

1        **Precession-driven Changes in Iceland-Scotland Overflow Water Penetration and**  
2                                **Bottom Water Circulation on Gardar Drift Since ~ 200 ka**

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12

13    **1. Abstract**

14        Benthic foraminiferal stable isotopic records from a transect of sediment cores south  
15    of the Iceland-Scotland Ridge reveal that the penetration depth of Iceland-Scotland Overflow  
16    Water (ISOW) varied on orbital timescales with precessional pacing over the past ~ 200 kyr.  
17    Similar, higher benthic foraminiferal  $\delta^{13}\text{C}$  values (~ 1.0 ‰) were recorded at all transect sites  
18    downstream of the Iceland-Scotland Ridge during interglacial periods (Marine Isotope  
19    Chrons 5 and 1), indicating a deeply penetrating ISOW. During glacial periods (Marine  
20    Isotope Chrons 6, 4, and 2), benthic foraminiferal  $\delta^{13}\text{C}$  values from the deeper (2700-3300  
21    m), southern sites within this transect were significantly lower (~ 0.5 ‰) than values from the  
22    northern (shallower) portion of the transect (~ 1.0 ‰), reflecting a shoaling of ISOW and  
23    greater influence of glacial Southern Component Water (SCW) in the deep Northeast  
24    Atlantic. Particularly during intermediate climate states, ISOW strength is driven by  
25    precesional cycles, superimposed on the large-scale glacial-interglacial ISOW variability.

26 Millennial-scale variability in the penetration of ISOW, likely caused by high-frequency  
27 Heinrich and Dansgaard-Oeschger Events, is most pronounced during intermediate climate  
28 states.

29

## 30 **2. Introduction**

31 Variability in the formation of deep Northern Component Water (NCW; analogous  
32 to modern North Atlantic Deep Water; NADW) is linked to regional and global climate  
33 changes on orbital time-scales (e.g., Broecker and Denton, 1989; Raymo et al., 1989). Causal  
34 mechanisms for variations in NCW formation are thought to be associated with incoming  
35 solar radiation (insolation), fresh-water input (Elmore and Wright, 2011; Elmore et al., 2015),  
36 and/or sea ice extent (Broecker and Denton, 1989; Rind et al., 2001; Dokken et al., 2013).  
37 During the late Pleistocene, changes in insolation in the high northern latitudes were the  
38 product of the combined influences of variations in the Earth's orbital parameters of  
39 eccentricity (~ 400 kyr and 100 kyr), obliquity (~ 40 kyr) cycles, and precession (~ 23 kyr)  
40 (Laskar et al., 1993). Since past variations in NCW production are tied to climatic conditions  
41 (including surface water temperature and wind strength), studies have linked particular NCW  
42 circulation patterns to different climate states, notably the glacial and interglacial end-  
43 members (e.g., Broecker et al., 1985; Imbrie et al., 1993; Liseicki et al., 2008). However,  
44 insolation changes are not simply sinusoidal because the total insolation received is derived  
45 from distinct orbital periodicities (Laskar et al., 1993); and therefore, the deep-water  
46 circulation states may be unique for each glacial and interglacial period, as well as for  
47 intermediate climate states. Thus, there is significant scope for variations of NCW production  
48 to change both on glacial-interglacial timescales and with the precise orbitals associated,  
49 however these NCW variations remain unresolved.

50 Modern NADW is produced by the interplay between five intermediate to deep  
51 water-mass components, Iceland-Scotland Overflow Water (ISOW; ~5 Sv), Denmark Strait  
52 Overflow Water (DSOW; ~5 Sv), Antarctic Bottom Water (AABW; ~1 Sv), Labrador Sea  
53 Water (~1 Sv), and Mediterranean Outflow Water (~1 Sv) (Worthington, 1976). Kuijpers et  
54 al. (1998) suggested that ISOW is the most important water mass for forming NADW;  
55 however, uncertainty remains as to the historical flux, strength, and penetration depth, related  
56 to the density of ISOW, particularly during intermediate climate states. While variability in  
57 each of the components of NADW is not fully understood, it has been proposed that changes  
58 in these components have contributed to the orbital-scale climate variability (Hillaire-Marcel  
59 et al., 1994, Raymo et al., 2004; Millo et al., 2006). Iceland-Scotland Overflow Water forms  
60 by convection in the Norwegian and Greenland Seas and the Arctic Ocean (Worthington,  
61 1976; Mauritzen, 1996) and penetrates to >4 km depth (Dickson et al., 1990). The total  
62 contribution of ISOW is related to surface temperature and salinity in the Nordic Seas  
63 (Duplessy et al., 1988a), as well as to the volume of surface inflow (Worthington, 1976),  
64 amount of sea ice cover (Prins et al., 2002; Raymo et al., 2004), wind forcing (Kohl et al.,  
65 2007) and regional tectonics (Wright and Miller, 1996). Sea-level and sill depth assert a  
66 control on ISOW contribution because they regulate the sensitive cross sectional volume  
67 above the Iceland-Scotland-Faeroe Ridge, through-which overflow water can pass between  
68 the open North Atlantic and the Nordic Seas (Millo et al., 2006). Thus, researchers suggested  
69 that ISOW strength and penetration depth has varied on time-scales of millions of years  
70 (Wright and Miller, 1996), tens of thousands of years (i.e. orbital scale; Duplessy et al.,  
71 1988a; Raymo et al., 2004), thousands of years (i.e. millennial; Oppo et al., 1995; Dokken  
72 and Hald, 1996; McManus et al., 1999), hundreds of years (Bianchi and McCave, 1999;  
73 Moffa-Sanchez et al., 2015), years (Turrell et al., 1999), or seasons (Hatun et al., 2004).

74 Iceland-Scotland Overflow Water formation was likely vigorous and deeply  
75 penetrating during interglacial Marine Isotope Chron (MIC) 1 and 5e (Duplessy et al.,  
76 1988a,b; Kissel et al., 1997) and weaker and/or less deeply penetrating during the Last  
77 Glacial Maximum (LGM; MIC 2; Duplessy et al., 1998a; Kissell et al., 1997; Yu et al., 2008;  
78 Sarnthein et al., 2007); however, the history of ISOW is unclear for other glacial and  
79 intermediate climate states. For instance, Kuijpers et al. (1998) argued for enhanced  
80 formation of ISOW during MIC 6, while Kissel et al. (1997) and Rasmussen et al. (2003)  
81 considered it minimal. Kissel et al. (1997) presumed ISOW was vigorous during MIC 5d,  
82 while Kuijpers et al. (1998) and Rasmussen et al. (2003) suggest it was minimal.  
83 Additionally, several studies suggest ISOW was vigorous during MIC 3 (Duplessy et al.,  
84 1998b; Kissel et al., 1997; Kuijpers et al., 1998), while others suggest a variable ISOW due to  
85 higher-frequency Heinrich Events and Dansgaard/Oeschger Cycles (Rasmussen et al., 1996a;  
86 1996b; Kissel et al., 1999; Prins et al., 2001; 2002; Rasmussen and Thomsen, 2009). Because  
87 ISOW is a large contributor to NCW (Schmitz and McCartney, 1993; Kissel et al., 1997;  
88 Hansen and Osterhus, 2000), variations in ISOW strength have been proposed to exert a large  
89 control over NCW circulation patterns (Kuijpers et al., 1998).

90 Large-scale deepwater circulation patterns in the North Atlantic have been  
91 reconstructed using geochemical records from benthic foraminiferal Cd/Ca (Boyle and  
92 Keigwin, 1987), Zn/Ca (Marchitto et al., 2002),  $\epsilon_{Nd}$  (Roberts et al., 2011; Yu et al., 2008;  
93 Crockett et al., 2011), and especially  $\delta^{13}C$  (e.g., Boyle and Keigwin, 1987; Oppo and  
94 Fairbanks, 1987; Duplessy et al., 1988a; Sarnthein et al., 1994; Raymo et al., 1990; Oppo and  
95 Lehman, 1995; Oppo et al., 1995; Flower et al., 2000; Curry and Oppo, 2005; Olsen and  
96 Ninnemann, 2010). Modern NADW is nutrient depleted, and thus, has high  $\delta^{13}C$  values (1 –  
97 1.5 ‰; Kroopnick et al., 1972; Kroopnick, 1985); modern NADW includes reintruded North  
98 Atlantic waters as well as contributions of ISOW, DSOW, and LSW, which have  $\delta^{13}C$  values

99 of  $\sim 0.8$  ‰,  $\sim 0.8$  ‰ (Dokken et al., 2013; Bauch et al., 2001), and 0.8-1.2 ‰ (Winsor et al.,  
100 2012), respectively. In contrast, the nutrient enriched Southern Ocean is vertically well mixed  
101 due to the strong West Wind Drift, and thus has an isotopic composition of  $\delta^{13}\text{C} \sim 0.4$ ‰  
102 (Kroopnick, 1985). Deep Pacific Ocean  $\delta^{13}\text{C}$  values are  $\sim 0.0$  ‰, reflecting the long  
103 residence time of these waters (Kroopnick, 1985). As such, measured  $\delta^{13}\text{C}$  values of biogenic  
104 calcite in the deep Southern Ocean reflect the relative inputs of deepwater masses from the  
105 Pacific, Indian, and Atlantic Oceans (Oppo and Fairbanks, 1987; Charles and Fairbanks,  
106 1992; Lynch-Stieglitz, 2007).

107         During glacial-interglacial transitions of the late Pleistocene, benthic foraminiferal  
108  $\delta^{13}\text{C}$  studies, supported by other geochemical studies, determined that the large-scale patterns  
109 of deepwater circulation vary between glacial and interglacial climate states (Boyle and  
110 Keigwin, 1987; Oppo and Fairbanks, 1987; Duplessy et al., 1988a; Oppo and Lehman, 1995;  
111 Roberts et al., 2011; Gebbie, 2014). Cross sections of benthic foraminiferal  $\delta^{13}\text{C}$  values of the  
112 Atlantic during the LGM (GEOSECS; Curry et al., 1988; Oppo and Horowitz, 2000; Venz  
113 and Hodell, 2002; Raymo et al., 2004; Curry and Oppo, 2005) show that a shoaling of NCW  
114 currents allowed for the northward intrusion of Antarctic Bottom Water (AABW) into the  
115 northern North Atlantic, up to  $60^\circ\text{N}$ . Studies have therefore suggested that the core of NCW  
116 shoaled by as much as  $\sim 2$  km during the LGM (Sarthein et al., 1994; Curry et al., 1988;  
117 Duplessy et al., 1988a; Oppo and Lehman, 1995; Gebbie, 2014), coincident with a weakened  
118 and/or shallower ISOW (Duplessy et al., 1988b; Kissel et al., 1997; Yu et al., 2008).

119         The objective of this study was to determine variability in deep-water circulation  
120 patterns in the eastern North Atlantic over the past 200 kyr on orbital and millennial time-  
121 scales. Herein, new  $\delta^{13}\text{C}$  records from sediment cores 11JPC and 3GGC, from the southern  
122 end of Gardar Drift, are presented for the past 200 ka (Figure 1a). New records from these  
123 two cores are combined with published records from seven other cores with a variety of

124 depths and sufficient data within the interval of interest to form our “Gardar Drift Transect”  
125 (Table 1; Figure 1). This transect provides a unique opportunity to track variations in the  
126 influence of ISOW. Transect cores, combined with cores from the South Atlantic (Ocean  
127 Drilling Program; ODP Site 1090) and mid- latitude North Atlantic (Deep Sea Drilling  
128 Program; DSDP Site 607), allow for the examination of southern sourced waters in the  
129 eastern northern North Atlantic in a similar method to the Atlantic cross sections (e.g., Curry  
130 and Oppo, 2005), but on a finer scale (Figure 1b). To examine the depth to which ISOW  
131 penetrated, benthic foraminiferal  $\delta^{13}\text{C}$ , a semi-conservative water mass tracer, was compared  
132 along a depth transect south of the Iceland-Scotland Ridge; with the occurrence of low  $\delta^{13}\text{C}$   
133 water on southern Gardar Drift (here taken to be southern sourced) being indicative of a  
134 shoaled ISOW.

135

### 136 **3. Methods**

#### 137 **3.1 Regional Setting**

138 Gardar and Bjorn Drifts are key deposits for studying North Atlantic  
139 paleoceanography since they lie within the flow of modern-day ISOW (Figure 1a; e.g., Oppo  
140 and Lehman, 1995; Bianchi and McCave, 1999). As ISOW flows south along the Reykjanes  
141 Ridge, contourite drift deposits forms along each edge of the current, with Bjorn Drift to the  
142 north and Gardar Drift to the South (Figure 1a; Davies and Laughton, 1972; Bianchi and  
143 McCave, 1999). Contourite drifts, like Gardar and Bjorn, are found throughout the North  
144 Atlantic where large quantities of sediments are ‘plastered’ against already existing  
145 bathymetric features (Hollister et al., 1978). These countourite drift deposits provide an  
146 excellent location for paleoceanographic reconstructions due to the high sedimentation rates  
147 (Figure 1a; e.g., McCave et al., 1980; McCave and Tucholke, 1986; Channell et al., 1997;  
148 Hall et al., 1998; Bianchi and McCave, 1999; Faugers et al., 1999; Praetorius et al., 2008;

149 Thornalley et al., 2010; 2011a; Elmore and Wright, 2011; Elmore et al., 2015). To utilize the  
 150 paleoceanographic information in this archive, the study examined jumbo piston core, 11JPC  
 151 (2707 m), and giant gravity core, 3GGC (3305 m; Table 1; Figure 1). Both cores were  
 152 collected by the *R/V Knorr* from southern Gardar Drift on cruise 166, leg 14 in 2002.

153

### 154 **3.2 Samples and Sedimentological Data Collection**

155 To generate estimates of weight percent of carbonate (wt. %  $\text{CaCO}_3$ ) and weight  
 156 percent of coarse fraction (wt. % CF), we sampled cores 11JPC and 3GGC at ~ 5 cm  
 157 intervals for the entire length of both cores (23.60 m for 11JPC and 1.84 m for 3GGC).  
 158 Samples were split approximately in half and each half was dried overnight in a 50 °C oven.  
 159 One half of each sample was weighed (Dry Wt. <sub>initial</sub>) and combined with ~ 40 ml of 1.0 M  
 160 acetic acid in a 50 ml centrifuge tube for 24 hours. Each sample was agitated during the  
 161 process to ensure complete removal of carbonate from the sample. The vials were centrifuged  
 162 for 1 minute to separate the sample from the acid, which was then decanted. Samples were  
 163 reprocessed in acetic acid, and then rinsed with 40 ml of deionized water three times,  
 164 centrifuging for one minute before each decanting. Samples were then oven-dried and  
 165 weighed again (Dry Wt. <sub>-CaCO<sub>3</sub></sub>). Assuming negligible opal content since biogenic silica was  
 166 not observed during microscopic examination, the weight percent calcium carbonate (Wt. %  
 167  $\text{CaCO}_3$ ) was then determined using the following equation:

168

$$169 \quad [1] \quad \text{Wt. \% CaCO}_3 = (1 - \text{Dry Wt.}_{-\text{CaCO}_3} / \text{Dry Wt.}_{\text{initial}}) * 100$$

170

171 Weight percent coarse fraction (Wt. % CF), was determined by weighing the other  
 172 half of the dried sample before (wt. <sub>unwashed</sub>) and after (wt. <sub>washed</sub>) being washed through a 63

173  $\mu\text{m}$  sieve. Dry samples were soaked in a dilute calgon solution to prevent flocculation during  
174 washing. Wt. % CF was then calculated using the following equation:

175

$$176 \quad [2] \quad \text{Wt. \% CF} = (\text{wt.}_{\text{washed}} / \text{wt.}_{\text{unwashed}}) * 100$$

177

### 178 **3.3 Stable Isotopic Analysis**

179 In order to assess the paleoceanographic changes over Gardar Drift since 200 ka,  
180 stable isotopic analyses of  $\delta^{18}\text{O}$  were performed on benthic foraminifera to establish age  
181 control (e.g., Lisiecki and Raymo, 2005); and the simultaneous analysis of  $\delta^{13}\text{C}$  was  
182 measured since epifaunal benthic foraminifera faithfully record changes in the  $\delta^{13}\text{C}$  value of  
183 the bottom waters in which they live (e.g., Curry and Oppo, 2005). For this study, only *P.*  
184 *wuellerstorfi* tests were chosen for benthic foraminiferal analysis since some *Cibicidoides*  
185 taxa (e.g., *C. robertsoniensis*) do not record equilibrium values and may be up to 1 ‰ lower  
186 in  $\delta^{13}\text{C}$  values in this region (Elmore, 2009). Planktic foraminifera were also analyzed for  
187 stable isotopic concentration to ensure that changes in surface productivity were not a  
188 controlling factor on benthic  $\delta^{13}\text{C}$  values (Mackensen et al., 1993).

189 For stable isotopic analyses, ~ 15 tests of the planktic foraminifera, *Globigerina*  
190 *bulloides* and ~ 5 tests of benthic foraminifera, *Planulina wuellerstorfi*, were handpicked  
191 under a binocular microscope from the 250 – 350  $\mu\text{m}$  size fraction of the washed samples.  
192 The samples were analyzed using a Micromass Optima Mass Spectrometer equipped with an  
193 automated Multiprep at the Rutgers University Stable Isotope Laboratory. Samples were  
194 reacted in phosphoric acid for 15 minutes at 90 °C. Measured values are reported using  
195 standard  $\delta$ -notation and are compared to Vienna PeeDee Belemnite using an internal lab  
196 standard that is routinely calibrated with NBS-19 (1.95 ‰  $\delta^{13}\text{C}$ , -2.20 ‰  $\delta^{18}\text{O}$ ; Coplen et al.,  
197 1983). The internal lab standard is offset from NBS-19 by 0.1 ‰ for  $\delta^{13}\text{C}$  and 0.04 ‰ for



198  $\delta^{18}\text{O}$ . The 1- $\sigma$  precision of standards during analysis for this project was typically 0.05 ‰ for  
199  $\delta^{13}\text{C}$  and 0.09 ‰ for ‰  $\delta^{18}\text{O}$ .

200 Differences between bottom water  $\delta^{13}\text{C}$  values are the result of the waters' source  
201 region ( $\delta^{13}\text{C}$  values are biologically-fractionated during primary productivity and undergo  
202 temperature-dependent fractionation during air-sea gas exchange; Lynch-Stieglitz et al.,  
203 1995);  $\delta^{13}\text{C}$  values are also controlled by water mass ageing and productivity fluctuations  
204 above the waters' flow path. Additionally, benthic foraminiferal  $\delta^{13}\text{C}$  values can be affected  
205 by organic carbon settling to the deep sea above the site, which is controlled by primary  
206 productivity and remineralization (Mackensen et al., 1993). Thus, benthic foraminiferal  $\delta^{13}\text{C}$   
207 records at a particular site may also contain a localized signal relating to changing organic  
208 carbon flux and/or water mass remineralization properties. For southern Gardar Drift Sites for  
209 which data is presented here, there are no significant similarities between the planktic and  
210 benthic  $\delta^{13}\text{C}$  records within each core (Figure 2, Figure 3), indicating that surface processes  
211 are not dominating the benthic foraminiferal  $\delta^{13}\text{C}$  signal. Similar  $\delta^{13}\text{C}$  values among all  
212 Gardar Drift sites (Figure 5c), especially during interglacials, provides additional confidence  
213 in the use of  $\delta^{13}\text{C}$  as a reliable water mass tracer on Gardar Drift (Praetorius et al., 2008;  
214 Thornalley et al., 2010; 2011a; Elmore and Wright, 2011; Elmore et al., 2015). Thus, for the  
215 remainder of this manuscript our Gardar Drift benthic foraminiferal  $\delta^{13}\text{C}$  data has been  
216 confidently used as a paleo-watermass tracer.

217

### 218 **3.4 Age Models**

219 The age model for the top 333 cm of 11JPC was constrained by 15 AMS  $^{14}\text{C}$  ages  
220 (Table 2), which were all previously published in Elmore & Wright (2011) and Elmore et al.  
221 (2015). As previously published, the AMS samples were comprised of 4 - 6 mg of planktic  
222 foraminifera *Globogerina bulloides* that were selected using a binocular microscope, ultra

223 sonificated in deionized water, and analyzed at the Keck Center for Accelerator Mass  
224 Spectrometry at the University of California, Irvine (Elmore and Wright, 2011). These  
225 published radiocarbon ages were then converted to calendar ages according to the  
226 Fairbanks0805 calibration, and a standard 400-year reservoir correction was applied  
227 (Fairbanks et al., 2005). Since the publication of these AMS  $^{14}\text{C}$  dates, temporally evolving  
228 reservoir age corrections have been proposed for studies of cores from this region  
229 (Thornalley et al., 2011b; Stern and Lisiecki, 2013), application of constant  
230 correction/adjustment does not change the conclusions of this study because 1) the majority  
231 our study interval (210-40 ka) is earlier than the utility of AMS  $^{14}\text{C}$  dating (40 ka-present),  
232 and 2) the standard reservoir correction was also consistently applied to any AMS  $^{14}\text{C}$  dates  
233 used in the previously published age models. We are not endeavoring to look at the high  
234 frequency variations among these cores and thus any relatively minor offsets in age models  
235 will not significantly affect the conclusions in this study. The published age model from  
236 Elmore and Wright (2011) revealed a ~ 18 kyr hiatus, constrained by 3 AMS  $^{14}\text{C}$  dates from  
237 227-282 cm (Table 2). Based on an abrupt color change in the core, the top of this hiatus was  
238 located at 222 cm (see supplement of Elmore and Wright, 2011). This section of sediment is  
239 interpreted to represent a mass transport event and thus data from this interval were not  
240 interpreted as part of this study. The previously published AMS  $^{14}\text{C}$  date of ~ 33.81 ka at 333  
241 cm is considered to be below the mass transport event because it conforms to the linear  
242 sedimentation rate defined by the remainder of chrono-stratigraphic tie points below the  
243 event (Figure 2E).

244 Age model information below 333 cm is not based on radiocarbon and is being  
245 presented here for the first time. The Lachamp Event (40 ka) was identified at 430 cm (H.  
246 Evans, personal communication; Table 2). Additional chrono-stratigraphic tie points were  
247 determined by comparing measured foraminiferal  $\delta^{18}\text{O}$  values to a stacked, benthic

248 foraminiferal  $\delta^{18}\text{O}$  record by Lisiecki and Raymo (2005; Table 2). The error associated with  
249 the Lisiecki and Raymo (2005) stack is reported to be  $\sim 2$  kyr, though relative errors will be  
250 significantly lower at individual sites tied to the LR04 chronology. In the case of 11JPC, the  
251 benthic foraminiferal  $\delta^{18}\text{O}_{P. wuellerstorfi}$  record shows a very strong agreement to the LR04 stack  
252 as well as to the other records in the region (Figure 4) and the age model shows nearly linear  
253 sedimentation rates through the interval of study (Figure 2E).

254 An age model for 3GGC was established based entirely on visual correlation among  
255 similar records (i.e., wiggle matching) rather than AMS  $^{14}\text{C}$  dating (see Table 3), thus cores  
256 3GGC and 11JPC are on a common age model. The record of benthic  $\delta^{18}\text{O}$  from 3GGC  
257 (Figure 3a) was first visually compared to the Lisiecki and Raymo (2005) LR04 stack. A  
258 further, fine-tuning of the age model was completed by visual comparison of benthic and  
259 planktic  $\delta^{18}\text{O}$ , benthic  $\delta^{13}\text{C}$ , % CF, and %  $\text{CaCO}_3$  from GGC 3 to the proximal core, 11JPC  
260 (Figure 3; Table 3). Since there are no available AMS  $^{14}\text{C}$  dates, the error associated with this  
261 age model is proportionate to the error reported for the LR04 benthic stack of  $\sim 2$  kyr.

262 As with the previously published age model from Elmore et al. (2015) and Elmore  
263 and Wright (2011) that constrains the ages for the top of 11JPC, all previously published  
264 benthic foraminiferal  $\delta^{13}\text{C}$  records used in the construction of the Gardar Transect were kept  
265 on their originally published chronologies (Table 1). The selected cores each have substantial  
266 resolution to be used for comparison, with each published measured sample representing  
267 between 0.4 and 1.3 kyrs of sedimentation (Table 1). Thus these cores are ideally  
268 geographically located and capable of comprising a depth transect to trace watermass changes  
269 on Gardar Drift (Figure 1). To support the use of each chronology remaining as it was  
270 published, there is a remarkable similarity in trends and values of the  $\delta^{18}\text{O}$  records from all  
271 sites investigated here, when the original benthic foraminiferal  $\delta^{18}\text{O}$  data is compared (Figure  
272 4). Since benthic foraminiferal  $\delta^{18}\text{O}$  is largely controlled by extra-regional processes

273 (including continental ice volume), the similarity in records is a strong indication that the age  
274 models for these sites are comparable, and relatively minor offsets will not affect the  
275 conclusions of this study.

276

### 277 **3.5 Transect Construction**

278 To evaluate ISOW changes in the Late Pleistocene, we compiled the benthic  
279 foraminiferal  $\delta^{13}\text{C}$  data from all available core locations with high-resolution data over the  
280 time period of interest (Table 1). The range in length (1600 km), range in water depth (1600  
281 m), and confined geographic area of the sites within the Gardar Drift transect allows for the  
282 detection of ISOW penetration depth by monitoring variations in benthic foraminiferal  $\delta^{13}\text{C}$   
283 values (Figure 1). Figure 5C shows our new  $\delta^{13}\text{C}_{P. wuellerstorfi}$  data, as well as all previously  
284 published (i.e., raw) data from the cores used to form the Gardar transect, on their original  
285 age models. To assess this variability in  $\delta^{13}\text{C}$  gradients on Gardar Drift, data from each of the  
286 sites in the Gardar transect were treated in two ways. First, benthic foraminiferal  $\delta^{13}\text{C}$  data  
287 from all sites in the Gardar region from 0-200 ka (Figure 5C) were smoothed using a  
288 Gaussian fit with a span of 2 kyrs. This provided an average benthic foraminiferal  $\delta^{13}\text{C}$  value.  
289 Uncertainties for this average were calculated by using a Monte Carlo simulation, where the  
290 external reproducibility of the data was taken into account. This was performed by perturbing  
291 the  $\delta^{13}\text{C}$  data over a large sample number ( $n=1,000$ ), and summing the resultant records  
292 before smoothing (as above) over a 2-kyr window. All sites were weighted equally (where  
293 they contained data within the sampling window; i.e. gaps of  $> 2$  kyr are omitted) to provide  
294 an unbiased final compilation. The standard deviation from the mean was then calculated  
295 along the timeseries (Figure 5E).

296 Secondly, Gardar Drift core sites were divided in to North and South regions (Figure  
297 1) to examine watermass changes along the drift crest. For the Northern Gardar Transect, a

298 composite record was generated for northern sites, ODP site 984, ODP site 983, EW9302  
299 JPC8, and V29-202. The weighted mean for Northern Gardar and 95% confidence intervals  
300 are presented along with the standard deviations from the mean, calculated as above (Figure  
301 5F). A composite record for the sites on Southern Gardar, 11JPC, 3GGC, and Neap 18k, was  
302 determined using the same method (Figure 1). The difference between the North Gardar  
303 transect benthic foraminiferal  $\delta^{13}\text{C}$  record and the South Gardar transect  $\delta^{13}\text{C}$  records was  
304 then determined, utilizing the full uncertainty characterized by the composites (Figure 5G).  
305 All Monte Carlo statistics were carried out in the R statistical analysis program (R  
306 Development Core Team, 2010).

307 Time-series analyses were completed on the north-south difference and standard  
308 deviation of the benthic foraminiferal  $\delta^{13}\text{C}$  transect data using the AnalySeries 2.0.4.2  
309 program (Paillard et al., 1996) using a span of 0.01 to identify recurring periodicities (Figure  
310 6). Spectral analyses were completed using the Blackman-Tukey method in the same  
311 software (Blackman and Tukey, 1958).

312 The  $\delta^{13}\text{C}$  value of the Southern Component Water (SCW) end member was  
313 determined by using ODP Site 1090 from the Atlantic sector of the Southern Ocean (Table  
314 1). As an additional monitor of the intrusion of SCW into the North Atlantic, benthic  
315 foraminiferal  $\delta^{13}\text{C}$  data was included from ODP Site 607, located below the subtropical  
316 North Atlantic (Ruddiman et al., 1989; Raymo et al., 1989). Core locations, water depths, and  
317 age model information for each site are provided in Table 1.

318

## 319 **4. Results**

### 320 **4.1 Core KN166-14 11JPC**

321 Marine Isotope Chronozones (MIC) 1 through 9a were defined in core 11JPC using  
322 the planktic and benthic oxygen isotope records, which show the typical saw-toothed pattern

323 that characterized the late Pleistocene benthic foraminiferal oxygen isotope curves (Lisiecki  
324 and Raymo, 2005; Figure 4). Over this interval, the  $\delta^{18}\text{O}$  values ranges from 0.8 to 3.8 ‰ for  
325 *G. bulloides*, and from 2.5 to 4.5 ‰ for *P. wuellerstorfi* (Figure 2). Sharp decreases in  $\delta^{18}\text{O}$   
326 are recorded at transitions from glacial to interglacial chronozones (MIC 8 – 7.5, MIC 6 – 5e;  
327 Figure 2).

328 Benthic foraminiferal  $\delta^{13}\text{C}$  records from core 11JPC record orbital-scale variability,  
329 with values from -0.3 to 1.5 ‰ for *P. wuellerstorfi* (Figure 2). The lowest values in benthic  
330  $\delta^{13}\text{C}$  are recorded during MIC 8, 6, 4, and 3 (Figure 2). Values of benthic  $\delta^{13}\text{C}$  are highly  
331 variable during MIC 3, likely due to the high frequency Heinrich or Dansgaard/Oeschger  
332 Events (Figure 2).

333 Through the interval of study, the record of Wt. % CF varies on glacial-interglacial  
334 timescales with values ranging from 0 – 35 % for core 11JPC (Figure 2). Low Wt. % CF (<  
335 15 %) values are recorded during interglacial MICs 7.5, 7.3-7.1, 5e-5c, 5a, and 1 (Figure 2).  
336 The highest Wt. % CF values are recorded from 1700 to 1550 cm, corresponding to MIC 6  
337 (Figure 2). The observed variability in Wt. % CF values indicates either: an increase in fine  
338 particles during interglacials, an increase of large particles during glacials, or both (Figure 2);  
339 winnowing or dissolution could also effect the Wt. % CF record, however foraminifera  
340 appear visually well preserved. Increased ice rafted detritus (IRD) abundances during glacial  
341 periods are a well-documented feature of North Atlantic sediment records (Ruddiman, 1977;  
342 Bond and Lotti, 1995; McManus et al., 1999; Venz et al., 1999; Andrews, 2000), and have  
343 been documented during the cold Younger Dryas from this sediment core (Elmore and  
344 Wright, 2011); this suggests that higher glacial Wt. % CF is mainly due to a glacial increase  
345 in IRD (Figure 2). The MIC 3 section is characterized by Wt. % CF values that are highly  
346 variable and range from 0 to 25 %; this is likely caused by increased IRD during Heinrich  
347 Events (Bond and Lotti, 1995; Figure 2).

348 Weight percent carbonate also varies on glacial-interglacial time-scales in core  
349 11JPC (Figure 2), as has been shown in other North Atlantic cores (Ruddiman et al., 1987;  
350 Ortiz et al., 1999). Low Wt. %  $\text{CaCO}_3$  values (20 to 30 %) are recorded in the sections from  
351 2200 to 2100, 1900 to 1800, 1600 to 1500 and 500 to 300 cm (Figure 2). These low %  
352  $\text{CaCO}_3$  values are coincident with elevated % CF suggesting that the record of %  $\text{CaCO}_3$  is  
353 determined mainly by the dilution of carbonate by larger IRD during glacial periods (Figure  
354 2). Highest values of %  $\text{CaCO}_3$  are recorded in 11JPC sediments from 2100 to 2050, 1500 to  
355 1450, 1275 to 1225, 950 to 800, and 150 to 0 cm (Figure 2). These zones of high %  $\text{CaCO}_3$   
356 correspond to interglacial periods with high productivity (Figure 2).

357

#### 358 **4.2 Core KN166-14 3GGC**

359 According to the age model described above, core 3GGC can be subdivided into  
360 chronozones of the upper MIC 3, Last Glacial Maximum (LGM), Bolling/Allerod, Younger  
361 Dryas, and Holocene (Figure 3). Oxygen isotope values for *G. bulloides* and *P. wuellerstorfi*  
362 are highest (~ 3.5 and 4.5 ‰, respectively) in the LGM section (~ 25 to 15 ka; Figure 3).  
363 Termination 1 is recorded by a decrease in the  $\delta^{18}\text{O}$  values in all species, marking the  
364 Bolling/Allerod section. Increasing  $\delta^{18}\text{O}$  values reflect the cooler conditions during the  
365 Younger Dryas section (~ 13.1 to 11.5 ka; Figure 3). The lowest  $\delta^{18}\text{O}$  values in 3GGC  
366 represent the Holocene section (~ 11.5 to 0 ka; Figure 3).

367 Benthic and planktic  $\delta^{13}\text{C}$  values decrease in the upper MIC3 and LGM sections for  
368 *G. bulloides* and *P. wuellerstorfi* (from 0.0 to -1.0 and from 1.2 to 0.4 ‰, respectively);  
369 values of each species are similar in these sections (Figure 3). *P. wuellerstorfi*  $\delta^{13}\text{C}$  values  
370 increase in the Bolling/Allerod, Younger Dryas, and lower Holocene to values of 1.0 and 0.5  
371 ‰, respectively (Figure 3). Unlike *P. wuellerstorfi*, *G. bulloides*  $\delta^{13}\text{C}$  values decrease in the  
372 Bolling/Allerod, Younger Dryas, and lower Holocene to a value of -1.0 (Figure 3).

373           The record of Wt. % CF is variable for core 3GGC, with values ranging from 0 to 35  
374 % (Figure 3). Low Wt. % CF (< 10 %) is observed in the upper MIC 3 and throughout MIC 1  
375 (Figure 3). Higher Wt. % CF (> 20 %) is observed during the LGM, likely due to an increase  
376 in IRD (Figure 3; McManus et al., 1999).

377

### 378 **4.3 Transect Results**

379           A comparison of benthic foraminiferal  $\delta^{13}\text{C}$  records from sites downstream of the  
380 Iceland-Scotland Ridge reveals a large degree of variability, indicating changes in  
381 watermasses (Figure 5c). The sites in the southern portion of the transect show greater  
382 variability than those in the northern part (Figure 5c; Figure 5f). This is reflective of the  
383 greater influence of SCW, with low  $\delta^{13}\text{C}$  values, recorded from sites that are more distal from  
384 the Iceland-Scotland Ridge (Figure 5d). Lower variability in  $\delta^{13}\text{C}$  values in the northern sites,  
385 or sites proximal to the ridge, indicates that they were almost always bathed by the same  
386 watermass with unchanging composition, which is likely ISOW (Figure 5c). The difference  
387 in benthic foraminiferal  $\delta^{13}\text{C}$  values between all transect sites is minimal (< 0.5 ‰) during  
388 interglacials, MIC 5 and the Holocene, indicating that all transect sites were bathed by a  
389 similar water mass during interglacial periods (Figure 5c, 5d). The benthic foraminiferal  $\delta^{13}\text{C}$   
390 values of the northern transect compilation and southern transect compilation are also similar  
391 during interglacial periods, also indicating that all of the transect sites were bathed by a  
392 similar watermass, likely ISOW (Figure 5f).

393           The standard deviation from the ensemble mean of all benthic foraminiferal  $\delta^{13}\text{C}$  data  
394 is less than 0.25 ‰ during interglacial periods (therefore within analytical reproducibility),  
395 providing statistical representations of the small gradient in benthic foraminiferal  $\delta^{13}\text{C}$  values  
396 within the transect sites (Figure 5e). The difference between the northern and southern  
397 transect composite benthic foraminiferal  $\delta^{13}\text{C}$  records is also lower during interglacials (< 0.2



398 ‰) indicating a small gradient in benthic foraminiferal  $\delta^{13}\text{C}$  (Figure 5f, 5g). The small  
399 increase in standard deviation values in the earliest portion MIC 5e is likely due to  
400 differences within the age models for individual records over the abrupt transition from MIC  
401 6 to 5e (Figure 5e). Since the northernmost cores used in this comparison (ODP site 984 and  
402 ODP site 983) lie northward of the maximum possible extent of AABW (Curry and Oppo,  
403 2005), they should always record the  $\delta^{13}\text{C}$  signature of a northern source and can be  
404 approximated as the northern end member (Raymo et al., 1989). The low variability in the  
405 benthic foraminiferal  $\delta^{13}\text{C}$  records during the interglacial periods thus indicates that all sites  
406 are recording a northern sourced watermass during interglacial periods (Figure 5e).  
407 Additionally, while benthic foraminiferal  $\delta^{13}\text{C}$  values at DSDP site 607 are very similar to  
408 southern Gardar values during interglacial periods, benthic foraminiferal  $\delta^{13}\text{C}$  values from  
409 the South Atlantic site (ODP site 1090) are significantly lower, suggesting that southern  
410 sourced waters were not prevalent in the northern North Atlantic during these periods (Figure  
411 5f). Thus, a small benthic foraminiferal  $\delta^{13}\text{C}$  gradient during MIC 5e and the Holocene  
412 indicates that a deeply penetrating ISOW bathed all sites on Gardar Drift (Figure 5g).

413         The gradient in benthic foraminiferal  $\delta^{13}\text{C}$  values between the transect sites is large  
414 (up to  $\sim 1.5$  ‰) during glacial periods MIC 6, 4, and 2; this suggests that different water  
415 masses bathed the north and south regions of this transect during each of these glacial periods  
416 (Figure 5f; Figure 5g). The standard deviation (an indication of data spread) of the benthic  
417 foraminiferal  $\delta^{13}\text{C}$  data shows higher values during MIC 6, 4 and the LGM ( $> 0.25$  ‰)  
418 relative to the spread in MIC 5e and 1; this shows that the southern portion of the transect is  
419 bathed by a different watermass than the northern portion. The difference between the  
420 northern and southern transect composite benthic foraminiferal  $\delta^{13}\text{C}$  records are both also  
421 larger during these glacial periods, suggesting two distinct water masses (Figure 5g). During  
422 MIC 6, 4 and the LGM, benthic foraminiferal  $\delta^{13}\text{C}$  values from southern Gardar Drift are

423 more similar to values at DSDP 607 and ODP 1090 than the benthic foraminiferal  $\delta^{13}\text{C}$   
424 values at northernmost transect sites, indicating that SCW waters invaded the North Atlantic,  
425 reaching the southern flanks of Gardar Drift (Figure 5f; Figure 5g). Because of the location of  
426 this transect, the intrusion of SCW onto southern Gardar Drift is evidence for the shoaling of  
427 ISOW during glacial periods.

428         The warmer substages of MIC 5, 5e, 5c, and 5a, are characterized by low ( $< 0.5 \text{‰}$ )  
429 benthic foraminiferal  $\delta^{13}\text{C}$  variability on Gardar Drift (Figure 5a; Figure 5b). The standard  
430 deviation of the benthic foraminiferal  $\delta^{13}\text{C}$  during MIC 5 is generally  $< 0.25 \text{‰}$  (Figure 5e).  
431 The difference between the northern and southern composite benthic foraminiferal  $\delta^{13}\text{C}$   
432 records is also lower during MIC 5e, 5c, 5a (Figure 5f, 5g). The gradient is slightly larger  
433 during the cooler substages of MIC 5, MIC 5d and 5b ( $\sim 0.5 \text{‰}$ ; Figure 5g). Increased  
434 difference between the northern and southern composite benthic foraminiferal  $\delta^{13}\text{C}$  records  
435 and increased standard deviation of benthic foraminiferal  $\delta^{13}\text{C}$  values during MIC 5d and 5b  
436 signify a greater range in benthic foraminiferal  $\delta^{13}\text{C}$  values within the transect (Figure 5g).  
437 This could suggest that ISOW was shallower during MIC 5d and 5b than during the other  
438 sub-stages of MIC 5 (Figure 5f; Figure 5g). However, MIC 5d and 5b are characterized by  
439 ISOW that was only slightly shoaled.

440         Some higher frequency variability is superimposed on the longer-term trends during  
441 MIC 4 and 3 in core 11JPC records of % CF, *G. bulloides*  $\delta^{18}\text{O}$ , *P. wuellerstorfi*  $\delta^{13}\text{C}$ , and %  
442  $\text{CaCO}_3$  (Figure 2). Percent coarse fraction decreased from 70 to 60 ka and reached minimum  
443 values at  $\sim 58$  ka, followed by a general increase from 58 to 35 ka (Figure 2C). Percent  
444 Carbonate and *P. wuellerstorfi*  $\delta^{13}\text{C}$  records increased from 70 to 60 ka and reached  
445 maximum values at  $\sim 58$  ka, followed by a general decrease in value from 58 to 35 ka (Figure  
446 2d, 2b). The period from 70 to 60 ka was characterized by a general decrease in the standard  
447 deviation of the benthic foraminiferal  $\delta^{13}\text{C}$  values in the transect, followed by an increase in

448 standard deviation from 58 to 35 ka, suggesting a shoaling of ISOW (Figure 5g). *Globigerina*  
449 *bulloides*  $\delta^{18}\text{O}$  values became increasingly variable during the period from 58 to 35 ka,  
450 suggesting changing surface water conditions that are attributed to increased freshwater  
451 inputs (Figure 2a). Together, these records indicate an overarching change in circulation and  
452 climate whereby a general decrease in ice rafting and freshwater input leads to deepening of  
453 ISOW from 70 to 60 ka, and a general increase in ice rafting is linked to a shoaling ISOW  
454 from 58 to 35 ka (Figure 2, 5).

455 Spectral analysis of the standard deviation of the benthic foraminiferal  $\delta^{13}\text{C}$  values  
456 for the transect sites, which indicates the size of the gradient between northern and southern  
457 transect sites, reveals a strong precessional signal (Figure 6). The precessional control on the  
458 north-south gradient indicates that the depth of ISOW penetration is paced by this orbital  
459 forcing (Figure 6).

460

## 461 **5. Discussion- Orbital Scale Variability in ISOW Penetration Depth**

462 Variability in NCW formation is often linked to changes in insolation (Figure 5b),  
463 known as Milankovich Cycles (Hays, 1976; Imbrie and Imbrie, 1980; Imbrie et al., 1993;  
464 Raymo, 1997; Raymo et al., 2004; Lisiecki and Raymo, 2005). Between 3 and 1 Ma, the 41-  
465 kyr obliquity cycles dominated benthic foraminiferal  $\delta^{13}\text{C}$  records (Raymo et al., 1989; 1997;  
466 Shackleton et al. 1990; Lisiecki and Raymo, 2005). Following the Mid-Pleistocene Climate  
467 Transition, the 100-kyr eccentricity cycle dominated ice volume trends through the late  
468 Pleistocene (Hays, 1976; Raymo et al., 2004; Lisiecki et al., 2008). Northern Component  
469 Water strength has been shown to follow these orbital-scale climate changes (e.g., Raymo et  
470 al., 2004). The depth of ISOW penetration also follows orbital-scale climate cycles with a  
471 strong 100-kyr periodicity (Figure 5g, 6; Duplessy et al., 1988a; Kissel et al., 1997).

472 In addition to the longer eccentricity and obliquity cycles, the shorter ~ 23-kyr

473 precession cycle is also visible in climate records (Figure 6), most notably through the sub-  
474 stages of MIC 5 (Raymo et al., 2004), as well as in the Mediterranean sapropels (Hilgen,  
475 1991); however, precession is considered to be a weak driver of large-scale ice volume  
476 changes (Lisiecki et al., 2008). Precession-driven peaks in high-latitude northern hemisphere  
477 insolation can be seen at ~ 50 and ~ 60 ka (Figure 5b; Laskar et al., 2004); however, previous  
478 studies of NCW strength do not show corresponding changes during MIC 3 (Raymo et al.,  
479 2004). Similarly, insolation peaks at ~ 150 and ~ 170 ka caused by the precessional forcing  
480 occur during MIC 6, which is generally presumed to be a prolonged glacial period of  
481 decreased NCW formation (Raymo et al., 2004).

482         Our benthic foraminiferal  $\delta^{13}\text{C}$  records (Figure 5d; Figure 5f) indicate that ISOW  
483 penetrated to deeper water depths during interglacial periods, consistent with modern  
484 observations (Worthington, 1976) and other paleoceanographic reconstructions (Duplessy et  
485 al., 1988a; 1988b; Kissel et al., 1997). During glacial periods, ISOW shoaled according to  
486 our records (Figure 5f; Figure 5g), consistent with proxy evidence for the intrusion of AABW  
487 into the northern North Atlantic (Boyle and Keigwin, 1987; Curry et al., 1988; Duplessy et  
488 al., 1988; McManus et al., 1999; Marchitto et al., 2002; Curry and Oppo, 2005). This  
489 suggests that the general patterns of ISOW variability are driven by the 100-kyr eccentricity  
490 forcing. However, the variability in the benthic foraminiferal  $\delta^{13}\text{C}$  values from the sites  
491 within the Gardar Drift transect also indicates that ISOW depth penetration varied in concert  
492 with precessional cycles (Figure 5g; Figure 6). These cycles are easily seen during the  
493 precession minima at ~185 and ~ 145 ka, during MIC 6, which are both associated with  
494 increased benthic foraminiferal  $\delta^{13}\text{C}$  gradients from the standard deviation data, indicating  
495 shallower ISOW due to decreased insolation (Figure 5g). These results are in opposition to  
496 those of Kuijpers et al. (1998) who suggested that ISOW formation was enhanced during  
497 MIC 6. Additionally, the precessionally driven insolation minima at ~ 70 and ~ 25 ka, and

498 slight minima at ~ 45 ka, have corresponding maxima in benthic foraminiferal  $\delta^{13}\text{C}$  gradients  
499 (Figure 5g; Figure 6).

500 The mechanism that links precession cycles and ISOW strength must not be strictly  
501 temperature dependent since neither ice core (Alley, 2004) nor paleoceanographic  
502 temperature records show a pronounced precessional signal (Raymo et al., 2004; Liseicki et  
503 al., 2009). However, we propose that, high northern latitude summer insolation minima,  
504 driven mainly by precession cycles, led to increased low-elevation glaciers and sea-ice,  
505 which in turn provided the fresh meltwater necessary to impede convection in the Nordic  
506 Seas, and thus hindered the formation of ISOW. Additionally, the precessional forcing  
507 strongly affects low-latitude climate variations (McIntyre and Molino, 1996) and thus  
508 precessionally-driven changes in the tropical carbon cycle could be driving the precessional  
509 variability seen in the Gardar Drift benthic foraminiferal  $\delta^{13}\text{C}$  records.

510 A strong precessional control on ISOW strength (Figure 6) is especially interesting  
511 considering that ISOW is a large contributor to NCW (Worthington, 1976), and precession is  
512 not considered to exert a strong control on NCW production strength (Raymo et al., 2004;  
513 Lisiecki et al., 2008). This apparent difference may be due to the fact that the Gardar Drift  
514 transect is in a confined, gateway location that is sensitive to even subtle changes in NCW.  
515 One possible explanation for the apparent disagreement between ISOW variations and NCW  
516 variations is that many NCW strength records do not have the temporal resolution to decipher  
517 precession-scale variability. Another possible explanation is that other NCW contributors  
518 compensate for decreased ISOW production during some precession minima; such orbital-  
519 scale variability has been seen in records of Denmark Straits Overflow Water (e.g., Fagel et  
520 al., 2004; Millo et al., 2006) and Labrador Sea Water (Hillaire-Marcel et al., 1994).

521 Our new benthic foraminiferal  $\delta^{13}\text{C}$  data examines glacial-interglacial changes in the  
522 depth penetration of ISOW along the Gardar Drift, with interglacial ISOW penetrating more

523 deeply than ISOW during glacial periods (Figure 5). This may suggest a changing influence  
524 of ISOW to NADW during large climate transitions in the Late Pleistocene. Although  $\delta^{13}\text{C}$   
525 data is sometimes ambiguous, our carbon isotopic data provide an important constraint for a  
526 change in ISOW penetration depth since  $\delta^{13}\text{C}$  is the only proxy that can currently provide the  
527 required data density to examine ISOW depth in 3 dimensions. Despite the limitations of  
528  $\delta^{13}\text{C}$ , we have identified that ISOW was shallower during glacial intervals; since ISOW is a  
529 large contributor to NADW, this agrees with reconstructions that glacial NADW was  
530 shallower, weaker, or non-existent (e.g., Curry and Oppo, 2005; Thornalley et al., 2011a;  
531 Stern and Lisiecki, 2013; Flower et al., 2000; Lynch-Stieglitz et al., 2007). Indeed, there is a  
532 strong agreement between our Southern Gardar  $\delta^{13}\text{C}$  record and the intermediate depth North  
533 Atlantic record from Lisiecki et al. (2008), suggesting that our records may have a wider  
534 importance to the North Atlantic (Figure 5D). Our data also shows SCW infringement on  
535 Southern Gardar Drift, which is in agreement with numerous reconstructions from the North  
536 Atlantic that demonstrate southern sourced water infringement using a variety of proxies  
537 from Pa/Th to Cd/Ca and neodymium isotopes (e.g., Marchitto et al., 2002; Wilson et al.,  
538 2014; Alvarez Zarikian et al., 2009; McManus et al., 1999). While our  $\delta^{13}\text{C}$  data can only  
539 identify similar watermasses, and thus is not a direct link to ISOW volume or flow strength,  
540 sedimentological proxies in the region have suggested that glacial ISOW was weaker  
541 according to sediment magnetic properties (Kissel et al., 1999) or stronger according to grain-  
542 size and Sr/Nd isotopes. Both stronger and weaker ISOW strength can be reconciled with the  
543 shallower ISOW that we report.

544

## 545 **6. Conclusions**

546 Benthic foraminiferal  $\delta^{13}\text{C}$  records from a Gardar Drift transect reveal that the depth  
547 of ISOW penetration varied on orbital time-scales. Similar benthic foraminiferal  $\delta^{13}\text{C}$  values

548 were recorded along our transect during MIC 5e and 1, indicating that ISOW was deeply  
549 penetrating during interglacial periods (Figure 5d; Figure 5f). During MIC 6, 4, and 2, ISOW  
550 shoaled significantly, allowing the intrusion of SCW into the southern region of Gardar Drift  
551 (Figure 5g; Figure 6). This relationship is consistent with previous studies linking NCW  
552 variation with the 100-kyr climate cycles of the late Pleistocene (e.g., Hays, 1976; Raymo et  
553 al., 1990; 2004). However, the Gardar Drift transect reveals a strong imprint of the precession  
554 component of insolation on ISOW production, particularly during intermediate climate states,  
555 such as MIC 3, and during the glacial states of MIC 6 and 4 (Figure 5d; Figure 6). The  
556 expression of precession in MIC 5 is strong in the climate signal (*c.f.*, benthic foraminiferal  
557  $\delta^{18}\text{O}$  changes from MIC 5a to 5e) but muted in the  $\delta^{13}\text{C}$  gradient on Gardar Drift. This  
558 suggests that, during the substages of MIC 5: 1) ISOW production remained deeply  
559 penetrating, such that the mixing zone between NCW and SCW lay south of Gardar, and  
560 therefore Gardar Drift was insensitive to precession-driven changes; or 2) the smaller ice  
561 sheets in the northern hemisphere did not contribute substantial meltwater to the Norwegian  
562 Sea, and therefore could not affect ISOW depth through either flux or density variations. On  
563 shorter time-scales, high-frequency changes in ISOW penetration depth are also linked to  
564 freshwater inputs, likely due to Heinrich or Dansgaard-Oeschger Events.

565

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957 **FIGURE CAPTIONS:**

958 **Figure 1a:** Bathymetric map of the North Atlantic, including bottom water currents (blue),  
 959 contourite drifts (uppercase lettering), and the northern components of NADW; ISOW,  
 960 DSOW, and LSW (grey arrows). Core locations from this study and previously published  
 961 studies are shown, including northern Gardar Drift sites (blue) ODP 984, EW9302, V29-202,  
 962 and ODP983, and southern Gardar Drift sites (red) 11JPC (this study), 3GGC (this study),  
 963 and Neap 18k. The location of the cross section in Figure 1b is designated by the white line.  
 964 GEOSECS stations for the  $\delta^{13}\text{C}$  data presented in Figures 1c, 1d, and 1e are designated by a  
 965 cross for station 24 (red), 23 (blue), and 19 (green).

966

967 **Figure 1b:** Bathymetric cross section of the southern Norwegian Sea (NS) and the region  
 968 south of the Iceland-Faeroes Ridge (IFR), as shown by the white line on Figure 1a. Bold lines  
 969 show idealized directions of the major modern water masses, North Atlantic Current (NAC;  
 970 orange) and Iceland-Scotland Overflow Water (ISOW; navy). The location of Bjorn and  
 971 Gardar Drifts are shown, as are the projected locations of all cores used in this study (blue  
 972 circles for northern Gardar Drift and red circles for southern Gardar Drift). Late Holocene *P.*  
 973 *wuellerstorfi*  $\delta^{13}\text{C}$  values from the selected cores are shown, where available. The vertical  
 974 dashed lines represent the locations of recently measured profiles from GEOSECS stations 24  
 975 (red; C), 23 (blue; D), and 19 (green; E; Kroopnick et al., 1974). Coretop benthic  
 976 foraminiferal  $\delta^{13}\text{C}$  data from cores used in this study are included where available.

977

978 **Figure 2:** Proxy records from core 11JPC plotted versus sediment depth. (A)  $\delta^{18}\text{O}$  *G.*  
 979 *bulloides* (light blue) and  $\delta^{18}\text{O}$  *P. wuellerstorfi* (red), (B)  $\delta^{13}\text{C}$  *G. bulloides* (blue) and  $\delta^{13}\text{C}$  *P.*  
 980 *wuellerstorfi* (red), (C) % CF (orange), (D) %  $\text{CaCO}_3$  (green), and (E) the age model with  
 981 age-depth tie points are shown. Marine Isotope Chrons 1 through 8 are also shown.



982

983 **Figure 3:** Proxy records for core 3GGC plotted versus sediment depth. **(A)**  $\delta^{18}\text{O}$  *G. bulloides*  
 984 (light blue) and  $\delta^{18}\text{O}$  *P. wuellerstorfi* (pink), **(B)**  $\delta^{13}\text{C}$  *G. bulloides* (blue) and  $\delta^{13}\text{C}$  *P.*  
 985 *wuellerstorfi* (red), **(C)** % CF (orange), **(D)** the age model, with age-depth tie points is shown.  
 986 The Holocene, Younger Dryas (YD), Bolling/Allerod (BA), Last Glacial Maximum (LGM)  
 987 and MIC 3 are also indicated.

988

989 **Figure 4:** A: The LR04 benthic foraminiferal stack (light blue; Lisiecki and Raymo, 2005) is  
 990 shown for reference over our interval of interest. B: All benthic foraminiferal  $\delta^{18}\text{O}$  data from  
 991 northern portion of the Gardar Drift transect (red), the southern portion of the transect (blue),  
 992 including our 2 new cores (11JPC and 3GGC). The very good correspondence between all  
 993 records shows strong confidence in the age models of all cores. The 95% confidence interval  
 994 of all data is shown in grey, which includes uncertainty propagated by a Monte Carlo  
 995 (n=1,000) simulation.

996

997 **Figure 5** A: The LR04 benthic foraminiferal stack (light blue; Lisiecki and Raymo, 2005) is  
 998 shown for reference over our interval of interest. Light grey vertical bars indicate glacial  
 999 intervals of LGM, MIS4, and MIS6. B: Insolation at 65°N for the last 200 kyr (grey; Laskar  
 1000 et al. 2004). C: All benthic foraminiferal  $\delta^{13}\text{C}$  data from the northern portion of the Gardar  
 1001 transect (red symbols; ODP Site 984, EW9302 JPC8, ODP Site 983, and V29-202) and the  
 1002 southern portion of the transect (blue symbols; 11JPC, 3GGC, and NEAP18k) are shown  
 1003 with age, including the 95% confidence interval of all Gardar Drift data (grey swath). D:  
 1004 Average of all Gardar *P. wuellerstorfi*  $\delta^{13}\text{C}$  values interpolated in 2-kyr intervals (black line)  
 1005 plotted with +/- 2 standard deviation (purple swath) is shown versus age from 0 to 200 ka.  
 1006 The mid-latitude North Atlantic DSDP site 607 (black line) and South Atlantic ODP site

1007 1090 (green line) are shown for comparison. The mid-depth Atlantic composite record from  
1008 sites ODP925, ODP927, ODP928, and GeoB1214 from Lisiecki et al. (2008) is also shown  
1009 (dashed line) E: Standard deviation of all Gardar transect  $\delta^{13}\text{C}$  values interpolated in 2-kyr  
1010 intervals (orange). F: The average of  $\delta^{13}\text{C}$  *P. wuellerstorfi* records from the northern transect  
1011 sites (red line), compared with the southern transect sites (blue line), both shown with  
1012 associated confidence intervals (swaths). The mid-latitude North Atlantic (DSDP site 607;  
1013 black line) and South Atlantic (ODP site 1090; green line) are again shown for comparison.  
1014 G: The difference between  $\delta^{13}\text{C}$  values of the smoothed northern and southern transects from  
1015 panel F (black line with pink swath indicating the confidence intervals). Note: the northern  
1016 quartet of sites and southern trio are given equal weighting.

1017

1018 **Figure 6:** Blackman-Tukey spectral analysis of the standard deviation benthic foraminiferal  
1019  $\delta^{13}\text{C}$  values for the Gardar Drift transect from 0 to 200 ka (orange line) and of the difference  
1020 between the smoothed Northern and Southern Gardar transects (purple line) determined using  
1021 AnalySeries. Power can be seen in the obliquity (41 kyr) and precession (23 kyr) bands.

**Table 1:** Locations and water depths of cores used in this study.

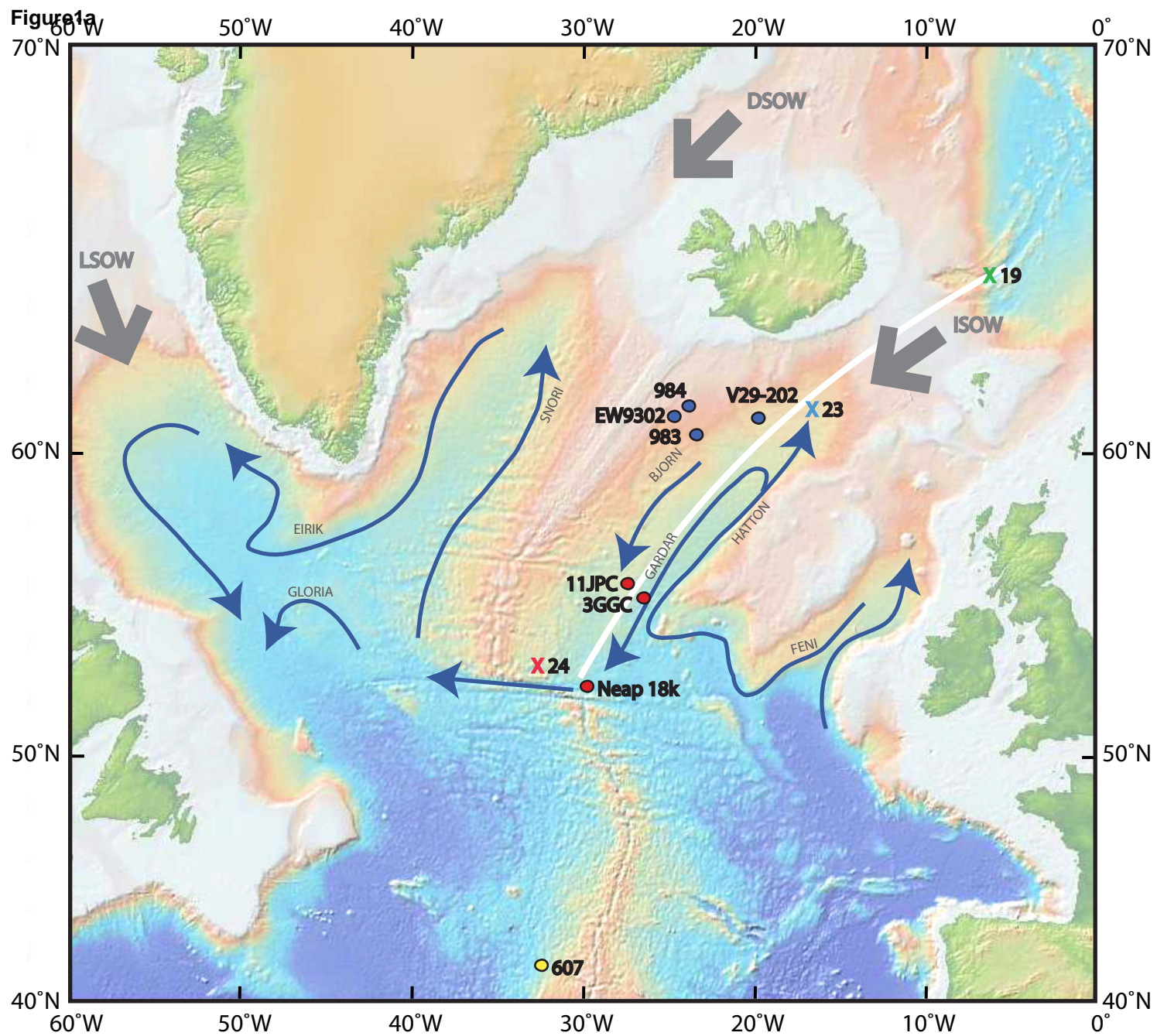
Core	Lat	Lon	Water Depth (m)	Age Model Reference	Interval in compilation	Average age resolution (kyr per sample)
<b>NORTHERN GARDAR DRIFT SITES:</b>						
ODP site 984	61.43	-24.08	1660	Raymo et al., 2004	0-210 ka	1.30
EW9302 JPC8	61.00	-25.00	1915	Oppo et al., 2001; Oppo et al., 1997	57-135 ka	0.54
ODP site 983	60.40	-23.63	1995	Jansen et al., 1996; McIntyre et al., 1999; Raymo et al., 1998; Kleiven et al., 2003; Raymo et al., 2004;	0-210 ka	0.81
V29-202	61.00	-21.00	2658	Oppo & Lehman, 1995	0-160 ka	0.62
<b>SOUTHERN GARDAR DRIFT SITES:</b>						
KN166-14 11JPC	56.24	-27.65	2707	This Study	0-13 ka & 33-210 ka	0.92
KN166-14 3GGC	55.52	-26.53	3305	This Study	0-27 ka	0.40
Neap 18k	52.77	-30.35	3275	Chapman & Shackleton, 1999	55-125 ka	0.65
<b>ATLANTIC SITES: (Not included in the compilation):</b>						
DSDP site 607	41.00	-32.96	3427	Raymo et al., 2004		
ODP site 1090	42.91	-8.90	3702	Venz & Hodell, 2002		

**Table 2:** Age model for core KN166-14 11JPC was previously published for 0-33.81 ka (Elmore and Wright, 2011) and the interval from 33.81 to the bottom of the core is presented here for the first time. Tie points were determined by AMS  $^{14}\text{C}$  (white boxes), magneto-stratigraphy (orange box) or chrono-stratigraphic comparison to a stacked benthic foraminiferal  $\delta^{18}\text{O}$  record by Liseicki and Raymo (2005; blue boxes). AMS  $^{14}\text{C}$  ages in red were not included in the age model (Elmore and Wright, 2011).

Depth (cm)	Age (ka)
0	0.67
45	2.87
105	6.05
127	7.06
143	8.38
145	6.99
147	8.58
149	8.86
153	8.88
163	9.65
183	11.45
198	11.99
213	13.34
220	13.62
227	34.07
250	33.71
282	31.91
333	33.81
430	40.00
626	62.70
779.7	74.50
1003	88.00
1260	103.00
1394	110.00
1518	129.30
1558	138.20
1636	174.50
1795	201.00
1929	226.00
2083	254.00
2290	295.00

**Table 3:** Age model for core KN166-14 3GGC was determined based on chrono-stratigraphic comparison to a stacked benthic foraminiferal  $\delta^{18}\text{O}$  record by Liseicki and Raymo (2005).

Depth (cm)	Age (ka)
0	0
82	11.5
94	13.3
102	15
184	30



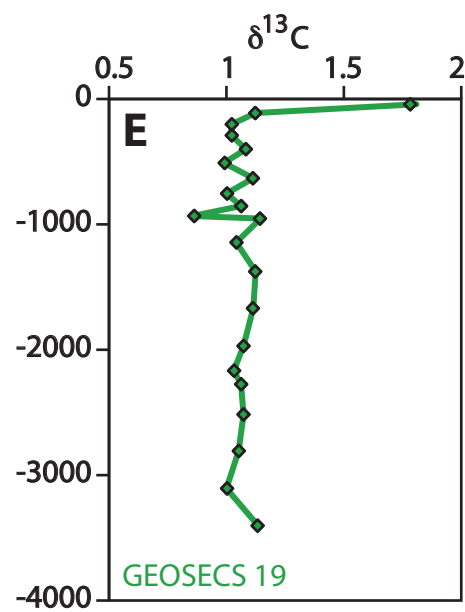
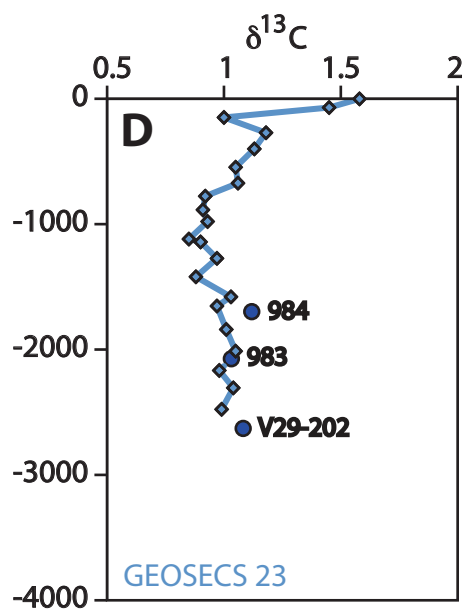
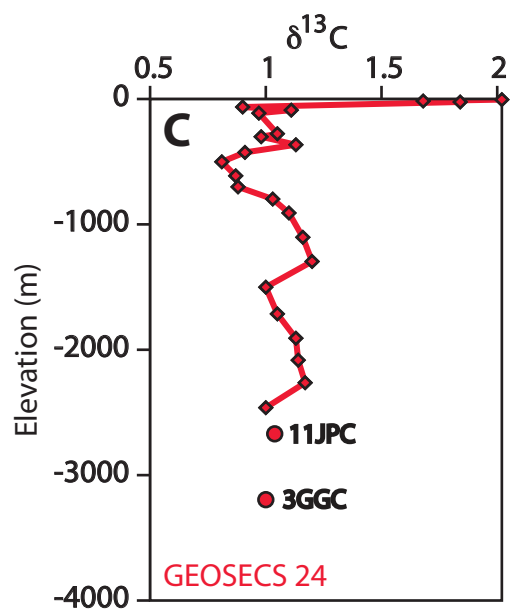
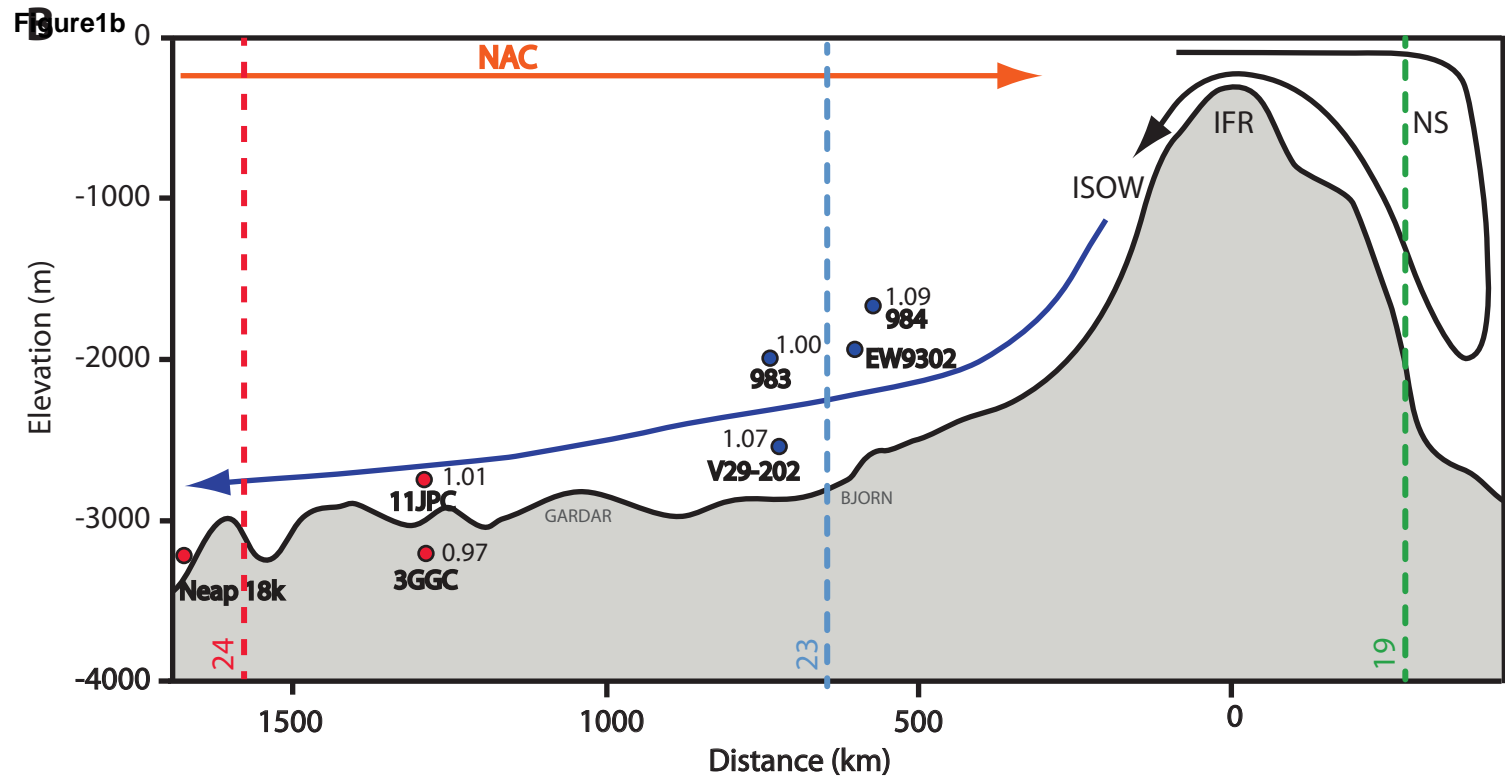
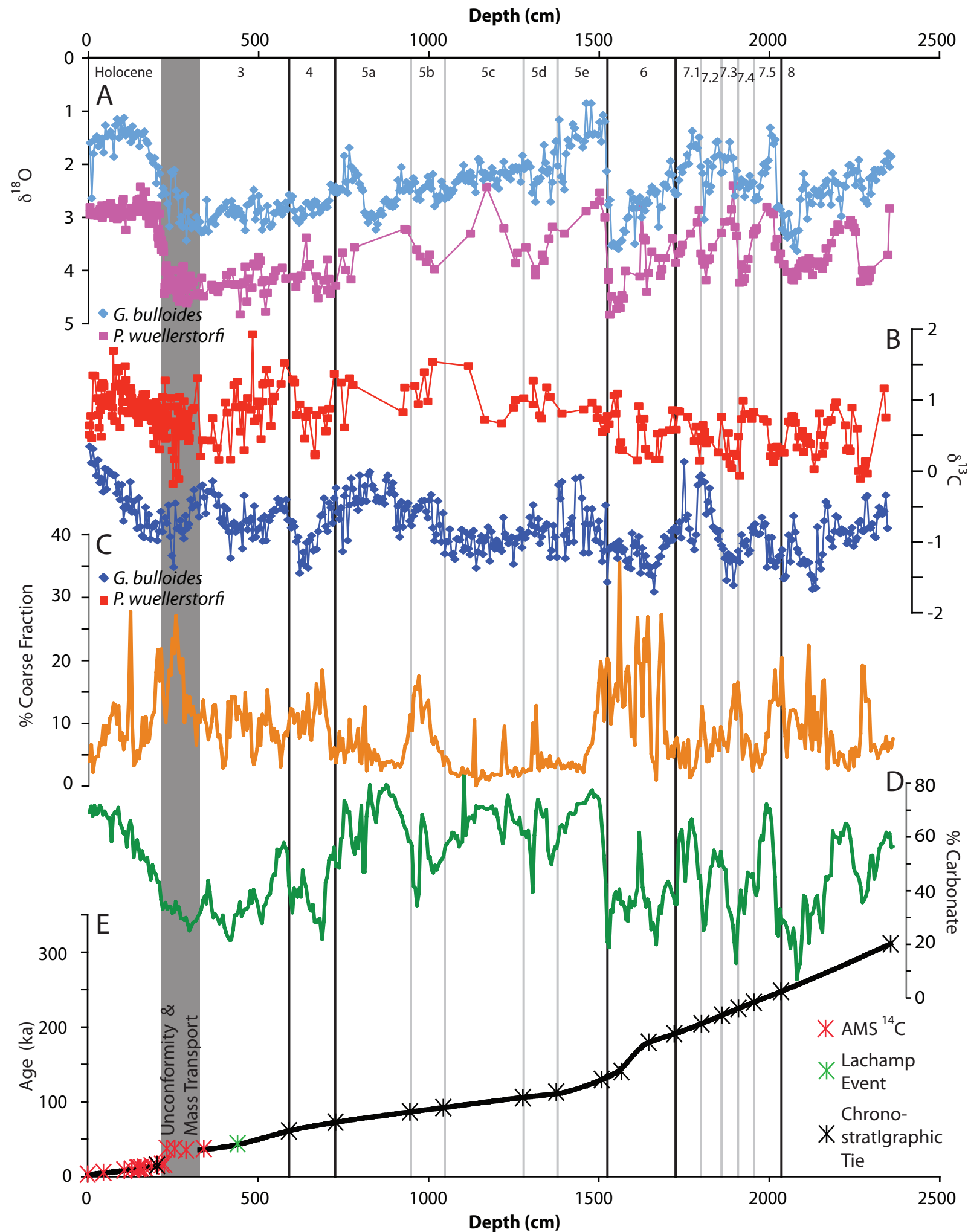


Figure 2





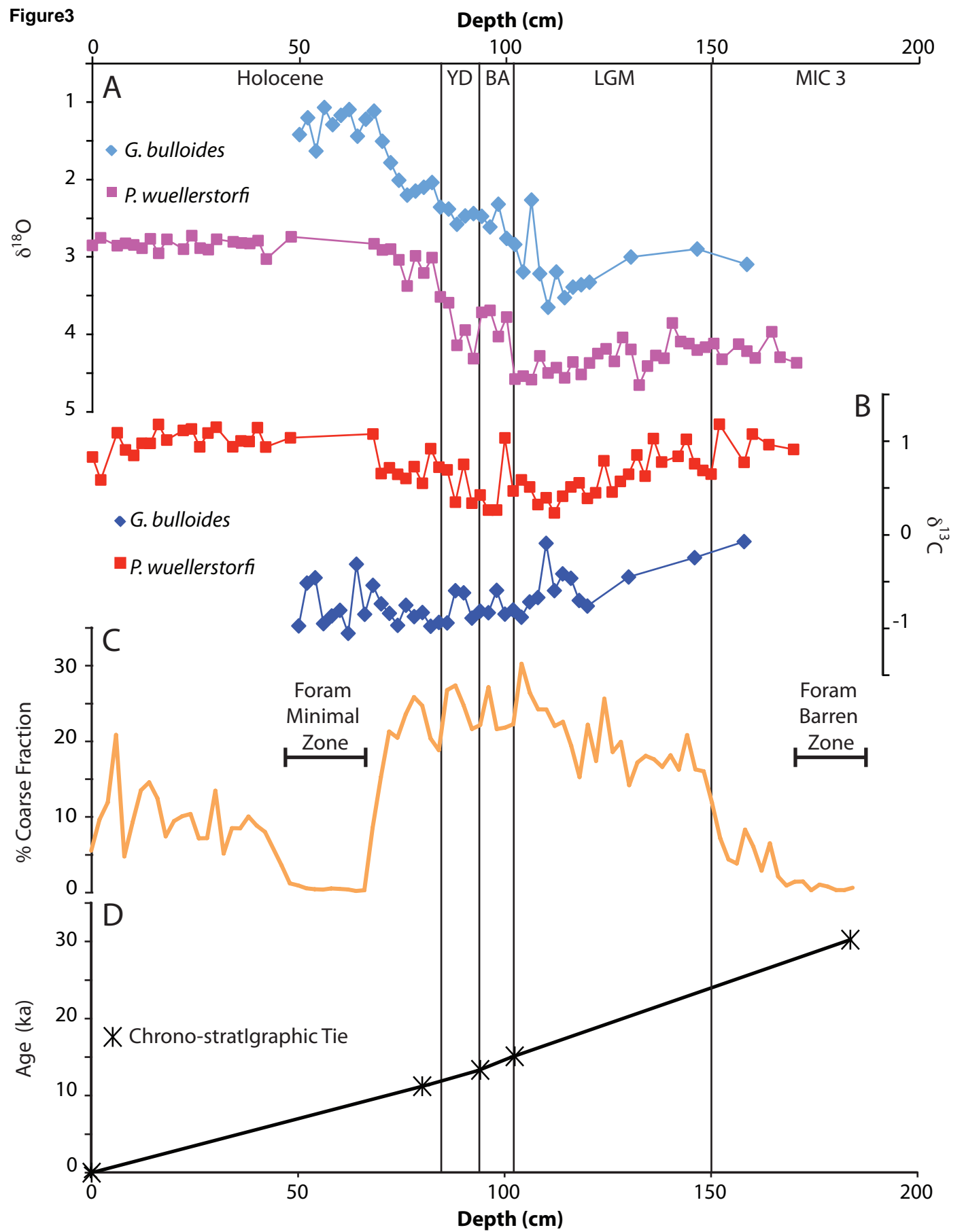


Figure 4

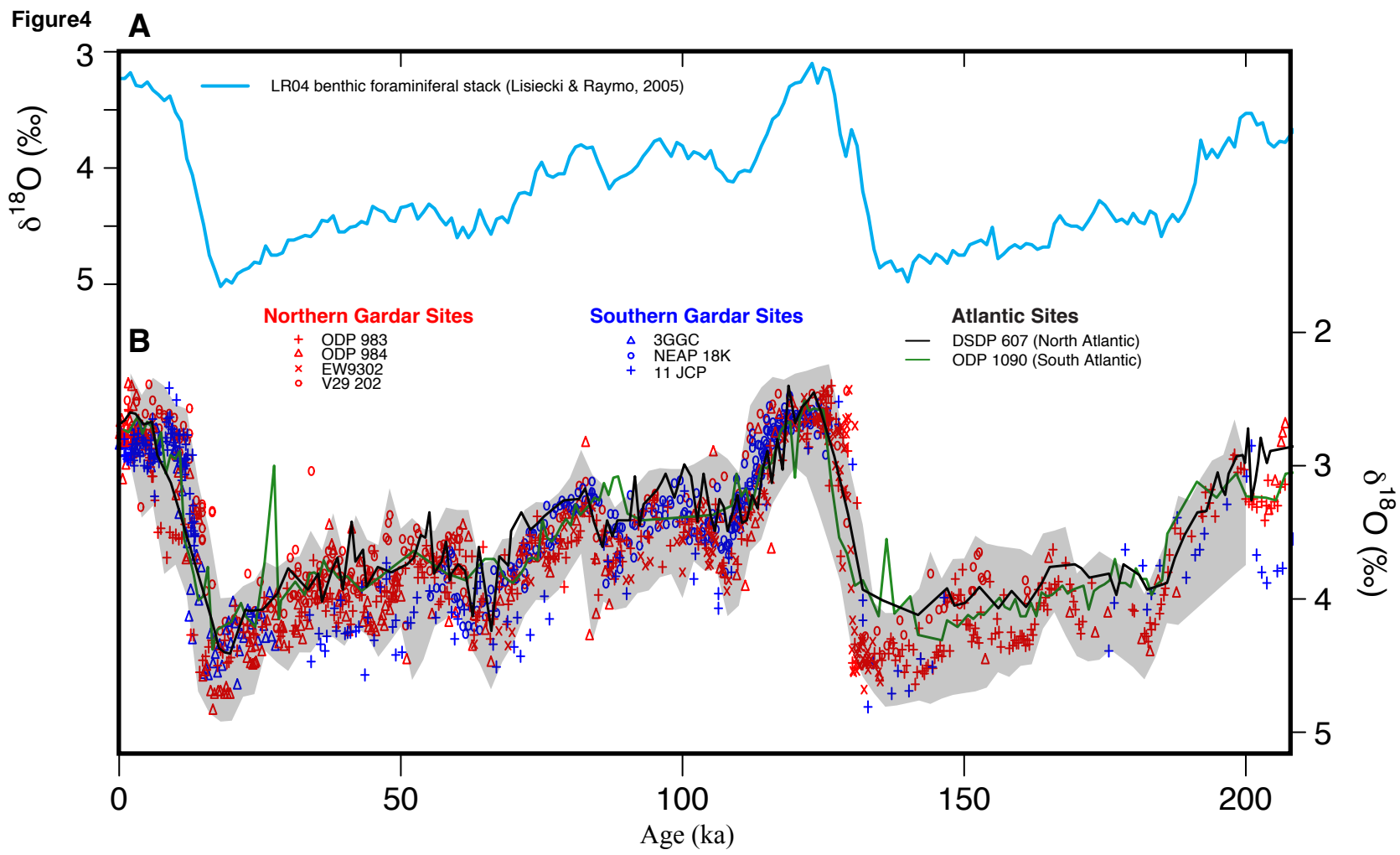


Figure 5

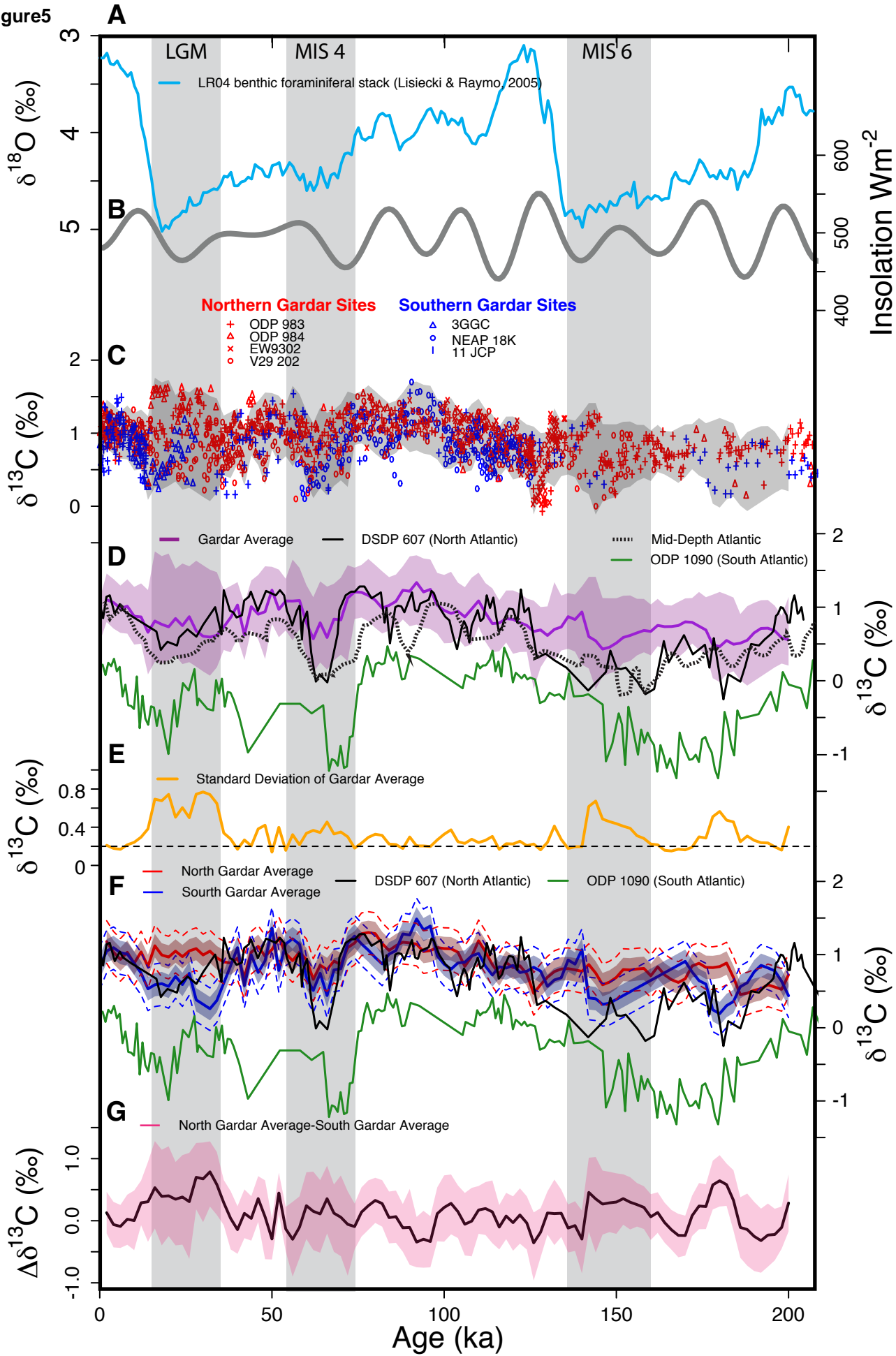


Figure6

