abstract:** Paleoclimate records indicate a series of severe droughts was associated with  
22 societal collapse of the Classic Maya during the Terminal Classic period (approximately  
23 800 to 950 CE). Evidence for drought largely derives from the drier, less populated  
24 northern Maya Lowlands, but does not explain more pronounced and earlier societal

25 disruption in the relatively humid southern Maya Lowlands. Here we apply hydrogen and  
26 carbon isotope compositions of plant-wax lipids in two lake sediment cores to assess  
27 changes in water availability and land use in both the northern and southern Maya  
28 lowlands. We show that relatively more intense drying occurred in the southern lowlands  
29 than in the northern lowlands during the Terminal Classic period, consistent with earlier  
30 and more persistent societal decline in the south. Our results also indicate a period of  
31 substantial drying in the southern Maya Lowlands from ~200 to 500 CE, during the  
32 Terminal Preclassic and Early Classic periods. Plant-wax carbon isotope records indicate  
33 a decline in C<sub>4</sub> plants in both lake catchments during the Early Classic period, interpreted  
34 to reflect a shift from extensive agriculture to intensive, water-conservative maize  
35 cultivation that was motivated by a drying climate. Our results imply that agricultural  
36 adaptations developed in response to earlier droughts were initially successful, but failed  
37 under the more severe droughts of the Terminal Classic period.

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39 **Significance Statement:** The Terminal Classic decline of the Maya civilization  
40 represents a key example of ancient societal collapse that may have been caused by  
41 climate change, but there are inconsistencies between paleoclimate and archaeological  
42 evidence regarding the spatial distribution of droughts and sociopolitical disintegration.  
43 We conducted a new analysis of regional drought intensity that shows drought was most  
44 severe in the region with the strongest societal collapse. We also found that an earlier  
45 drought interval coincided with agricultural intensification, suggesting that the ancient  
46 Maya adapted to previous episodes of climate drying, but could not cope with the more  
47 extreme droughts of the Terminal Classic.

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The decline of the lowland Classic Maya during the Terminal Classic period (800 to 900/1000 CE) is a preeminent example of societal collapse (1), but its causes have been vigorously debated (2-5). Paleoclimate inferences from lake sediment and cave deposits (6-11) indicate that the Terminal Classic was marked by a series of major droughts, suggesting that climate change destabilized lowland Maya society. Most evidence for drought during the Terminal Classic comes from the northern Maya Lowlands (Fig. 1) (6-8, 10) where societal disruption was less severe than in the southern Maya Lowlands (12, 13). There are fewer paleoclimate records from the southern Maya Lowlands and they are equivocal with respect to the relative magnitude of drought impacts during the Terminal Classic (9, 11, 14). Further, the supposition that hydrological impacts were a primary cause for societal change is often challenged by archaeologists, who stress spatial variability in societal disruption across the region and the complexity of human responses to environmental change (2, 3, 12). The available paleoclimate data, however, do not constrain possible spatial variability in drought impacts (6-11). Arguments for drought as a principal cause for societal collapse have also not considered the potential resilience of the ancient Maya during earlier intervals of climate change (15).

For this study we analyzed coupled proxy records of climate change and ancient land use derived from stable hydrogen and carbon isotope analyses of higher-plant leaf wax lipids (long chain *n*-alkanoic acids) in sediment cores from Lakes Chichancanab and Salpeten, in the northern and southern Maya Lowlands, respectively (Fig. 1). Hydrogen isotope compositions of *n*-alkanoic acids ( $\delta D_{wax}$ ) are primarily influenced by the isotopic

71 composition of precipitation and isotopic fractionation associated with evapotranspiration  
72 (16). In the modern Maya Lowlands,  $\delta D_{\text{wax}}$  is well correlated with precipitation amount  
73 and varies by 60‰ across an annual precipitation gradient of 2500 mm (Fig. 2). This  
74 modern variability in  $\delta D_{\text{wax}}$  is strongly influenced by soil water evaporation (17), and it is  
75 possible that changes in potential evapotranspiration could also impact paleo-records.  
76 Accordingly, we interpret  $\delta D_{\text{wax}}$  values as qualitative records of water availability  
77 influenced by both precipitation amount and potential evapotranspiration. These two  
78 effects are complementary, since less rainfall and increased evapotranspiration would  
79 lead to both increased  $\delta D_{\text{wax}}$  values and reduced water resources, and *vice versa*.

80 Plant-wax carbon isotope signatures ( $\delta^{13}\text{C}_{\text{wax}}$ ) in sediments from low-elevation  
81 tropical environments, including the Maya lowlands, are primarily controlled by the  
82 relative abundance of  $\text{C}_3$  and  $\text{C}_4$  plants (18-20). Ancient Maya land use was the dominant  
83 influence on the relative abundance of  $\text{C}_3$  and  $\text{C}_4$  plants during the late Holocene, because  
84 Maya farmers cleared  $\text{C}_3$  plant-dominated forests and promoted  $\text{C}_4$  grasses, in particular  
85 maize (21-24). Thus, we apply  $\delta^{13}\text{C}_{\text{wax}}$  records as an indicator of the relative abundance  
86 of  $\text{C}_4$  and  $\text{C}_3$  plants that reflects past land use change (SI Text). Physiological differences  
87 between plant groups also result in differing  $\delta D_{\text{wax}}$  values between  $\text{C}_3$  trees and shrubs  
88 and  $\text{C}_4$  grasses (16) and we use  $\delta^{13}\text{C}_{\text{wax}}$  records to correct for the influence of vegetation  
89 change on  $\delta D_{\text{wax}}$  values (25) ( $\delta D_{\text{wax-corr}}$ , SI Text, Fig. S1).

90 Plant waxes have been shown to have long residence times in soils in the Maya  
91 Lowlands (26). Therefore, age-depth models for our plant-wax isotope records are based  
92 on compound-specific radiocarbon ages (Fig. 3), which align our  $\delta D_{\text{wax}}$  records  
93 temporally with nearby hydroclimate records derived from other methodologies (26) (SI

94 Text, Fig. S2). The mean 95% confidence range for the compound-specific age-depth  
95 models is 230 years at Lake Chichancanab and 250 years at Lake Salpeten. Given these  
96 age uncertainties we focus our interpretation on centennial-scale variability (26). The  
97 temporal resolution of our plant-wax isotope records is lower than speleothem-derived  
98 climate records (8, 9), but combining plant-wax records from multiple sites allows  
99 comparisons of climate change and land use in the northern and southern Maya  
100 Lowlands, which would otherwise not be possible. In addition, plant-wax isotope records  
101 extend to the Early Preclassic/Late Archaic period (1500 to 2000 BCE), providing a  
102 longer perspective on climate change in the Maya Lowlands than most other regional  
103 records (6, 8-11).

## 104 **Results and Discussion**

### 105 *Inter-site comparison of $\delta D_{wax-corr}$ hydroclimate records*

106 A key strength of  $\delta D_{wax}$  in the Maya Lowlands is the well-defined spatial  
107 relationship between sedimentary  $\delta D_{wax}$  and annual precipitation amount in this region  
108 (Fig. 2). Evaporative enrichment of soil-water D/H ratios — primarily associated with  
109 annual precipitation amount — is thought to be the dominant mechanism for the spatial  
110 range in  $\delta D_{wax}$  in the Maya Lowlands (17), while other climate variables explain much  
111 less of the variability in  $\delta D_{wax}$  (Fig. S3). In particular, potential evapotranspiration (PET),  
112 which can also influence soil-water D/H ratios, varies much less than annual precipitation  
113 and has a much lower correlation with  $\delta D_{wax}$  values (Fig. S3). Application of a vegetation  
114 correction to  $\delta D_{wax}$  values in modern lake sediments and soils ( $\delta D_{wax-corr}$ ; SI Text) to  
115 account for differences in the apparent D/H fractionation between environmental water  
116 and plant waxes in different plant groups (25) improves its correlation with annual

117 precipitation. Residual variance in  $\delta D_{\text{wax-corr}}$  values from lake surface sediments and  
118 topsoils, on the order of  $\pm 10\%$  (Fig. 2), could result from site-specific differences in  
119 edaphic properties or microclimates that influence evapotranspiration. It is also possible  
120 that the incorporation of aged, soil-derived plant waxes into lake surface sediments  
121 contributes to scatter in  $\delta D_{\text{wax-corr}}$  values, although this process would not influence  
122 topsoil samples (26), or that the applied vegetation correction does not fully account for  
123  $\delta D_{\text{wax}}$  differences between plant groups. Importantly,  $\delta D_{\text{wax-corr}}$  values in surface  
124 sediments from Lakes Chichancanab and Salpeten are within error of the mean value for  
125 their respective regions, implying that  $\delta D_{\text{wax-corr}}$  values at these lakes are not strongly  
126 influenced by non-climatic factors. Accordingly, differences in  $\delta D_{\text{wax-corr}}$  values between  
127 these two lake sediment cores can be used as an indicator of spatial differences in  
128 hydroclimate in the Maya Lowlands.

129         Past variability in  $\delta D_{\text{wax-corr}}$  reflects the combined effects of evaporative  
130 enrichment of soil and plant water D/H ratios and temporal variability in the isotopic  
131 composition of precipitation, which in this region is primarily controlled by the amount  
132 effect (8, 27). Past variability in the evaporative enrichment of soil water D/H ratios  
133 could be influenced by changes in both precipitation amount and PET. Temperature is the  
134 dominant influence on PET (28), however, and we assume based on paleotemperature  
135 estimates that both temperature and PET remained relatively constant in this region  
136 during the late Holocene (29). Regardless, if PET did vary, it would have impacted  
137 ancient Maya water resources by altering the evaporation of soil moisture and water  
138 storage reservoirs, and therefore we interpret  $\delta D_{\text{wax-corr}}$  values as a qualitative indicator of  
139 past water availability. It is also possible that the strength of the amount effect varied

140 between the northern and southern Maya Lowlands, which would lead to differential  
141 changes in  $\delta D_{\text{wax-corr}}$  in these two regions for a given decrease in rainfall amount.  
142 However, the two Global Network of Isotopes in Precipitation stations nearest to the  
143 Maya Lowlands (i.e. Veracruz, Mexico and San Salvador, El Salvador) record nearly  
144 identical  $\delta^{18}\text{O}$ -precipitation amount slopes (27) and thus suggest that the strength of the  
145 amount effect is largely invariant across southern Mexico and Central America.

146 In contrast to  $\delta D_{\text{wax-corr}}$  records,  $\delta^{18}\text{O}$  values in carbonate shells from lake  
147 sediments and in cave carbonate can be strongly impacted by non-climatic factors that  
148 influence local hydrology or  $^{18}\text{O}/^{16}\text{O}$  fractionation between water and carbonate (14, 30-  
149 32). Thus, although carbonate  $\delta^{18}\text{O}$  values within an individual lake sediment core or  
150 cave speleothem typically provide a robust indicator of past climate change at a given  
151 site, these data cannot be readily compared between lakes or caves to determine spatial  
152 differences in climatic change. Notably,  $\delta^{18}\text{O}$  values for the Yok I speleothem in  
153 southern Belize ( $\sim -3.4\text{‰}$ ) are  $^{18}\text{O}$ -enriched relative to  $\delta^{18}\text{O}$  values for the Chaac  
154 speleothem in the northern Yucatan ( $\sim -5.4\text{‰}$ ) (Fig. 4B). This isotopic difference is  
155 unexpected, given the much wetter climate at Yok Balum Cave and relatively small  
156 differences in the isotopic composition of precipitation across the region (17). The  
157 difference in  $\delta^{18}\text{O}$  between the two sites is likely the result of combined evaporative and  
158 kinetic isotope effects that influence the Yok I record (9), although these isotopic offsets  
159 have not been thoroughly examined. As a consequence, comparison of speleothem  
160 isotope records does not provide a clear indication of spatial variability in past climate  
161 change in the Maya Lowlands. Similar site-specific hydrological influences confound  
162 spatial comparisons between lake sediment  $\delta^{18}\text{O}$  records (14, 33). Therefore, comparative

163 analysis of  $\delta D_{\text{wax-corr}}$  records from Lake Chichancanab and Lake Salpeten provide a  
164 unique and powerful tool for understanding how hydrological variability across the  
165 region impacted the ancient Maya.

### 166 *Patterns of Hydroclimate Change in the Maya Lowlands*

167 Our results from Lakes Chichancanab and Salpeten confirm the occurrence of  
168 severe and extended droughts throughout the Maya Lowlands during the Terminal  
169 Classic (Fig. 4A), with the magnitude of  $\delta D_{\text{wax-corr}}$  change (~50-60‰) equivalent to the  
170 modern range in  $\delta D_{\text{wax-corr}}$  from northern Yucatan to southeastern Guatemala (where  
171 annual precipitation ranges from 500 to 3300 mm; Fig. 2). Indeed, major droughts  
172 inferred from  $\delta D_{\text{wax-corr}}$  during the Terminal Classic represent the driest regional  
173 conditions of the preceding ~1200 years at Lake Chichancanab and of the preceding  
174 ~2500 years at Lake Salpeten. Importantly, our  $\delta D_{\text{wax-corr}}$  records further imply that the  
175 large, modern precipitation gradient between Lake Chichancanab and Lake Salpeten  
176 (~550 mm; Fig. 1) changed significantly over time (Fig. 5) and that the hydrologic  
177 differences between the northern and southern Maya Lowlands effectively collapsed  
178 during the Terminal Classic (Fig. 5), with substantially greater drying in the southern  
179 lowlands relative to the northern lowlands (Fig. 4).

180 Differential patterns of paleo-hydroclimate change between these two sites are  
181 consistent with analyses of 20<sup>th</sup>-century rainfall variability that show poor correlation  
182 between the northern Yucatan Peninsula and the southern lowlands south of 17° N (8),  
183 Mechanistic explanations for these differences remain unresolved, but two scenarios are  
184 plausible. Today, the dry climate of northern Yucatan (Fig. 1) results from atmospheric  
185 subsidence related to the descending limb of the Hadley cell (34). A southward shift of

186 the Hadley cell during the Terminal Classic (9, 35) would have caused the region of  
187 subsidence to expand to the south, and could have led to a stronger decrease in  
188 precipitation in the southern lowlands relative to the northern lowlands.

189         Alternatively, different sensitivities to past ocean circulation could have played a  
190 role. Inter-oceanic temperature gradients between the tropical Atlantic and the eastern  
191 tropical Pacific are an important driver of summer rainfall variability in Central America  
192 (36, 37), and paleoclimate studies have found evidence for a Pacific influence on  
193 hydroclimate in northern Guatemala and other regions of Mesoamerica (38-40). In  
194 contrast, recent variability in precipitation across northern Yucatan does not appear to  
195 have a consistent relationship with Pacific climate variability (36, 41, 42). Rather, past  
196 hydroclimate variability in northern Yucatan appears to be primarily linked to the climate  
197 of the North Atlantic (10, 43), and may be influenced by North Atlantic tropical cyclones  
198 (44). Paleoclimate data indicate increased El Niño event frequency between ~250 to 1400  
199 CE (45), coinciding with drier and more variable hydroclimate at Lake Salpeten (Fig. 4).  
200 We suggest that this change in Pacific climate could have increased drought frequency in  
201 the southern Maya lowlands by reducing Atlantic-Pacific temperature gradients, but had a  
202 lesser impact in the northern Maya lowlands.

### 203         *Climate Change and Sociopolitical Responses*

204         Changes in hydrological conditions and sociopolitical evolution appear to be  
205 linked on centennial timescales in the southern Maya Lowlands. Our Lake Salpeten  
206  $\delta D_{\text{wax-corr}}$  record suggests that the southern Lowlands experienced relatively wet and  
207 stable conditions during much of the Middle and Late Preclassic periods (~700 BCE to  
208 200 CE) — times marked by continuous demographic growth and increasing

209 sociopolitical complexity throughout the region. The Middle Preclassic gave rise to the  
210 first cities with concentrated populations, writing, and public monuments (46, 47),  
211 followed by the rise of hierarchical and centralized states during the Late Preclassic  
212 period (48).

213 Lake Salpeten  $\delta D_{\text{wax-corr}}$  values indicate pronounced drying from ~200 to 500 CE,  
214 a pattern that is broadly consistent with other hydroclimate records from the southern  
215 Maya Lowlands (9, 11). Drying during the Early Classic period is associated with the  
216 decline and abandonment of some of the largest Late Preclassic political systems in the  
217 3<sup>rd</sup> century CE and subsequent political fragmentation in the region (15, 46). During that  
218 time, widespread political realignment developed gradually under the strong influence of  
219 a foreign power, the central Mexican city of Teotihuacan (49). We suggest that  
220 climatological stress disrupted the largest Late Preclassic states, enabling smaller and  
221 more resilient polities to grow by using adaptations to more variable conditions, such as  
222 water conservation (50).

223 A negative 35‰  $\delta D$  shift at the beginning of the Late Classic period (~600 CE)  
224 indicates substantially wetter conditions around Lake Salpeten for almost two centuries  
225 that coincided with a period of intense architectural construction, political expansion, and  
226 resource consumption throughout the southern lowlands, including the rise and expansion  
227 of large, centralized political entities such as Calakmul and Tikal (51, 52). Dry conditions  
228 returned to the southern lowlands around the beginning of the Terminal Classic period  
229 (~800 CE), intensified during the early Postclassic period and ended *ca.* 1300 CE. During  
230 this time, political complexity in the southern Maya Lowlands underwent a fitful, but  
231 inexorable regional decline (3). Monument building and written inscriptions essentially

232 ceased after 820 CE, and the institution of centralized kingship — the main organizing  
233 entity of the southern lowlands throughout the first millennium CE —disappeared forever  
234 (5, 53, 54). Importantly, political decline in the southern lowlands during the Terminal  
235 Classic differed from that at the end of the Preclassic period, in that it was not followed  
236 by the development of new, resilient political centers. We argue that the absence of a  
237 significant Postclassic recovery in the southern lowlands was related to the more intense  
238 and sustained interval of drought in the region.

### 239 *Ancient Maya Land Use Change and Climate Adaptation*

240 Ancient lowland Maya populations adapted to available water resources and  
241 employed a diverse set of land-use practices (13, 55) that likely preconditioned their  
242 vulnerability to hydrological change. While  $\delta D_{\text{wax-corr}}$  reflects hydrological conditions,  
243  $\delta^{13}\text{C}_{\text{wax}}$  records reflect the relative proportion of  $\text{C}_3$  and  $\text{C}_4$  plants in the lake catchment,  
244 and thus local agricultural practices (SI Text). During the Preclassic period,  $\text{C}_4$  plant  
245 abundance in both the Lake Salpeten and Chichancanab catchments was relatively high,  
246 with large variability on centennial timescales (Fig. 6A,B). A long-term shift toward  
247 fewer  $\text{C}_4$  plants occurred at the beginning of the Classic period in both catchments.  
248 Relatively low  $\text{C}_4$  plant abundance persisted in both catchments into the Early  
249 Postclassic, followed by an increase at the end of that period. The inferred decrease in  $\text{C}_4$   
250 plant coverage at Lake Salpeten is consistent with pollen records that show decreased  
251 grass abundance in the Early Classic period (21) (Fig. S4, SI Text), accompanied by an  
252 increase in  $\text{C}_3$ -plant disturbance taxa (Fig. S4).

253 The Early Classic trend of decreasing  $\text{C}_4$  plant abundance in these two catchments  
254 directly coincides with drying trends in both the northern and southern Maya lowlands

255 (Fig. 6A,B), as well evidence of population growth both locally at Lake Salpeten (56) and  
256 across the southern Maya Lowlands regionally (57) (Fig. 6C) during the Classic period.  
257 Consequently, it is unlikely that evidence for fewer C<sub>4</sub> plants reflects a regional reduction  
258 in maize agriculture. Instead, we argue that increasingly negative  $\delta^{13}\text{C}_{\text{wax}}$  trends mark  
259 adaptations of local land-use in response to drier conditions. In both lake catchments, the  
260 Preclassic period was likely characterized by widespread application of rain-fed swidden  
261 (slash-and-burn) agriculture that promoted maize and other C<sub>4</sub> plant growth. The drier  
262 conditions during the Early Classic period would have inhibited swidden agriculture.  
263 Geoarchaeological evidence suggests that intensive agricultural strategies were adopted  
264 during the Classic period in many areas of the Maya Lowlands (55, 58, 59), possibly in  
265 response to limited rainfall (58). We suggest that the growth of population around Lake  
266 Salpeten was associated with a reduction in swidden agriculture and its replacement by  
267 increased intensive maize cultivation outside the lake catchment in places with reliable  
268 water resources, including seasonal and perennial wetlands (58, 59). If local land-use  
269 changes in our two studied sites were representative of broader patterns, they imply a  
270 shift to spatially concentrated and regionally integrated agricultural economies during the  
271 Early Classic period that encouraged the growth of high-density population centers.

272         Given the Classic period population growth surrounding Lake Salpeten, it appears  
273 that such adaptations were an effective response to the drier conditions of the Early  
274 Classic period. Further, with the onset of wetter conditions in the Late Classic period,  
275 these agricultural strategies would have promoted enhanced population growth and  
276 agricultural productivity, contributing to increased sociopolitical centralization and  
277 expansion. By increasing societal complexity, however, the organization of lowland

278 Classic Maya society into large, centralized states could have reduced resilience to the  
279 more intense droughts of the Terminal Classic (1).

## 280 **Conclusions**

281 Carbon and hydrogen isotope compositions of sedimentary leaf waxes from Lakes  
282 Chichancanab and Salpeten support the hypothesis that drought was instrumental to the  
283 Terminal Classic decline of the Classic Maya throughout the Maya Lowlands. Drying  
284 was more intense in the southern lowlands, where societal collapse occurred earliest and  
285 was most pronounced and permanent. Our work further suggests that the Maya  
286 successfully adapted land-use practices during previous droughts of the Early Classic  
287 period, but that more severe droughts during the Terminal Classic, as well as the  
288 increased complexity of Late Classic societies, made adaptation to climate change less  
289 effective.

290

## 291 **Materials and Methods:**

292

### 293 *Sediment cores and sampling*

294

295 Lake Chichancanab is an elongate, fault-bounded karst lake located in the interior  
296 of the Yucatan Peninsula, Mexico (Fig. 1). The sediment core we analyzed was collected  
297 with a piston-corer in 14.5 m of water, in March 2004 (6). Lake Chichancanab sediments  
298 are composed primarily of low-density organic-rich gyttja, but possess distinctive  
299 intervals of high-density gypsum, deposited during periods of drought (6).  $\delta D_{\text{wax}}$  data  
300 from this core were reported in Ref. 26; high-resolution  $\delta^{13}C_{\text{wax}}$  data from this core are  
301 presented here for the first time.

302

303 Lake Salpeten is one of a series of east-west aligned lakes in central Petén,  
northern Guatemala. The Lake Salpeten sediment core was collected with a piston-corer

304 in 16 m of water, in August 1999 (14). Uppermost and lowermost sediments from Lake  
305 Salpeten are organic-rich gyttja, whereas the central portion of the core is composed of  
306 dense clay, thought to be the result of intense soil erosion caused by ancient Maya land  
307 clearance (14). This contrasts with Lake Chichancanab, where there is no  
308 sedimentological evidence for large-scale soil erosion.

### 309 *Plant-wax lipid extraction and preparation*

310 Methods for plant-wax lipid extraction and preparation were previously described  
311 (26). Briefly, all sediment core samples were freeze-dried and solvent-extracted.  
312 Between 0.5 and 23 g dry sediment were extracted per sample. The total lipid extract was  
313 then hydrolyzed and acid and neutral fractions were extracted.  
314 The acid fraction of all samples was esterified using 14% boron trifluoride in methanol.  
315 The resulting fatty acid methyl esters (FAMES) were then purified using silica gel  
316 chromatography. Purified FAMES were quantified relative to an external quantitative  
317 standard by gas chromatography.

### 318 *Compound-specific stable isotope analyses*

319 Methods for plant-wax stable isotope analyses were previously described (26).  $\delta D$   
320 and  $\delta^{13}C$  values for individual FAMES were determined by gas chromatography-isotope  
321 ratio mass spectrometry (GC-IRMS) at the Yale University Earth System Center for  
322 Stable Isotopic Studies. The  $H_3^+$  factor for the GC-IRMS was measured daily prior to  $\delta D$   
323 analysis. External and internal FAME isotope standards were used to standardize and  
324 normalize sample isotope values. The precision of the standard analyses was  $\leq \pm 5\%$  for  
325  $\delta D$  analyses and  $\leq \pm 0.5\%$  for  $\delta^{13}C$  analyses. Most samples were run in duplicate or  
326 triplicate for both hydrogen and carbon isotope analysis, and the reported isotope ratio

327 value is the mean of replicate runs. For some samples, long chain FAME abundances  
328 were insufficient for replicate analyses. FAME  $\delta^{13}\text{C}$  and  $\delta\text{D}$  values were corrected for the  
329 isotopic composition of the methyl group added during esterification, by measuring a  
330 phthalic acid standard of known isotopic composition esterified in the same manner as  
331 the samples.  $\delta\text{D}_{\text{wax}}$  and  $\delta^{13}\text{C}_{\text{wax}}$  values were calculated as the unweighted mean isotopic  
332 composition of the  $n\text{-C}_{26}$ ,  $n\text{-C}_{28}$ , and  $n\text{-C}_{30}$  alkanolic acid homologs (SI Text, Tables S1  
333 and S2).

#### 334 *Compound-specific radiocarbon analyses of plant-wax lipids*

335         Methods for plant-wax radiocarbon analyses are described in Ref. 26. Long-  
336 carbon-chain-length FAMES were isolated using a Preparative Capillary Gas  
337 Chromatography (PCGC) system at either the Woods Hole Oceanographic Institution  
338 Department of Marine Chemistry and Geochemistry or the National Ocean Sciences  
339 Accelerator Mass Spectrometry Facility (60). Individual FAMES were not sufficiently  
340 abundant for  $\Delta^{14}\text{C}$  analysis, so we combined four long-chain  $n$ -alkanoic acid homologs  
341 ( $\text{C}_{26}$ ,  $\text{C}_{28}$ ,  $\text{C}_{30}$ , and  $\text{C}_{32}$ ). Isolated FAME fractions were quantified and checked for purity  
342 using GC-FID. The samples were transferred to pre-combusted quartz tubes, all solvent  
343 was evaporated under nitrogen, and the samples were combusted in the presence of  
344 cupric oxide at  $850^\circ\text{C}$  to yield  $\text{CO}_2$ . The resulting  $\text{CO}_2$  was quantified and purified, and  
345 then reduced to graphite and analyzed for radiocarbon content at the NOSAMS facility.  
346 Compound-specific radiocarbon results were corrected for procedural blanks by  
347 accounting for the blank contribution determined using the same analytical protocol and  
348 equipment (61). A sample of the methanol used for esterification was analyzed for  $\Delta^{14}\text{C}$   
349 at NOSAMS, and FAME  $\Delta^{14}\text{C}$  values were corrected for the addition of methyl carbon.

350  $\Delta^{14}\text{C}_{\text{wax}}$  results from Lake Chichancanab were initially reported in Ref. 26;  $\Delta^{14}\text{C}_{\text{wax}}$   
351 results from Lake Salpeten are reported for the first time here (Table S3).

### 352 *Age-depth models*

353 The development of terrigenous-macrofossil (TM) and plant-wax (PW) age-depth  
354 models for Lake Chichancanab are described in Ref. 26. We employed a similar approach  
355 to define TM and PW age-depth models for Lake Salpeten. Specifically, we developed a  
356 linear-interpolated age-depth PW age model for Lake Salpeten using the Classical Age-  
357 depth Modeling (CLAM v2.2) software in R (62). We also recalculated the 4<sup>th</sup>-order  
358 polynomial TM age-depth model for Lake Salpeten (14) using CLAM. All  $^{14}\text{C}$  ages were  
359 calibrated to calendar ages using the IntCal13 calibration (63).

360

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546 Figure Legends

547  
548

549 **Figure 1** Map of the Maya Lowlands indicating the distribution of annual  
550 precipitation (64) and the location of paleoclimate archives. The locations of modern lake  
551 sediment and soil samples (Fig. 2) are indicated.

552

553 **Figure 2** Scatter plot showing the negative relationship between annual  
554 precipitation and  $\delta D_{\text{wax-corr}}$  measured in modern lake sediment and soil samples (Fig. 1).  
555 Results from Lake Chichancanab (CH) and Salpeten (SP) are indicated. The black line  
556 indicates a linear regression fit to these data, with regression statistics reported at the  
557 bottom of the plot. Large squares indicate mean values for each sampling region, with  
558 error bars indicating standard error of the mean in both  $\delta D_{\text{wax-corr}}$  and annual  
559 precipitation. The black error bar indicates the  $1\sigma$  error for  $\delta D_{\text{wax-corr}}$  values (SI Text).  
560 Original  $\delta D_{\text{wax}}$  data from Ref. 17.

561  
562 **Figure 3** Plant-wax (green; left) and terrigenous-macrofossil (red; right) age-depth  
563 models for (A) Lake Chichancanab and (B) Lake Salpeten. The age probability density of  
564 individual radiocarbon analyses is shown. The black lines indicate the ‘best’ age model  
565 based on the weighted-mean of 1000 age model iterations (62). Colored envelopes  
566 indicate 95% confidence intervals.

567

568 **Figure 4** (A)  $\delta D_{\text{wax-corr}}$  records from Lakes Chichancanab and Salpeten, fit with a  
569 smoothing spline (thicker lines) to highlight centennial-scale trends. Colored envelopes  
570 indicate  $1\sigma$  error in  $\delta D_{\text{wax-corr}}$  values ( $\pm 7\text{‰}$ ) applied to the smoothing spline fits.  
571 Horizontal bands indicate the mean  $\delta D_{\text{wax-corr}}$  values for lake surface sediments and soils  
572 from three regions within the Maya Lowlands with different mean annual precipitation  
573 (Fig. 2); the width of the bands indicates the standard error of regional mean values. (B)  
574  $\delta^{18}\text{O}$  records from two speleothems from the northern (Chaac) and southern (Yok I)

575 Maya lowlands (8, 9) (Fig. 1), plotted on a common scale to highlight differences in the  
576 range and amplitude of  $\delta^{18}\text{O}$  variability for these two records.

577

578 **Figure 5** Record of the difference in  $\delta\text{D}_{\text{wax}}$  ( $\Delta\delta\text{D}_{\text{wax}}$ ) between Lake Chichancanab  
579 and Lake Salpeten, indicating changes in the precipitation gradient between the northern  
580 and southern Maya Lowlands.  $\Delta\delta\text{D}_{\text{wax}}$  is calculated as the difference between smoothing  
581 spline curves fit to isotopic data from each lake core (Fig. 3). The grey envelope indicates  
582 the propagated  $1\sigma$  error for  $\Delta\delta\text{D}_{\text{wax}}$  ( $\pm 10\%$ ). Modern  $\Delta\delta\text{D}_{\text{wax}}$  (Fig. 2) is indicated by the  
583 dashed line.

584

585 **Figure 6** Coupled plant-wax isotope records of hydroclimate and land-use change  
586 from (A) Lake Chichancanab and (B) Lake Salpeten, alongside (C) estimates of  
587 population in the Lake Salpeten catchment (56) and population density in the central  
588 portion of the southern Maya Lowlands (57).  $\delta\text{D}_{\text{wax-corr}}$  and  $\delta^{13}\text{C}_{\text{wax}}$  records in (A) and (B)  
589 are fit to a smoothing spline (thicker lines) to highlight centennial-scale trends. Colored  
590 envelopes indicate  $1\sigma$  error applied to the smoothing spline fits for  $\delta\text{D}_{\text{wax-corr}}$  ( $\pm 7\%$ ) and  
591  $\delta^{13}\text{C}_{\text{wax}}$  ( $\pm 0.5\%$ ). Estimates of %  $\text{C}_4$  plants are discussed in the SI Text.

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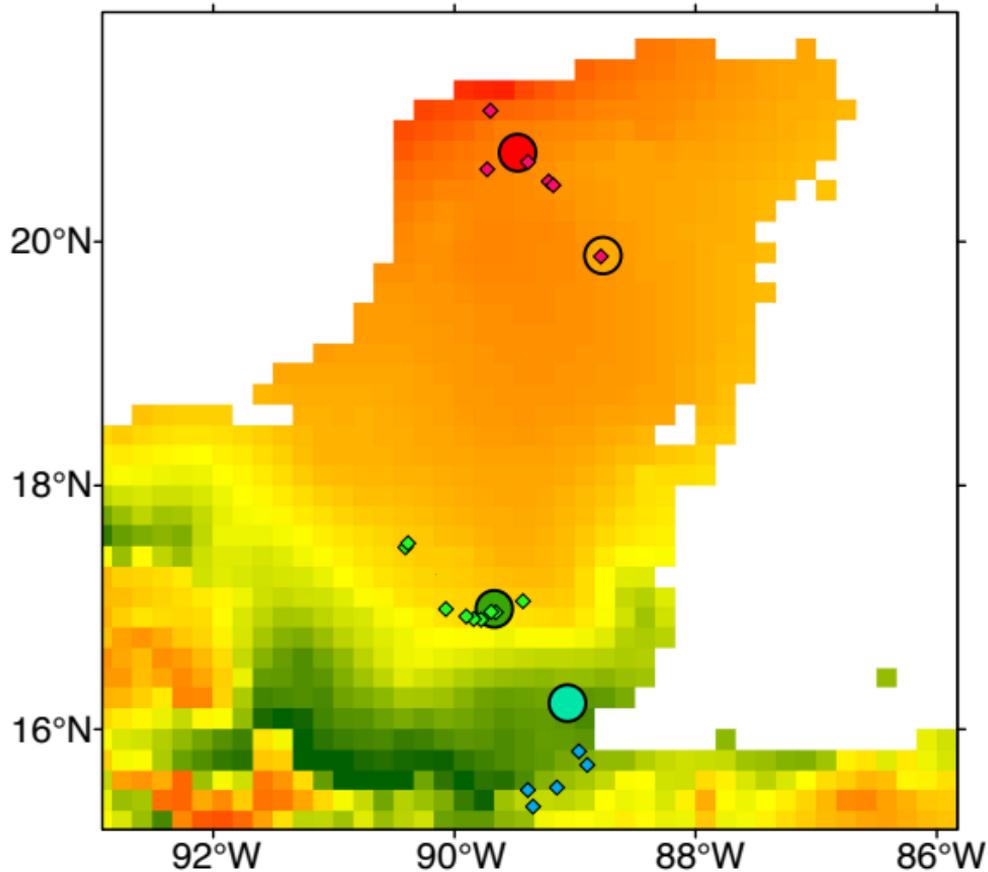
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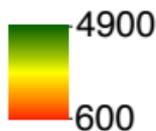
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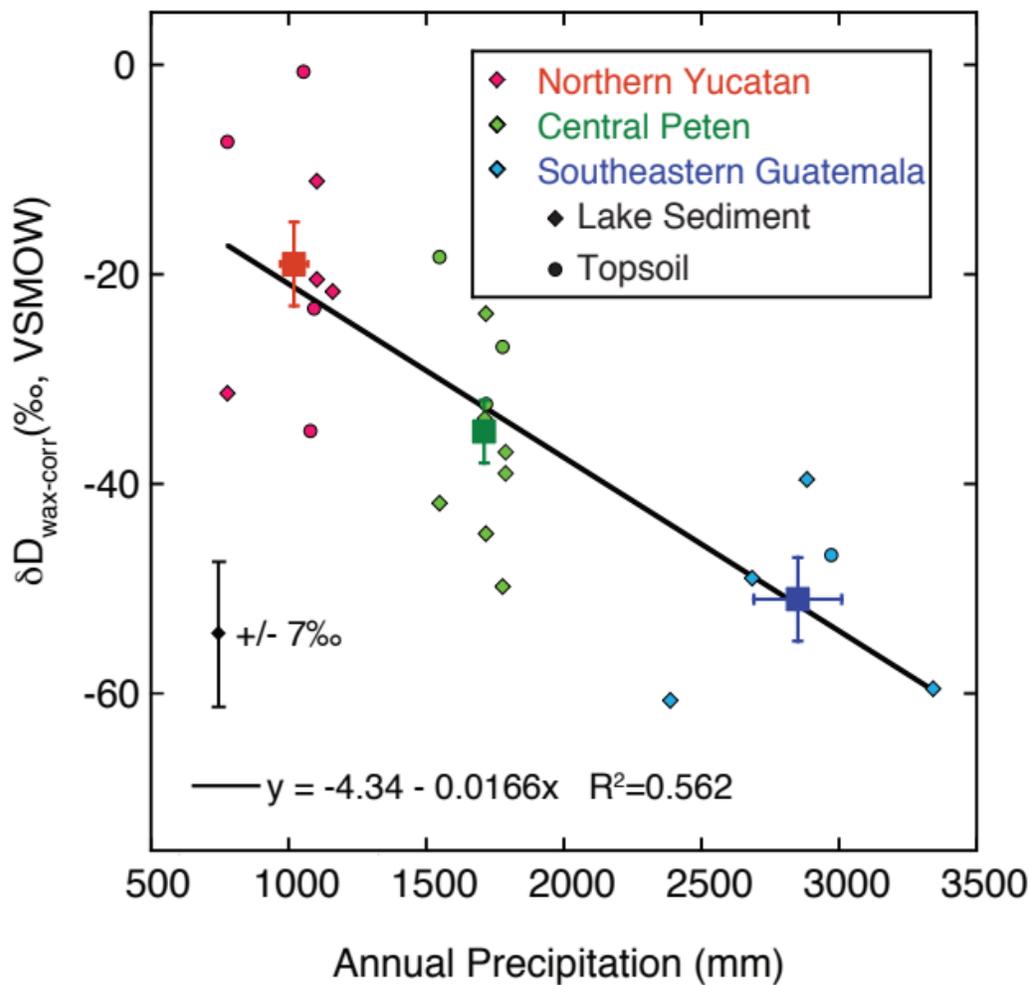


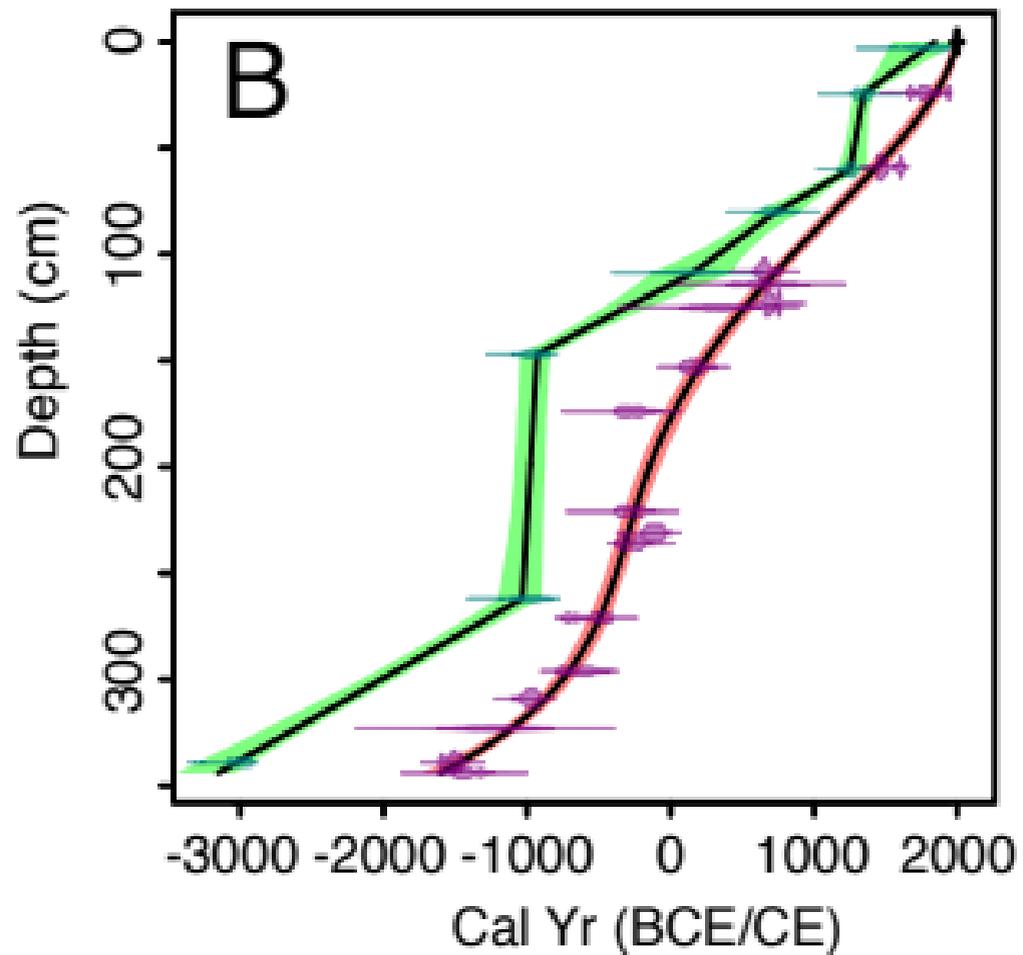
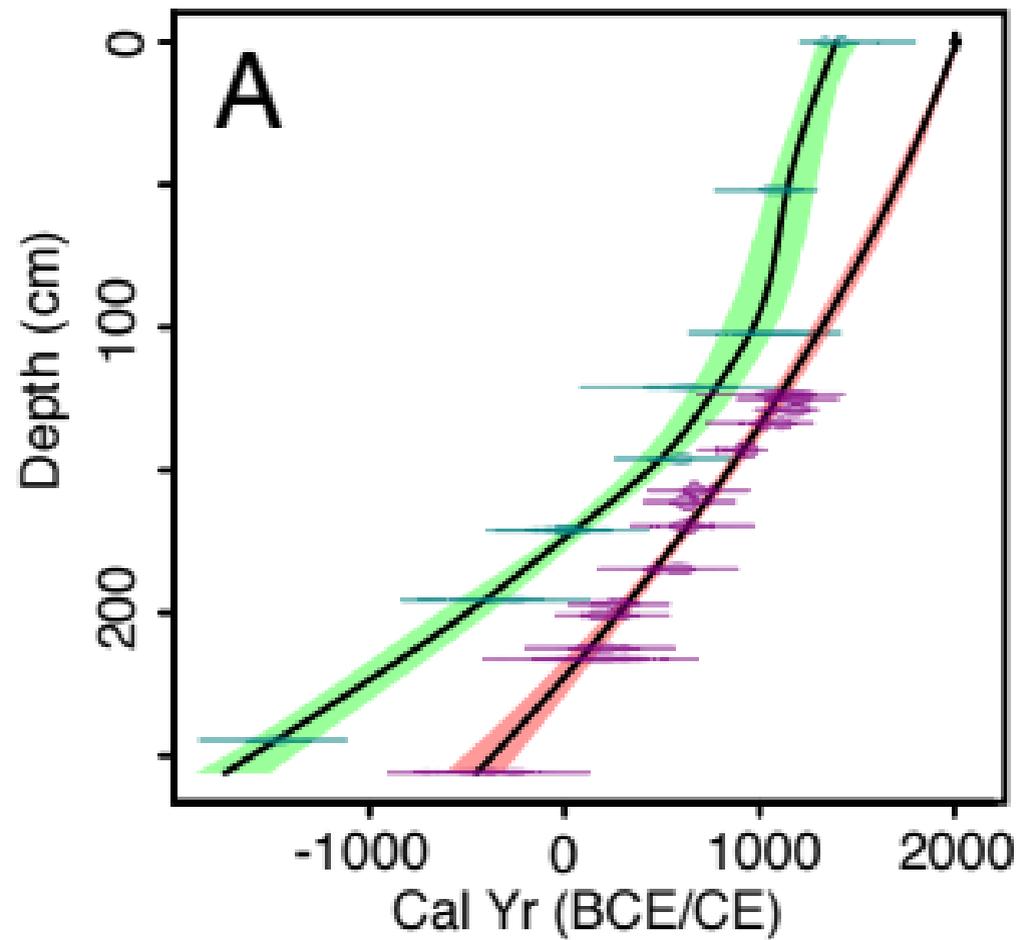
### Climate Archives

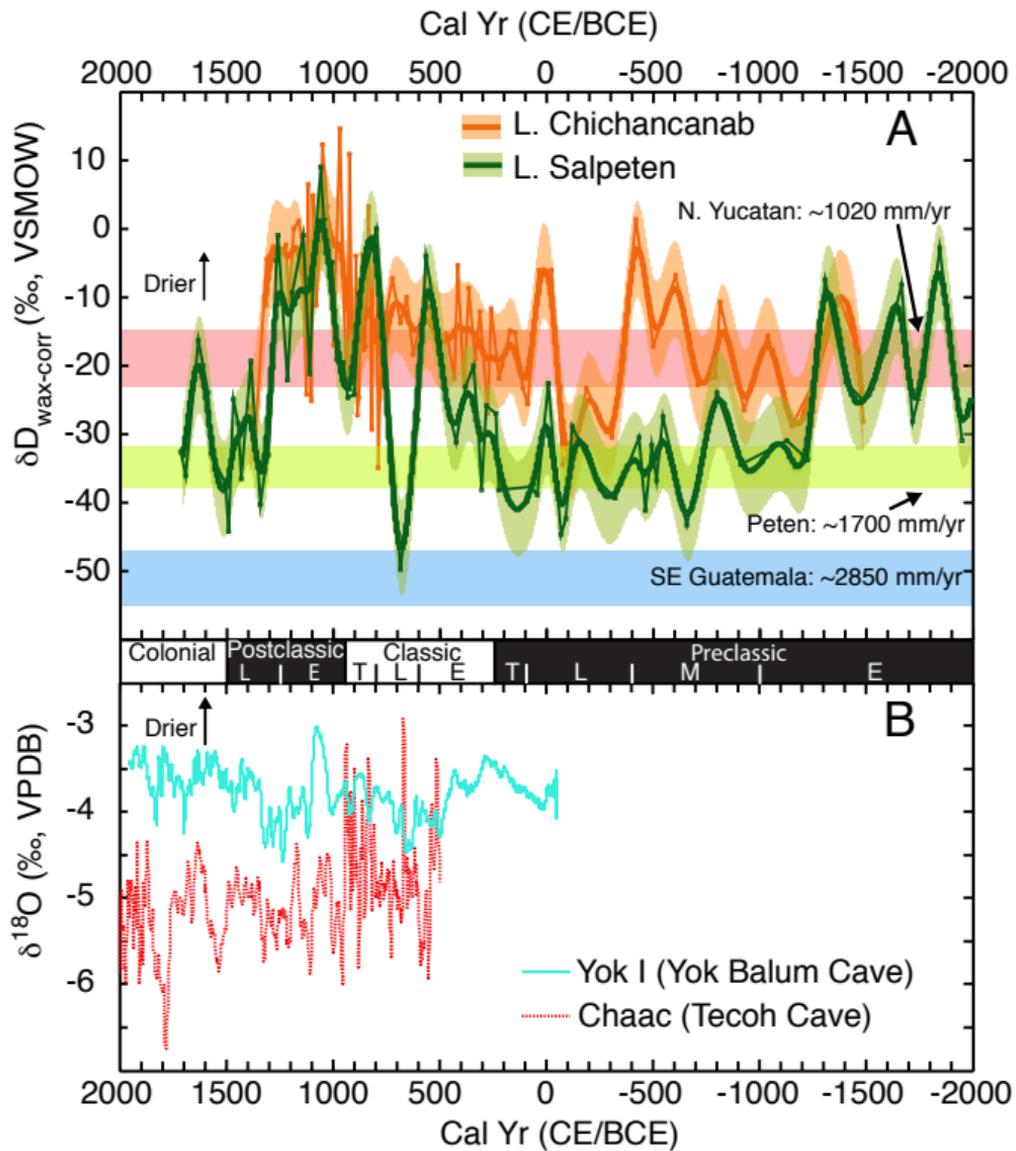
- Lake Chichancanab
- Lake Salpeten
- Tecoh Cave
- Yok Balum Cave

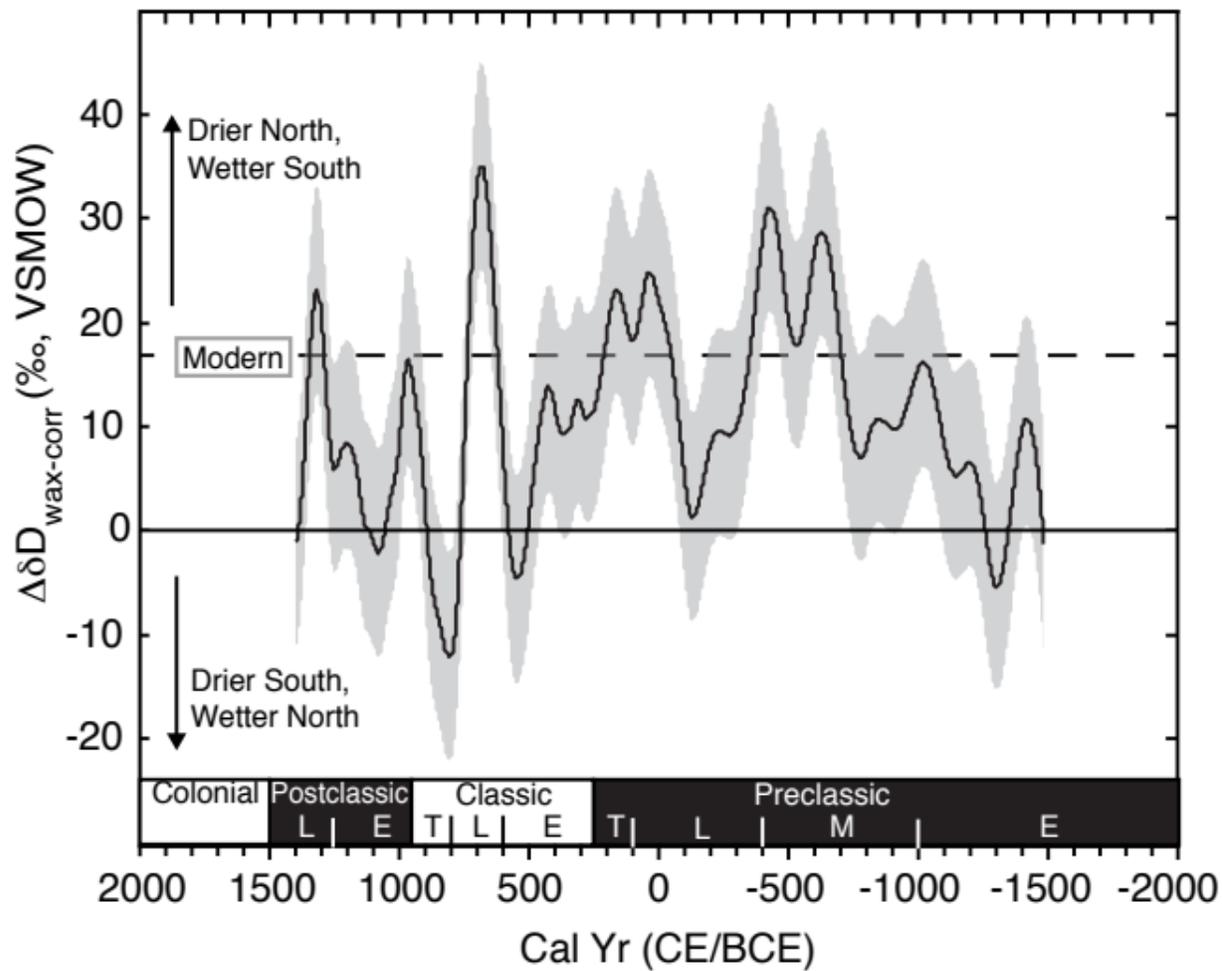
### Annual Precipitation (mm)



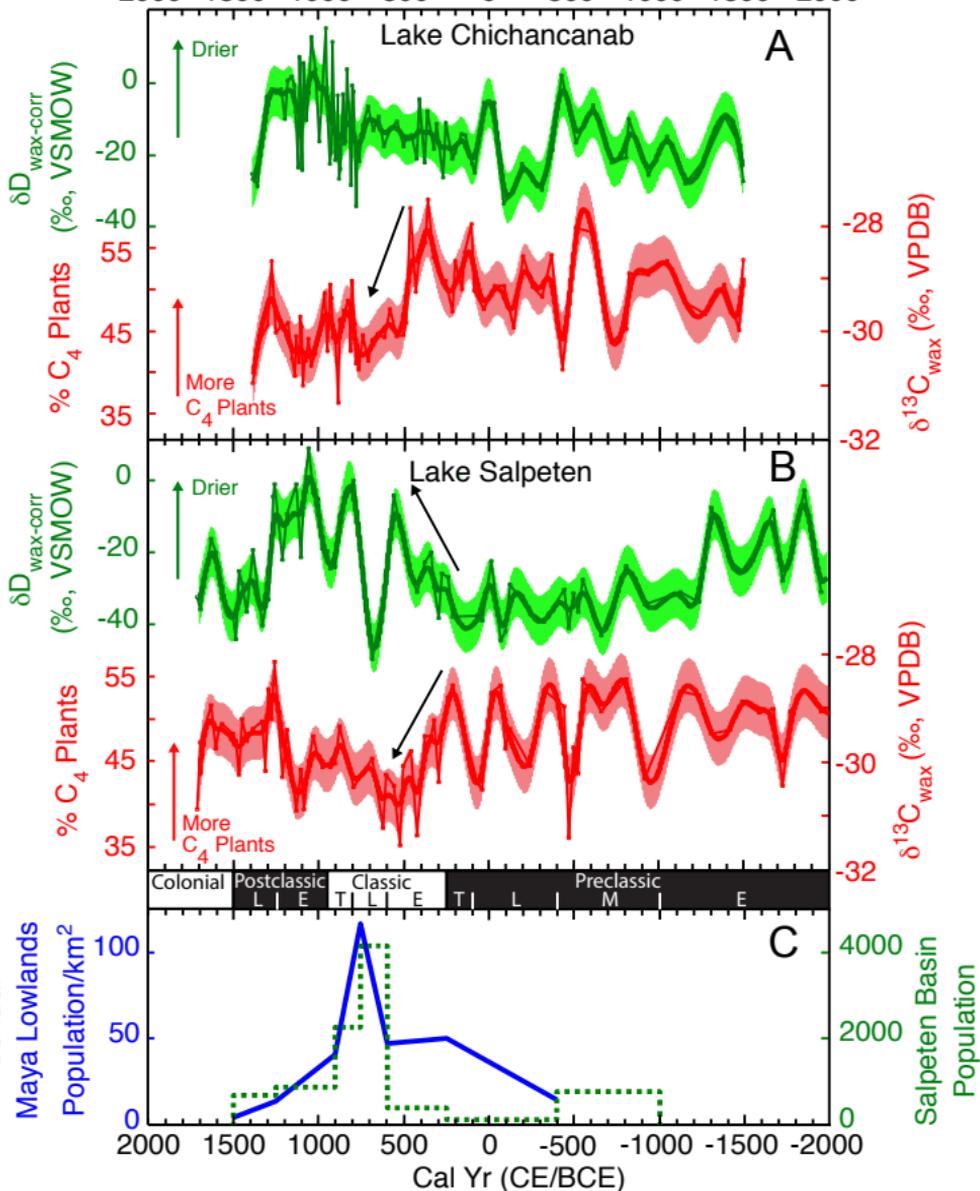








Cal Yr (CE/BCE)



1 Drought, agricultural adaptation and sociopolitical collapse in the Maya Lowlands

2

3 Supplemental Text

4

5 Peter M. J. Douglas<sup>1\*†</sup>, Mark Pagani<sup>1</sup>, Marcello A. Canuto<sup>2</sup>, Mark Brenner<sup>3</sup>, David A.

6 Hodell<sup>4</sup>, Timothy I. Eglinton<sup>5,6</sup>, Jason H. Curtis<sup>3</sup>

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10 <sup>1</sup>Department of Geology and Geophysics, Yale University, New Haven, CT, USA

11 <sup>2</sup>Middle American Research Institute, Tulane University, New Orleans, LA, USA

12 <sup>3</sup>Department of Geological Sciences & Land Use and Environmental Change Institute,

13 University of Florida, Gainesville, FL, USA

14 <sup>4</sup>Godwin Laboratory for Paleoclimate Research, Department of Earth Sciences,

15 Cambridge University, Cambridge, UK

16 <sup>5</sup>Department of Marine Chemistry and Geochemistry, Woods Hole Oceanographic

17 Institution, Woods Hole, MA, USA

18 <sup>6</sup>Geological Institute, ETH Zurich, Zurich, Switzerland

19 \*Corresponding Author: [pdouglas@caltech.edu](mailto:pdouglas@caltech.edu)

20 <sup>†</sup>Now at Division of Geological and Planetary Sciences, California Institute of  
21 Technology, Pasadena, CA, USA

22

23

## 24 **Application of multiple homolog mean isotope values**

25 In most lake sediment samples, there are multiple plant-wax homologs, i.e. plant

26 waxes with different numbers of carbon atoms. Some studies have suggested that

27 different plant taxa produce these plant waxes in different abundances (1, 2), but  
28 systematic taxonomic patterns are not well defined (3) and there is no consensus as to  
29 which homolog is the best indicator of hydroclimate change ( $\delta D_{\text{wax}}$ ) or vegetation change  
30 ( $\delta^{13}\text{C}_{\text{wax}}$ ).

31 In sediments from both Lakes Chichancanab and Salpeten, we observe substantial  
32 inter-homolog variability in both  $\delta D$  and  $\delta^{13}\text{C}$ . In both cases, the  $\text{C}_{28}$  homolog is the  
33 most D-enriched,  $\text{C}_{26}$  is most D-depleted, and  $\text{C}_{30}$  typically has intermediate values  
34 (Tables S2 and S3). At both lakes the  $\text{C}_{26}$  homolog is also typically the most  $^{13}\text{C}$ -  
35 enriched, while differences between the  $\text{C}_{30}$  and  $\text{C}_{28}$  homologs in terms of  $\delta^{13}\text{C}$  values are  
36 less consistent between the two lakes (Tables S2 and S3). Inter-homolog isotopic  
37 variability is evident in *n*-alkanoic acids from some plant extracts, but there are no clear  
38 patterns between plant taxa (4, 5). We suggest that the observed differences likely arise  
39 because of differences in the plant sources of these molecules. For instance, the high  
40  $\delta^{13}\text{C}$  values of the  $\text{C}_{26}$  *n*-alkanoic acid homolog suggests it is likely to have a relatively  
41 large source from  $\text{C}_4$  grasses, whereas the  $\text{C}_{28}$  and  $\text{C}_{30}$  homologs likely have a larger  
42 source from  $\text{C}_3$  flora.

43 In this study we focused on the mean  $\delta D$  and  $\delta^{13}\text{C}$  values of the  $\text{C}_{26}$ ,  $\text{C}_{28}$ , and  $\text{C}_{30}$   
44 homologs for two reasons. First, because of sample-size limitations, our plant wax  
45 radiocarbon analyses were conducted on combined samples of the  $\text{C}_{26}$ ,  $\text{C}_{28}$ ,  $\text{C}_{30}$  and  $\text{C}_{32}$   
46 homologs. There may be small differences in the ages of these individual homologs, and  
47 therefore it is appropriate to apply a mean stable isotope value when using these ages to  
48 understand the chronology of plant-wax stable isotope records. The  $\text{C}_{32}$  homolog was not  
49 sufficiently abundant for accurate stable isotope measurement in many samples, and is

50 not included in mean  $\delta D_{\text{wax}}$  and  $\delta^{13}\text{C}_{\text{wax}}$  values. This homolog, however, represents a  
51 very small fraction of the compound-specific radiocarbon samples (typically less than  
52 5%), and probably does not influence the age-depth models significantly.

53         Second, different *n*-alkanoic acid homologs likely vary in their dominant plant  
54 sources, which potentially differ in their D/H response to hydroclimate change. Because  
55 there is no good rationale for selecting a single homolog as the best indicator of climate  
56 or vegetation change, the mean  $\delta D$  and  $\delta^{13}\text{C}$  value of these homologs provides the most  
57 general indicator of past environmental change. Analyses of soils and lake surface  
58 sediments from southeastern Mexico and Guatemala indicate that mean  $\delta D_{\text{wax}}$  values are  
59 significantly correlated with climate variables, in many cases to a greater degree than  $\delta D$   
60 values of individual homologs (6).

61         In this study we did not analyze abundance-weighted mean isotope values  
62 because there is substantial temporal variability in the relative abundance of the  $\text{C}_{26}$ ,  $\text{C}_{28}$   
63 and  $\text{C}_{30}$  homologs in these two cores. Because these homologs display large differences  
64 in their  $\delta D$  values, an abundance-weighted mean  $\delta D_{\text{wax}}$  record could be biased by  
65 variability in homolog relative abundance. In contrast, the unweighted mean value is not  
66 affected by homolog relative abundance. For consistency, we also applied unweighted  
67 mean  $\delta^{13}\text{C}_{\text{wax}}$  records. Whereas the isotopic values of individual homologs are offset  
68 from one another, they display similar temporal patterns that are consistent with the  
69 evidence for climatic and vegetation changes inferred from the mean  $\delta D_{\text{wax}}$  and  $\delta^{13}\text{C}_{\text{wax}}$   
70 values.

71

72

73 **Accounting for differences in  $\delta D_{wax}$  between plant groups**

74 In addition to hydrological variables,  $\delta D_{wax}$  values can be influenced by  
75 differences in hydrogen isotope fractionation between different plant groups, with lower  
76  $\delta D_{wax}$  in grasses than trees and shrubs from the same environment (5, 7), and it is possible  
77 that vegetation change can bias the  $\delta D_{wax}$  record of climatic change (6). A recent study  
78 (8) proposed a method for applying  $\delta^{13}C_{wax}$  data to correct  $\delta D_{wax}$  records for vegetation  
79 change in tropical environments dominated by  $C_3$  trees and shrubs and  $C_4$  grasses. This  
80 method applies  $\epsilon_a$  (the apparent hydrogen isotope fractionation between plant-source  
81 water and plant waxes) values measured in  $C_3$  trees and shrubs and  $C_4$  grasses, as well as  
82 end-member  $\delta^{13}C_{wax}$  values for these two groups, to develop a vegetation-corrected  $\delta D_{wax}$   
83 ( $\delta D_{wax-corr}$ ) value, using the following equations:

84 
$$f_{c4} = \frac{\delta^{13}C_{wax} - \delta^{13}C_{c3}}{\delta^{13}C_{c4} - \delta^{13}C_{c3}} \quad (3)$$

85 
$$\epsilon_a = f_{c4}(\epsilon_{c4}) + (1 - f_{c4})(\epsilon_{c3}) \quad (4)$$

86 
$$\delta D_{wax-corr} = \left[ \frac{\delta D_{wax} + 1000}{\left( \frac{\epsilon_a}{1000} \right) + 1} \right] - 1000 \quad (5)$$

87 where  $f_{c4}$  is the estimated proportion of plant waxes derived from  $C_4$  plants,  $\delta^{13}C_{c3}$  and  
88  $\delta^{13}C_{c4}$  are end-member  $\delta^{13}C_{wax}$  values for  $C_3$  trees and shrubs and  $C_4$  grasses respectively,  
89 and  $\epsilon_{c3}$  and  $\epsilon_{c4}$  are end-member apparent D/H fractionation factors for  $C_3$  trees and  
90 shrubs and  $C_4$  grasses, respectively.

91 We slightly modified the calculations of Ref. 8 to reflect that we analyze  $n$ -  
92 alkanolic acids as opposed to  $n$ -alkanes. To account for this difference we applied  $\delta^{13}C_{c3}$

93  $(-37.1 \pm 0.3 \text{ ‰})$ ,  $\delta^{13}\text{C}_{\text{C}_4}$   $(-21.3 \pm 0.7 \text{ ‰})$ ,  $\epsilon_{\text{C}_3}$   $(-94 \pm 4 \text{ ‰})$  and  $\epsilon_{\text{C}_4}$   $(-122 \pm 4 \text{ ‰})$  values based on  
94 measurements of *n*-alkanoic acids in  $\text{C}_3$  trees and  $\text{C}_4$  grasses from East Asia (5), the only  
95 study that has compared *n*-alkanoic acid isotope values in  $\text{C}_3$  and  $\text{C}_4$  plants grown with  
96 water of known isotopic composition. We calculated these end-member values as the  
97 mean of the  $\text{C}_{26}$ ,  $\text{C}_{28}$ , and  $\text{C}_{30}$  homologs in that study. The listed errors are  $1\sigma$  standard  
98 error of the mean. We calculated a combined error for  $\delta\text{D}_{\text{wax-corr}}$  values of  $\pm 7\text{ ‰}$  using a  
99 Monte Carlo method in Matlab<sup>®</sup> that incorporated errors for the end-member values listed  
100 above, as well as analytical error for  $\delta\text{D}_{\text{wax}}$  ( $5\text{ ‰}$ ) and  $\delta^{13}\text{C}_{\text{wax}}$  ( $0.5\text{ ‰}$ ). The combined  
101 error for  $\delta\text{D}_{\text{wax-corr}}$  is insensitive to  $\delta\text{D}_{\text{wax}}$  and  $\delta^{13}\text{C}_{\text{wax}}$  values.

102  $\delta\text{D}_{\text{wax-corr}}$  values roughly approximate the  $\delta\text{D}$  composition of plant water, although  
103 further testing is required to assess how closely they approximate this value. Regardless,  
104  $\delta\text{D}_{\text{wax-corr}}$  values provide an indication of  $\delta\text{D}_{\text{wax}}$  variability that accounts for the influence  
105 of vegetation change. This technique is only applicable in environments where  $\text{C}_3$  trees  
106 and shrubs and  $\text{C}_4$  grasses are the dominant plant groups, and  $\text{C}_3$  grasses and CAM plants  
107 are not abundant, as is the case in many low-elevation tropical regions with sub-arid to  
108 humid climates, including the Maya lowlands (9).

109 Applying the vegetation correction described above to the Lake Chichancanab  
110 and Lake Salpeten sediment cores, although shifting the overall  $\delta\text{D}$  value, does not  
111 produce an appreciably different record of climate variability (Fig. S1). This is because of  
112 the relatively modest degree of  $\delta^{13}\text{C}_{\text{wax}}$  variability in these cores ( $<4\text{ ‰}$ ), which indicates  
113 shifts in the relative abundance of  $\text{C}_3$  and  $\text{C}_4$  plants on the order of 20-30%, combined  
114 with large  $\delta\text{D}_{\text{wax}}$  variability (40-50%).

115

116  **$\delta^{13}\text{C}_{\text{wax}}$  as a recorder of Ancient Maya Land Use**

117 The  $\delta^{13}\text{C}$  of plant waxes is strongly determined by the carbon isotope composition  
118 of bulk plant tissue (1, 2, 5). In the Maya Lowlands, where the dominant natural  
119 vegetation is  $\text{C}_3$  angiosperm forest, but where there are large amounts of  $\text{C}_4$  grasses (9),  
120 especially under circumstances of human disturbance, the relative proportion of  $\text{C}_3$  to  $\text{C}_4$   
121 plants is the dominant control on  $\delta^{13}\text{C}_{\text{wax}}$  values in lake sediments (10).  $\delta^{13}\text{C}_{\text{wax}}$  has  
122 similarly been applied as a robust indicator of the relative abundance of  $\text{C}_3$  and  $\text{C}_4$  plants  
123 in other tropical locations (11, 12)

124 In many natural settings the relative abundance of  $\text{C}_4$  grasses is largely controlled  
125 by climate, because  $\text{C}_4$  plants have a competitive advantage over trees and shrubs under  
126 hot, dry conditions. In fact, glacial-to-interglacial  $\delta^{13}\text{C}_{\text{wax}}$  from a number of locations,  
127 including the Maya lowlands, have shown a strong dependence on climate (10, 11).  
128 Under ancient Maya land-use regimes, however, climatic controls on  $\text{C}_3/\text{C}_4$  vegetation  
129 dynamics are likely to have been diminished. The ancient Maya cleared large areas of  $\text{C}_3$   
130 deciduous and evergreen tropical forest, which led to a large increase in the abundance of  
131  $\text{C}_4$  grasses and other disturbance taxa (13, 14). Most palynological studies in the Maya  
132 Lowlands have found that human land use, as opposed to climate change, was the  
133 dominant driver of vegetation cover change during the late Holocene (13, 15).  
134 Furthermore, the staple crop of the ancient Maya was maize, a  $\text{C}_4$  grass, and ancient  
135 agricultural settings in the Maya lowlands exhibit strong  $\delta^{13}\text{C}$  enrichment of soil organic  
136 carbon (16, 17). Therefore, the relative abundance of  $\text{C}_4$  plants, inferred from  $\delta^{13}\text{C}_{\text{wax}}$   
137 measurements, is interpreted primarily as an indicator of ancient Maya land use.

138           The transport pathways for plant waxes from terrestrial ecosystems to lake  
139 sediment are not well constrained. Analyses of  $\delta D_{\text{wax}}$  and plant-wax radiocarbon ages  
140 ( $\Delta^{14}\text{C}_{\text{wax}}$ ) in Lake Chichancanab sediments and catchment soils (18), however, indicate  
141 that in karst regions of the Maya Lowlands, they are primarily transported from  
142 catchment soils. The relatively old  $^{14}\text{C}$  ages of plant waxes in lake surface sediments  
143 from the Maya Lowlands specifically argue against significant atmospheric input from  
144 aerosols (18). This means that sedimentary plant waxes are largely derived from within  
145 the lake catchment, and that  $\delta^{13}\text{C}_{\text{wax}}$  values provide a local, catchment-integrated record  
146 of vegetation change. This is an important consideration in the context of the Maya  
147 Lowlands, where human land use led to high spatial variability in vegetation patterns (19,  
148 20).

149           The ancient Maya practiced a wide range of land-use strategies, including  
150 swidden agriculture, terraced upland agriculture, wetland agriculture, agroforestry, and  
151 garden orchards (19-22). Abundances of  $\text{C}_4$  plants in the Lake Chichancanab and Lake  
152 Salpeten sediment cores were likely controlled by the spatial coverage of upland  
153 agriculture within the lake catchments. These two catchments do not contain sizeable  
154 wetlands aside from the lakes themselves, and are therefore unlikely to have captured  
155 large amounts of plant waxes originating from wetland agricultural sites. Changes in the  
156 amount of land employed for upland staple crop agriculture, which typically involves the  
157 burning or clearing of forests and their replacement with largely  $\text{C}_4$  crops (19, 20), would  
158 probably account for the strongest signal of relative abundance of  $\text{C}_4$  plants. Other land  
159 uses that emphasize  $\text{C}_3$  plants, such as agroforestry or orchards (23, 24), would be less  
160 likely to affect the  $\delta^{13}\text{C}_{\text{wax}}$  signal with respect to natural vegetation.

161 Archaeological and sedimentological data both indicate a much larger human  
162 presence at Lake Salpeten than Lake Chichancanab, both in terms of the number of  
163 ancient residential structures surveyed (25) as well as evidence for major anthropogenic  
164 soil erosion in the Lake Salpeten sediments (26), which is not present in Lake  
165 Chichancanab sediments (27). The presence of *Zea* pollen in a low-resolution  
166 palynological record from Lake Chichancanab, however, indicates maize agriculture did  
167 occur in its catchment (15). The similar  $\delta^{13}\text{C}_{\text{wax}}$  records between the two catchments  
168 suggest that human land-use effects on the abundance of  $\text{C}_4$  plants were similar between  
169 the two catchments, despite the evidence for larger populations surrounding Lake  
170 Salpeten. This pattern is consistent with extensive swidden agriculture conducted by low-  
171 density populations leading to enhanced  $\text{C}_4$  plant growth in both catchments during the  
172 Preclassic Period.

173 The palynological record from Lake Salpeten (14) provides a valuable  
174 comparison with the  $\delta^{13}\text{C}_{\text{wax}}$  record from this lake (Fig. S4), although the pollen record  
175 has relatively low temporal resolution. The pollen record from Lake Salpeten has been  
176 interpreted as indicating a large increase in disturbance taxa, including grasses and weeds  
177 associated with anthropogenic deforestation, beginning in the early Preclassic period and  
178 lasting through the Terminal Classic, with a return to dominance of tropical forest taxa  
179 during the Postclassic period (14, 26, 28). This interpretation is partially at odds with the  
180  $\delta^{13}\text{C}_{\text{wax}}$  record, which indicates a decrease in  $\text{C}_4$  plants during the Early Classic period,  
181 much earlier than the decline in disturbance taxa pollen. When the disturbance taxa are  
182 disaggregated, however, it is apparent that *Poaceae* (grass) pollen, the family accounting  
183 for most  $\text{C}_4$  plants in the region, began to decline in the Late Preclassic (Fig. S4B). Given

184 the low resolution of the pollen data this decrease in *Poaceae* is consistent with evidence  
185 for decreasing C<sub>4</sub> plants in the Classic Period from the  $\delta^{13}\text{C}_{\text{wax}}$  record. In contrast, other  
186 disturbance taxa such as *Asteraceae* and *Ambrosia*, which are dominantly C<sub>3</sub> plants,  
187 increased in abundance through the Classic period (Fig. S4C,D). One explanation for  
188 these patterns, consistent with both the  $\delta^{13}\text{C}_{\text{wax}}$  record and population estimates, is that  
189 during the Classic period the predominant land use in the Lake Salpeten catchment  
190 shifted from low-population-density swidden agriculture, which promoted grasses, to  
191 higher-population-density residential land use that promoted the growth of C<sub>3</sub> disturbance  
192 flora including *Asteraceae* and *Ambrosia*.

193 *Zea* (maize) pollen is also present in Salpeten sediments in horizons spanning the  
194 late Preclassic to early Classic, including the period of minimum  $\delta^{13}\text{C}_{\text{wax}}$  values (Fig.  
195 S4B). There are two key points in interpreting the presence of *Zea* pollen. First, *Zea*  
196 pollen is not abundant in the sediment core, and although its presence indicates maize  
197 agriculture, it does not provide strong evidence for the abundance of maize in the  
198 catchment (29). Second, *Zea* pollen grains have a relatively short transport distance (~200  
199 m) (30, 31), and therefore primarily represent maize production close to the lake. We  
200 suggest that the continued presence of maize pollen in the lake sediments during the  
201 Classic period, concurrent with evidence for an overall decrease in C<sub>4</sub> plants in the lake  
202 catchment, suggests that maize agriculture did continue in the Salpeten basin, but at  
203 lower levels than occurred during the Preclassic. Maize cultivation in the catchment may  
204 have shifted from the hillslopes to the lakeshore during the Classic, a shift that could have  
205 enhanced the preservation of maize pollen in the lake sediments even as overall  
206 catchment C<sub>4</sub> plant abundance declined. This scenario would be consistent with the

207 adoption of water conservative agriculture in the Classic period, as agriculture near the  
208 lakeshore would have been better able to access the perched aquifer that feeds the lake,  
209 than would crops grown on the catchment hillslopes.

### 210 **Age-depth models for plant-wax stable isotope records**

211 Sediments from both Lakes Chichancanab and Salpeten contain a large proportion  
212 of pre-aged plant waxes, as indicated by plant-wax  $^{14}\text{C}$  ( $^{14}\text{C}_{\text{wax}}$ ) ages that are significantly  
213 older than the age of sediment deposition based on  $^{14}\text{C}$  dating of terrigenous macrofossils  
214 (Fig. 3). This age offset poses a complication for reconstructing past changes in plant-  
215 wax stable isotope values, because terrigenous-macrofossil-derived (TM) age-depth  
216 models do not correspond to the time that the plant waxes were synthesized and their  
217 stable isotope values were recorded.

218 We addressed this complication by applying plant-wax specific (PW) age-depth  
219 models that rely on compound specific radiocarbon ages, as discussed in the main text.  
220 There are only two brief intervals in the upper meter of the sediment core in which the  
221 95% confidence intervals of the PW and TM age models overlap (Fig. 3).  $^{14}\text{C}_{\text{wax}}$  ages in  
222 the Lake Salpeten core change by only 20 years between 262 and 147 cm depth,  
223 suggesting that the age of deposited plant waxes is essentially invariant across this  
224 stratigraphic interval, which was a time of very rapid sediment deposition (Figure 3).  
225 Applying the PW age model to  $\delta\text{D}_{\text{wax-corr}}$  and  $\delta^{13}\text{C}_{\text{wax}}$  data from this interval of the  
226 sediment core results in data with very high temporal resolution (Figure S2B) whose  
227 interpretation is relatively uncertain in the context of this study. We do not include these  
228 data in our analysis of  $\delta\text{D}_{\text{wax-corr}}$  and  $\delta^{13}\text{C}_{\text{wax}}$  records of past environmental change, which  
229 is focused on centennial-scale variability.

230 To assess the ability of the Lake Salpeten PW and TM age-depth models to  
231 accurately reflect the chronology of plant-wax stable isotope variability, we compared  
232  $\delta D_{\text{wax-corr}}$  records fit to both of these age models with  $\delta^{18}\text{O}$  records from Lake Salpeten  
233 (28) and the nearby Yok I speleothem from Belize (32) (Fig. S2). The  $\delta D_{\text{wax}}$  record fit to  
234 the PW age model (Figure S2B) is in broad agreement with centennial climate variability  
235 evident in the Yok I speleothem  $\delta^{18}\text{O}$  record (Figure S2C). In contrast, the  $\delta D_{\text{wax}}$  record  
236 fit to the TM age model (Figure S2A) is temporally offset from the Yok I speleothem  
237  $\delta^{18}\text{O}$  record.

238 The  $\delta D_{\text{wax}}$  record fit to the PW age model also records long-term trends towards  
239 wetter conditions from 3200 to 2200 years BP and towards drier conditions from 1800 to  
240 1000 years BP that are apparent in the Lake Salpeten  $\delta^{18}\text{O}$  record (Figure S2D). The  
241  $\delta D_{\text{wax-corr}}$  record fit to the TM age model, in contrast, records a trend towards wetter  
242 conditions from 2000 to 1200 years BP that does not agree with the Lake Salpeten  $\delta^{18}\text{O}$   
243 record. Although the Lake Salpeten  $\delta^{18}\text{O}$  record has been interpreted to have been  
244 partially controlled by changes in runoff caused by anthropogenic deforestation and  
245 afforestation, it is likely that long-term trends in this record are in large part a  
246 consequence of changes in the ratio of evaporation to precipitation (28). In particular, the  
247 trend towards elevated  $\delta^{18}\text{O}$  values beginning at ~200 CE precedes pollen evidence for  
248 afforestation by at least 500 years (28), suggesting that it primarily reflects climatic  
249 change.

250 Similar results are found for Lake Chichancanab, with the  $\delta D_{\text{wax}}$  record fit to the  
251 PW age model providing a better fit to regional proxy records for hydroclimate from the

252 northern Maya Lowlands (18). We also conducted an inverse modeling exercise to  
253 determine which plant-wax age distributions provided the best fit between  $\delta D_{\text{wax}}$  and the  
254 7500-year gastropod  $\delta^{18}\text{O}$  record from Lake Chichancanab (27). The best correspondence  
255 between these two records is achieved with plant-wax age distributions in which the  
256 majority (>80%) of plant waxes are cycled on millennial time scales and the age variance  
257 of this millennially cycled pool of plant waxes is relatively small (< 200 years) (18). This  
258 age distribution is consistent with the PW age model and provides an accurate record of  
259 past  $\delta D_{\text{wax}}$  variability on millennial and centennial time scales.

260         Because of the lack of high-resolution, long-term (i.e. >3500 years) climate  
261 records from the southern Maya Lowlands, the inverse modeling approach applied at  
262 Lake Chichancanab is not feasible at Lake Salpeten. Nevertheless, the Lake  
263 Chichancanab and Lake Salpeten catchments are both characterized by karst hydrology,  
264 and plant-wax transport pathways and age distributions for the two lakes are probably  
265 similar. Furthermore, the presence of high-amplitude  $\delta D_{\text{wax}}$  variability in records from  
266 both lakes (18) (Fig. S2B) provides a strong argument against significant mixing of plant  
267 waxes of different ages and further supports the application of PW age models.

268

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270

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366 **Figure S1** Comparison of  $\delta D_{\text{wax-raw}}$  and  $\delta D_{\text{wax-corr}}$  records from Lake Salpeten and Lake  
367 Chichancanab. The mean values of the two records are aligned, and the axes are scaled to  
368 indicate the same range of variability. Error bars indicate the combined error for  $\delta D_{\text{wax-corr}}$  values.  
369 The range of variability in the vegetation corrected data ( $\delta D_{\text{wax-corr}}$ ) is not significantly different  
370 from the  $\delta D_{\text{wax-raw}}$  data for the entirety of both records.

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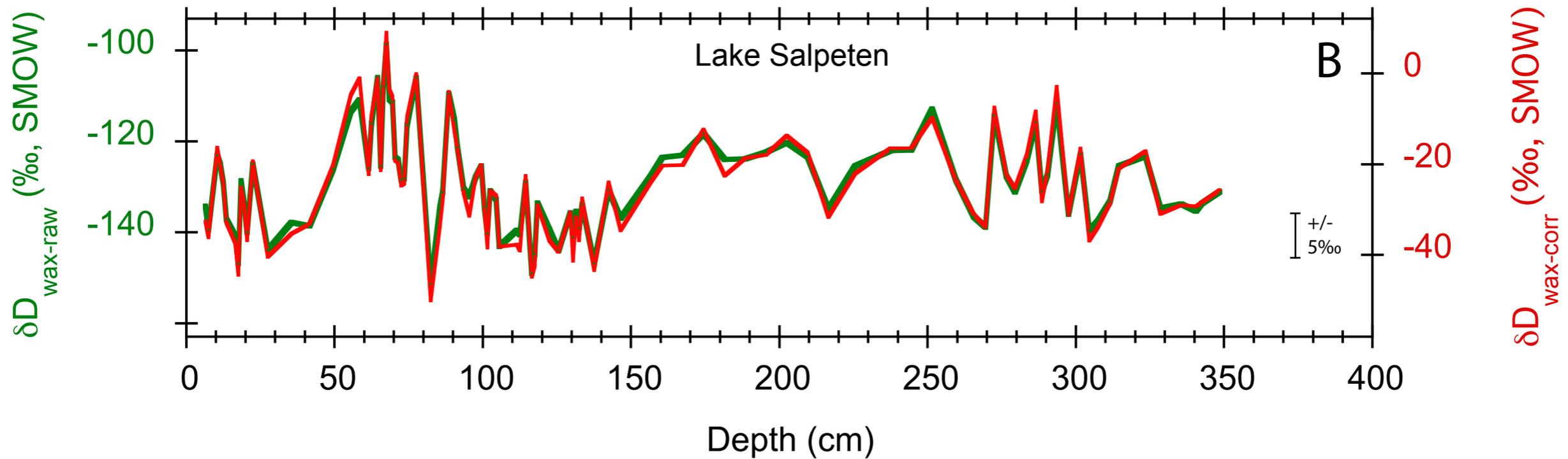
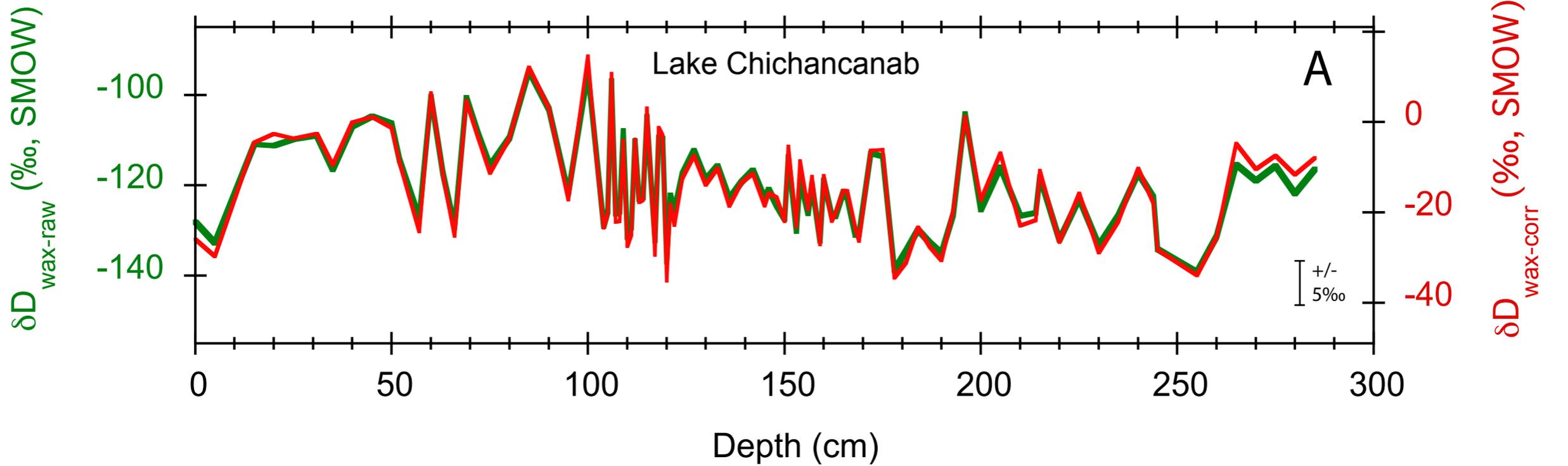
372 **Figure S2** The Lake Salpeten  $\delta D_{\text{wax-corr}}$  record fit to the A) TM age model and B) PW age  
373 model compared with hydroclimate proxy records from the southern Maya Lowlands. Horizontal  
374 lines indicate the mean value for each record. Colored vertical bars indicate periods of relatively  
375 wet (blue) and dry (orange) conditions as recorded by the Yok Speleothem  $\delta^{18}\text{O}$  record (32) (C).  
376 Arrows indicate long-term climate trends inferred from the Lake Salpeten ostracod  $\delta^{18}\text{O}$  record  
377 (28) (D).

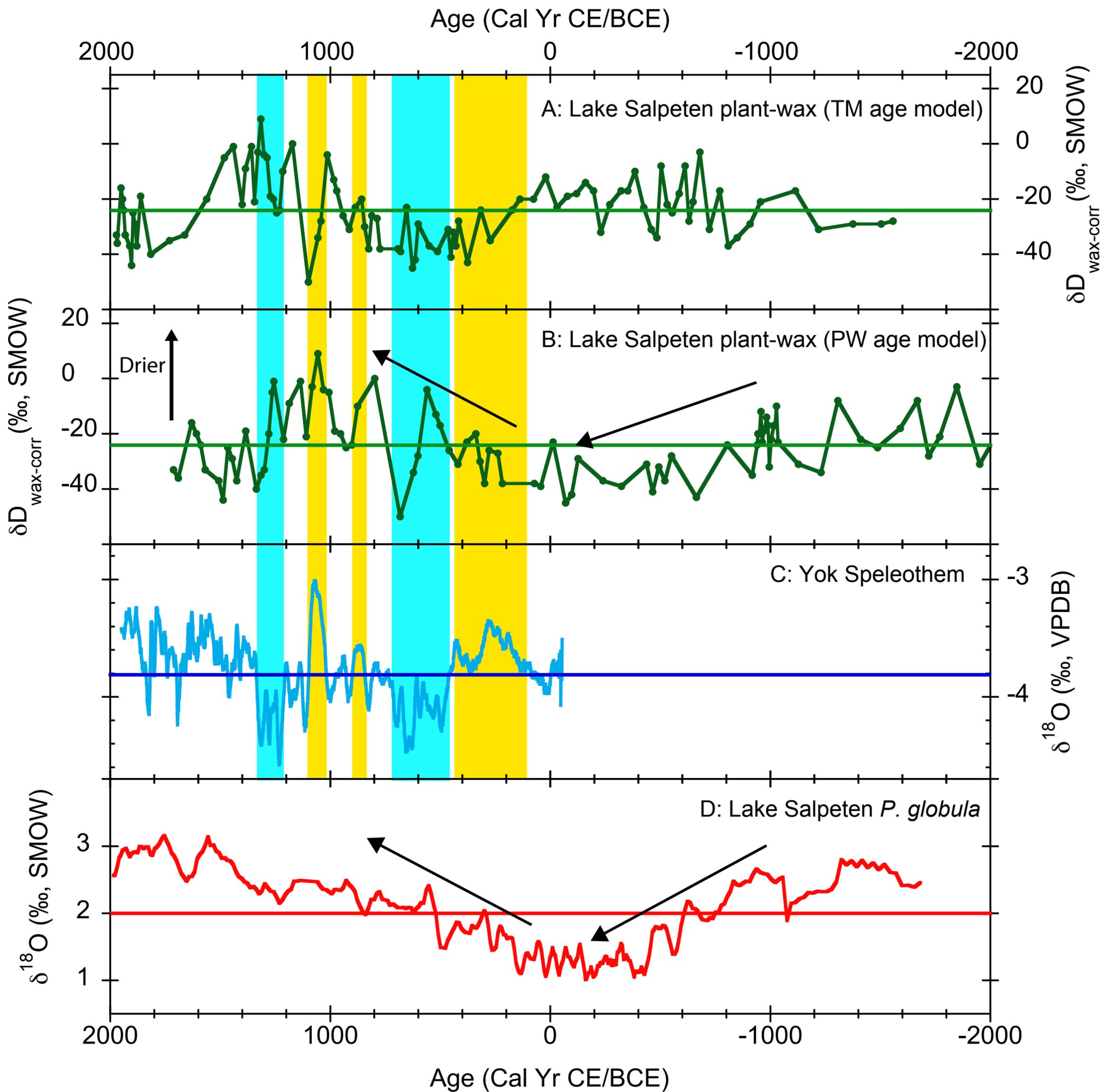
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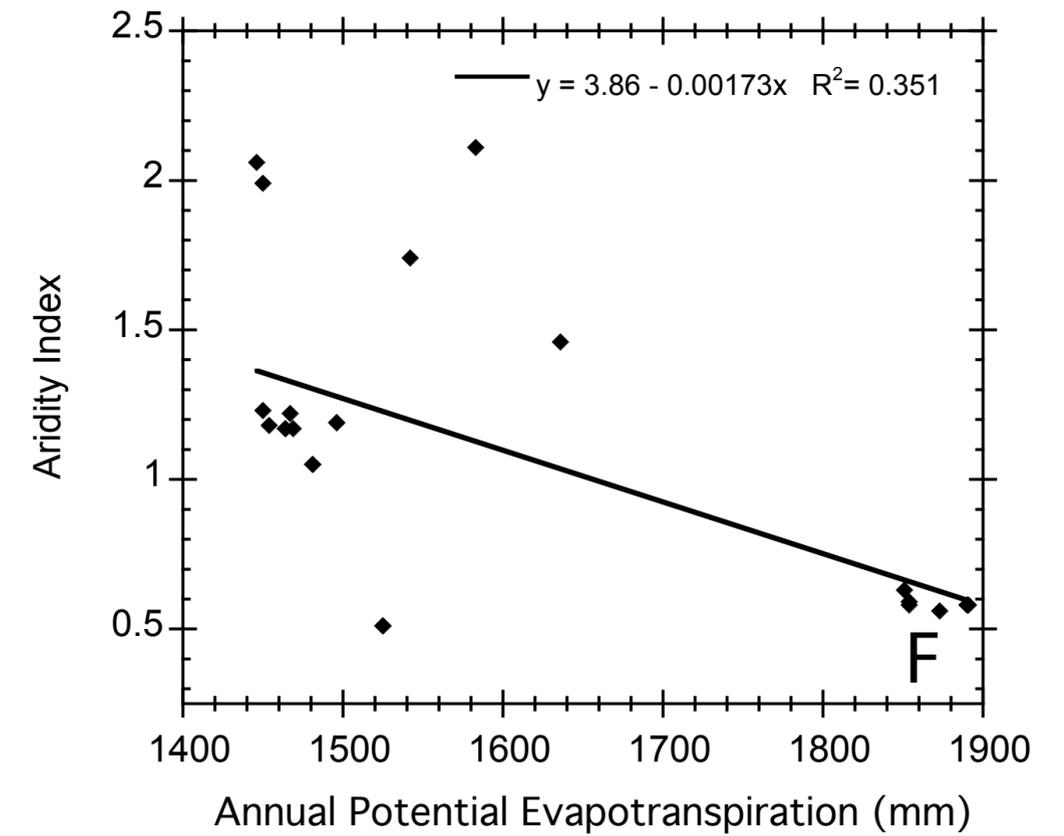
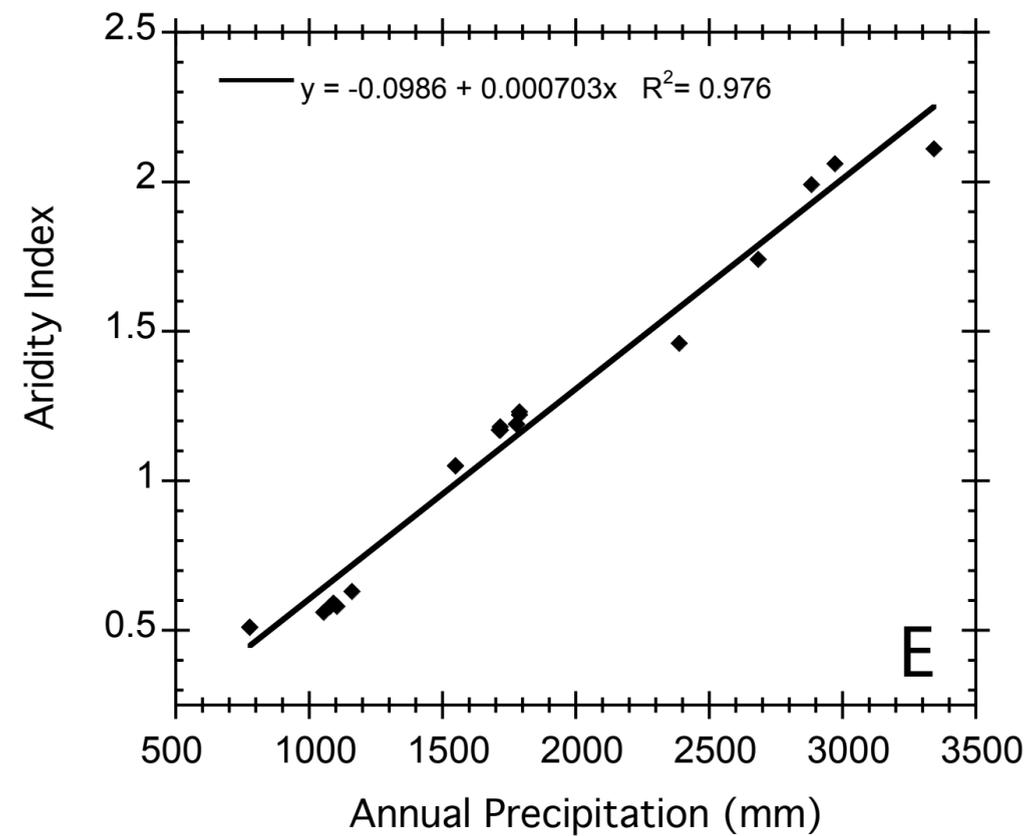
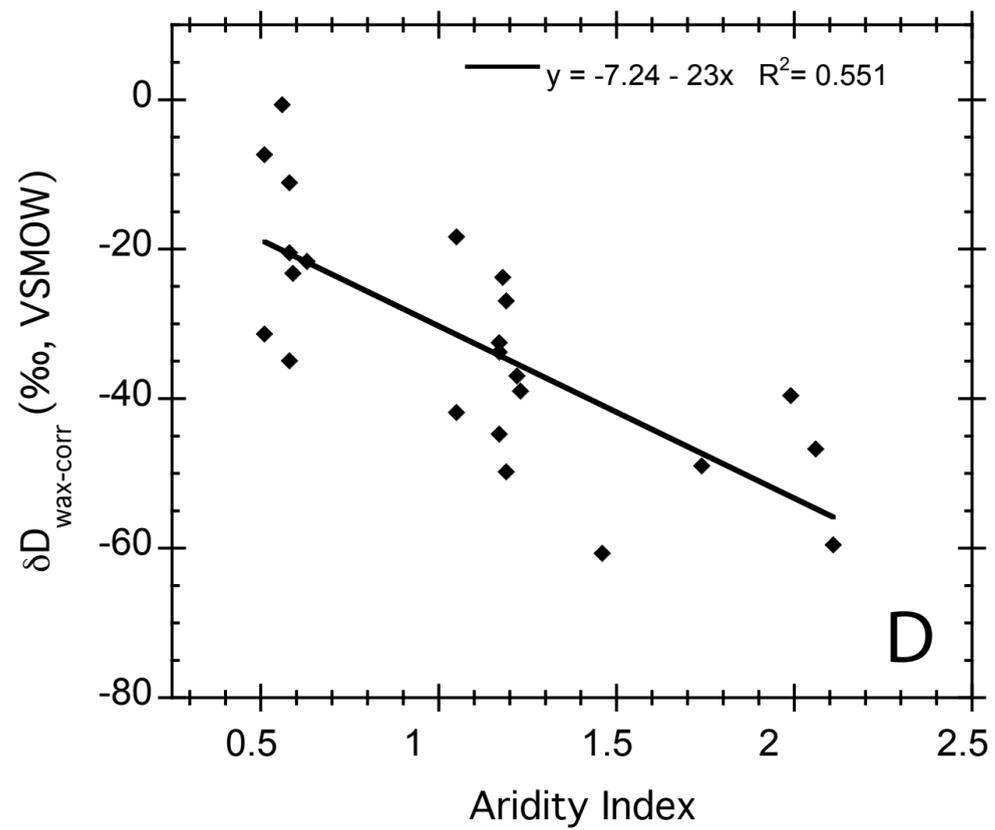
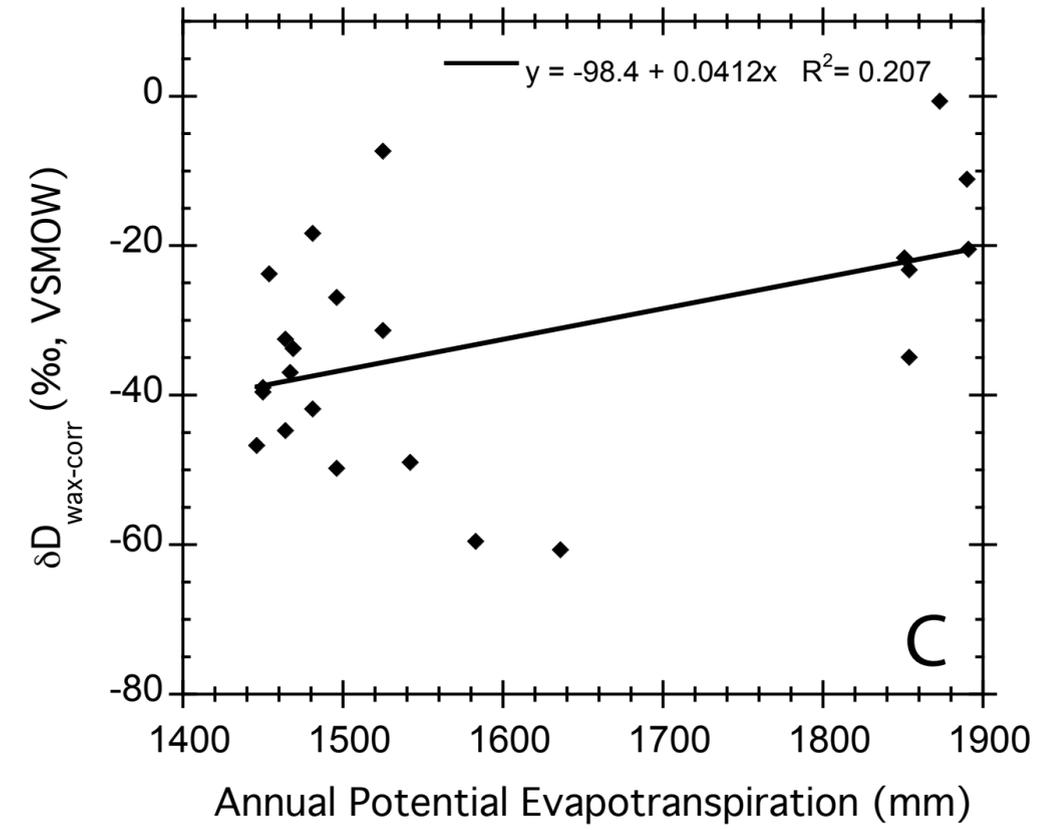
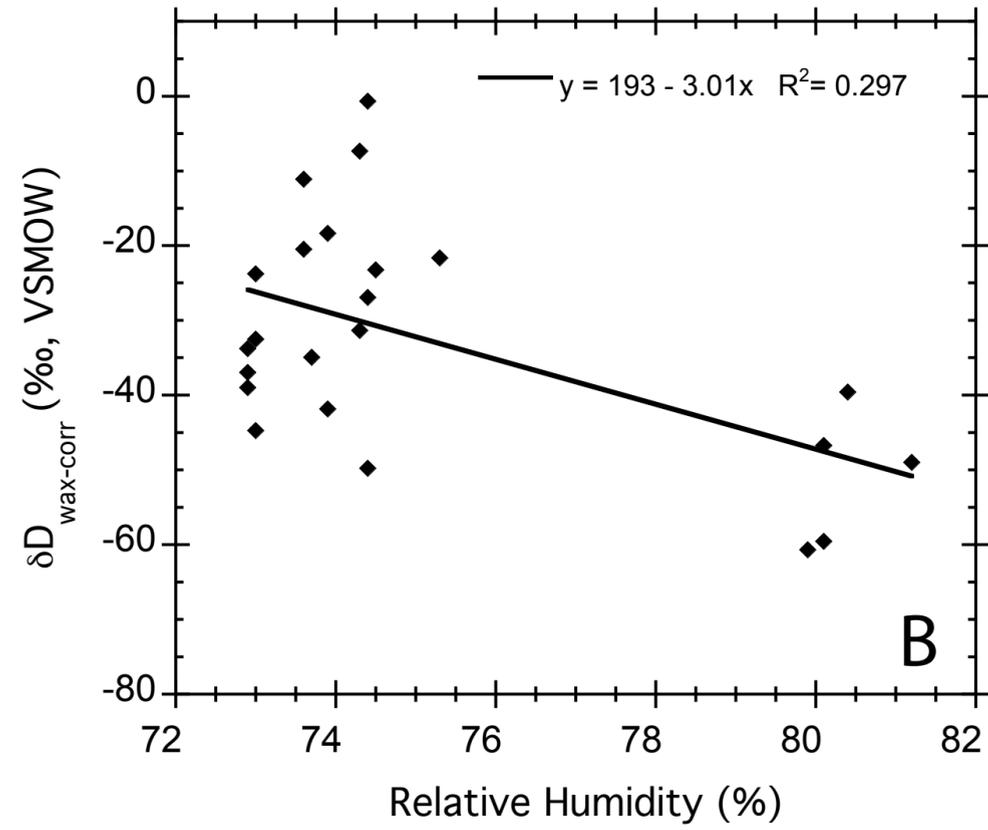
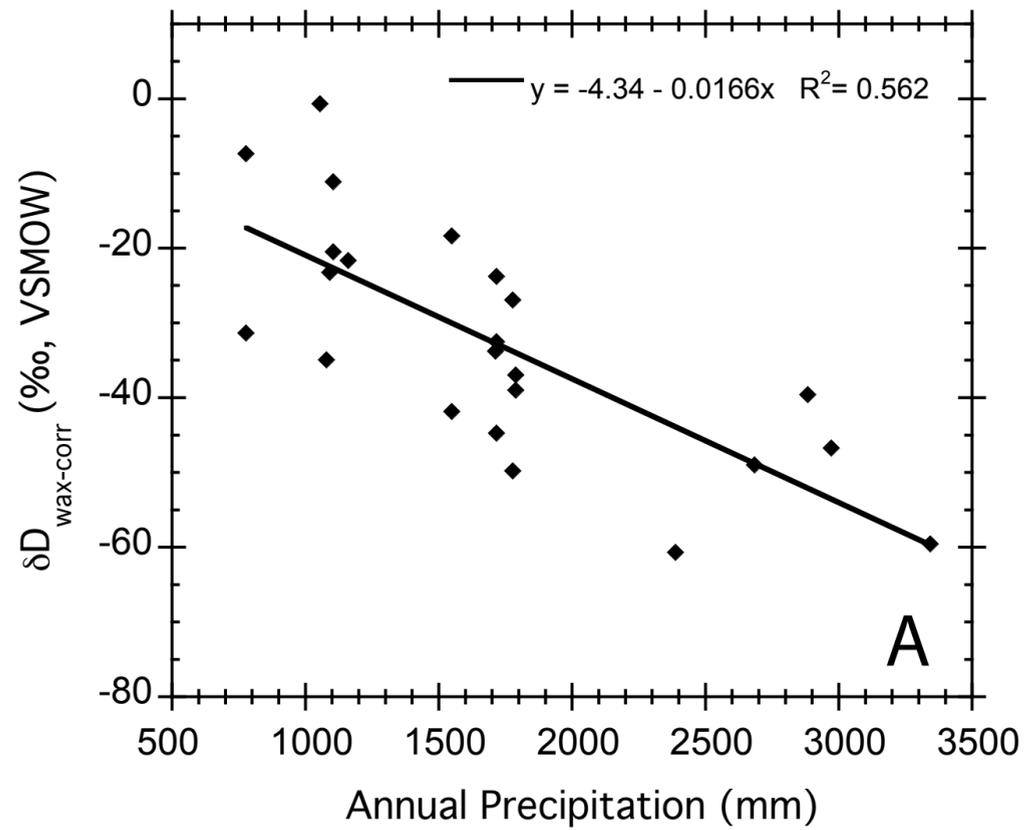
379 **Fig S3** Scatter plots showing relationships between  $\delta D_{\text{wax-corr}}$  and (A) annual  
380 precipitation (P); (B) relative humidity; (C) Annual Potential Evapotranspiration (PET); and (D) the  
381 aridity index (AI, defined as P/PET); and relationships between between AI and P (E) and PET  
382 (F). The strongest determinant of  $\delta D_{\text{wax-corr}}$  is annual precipitation. A similarly strong relationship  
383 is observed between  $\delta D_{\text{wax-corr}}$  and AI. Most of the variance in AI at the sampling sites is  
384 explained by annual precipitation however (E), while much less is explained by potential  
385 evapotranspiration (F), further confirming that precipitation is more important than potential  
386 evapotranspiration in controlling spatial variability in  $\delta D_{\text{wax-corr}}$ .

387

388 **Figure S4** Comparison of  $\delta^{13}\text{C}_{\text{wax}}$  (A) and disturbance pollen records (B, C, D, E) (14) from  
389 Lake Salpeten. All pollen data are presented as percent of total pollen. Asterisks in (B) indicate  
390 the presence of maize (*Zea*) pollen. Pollen data are fit to the age-depth model of Ref. 26. The  
391 relative abundance of grass (*Poaceae*) pollen decrease beginning in the Late Preclassic, while  
392 *Asteraceae* and *Ambrosia* continue to increase through the Classic.







Age (Cal Yr CE/BCE)

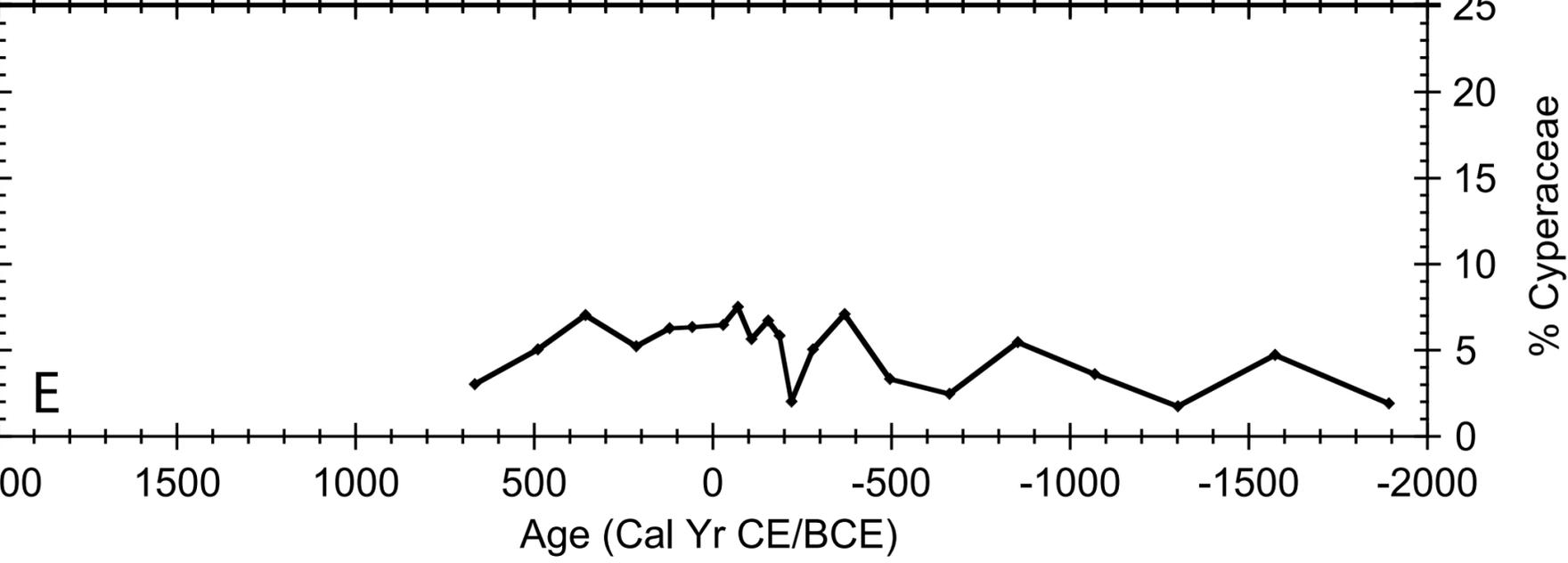
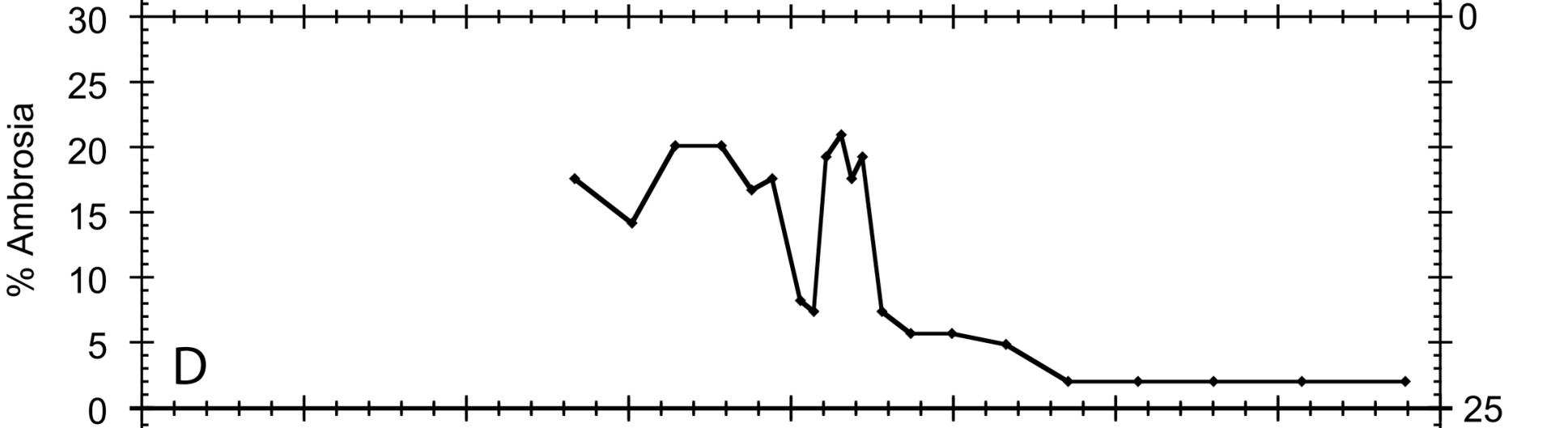
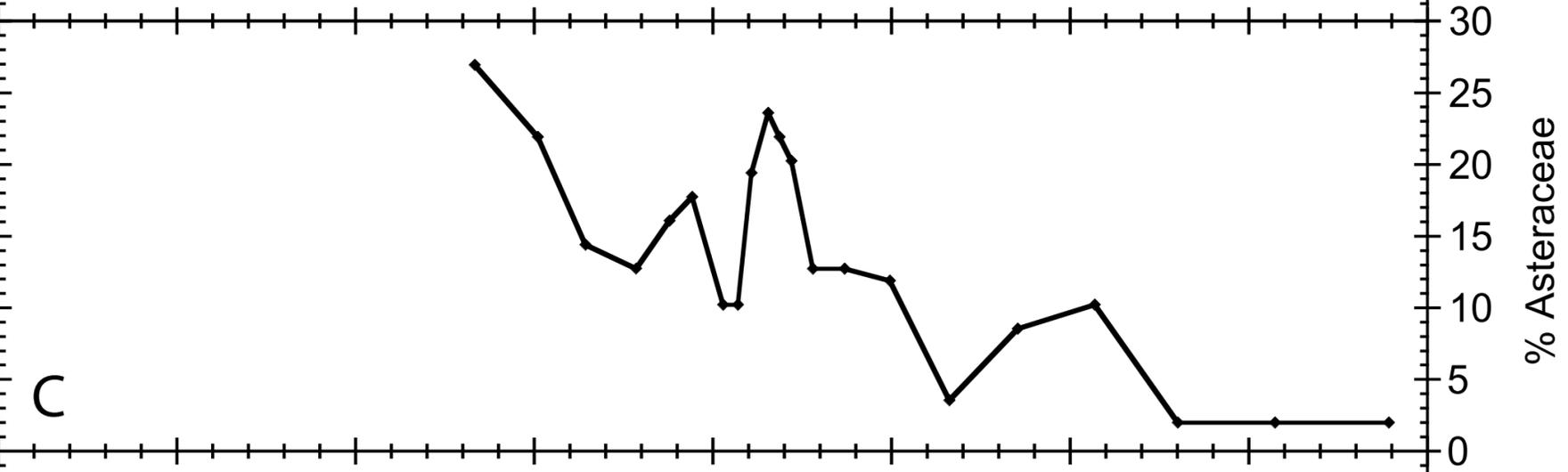
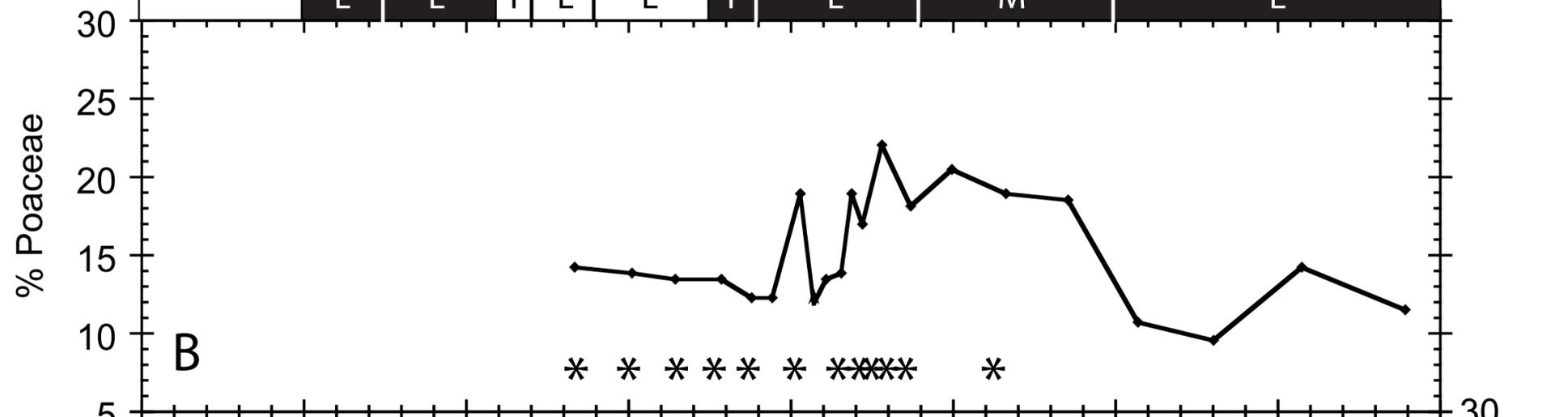
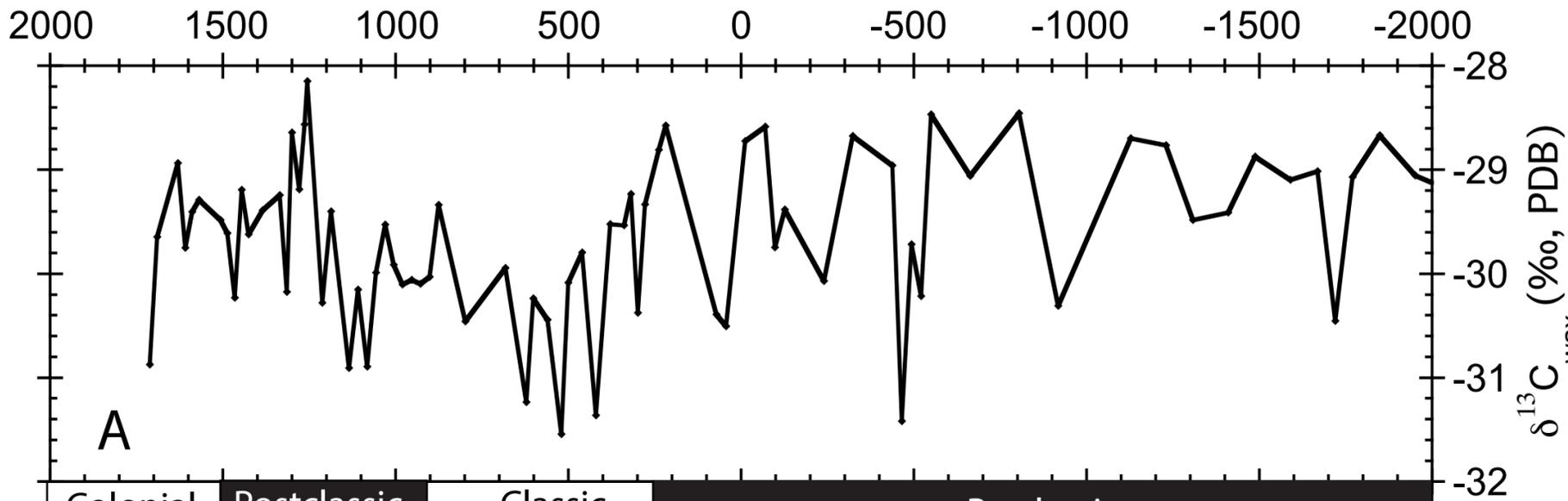


Table S1: Lake Chichancanab Plant-wax Stable Isotope Data

Depth (cm)	TM Age 95% CI Lower	TM Age 'Best' (Yr BP)	TM Age 95% CI Upper	PW age 95% CI lower	PW Age 'Best' (Yr BP)	PW age 95% CI Upper	$\delta^{13}\text{C}$ C26 (‰)	$\delta^{13}\text{C}$ C28 (‰)	$\delta^{13}\text{C}$ C30 (‰)	$\delta^{13}\text{C}$ Mean (‰)	$f_{c4}$	$\delta\text{D}$ C26 (‰)	$\delta\text{D}$ C28 (‰)	$\delta\text{D}$ C30 (‰)	$\delta\text{D}$ Mean (‰)	$\epsilon_a$ (‰)	$\delta\text{D}$ wax-corr (‰)
0	-75	-58	-49	433	559	654	-27.9	-32.1	-32.8	-30.9	0.39	-147	-104	-134	-128	-105	-26
5	-48	-31	-21	473	588	674	-27.9	-31.3	-31.5	-30.2	0.43	-154	-115	-129	-133	-106	-30
15	3	24	42	547	644	724	-27.4	-30.8	-31.5	-29.9	0.46	-133	-87	-113	-111	-107	-5
20	28	53	75	575	671	751	-26.4	-29.6	-30.1	-28.7	0.53	-127	-90	-116	-111	-109	-3
25	54	83	109	597	698	777	-27.8	-30.7	-31.6	-30.0	0.45	-129	-93	-108	-110	-107	-4
31	86	119	150	619	727	807	-27.5	-30.5	-31.6	-29.9	0.46	-127	-93	-108	-109	-107	-2
35	109	145	178	633	746	827	-27.0	-29.9	-30.7	-29.2	0.50	-128	-101	-121	-116	-108	-9
40	137	177	214	650	768	850	-27.2	-30.8	-31.5	-29.8	0.46	-124	-81	-115	-107	-107	0
45	167	210	250	667	788	871	-28.8	-31.1	-31.6	-30.5	0.42	-120	-87	-107	-105	-106	1
50	199	244	287	683	806	894	-27.6	-31.5	-33.4	-30.8	0.40	-123	-80	-116	-106	-105	-1
52	211	258	301	688	812	903	-27.6	-30.8	-31.9	-30.1	0.44	-133	-84	-125	-114	-106	-9
57	245	294	339	699	827	925	-27.8	-31.4	-32.5	-30.6	0.41	-140	-109	-133	-127	-106	-24
60	265	315	361	706	835	939	-28.1	-31.5	-31.2	-30.3	0.43	-118	-83	-100	-100	-106	6
63	286	337	384	713	842	952	-28.4	-31.5	-29.3	-29.7	0.47	-106	-119	-126	-117	-107	-11
66	307	359	408	721	849	965	-28.2	-30.0	-31.5	-29.9	0.45	-138	-114	-136	-129	-107	-25
69	328	382	431	729	857	977	-28.1	-31.7	-33.2	-31.0	0.39	-116	-74	-112	-101	-105	5
72	351	405	455	738	864	990	-28.6	-31.4	-31.6	-30.6	0.41	-122	-86	-118	-109	-106	-3
75	373	428	479	747	873	1005	-26.6	-29.9	-35.1	-30.5	0.41	-126	-90	-130	-116	-106	-11
80	411	467	519	763	888	1029	-27.9	-30.9	-31.6	-30.1	0.44	-125	-88	-115	-109	-106	-3
85	451	507	560	783	905	1056	-26.0	-30.0	-35.9	-30.6	0.41	-107	-51	-126	-95	-105	12
90	492	548	601	805	927	1084	-28.7	-31.6	-30.9	-30.4	0.42	-112	-74	-123	-103	-106	3
95	534	590	643	833	953	1114	-28.0	-30.4	-31.6	-30.0	0.45	-125	-118	-127	-124	-107	-17
100	577	633	685	865	985	1145	-27.6	-30.2	-30.0	-29.3	0.49	-105	-77	-103	-95	-108	15
102	594	650	702	880	999	1157	-28.7	-31.3	-31.1	-30.4	0.43	-126	-86	-124	-112	-106	-7

Table S1 cont: Lake Chichancanab Plant-wax Stable Isotope Data

Depth (cm)	TM Age 95% CI Lower	TM Age 'Best' (Yr BP)	TM Age 95% CI Upper	PW age 95% CI lower	PW Age 'Best' (Yr BP)	PW age 95% CI Upper	$\delta^{13}\text{C}$ C26 (‰)	$\delta^{13}\text{C}$ C28 (‰)	$\delta^{13}\text{C}$ C30 (‰)	$\delta^{13}\text{C}$ Mean (‰)	$f_{c4}$	$\delta\text{D}$ C26 (‰)	$\delta\text{D}$ C28 (‰)	$\delta\text{D}$ C30 (‰)	$\delta\text{D}$ Mean (‰)	$\epsilon_a$ (‰)	$\delta\text{D}$ wax-corr (‰)
104	612	668	720	896	1015	1169	-28.5	-29.7	-29.1	-29.1	0.51	-140	-112	-135	-129	-108	-23
105	621	677	728	904	1023	1176	-28.3	-30.0	-29.8	-29.4	0.49	-140	-104	-133	-126	-108	-20
106	630	686	737	911	1031	1183	-28.4	-31.0	-30.9	-30.1	0.44	-111	-71	-109	-97	-106	11
107	639	694	746	920	1040	1189	-29.2	-30.8	-30.2	-30.1	0.45	-142	-106	-131	-126	-106	-22
108	649	703	755	929	1049	1196	-29.1	-30.9	-30.5	-30.2	0.44	-138	-105	-134	-126	-106	-22
109	658	712	763	938	1058	1203	-29.3	-31.7	-33.0	-31.3	0.37	-122	-82	-119	-108	-104	-4
110	667	721	772	948	1067	1209	-28.8	-30.5	-30.0	-29.8	0.46	-147	-110	-137	-131	-107	-27
111	676	730	781	957	1076	1217	-28.7	-30.8	-29.8	-29.8	0.46	-141	-106	-141	-129	-107	-25
112	686	739	790	966	1086	1224	-28.4	-31.1	-30.3	-29.9	0.45	-123	-92	-116	-110	-107	-4
113	695	748	799	975	1095	1231	-28.3	-30.3	-30.2	-29.6	0.47	-138	-96	-136	-123	-107	-18
114	705	757	808	984	1105	1239	-28.6	-30.2	-30.0	-29.6	0.47	-137	-97	-134	-123	-107	-17
115	714	767	817	994	1115	1246	-27.6	-30.0	-30.8	-29.4	0.49	-116	-77	-121	-105	-108	3
116	723	776	826	1004	1124	1254	-27.9	-29.9	-30.6	-29.5	0.48	-134	-95	-127	-119	-108	-12
117	733	785	834	1013	1134	1261	-29.5	-30.8	-30.8	-30.4	0.43	-142	-119	-135	-132	-106	-29
118	743	794	843	1023	1144	1269	-28.0	-30.4	-28.7	-29.0	0.51	-121	-89	-119	-109	-108	-1
119	752	803	853	1033	1154	1278	-28.4	-29.6	-31.6	-29.9	0.46	-117	-93	-118	-110	-107	-3
120	761	813	862	1044	1164	1287	-29.6	-30.9	-31.3	-30.6	0.41	-149	-126	-135	-137	-106	-35
121	771	822	871	1054	1174	1294	-27.3	-29.9	-34.1	-30.4	0.42	-125	-99	-143	-122	-106	-18
122	781	832	880	1065	1184	1303	-29.0	-31.1	-32.0	-30.7	0.40	-138	-114	-125	-126	-105	-23
124	800	850	898	1086	1203	1322	-28.2	-30.5	-31.5	-30.1	0.45	-128	-103	-122	-118	-106	-12
127	830	879	926	1119	1233	1352	-28.4	-30.9	-32.3	-30.5	0.42	-131	-102	-104	-112	-106	-7
130	860	908	954	1155	1264	1382	-28.1	-30.4	-32.0	-30.2	0.44	-133	-111	-113	-119	-106	-14
133	890	937	982	1191	1296	1414	-27.8	-30.5	-31.8	-30.0	0.45	-129	-100	-118	-116	-107	-10
136	921	967	1010	1230	1329	1448	-28.1	-30.4	-31.8	-30.1	0.44	-137	-114	-118	-123	-106	-19

Table S1 cont: Lake Chichancanab Plant-wax Stable Isotope Data

Depth (cm)	TM Age 95% CI Lower	TM Age 'Best' (Yr BP)	TM Age 95% CI Upper	PW age 95% CI lower	PW Age 'Best' (Yr BP)	PW age 95% CI Upper	$\delta^{13}\text{C}$ C26 (‰)	$\delta^{13}\text{C}$ C28 (‰)	$\delta^{13}\text{C}$ C30 (‰)	$\delta^{13}\text{C}$ Mean (‰)	$f_{c4}$	$\delta\text{D}$ C26 (‰)	$\delta\text{D}$ C28 (‰)	$\delta\text{D}$ C30 (‰)	$\delta\text{D}$ Mean (‰)	$\epsilon_a$ (‰)	$\delta\text{D}$ wax-corr (‰)
139	952	996	1038	1271	1364	1484	-27.4	-30.6	-30.7	-29.6	0.48	-133	-106	-119	-119	-107	-13
142	983	1026	1067	1316	1402	1521	-27.9	-30.5	-31.8	-30.1	0.44	-134	-97	-118	-117	-106	-11
145	1014	1057	1096	1363	1443	1558	-28.4	-30.5	-31.2	-30.1	0.45	-140	-112	-118	-123	-106	-18
146	1025	1067	1106	1379	1457	1572	-27.5	-30.1	-31.9	-29.8	0.46	-138	-104	-121	-121	-107	-16
148	1046	1088	1126	1412	1487	1598	-26.5	-28.9	-29.6	-28.3	0.56	-134	-102	-136	-124	-110	-17
150	1067	1108	1146	1447	1518	1626	-26.9	-29.1	-31.8	-29.3	0.50	-138	-111	-134	-127	-108	-22
151	1078	1119	1156	1464	1535	1641	-26.7	-29.3	-30.1	-28.7	0.53	-128	-92	-120	-114	-109	-5
153	1100	1140	1176	1499	1568	1670	-26.3	-29.0	-29.7	-28.3	0.55	-150	-107	-133	-130	-110	-23
154	1110	1150	1186	1516	1585	1686	-26.2	-29.5	-26.9	-27.5	0.60	-131	-101	-125	-119	-111	-9
156	1132	1171	1206	1551	1620	1716	-26.5	-29.2	-30.1	-28.6	0.54	-143	-112	-124	-126	-109	-19
157	1143	1182	1217	1569	1637	1732	-26.5	-30.2	-29.4	-28.7	0.53	-135	-95	-128	-120	-109	-12
159	1165	1203	1238	1605	1674	1763	-27.5	-30.1	-29.6	-29.1	0.51	-153	-106	-138	-132	-108	-27
160	1176	1214	1248	1623	1692	1779	-26.8	-30.5	-29.8	-29.0	0.51	-131	-86	-139	-119	-108	-12
162	1198	1235	1269	1661	1729	1812	-28.2	-30.9	-29.9	-29.6	0.47	-144	-99	-137	-127	-107	-22
163	1209	1246	1280	1678	1748	1829	-25.6	-30.1	-30.4	-28.7	0.53	-141	-104	-136	-127	-109	-20
165	1230	1268	1301	1715	1785	1862	-25.7	-30.0	-31.9	-29.2	0.50	-139	-93	-132	-121	-108	-15
166	1241	1279	1312	1734	1804	1879	-26.1	-29.9	-29.6	-28.5	0.54	-138	-97	-133	-123	-109	-15
168	1264	1300	1334	1770	1842	1913	-25.9	-29.0	-29.1	-28.0	0.58	-146	-112	-135	-131	-110	-23
169	1275	1311	1345	1788	1861	1931	-27.4	-31.1	-30.1	-29.5	0.48	-139	-113	-141	-131	-107	-26
172	1308	1345	1379	1843	1918	1988	-25.9	-29.4	-33.5	-29.6	0.48	-128	-87	-124	-113	-107	-6
175	1341	1378	1413	1896	1974	2048	-26.5	-30.3	-30.5	-29.1	0.50	-129	-89	-122	-114	-108	-6
178	1374	1412	1448	1949	2030	2112	-27.1	-30.1	-30.2	-29.1	0.50	-157	-114	-146	-139	-108	-34
181	1408	1446	1484	2000	2086	2177	-28.9	-30.4	-30.4	-29.9	0.45	-151	-115	-138	-134	-107	-31
184	1441	1481	1521	2052	2143	2243	-27.0	-29.5	-29.2	-28.6	0.54	-146	-106	-137	-130	-109	-23

Table S1 cont: Lake Chichancanab Plant-wax Stable Isotope Data

Depth (cm)	TM Age 95% CI Lower	TM Age 'Best' (Yr BP)	TM Age 95% CI Upper	PW age 95% CI lower	PW Age 'Best' (Yr BP)	PW age 95% CI Upper	$\delta^{13}\text{C}$ C26 (‰)	$\delta^{13}\text{C}$ C28 (‰)	$\delta^{13}\text{C}$ C30 (‰)	$\delta^{13}\text{C}$ Mean (‰)	$f_{c4}$	$\delta\text{D}$ C26 (‰)	$\delta\text{D}$ C28 (‰)	$\delta\text{D}$ C30 (‰)	$\delta\text{D}$ Mean (‰)	$\epsilon_a$ (‰)	$\delta\text{D}$ wax-corr (‰)
187	1474	1516	1558	2104	2199	2310	-27.2	-29.2	-31.1	-29.2	0.50	-139	-120	-139	-133	-108	-28
190	1507	1551	1596	2156	2256	2378	-27.5	-29.8	-30.8	-29.4	0.49	-148	-117	-141	-135	-108	-31
193	1541	1586	1635	2210	2314	2444	-26.9	-28.9	-29.9	-28.6	0.54	-135	-110	-134	-126	-109	-19
196	1574	1622	1674	2264	2373	2510	-27.2	-30.0	-34.9	-30.7	0.40	-108	-74	-130	-104	-105	1
200	1619	1670	1727	2338	2453	2597	-25.4	-28.9	-29.9	-28.1	0.57	-146	-105	-122	-124	-110	-17
205	1675	1731	1795	2436	2556	2704	-24.9	-28.6	-31.0	-28.2	0.57	-133	-91	-123	-116	-110	-7
210	1732	1793	1864	2537	2661	2810	-25.7	-31.1	-33.8	-30.2	0.44	-151	-113	-116	-127	-106	-23
214	1777	1843	1920	2619	2747	2893	-27.2	-30.6	-32.1	-30.0	0.45	-145	-109	-124	-126	-107	-22
215	1788	1855	1935	2640	2768	2914	-25.6	-30.4	-30.8	-28.9	0.52	-138	-100	-117	-118	-108	-11
220	1845	1919	2007	2744	2877	3018	-26.3	-30.0	-30.6	-28.9	0.52	-154	-107	-136	-132	-108	-27
225	1902	1983	2080	2848	2988	3122	-26.8	-29.4	-29.9	-28.7	0.53	-145	-106	-118	-123	-109	-16
230	1960	2048	2155	2950	3100	3229	-27.3	-29.9	-31.2	-29.5	0.48	-153	-121	-125	-133	-108	-29
235	2017	2114	2231	3052	3212	3340	-27.9	-30.0	-31.1	-29.7	0.47	-146	-118	-117	-127	-107	-22
240	2075	2181	2308	3155	3325	3451	-27.4	-30.5	-29.4	-29.1	0.50	-135	-94	-123	-117	-108	-10
244	2122	2236	2371	3238	3416	3541	-27.4	-30.6	-32.0	-30.0	0.45	-143	-103	-122	-123	-107	-18
245	2134	2249	2387	3259	3439	3564	-26.0	-29.4	-30.6	-28.7	0.53	-155	-113	-134	-134	-109	-28
255	2257	2390	2558				-26.3	-29.7	-29.9	-28.6	0.54	-159	-118	-141	-139	-109	-34
260							-26.1	-29.8	-30.8	-28.9	0.52	-152	-113	-129	-131	-109	-26
265							-24.6	-28.4	-29.4	-27.5	0.61	-140	-90	-116	-115	-111	-5
270							-25.6	-29.1	-30.0	-28.3	0.56	-140	-100	-117	-119	-110	-10
275							-25.9	-29.5	-30.4	-28.6	0.54	-140	-90	-117	-116	-109	-7
280							-24.5	-28.4	-28.8	-27.2	0.62	-148	-84	-134	-122	-111	-12
285							-25.7	-29.2	-30.3	-28.4	0.55	-138	-92	-119	-116	-109	-8

CI, Confidence Interval

Table S2: Lake Salpeten Plant-wax Stable Isotope Data

Depth (cm)	TM Age 95% CI Lower	TM Age 'Best' (Yr BP)	TM Age 95% CI Upper	PW age 95% CI lower	PW Age 'Best' (Yr BP)	PW age 95% CI Upper	$\delta^{13}\text{C}$ C26 (‰)	$\delta^{13}\text{C}$ C28 (‰)	$\delta^{13}\text{C}$ C30 (‰)	$\delta^{13}\text{C}$ Mean (‰)	$f_{c4}$	$\delta\text{D}$ C26 (‰)	$\delta\text{D}$ C28 (‰)	$\delta\text{D}$ C30 (‰)	$\delta\text{D}$ Mean (‰)	$\epsilon_a$ (‰)	$\delta\text{D}$ wax-corr (‰)
6.5	-50	-22	11	102	238	463	-30.6	-31.2	-30.9	-30.9	0.39	-137	-127	-139	-134	-105	-33
7.5	-46	-18	19	129	259	472	-29.6	-29.6	-29.7	-29.6	0.47	-138	-127	-154	-139	-107	-36
10.5	-34	-1	39	208	320	498	-29.6	-29.0	-28.3	-28.9	0.52	-130	-115	-124	-123	-108	-16
11.5	-29	5	48	234	341	506	-30.4	-29.3	-29.6	-29.8	0.47	-132	-118	-125	-125	-107	-20
12.5	-24	11	55	260	361	514	-29.4	-29.0	-29.8	-29.4	0.49	-136	-122	-130	-129	-108	-24
13.5	-19	18	64	284	381	523	-29.2	-29.5	-29.1	-29.3	0.49	-146	-125	-141	-137	-108	-33
16.5	-2	39	91	359	443	552	-30.2	-29.7	-28.6	-29.5	0.48	-148	-133	-141	-141	-107	-37
17.5	5	47	100	383	463	564	-29.6	-29.5	-29.7	-29.6	0.47	-153	-133	-154	-147	-107	-44
18.5	11	54	110	406	484	578	-30.9	-30.3	-29.5	-30.2	0.43	-137	-120	-129	-129	-106	-25
19.5	18	62	120	429	504	592	-29.8	-29.1	-28.7	-29.2	0.50	-141	-129	-130	-134	-108	-29
20.5	26	71	129	452	524	605	-29.1	-30.0	-29.8	-29.6	0.47	-147	-130	-143	-140	-107	-37
22.5	41	88	150	494	565	638	-30.0	-29.4	-28.8	-29.4	0.49	-136	-115	-124	-125	-108	-19
27.5	83	134	203	544	614	685	-29.3	-29.7	-28.7	-29.2	0.50	-154	-128	-150	-144	-108	-40
35.5	162	219	295	571	635	698	-29.5	-30.7	-30.2	-30.2	0.44	-151	-111	-151	-138	-106	-35
41.5	228	288	367	587	650	713	-28.1	-29.6	-28.2	-28.6	0.54	-152	-112	-152	-139	-109	-33
49.5	326	388	470	609	671	739	-28.7	-29.8	-29.1	-29.2	0.50	-141	-102	-135	-126	-108	-20
55.5	405	468	548	622	686	761	-28.0	-28.9	-28.8	-28.6	0.54	-125	-100	-115	-113	-109	-5
58.5	445	509	587	625	694	775	-28.9	-27.8	-27.7	-28.1	0.57	-127	-96	-109	-111	-110	-1
61.5	488	550	627	670	737	814	-29.4	-30.4	-31.1	-30.3	0.43	-146	-105	-126	-126	-106	-22
62.5	502	564	641	695	763	839	-28.3	-29.5	-30.4	-29.4	0.49	-140	-98	-110	-116	-108	-9
64.5	530	592	669	746	815	889	-30.4	-30.7	-31.7	-30.9	0.39	-133	-92	-92	-106	-105	-1
65.5	544	606	682	770	841	914	-29.5	-30.0	-31.0	-30.2	0.44	-151	-102	-123	-125	-106	-21
66.5	558	620	696	793	867	940	-30.5	-30.8	-31.4	-30.9	0.39	-133	-94	-96	-108	-105	-3
67.5	572	634	710	815	893	967	-29.9	-30.0	-30.0	-30.0	0.45	-128	-85	-82	-99	-107	9

Table S2 cont: Lake Salpeten Plant-wax Stable Isotope Data

Depth (cm)	TM Age 95% CI Lower	TM Age 'Best' (Yr BP)	TM Age 95% CI Upper	PW age 95% CI lower	PW Age 'Best' (Yr BP)	PW age 95% CI Upper	$\delta^{13}\text{C}$ C26 (‰)	$\delta^{13}\text{C}$ C28 (‰)	$\delta^{13}\text{C}$ C30 (‰)	$\delta^{13}\text{C}$ Mean (‰)	$f_{c4}$	$\delta\text{D}$ C26 (‰)	$\delta\text{D}$ C28 (‰)	$\delta\text{D}$ C30 (‰)	$\delta\text{D}$ Mean (‰)	$\epsilon_a$ (‰)	$\delta\text{D}$ wax-corr (‰)
68.5	586	649	724	835	919	995	-29.2	-30.3	-29.0	-29.5	0.48	-138	-94	-101	-111	-107	-4
69.5	600	663	738	855	944	1024	-28.7	-30.2	-30.9	-29.9	0.45	-139	-94	-101	-111	-107	-5
70.5	614	677	752	875	970	1054	-29.4	-30.5	-30.4	-30.1	0.44	-143	-106	-121	-124	-106	-19
71.5	628	691	766	893	996	1085	-29.2	-30.7	-30.3	-30.1	0.45	-147	-107	-119	-124	-106	-20
72.5	642	706	779	912	1022	1116	-29.5	-29.8	-31.0	-30.1	0.44	-151	-111	-123	-128	-106	-25
73.5	656	720	793	931	1048	1148	-29.2	-30.4	-30.4	-30.0	0.45	-149	-111	-125	-128	-107	-24
74.5	670	734	807	949	1074	1180	-28.2	-29.7	-30.1	-29.3	0.49	-138	-94	-117	-116	-108	-10
77.5	712	778	849	1004	1152	1275	-30.0	-29.9	-31.4	-30.5	0.42	-110	-100	-108	-106	-106	0
82.5	784	850	916	1114	1267	1400	-29.0	-29.5	-31.3	-29.9	0.45	-174	-136	-144	-151	-107	-50
85.5	827	893	958	1178	1328	1458	-31.6	-30.0	-32.1	-31.2	0.37	-155	-113	-136	-135	-104	-34
86.5	841	907	973	1200	1348	1478	-29.4	-30.4	-30.9	-30.2	0.43	-154	-114	-126	-131	-106	-28
88.5	869	936	1001	1242	1389	1524	-29.8	-30.5	-31.1	-30.4	0.42	-134	-88	-106	-109	-106	-4
90.5	898	965	1030	1281	1429	1572	-30.3	-31.8	-32.6	-31.5	0.35	-141	-94	-111	-115	-104	-13
91.5	912	979	1043	1300	1449	1597	-28.5	-30.7	-31.0	-30.1	0.44	-147	-101	-116	-121	-106	-17
93.5	941	1008	1072	1334	1490	1652	-29.2	-30.0	-30.2	-29.8	0.46	-158	-114	-119	-130	-107	-26
95.5	970	1036	1102	1369	1530	1704	-31.3	-31.6	-31.2	-31.4	0.36	-152	-114	-130	-132	-104	-31
97.5	998	1064	1131	1396	1571	1758	-29.2	-29.5	-29.8	-29.5	0.48	-139	-108	-137	-128	-107	-23
99.5	1025	1092	1158	1424	1611	1818	-29.4	-30.1	-29.0	-29.5	0.48	-142	-100	-134	-125	-107	-20
100.5	1039	1106	1171	1437	1631	1847	-28.2	-30.7	-28.8	-29.2	0.50	-148	-112	-144	-134	-108	-30
101.5	1184	1124	1120	1452	1651	1876	-30.5	-31.2	-29.5	-30.4	0.43	-158	-118	-145	-140	-106	-38
102.5	1198	1138	1134	1463	1672	1905	-28.9	-30.3	-28.8	-29.3	0.49	-142	-111	-139	-131	-108	-26
104.5	1095	1162	1226	1489	1712	1964	-27.8	-30.0	-28.6	-28.8	0.52	-141	-115	-142	-133	-109	-27
105.5	1109	1176	1240	1502	1732	1995	-28.2	-29.5	-28.0	-28.6	0.54	-155	-126	-149	-143	-109	-38
111.5	1192	1257	1320	1643	1878	2146	-29.9	-31.1	-30.2	-30.4	0.42	-154	-116	-149	-140	-106	-38
112.5	1205	1270	1333	1678	1906	2167	-29.9	-32.0	-29.6	-30.5	0.42	-153	-121	-148	-141	-106	-39
114.5	1232	1297	1361	1747	1962	2208	-27.7	-29.9	-28.5	-28.7	0.53	-144	-110	-133	-129	-109	-23

Table S2 cont: Lake Salpeten Plant-wax Stable Isotope Data

Depth (cm)	TM Age 95% CI Lower	TM Age 'Best' (Yr BP)	TM Age 95% CI Upper	PW age 95% CI lower	PW Age 'Best' (Yr BP)	PW age 95% CI Upper	$\delta^{13}\text{C}$ C26 (‰)	$\delta^{13}\text{C}$ C28 (‰)	$\delta^{13}\text{C}$ C30 (‰)	$\delta^{13}\text{C}$ Mean (‰)	$f_{c4}$	$\delta\text{D}$ C26 (‰)	$\delta\text{D}$ C28 (‰)	$\delta\text{D}$ C30 (‰)	$\delta\text{D}$ Mean (‰)	$\epsilon_a$ (‰)	$\delta\text{D}$ wax-corr (‰)
116.5	1257	1323	1387	1815	2019	2250	-27.7	-29.4	-28.6	-28.6	0.54	-164	-130	-153	-149	-109	-45
117.5	1270	1336	1400	1848	2047	2270	-29.7	-30.1	-29.5	-29.7	0.47	-162	-123	-149	-145	-107	-42
118.5	1283	1349	1412	1883	2076	2291	-29.0	-29.5	-29.7	-29.4	0.49	-155	-109	-137	-134	-108	-29
122.5	1332	1400	1462	2017	2189	2376	-29.5	-30.7	-30.0	-30.1	0.44	-163	-116	-140	-139	-106	-37
125.5	1368	1437	1499	2117	2273	2444	-28.1	-29.2	-28.7	-28.7	0.53	-161	-126	-146	-144	-109	-39
129.5	1417	1485	1556	2251	2387	2535	-28.5	-29.5	-28.9	-29.0	0.52	-155	-117	-135	-136	-108	-31
130.5	1426	1498	1561	2284	2415	2558	-31.4	-31.3	-31.5	-31.4	0.36	-155	-127	-141	-141	-104	-41
131.5	1437	1510	1573	2316	2443	2580	-29.4	-30.6	-29.1	-29.7	0.47	-147	-118	-141	-135	-107	-32
132.5	1448	1521	1586	2350	2471	2604	-30.3	-30.5	-29.8	-30.2	0.44	-138	-130	-150	-139	-106	-37
133.5	1460	1533	1598	2382	2500	2628	-27.3	-29.3	-28.8	-28.5	0.55	-150	-115	-136	-134	-109	-28
137.5	1499	1573	1639	2508	2613	2726	-29.2	-29.4	-28.6	-29.1	0.51	-155	-134	-151	-147	-108	-43
142.5	1558	1634	1702	2658	2754	2868	-27.6	-29.4	-28.3	-28.5	0.55	-150	-111	-131	-131	-109	-24
146.5	1601	1676	1745	2767	2867	2986	-29.8	-31.3	-29.8	-30.3	0.43	-154	-121	-136	-137	-106	-35
156.5	1699	1776	1843	2794	2890	3009	-29.2	-31.0	-30.5	-30.2	0.43	-141	-110	-133	-128	-106	-24
160.5	1735	1812	1879	2798	2894	3012	-30.1	-31.8	-30.2	-30.7	0.40	-133	-106	-131	-124	-105	-20
167.5	1796	1873	1942	2805	2900	3019	-29.8	-31.5	-31.4	-30.9	0.39	-139	-108	-122	-123	-105	-20
174.5	1850	1929	2000	2810	2907	3027	-28.6	-30.6	-29.8	-29.6	0.47	-132	-102	-120	-118	-107	-12
181.5	1902	1980	2054	2814	2913	3032	-31.9	-30.9	-31.9	-31.6	0.35	-134	-113	-125	-124	-104	-23
188.5	1950	2027	2098	2819	2920	3038	-28.3	-30.7	-30.0	-29.7	0.47	-133	-110	-128	-124	-107	-19
195.5	1995	2070	2141	2823	2926	3046	-29.0	-31.3	-30.0	-30.1	0.44	-137	-107	-124	-122	-106	-18
202.5	2037	2109	2180	2827	2932	3056	-27.9	-30.3	-29.4	-29.2	0.50	-133	-107	-121	-120	-108	-14
209.5	2076	2146	2216	2831	2939	3066	-28.2	-30.5	-29.3	-29.3	0.49	-134	-113	-124	-123	-108	-17
216.5	2113	2179	2249	2834	2945	3076	-28.7	-31.0	-30.2	-30.0	0.45	-149	-122	-134	-135	-107	-32
225.5	2158	2220	2289	2838	2954	3091	-29.4	-31.7	-30.5	-30.5	0.42	-139	-114	-123	-125	-106	-22
237.5	2209	2272	2341	2844	2965	3112	-28.3	-31.0	-29.5	-29.6	0.48	-141	-100	-125	-122	-107	-17
244.5	2238	2302	2375	2846	2971	3125	-28.6	-30.3	-30.2	-29.7	0.47	-143	-94	-129	-122	-107	-17

Table S2 cont: Lake Salpeten Plant-wax Stable Isotope Data

Depth (cm)	TM Age 95% CI Lower	TM Age 'Best' (Yr BP)	TM Age 95% CI Upper	PW age 95% CI lower	PW Age 'Best' (Yr BP)	PW age 95% CI Upper	$\delta^{13}\text{C}$ C26 (‰)	$\delta^{13}\text{C}$ C28 (‰)	$\delta^{13}\text{C}$ C30 (‰)	$\delta^{13}\text{C}$ Mean (‰)	$f_{c4}$	$\delta\text{D}$ C26 (‰)	$\delta\text{D}$ C28 (‰)	$\delta\text{D}$ C30 (‰)	$\delta\text{D}$ Mean (‰)	$\epsilon_a$ (‰)	$\delta\text{D}$ wax-corr (‰)
251.5	2268	2335	2408	2849	2978	3140	-30.5	-31.4	-32.4	-31.4	0.36	-128	-99	-111	-113	-104	-10
259.5	2305	2375	2451	2852	2985	3156	-28.4	-30.7	-29.4	-29.5	0.48	-145	-109	-131	-128	-107	-23
265.5	2339	2409	2483	2948	3077	3245	-28.0	-29.9	-28.3	-28.7	0.53	-150	-121	-139	-137	-109	-31
269.5	2362	2434	2508	3056	3180	3340	-28.3	-29.5	-28.4	-28.8	0.53	-153	-120	-144	-139	-109	-34
272.5	2380	2453	2529	3137	3257	3412	-28.6	-31.0	-28.9	-29.5	0.48	-133	-92	-118	-114	-108	-8
276.5	2406	2481	2557	3245	3360	3507	-28.8	-30.0	-29.4	-29.4	0.49	-146	-106	-131	-128	-108	-22
279.5	2428	2504	2580	3325	3437	3579	-27.9	-29.9	-28.8	-28.9	0.52	-148	-106	-139	-131	-109	-25
283.5	2460	2536	2610	3432	3540	3675	-28.7	-29.9	-28.7	-29.1	0.51	-144	-100	-129	-124	-108	-18
286.5	2487	2562	2637	3513	3618	3750	-27.9	-30.3	-28.9	-29.0	0.51	-132	-91	-124	-116	-108	-8
288.5	2505	2580	2654	3567	3669	3800	-29.7	-31.3	-30.4	-30.5	0.42	-146	-111	-136	-131	-106	-28
290.5	2524	2599	2674	3621	3720	3852	-29.0	-29.4	-28.9	-29.1	0.51	-131	-113	-138	-127	-108	-21
293.5	2554	2630	2703	3700	3798	3929	-27.9	-29.1	-29.0	-28.7	0.53	-129	-87	-119	-112	-109	-3
297.5	2599	2673	2744	3805	3901	4037	-28.5	-30.1	-28.5	-29.1	0.51	-149	-120	-140	-136	-108	-31
301.5	2647	2720	2789	3911	4003	4148	-28.0	-30.4	-29.1	-29.2	0.50	-142	-103	-124	-123	-108	-17
304.5	2686	2759	2825	3989	4081	4232	-29.9	-30.2	-29.7	-29.9	0.46	-148	-122	-149	-140	-107	-37
307.5	2726	2799	2866	4067	4158	4318	-28.6	-31.0	-29.3	-29.6	0.47	-148	-118	-146	-137	-107	-34
311.5	2787	2858	2923	4170	4261	4432	-28.9	-29.9	-29.3	-29.4	0.49	-150	-111	-139	-133	-108	-29
314.5	2836	2905	2968	4248	4338	4517	-29.1	-31.0	-29.6	-29.9	0.45	-146	-105	-126	-125	-107	-21
323.5	3000	3064	3133	4480	4569	4775	-28.2	-30.3	-29.3	-29.2	0.50	-142	-101	-127	-123	-108	-17
328.5	3109	3169	3246	4606	4698	4919	-28.9	-30.1	-30.3	-29.8	0.46	-157	-112	-135	-135	-107	-31
335.5	3265	3325	3424	4781	4878	5115	-28.6	-29.6	-29.6	-29.3	0.49	-167	-102	-132	-134	-108	-29
340.5	3384	3453	3571				-28.1	-28.9	-28.4	-28.5	0.55	-163	-107	-136	-135	-109	-29
342.5	3433	3507	3629				-29.0	-29.3	-28.8	-29.0	0.51	-154	-109	-137	-134	-108	-28
348.5							-28.6	-29.4	-29.2	-29.1	0.51	-163	-101	-129	-131	-108	-26

*Italics indicate core interval with minimal change in the PW age model. These data are not interpreted in terms of past environmental change.*

CI, Confidence Interval

Table S3: Compound specific radiocarbon results from Lake Salpeten

NOSAMS sample number	Sediment Core Depth (cm)	$\Delta^{14}\text{C}_{\text{wax}}$ (‰)	error	2 $\sigma$ lower Cal age (Yr BP)	Median Cal age (Yr BP)	2 $\sigma$ upper Cal age (Yr BP)	$\delta^{13}\text{C}_{\text{CO}_2}$ (‰)	$\delta^{13}\text{C}_{\text{GC-IRMS}}$ (‰)
88449	0.5-5.5	-8	18	-5	161	426	-32.9	
88551	23.5-25.5	-76	10	523	609	697	-32.8	
88453	59.5-60.5	-94	7	564	712	782	-29.5	
107434	75-85	-155	10	1058	1296	1362	-32.2	-31.9
88455	106.5-110.5	-212	14	1535	1866	2104	-28.4	
107435	143-150	-299	7	2780	2916	3057	-32.0	-31.7
107436	258-265	-300	9	2777	2990	3141	-31.9	-31.9
88463	338.5-339.5	-425	5	4853	4935	5256	-29.7	

Cal, calendar